

Woman's Realm, Social and Personal Fashions, Literature

"Bob's such a young-looking Dad!"

DAD comes home with a springy step and sparkling smile. He's bright and cheerful as he says "Hello dear!" Just as when he waved goodbye this morning. Yes, Mother and Dad, and in fact their parents too, realize what a help Eno's 'Fruit Salt' has been to fitness and health.

Eno's 'Fruit Salt' is refreshing and pleasant to take. It will help sweeten the breath and relieve acid distress—so often the cause of headaches and indigestion. Eno is free of harsh, bitter salts—no sugar or artificial flavouring of any kind. Buy a bottle of Eno's 'Fruit Salt' today.



Ellen's Diary

By an Island Farmer's Wife

James "a-hem-ed" and at once it brought me out of the land of dreams, sometime during the night. Then "Ellen," he called me so loudly that I had to get up. I had taken a notion of late to have his rest beneath our bedroom window, gave a sharp bark of alarm. "Ellen," James said, nudging me into complete wakefulness so that I might share the delight of happening with him. "It's raining." And I could appreciate the heap of gratitude and relief in his voice. There it was, coming out of the greyness of the night, which last evening had been as dusky and soft as a cat's paw. It was pattering quietly on the roof. At last it had come to save and increase the crops. Many a time at the heat of recent mid-ways, when the crops are barely holding their own, down-pour we listened to, but a gentle continuous rain that was seen shedding from the eaves at Alderlea, have seen less leaves drop and the earth parch until we worried even as we remarked "the crops are barely holding their own." No down-pour we listened to, but a gentle continuous rain that was seen shedding from the eaves at Alderlea, have seen less leaves drop and the earth parch until we worried even as we remarked "the crops are barely holding their own." No down-pour we listened to, but a gentle continuous rain that was seen shedding from the eaves at Alderlea, have seen less leaves drop and the earth parch until we worried even as we remarked "the crops are barely holding their own."

DOROTHY DIX SAYS— Beauty of The Mind

Prettiness of Extreme Youth Lasts Merely An Hour

MILLIONS OF WOMEN spend billions of dollars in their attempt to be made beautiful. If it achieves its purpose, it is money well spent, for it is every woman's Christian duty to be as easy on the eyes as circumstances permit. And the magicians who plant roses on sallow cheeks and turn stringy, mouse-colored hair into golden curls have made a contribution to the sweetness and light of life for which we beholders cannot be too grateful.

But when I read the daily beauty columns in the papers and magazines that tell how by watching their diets and counting their calories, taking knee exercises or rolling on the floor the ugly ducklings can change themselves into glamorous swans, I marvel that the high priests and priestesses of the beauty cult never give their clients the one tip that really will work and get results.

And that is to spend as much time and effort in furbiting up their souls as they do in acquiring a girlish figure. For, after all, beauty is a thing of the mind as well as of the flesh. But you never hear of a high-tempered woman having a wrinkleless forehead out of her disposition or of a peevish and fretful one spending good money to have her spirts lifted. Yet if they did, what a furor it would create among their friends! How they would wonder what Sally had done that made her suddenly look sweet and pretty! How they would try to find out what magic pill or potion had made Mary a gay young girl again!

CHARACTER SPEAKS

If this seems a fantastic theory, think what constitutes beauty to you and me. It isn't classical features. It isn't a Greek profile, golden hair or a peaches-and-cream complexion. It is something in a woman's face that bespeaks a lovely character, something that comes from the heart and not out of jars and bottles.

No amount of mascara, eye shadow and false lashes can make beautiful eyes that are cold and hard and cruel. You can paint a cupid's bow on a mouth with lipstick, but you can't make it kissable unless it is soft and quirked with love.

Then there is intelligence. Without which there can be no real beauty. At most, there can only be the fleeting prettiness of extreme youth that just lasts an hour and then is gone forever. It is only the women who have brains, who have culture, who have humor, who have personality who are never ugly, no matter what sort of an assemblage of features comes from the heart and not out of jars and bottles.

Yet nobody tries to teach little bobby-soxers that the real beauty shop is in the schoolroom, and that the surest way of improving their looks is by getting a good education. It would dry the weeping eyes of countless teen-agers if they could be made to realize that a good set of brains is a more valuable asset than a good complexion and that a clever, heavenly woman can make herself the most fascinating woman in the world.

No beauty operator would think of advising a client to quit nagging her husband in order to get that hard, straight line out of her mouth, to spend her evenings at home with their children instead of at bars and night clubs and who gives better looking the older they are, or to make her hands so beautiful by doing good deeds that the poor and sick and afflicted would want to kiss them. But it is a prescription that would work, for no woman who is hard and selfish is ever pretty.

The beautiful women are those whose souls shine through their faces like light through an alabaster vase.

Q. When the wedding invitations have been sent out and there is a sudden death in the family should the wedding be postponed?

A. Not necessarily, though usually, if an elaborate wedding has been planned, the arrangements are changed to a quiet wedding, recalling all the guests to the immediate families.

Q. Isn't it bad manners for a person to give himself airs of importance and "talk down" to other persons?

A. Yes, and such a person is ill-bred. Lavater says "He who gives himself airs of importance exhibits the credentials of impotence."

Q. Where is the best place to give a small informal dinner?

A. At home, club, or public restaurant.

Always Love Another Spring

By Adelaide Humphries

XXVI

I think a party on a barge sounds too thrilling and novel to miss," Anne added. "Why not make it a costume affair, Marty? Not masquerade but suppose everyone dressed to represent an idea of some sort..."

"That's a scheme, Anne," Marty applauded. "I'll send word over to the Wilsons right away. And the person who makes the most correct guesses as to what the others represent shall win a prize. No one must tell anyone else what he will be."

"I think you ought to know who the Wilsons' guests are," Gill said to Anne under cover of the general enthusiasm which now bounded the others in talk and laughter as they rose from the table to make ready for the party.

"I do know," her grey eyes met his squarely. "That's why I wanted to stay if you don't mind. Gill said I was David's guest."

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Living & Leisure

—THE WOMAN'S REALM—

Age is a quality of mind. If you have left your dreams behind... If hope is cold, if you no longer look ahead... If your ambition fires are dead, then you are old.

But if from life you take the best, and in life you keep the zest, if love you hold, no matter how long, no matter how the birthdays fly, you are not old.

Ice cream is a valuable source of protein, fats, carbohydrates, minerals and vitamins.

SPRING WALK IS TALL GIRL'S AIM

Suppose you are tall. Instead of apologizing for height with a slack carriage, use it as an advantage to enhance your distinction. The girl who fails to use a tall-making carriage and a good walking technique to streamline her appearance is overlooking a bet for exciting envy in little women.

A tall-making carriage takes up all the space that belongs to you. For it, your figure is straightened out, head and chest are up, stomach is in, feet are parallel and toes point slightly out.

As you walk, your chest leads, walk with your chest leading. Shift weight evenly from the ball of one foot to the ball of the other. As you redistribute your weight, practice a motion that is airily a spring toward your toes. This gives you technical alertness, literally described as being "on your toes," resiliency of step and a forward movement, which accentuates the positive.

If you want your walk to create a design in space which accentuates your figure, put a patterned rhythm into it. For that, measure your strides and put the down-beat on the ball of the front foot.

PLASTER OF PARIS

If you will use vinegar instead of water when mixing plaster of Paris you will find it will keep the plaster softer for a longer time than when water is used, thus giving you more time to work.

Household Scrapbook

By Roberta Lee

Shrink Them First

It is always wise to shrink garments and materials for house dress, as they are used so much and laundered so often. If soaked in salt or vinegar solution, one cup of salt or one-half cup vinegar to each gallon of water, and then hung straight on the line in a shady place, the dress will not only be given a softening, but the colors will be set as well. Then cut out the dress and rest assured it will fit until worn out.

Leaky Toebox

A leaky toebox can be mended by drying it out well and then coating the leaky place with melted paraffin. This is at least a temporary repair, and has been known to last for more than a full season.

Caseroles

Before using a fire glass or earthenware casserole, temper it by pouring cold water into it and then gradually bringing it to the boiling point.

Better English

D. C. Williams

1. What is wrong with this sentence? "I laid down to rest."
2. What is the correct pronunciation of "drollery"?
3. Which one of these words is misspelled? Northern, govern, brethren, pattern.
4. What does the word "latitude" mean?
5. What is a word beginning with "su" that means "lofty with pride"?

ANSWERS

1. Say, "I lay down to rest." The past tense of lie (to recline) is lay.
2. Pronounce the o as in roll, not as in doll.
3. Brethren.
4. Freedom from narrow limits. A considerable latitude must be allowed in the discussion of public affairs. — Jun. 18, 1946.
5. Supercilious.

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—FOR THE HOME—

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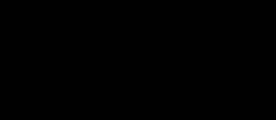
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How Can I!!!

By Anne Aubrey

Q. How can I prevent window screens from rusting when they are made of copper or bronze?

A. Wipe them carefully with machine oil. The odor of the oil will also keep away mosquitoes and flies.

Q. What is a good remedy for falling hair?

A. Brush well every night and morning. Use a hairbrush with weeks with castile soap suds. Then rinse thoroughly.

Q. How can I prevent the foot chapping from slipping when screwed on the table?

A. Place a piece of coarse sand paper, coarse side up, under the clamp, and it will not work loose.

Morning Smile

Wife—Do go to Mrs. Mumpson's with me, Jack. She'll make you feel as if you were going to heaven.

Husband—Then what on earth is the use of going.

They had just emerged from an air-raid shelter. Said the girl: "Herbert, you really shouldn't have kissed me like that, with so those people so close around us, even if it was dark."

"I didn't kiss you," said the boy, looking angrily around the crowd. "I only wish I knew who it was—I'd teach him."

"Herbert," sighed the girl, "you couldn't teach him anything."

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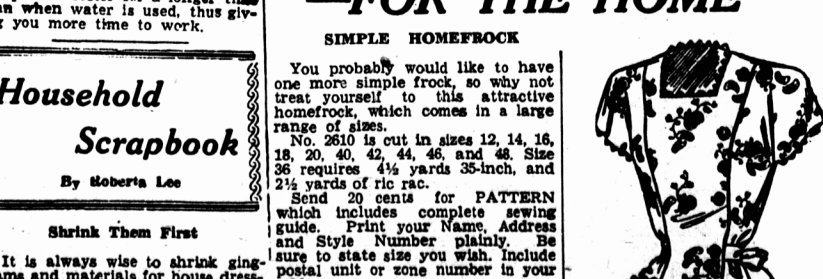
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the sweeter, creamier flavor with less mustard tang!

French's Mustard

THE FAVORITE SANDWICH