

Woman's Realm / Social and Personal / Fashions / Literature

Lenten Meditations from The London Times

CONFIDENCE Towards the end of our Lord's ministry, when the opposition of the rulers had come to a head, the outlook for the future might well have plunged the disciples into the deepest gloom. Jesus never tried to hide from them the certainty of future trials; He never allowed them to expect that their path would be smooth. As His followers they must be prepared for suffering. Yet He exhorted them to "be of good cheer," encouraging them with the assurance that to His will would overcome the world, but that His conquest had already been achieved. His victory was to be the prelude and guarantee of their own.

ELLEN'S DIARY By An Island Farmer's Wife

Days begin earlier this week at Alderlea. Very good sign that Spring is in the air. Not that any earlier rising on my part or even fact that, as we linger there loath to throw back the covers, there's a sound of a cawing in the distance, while near at hand birds twitter about the sun-it saves. Rather I would say, it is because there are reasons to believe that Mr. D. is already up and to work. It was the sound of his hammer, which rather rudely interrupted my pleasant dream. Judy said was merely "being important" when I resumed the milking this morning. I had an idea from the recent dusky color of my tea, that a new schedule was being followed. The stable, I found when I made my way hesitantly thither this morning, hoping James would appear from a building and relieve me of the milk-pail, that the "odd" cow, who knew which clover to choose to make the cream, had joined the ranks of the "dried-off." James came from no building to my assistance. I saw him at his work once when he passed by the window with an armful of hay for the cows and I heard him hold a conversation with the well-meat. Then he was away in the road to Rob's to help him get off to the city with a load of hay. He told me later it was only by being firm that he was able to return to Alderlea in time for dinner. James begged him so much to stay and go tobogganing with him. I hope Karolyn was able to spend at least one of this afternoon's hours with him at this pleasant spot.

Never Doubted KING SOLE TEA It's Quality Stands Supreme Dorothy Dix Says--

BANE OF MARITAL LIFE Heeding Strangers' Suggestions To Mate's Causes Domestic Breach

One of the strange things about marriage is that husbands and wives are so seldom willing to learn anything from each other. They will take criticisms and corrections and suggestions from the veriest stranger, but let either one even so much as intimate that the other one has a blemish and it precipitates a brawl that ends in hurt feelings and tears and charges that "you don't let me!" It often happens that either the husband or the wife has had a higher education and better social advantages than the other. A man falls in love with a pretty and attractive girl from the other side of the tracks, where they have never even heard of Emily Post, and marries her. A girl is swept off her feet by a brilliant mind and high ambitions, but who had to leave school in the fourth grade to help support the family.

Living & Leisure THE WOMAN'S REALM

OUR PAL Just a frisky, playful pup. Never will be quite grown-up. Though he's 6, he romps with glee. Sproy as any pup could be. Curly tail and eyes of brown. Cutest dog in all the town! Such a knowing, little pup. Begs for favors, sitting up. How could any one refuse? Brings our slippers, and our shoes. Gets the paper from the door. Carries parcels from the store. No one could, for long, be blue With a dog around, like you. Kisses wet upon our hands. Looks just like he understands. Lingers on from year to year. Growing in our hearts more dear. Annie L. Simpson

Do You Eat Too Much Rich Food? Most People Do and Pay the Penalty! Authorities say we would feel better and be healthier if we ate far less, particularly rich, fatty foods. Overeating, plus lack of exercise, often leads to an overloaded system—a dull, always tired feeling, and a tendency to gain weight.

MORNING SMILE The sergeant really lost his hair with the recruit. But the more the sergeant stormed and raved the more blandly unconcerned was the recruit. "Nothing anything I say make the slightest difference?" the sergeant demanded. "No," said the recruit. "I'm a football referee in civil life—I'm used to it."

HOUSEHOLD SCRAPBOOK By Roberta Lee Chiffon washed in a pure soap solution. The water should not be too hot. Rubbing is not necessary; merely use a dipping up-and-down motion.

MODERN ETIQUETTE By Roberta Lee In what way can a conversation be pleasant and entertaining? A. It can, if based on subjects of mutual interest to everyone present. It is preferable to discuss some trip or vacation or experience, which holds no personal interest for the others present.

COOK'S CORNER ORANGE MARMALADE 3 oranges 2 lemons Water by measure Sugar by measure Method: Wash the oranges and lemons and cut them in quarters



Hinds "double treatment" keeps hands soft and lovable

Hands that are soft as a whisper, smooth as silk, stir a man's pulse... make him feel romantic. Every woman wants such hands, (and such results) whether she's 16 or 60. Hinds "Double Treatment" keeps even busy hard-working hands, smooth and white and lovely.

Hinds HONEY & ALMOND Cream MEANS SMOOTH WHITE HANDS

Needlecraft FOR THE HOME

TO MIX AND MATE For practical minded women, here's a smart casual outfit that can be made from a man's discarded suit. The jerkin suit is wonderful to wear under coats now, by itself in warmer weather.

HOUSEHOLD SCRAPBOOK By Roberta Lee Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish.

MODERN ETIQUETTE By Roberta Lee Let stand for a minute or so stirring frequently, then pour into hot sterilized jars and seal with melted paraffin. When the first coat of this gardsen, apply a second coat, then cover with jar lids or light covers of several thicknesses of paper, and store when cold in a cool, dry place.

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Fortify Her Against COUGHS and COLDS! Help to build up children's resistance with Father John's Medicine... the medicine that provides the vitamins A and D which so many youngsters need. Four generations of Canadian mothers have used Father John's Medicine both in the treatment of colds and as a preventive. Get a bottle from your druggist today.

Father John's Medicine Made in Canada

A JOB ONLY YOU CAN DO Price Control Questions and Answers

Questions and Answers on Price Control will appear in the Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board's Readers. Persons who have intelligent questions to ask on price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Time Prices and Trade Board.

Do you suffer 'PERIODIC Female Misery' With Its Nervous Tension, Weak, Tired Feelings Lydia E. Pinkham's Vegetable Compound not only helps relieve monthly cramps, headache, backache, but also accompanying nervous tension, crankiness, restlessness, "dragged out" feelings—when due to functional monthly disturbances.

BETTER ENGLISH D. C. Williams 1. What is wrong with this sentence? "I saw that book some place." What is the correct pronunciation of "irrevocable"? 3. Which one of these words is misspelled? Kemist, kennel, kerose.

HOW CAN I! By Anne Ashley Q. How can I drain food that is fried in deep fat? A. When frying anything in deep fat, keep a piece of brown wrapping paper close to the stove. When fried to the desired brown, lift the food out and place on the brown paper to drain. The paper will absorb every bit of the fat.

DOESN'T IT LOOK BEE-U-TIFUL! FESTIVE birthday cakes today mean happy memories tomorrow. Never disappoint your children by running the risk of having an important birthday cake fall, or look less lovely than the fondest dream. Make your cakes the sure way, the thrifty way, with famous REGAL FLOUR! You can use fine, white REGAL FLOUR for all your baking, with consistently good results. So give your family the wonderful thrill of your homemade baking they will remember all their lives long! Use economical, all-purpose REGAL FLOUR!

CHOCOLATE LAYER CAKE 4 squares bitter chocolate 2 cups boiling water 1/2 cupful butter 1 1/2 cupful granulated sugar 1 teaspoonful vanilla extract 2 teaspoonfuls baking powder 2 cupful sifted Regal Flour 1/2 teaspoonful salt 1/2 cupful milk White frosting Chocolate frosting Melt chocolate in small saucepan, add water, and cook over hot water until smooth. Cream butter and sugar thoroughly together, add chocolate, vanilla extract, yolks of eggs well beaten, flour sifted with salt and baking powder, and add milk. Beat well, cut and fold in whites of eggs beaten to a stiff froth. Divide into three greased and floured layer tins, and bake in a moderate oven for twenty-five minutes. Cool and put together with white or chocolate frosting. The top of cake should be covered with frosting. Sufficient for a medium-sized three-layer cake.

ALWAYS RELY ON REGAL FLOUR REGAL FLOUR IS MILLED BY THE ST. LAWRENCE FLOUR MILLS COMPANY, LIMITED, MONTREAL

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Q. How can I prevent rusting when putting away a stove, or pipes, for the summer? A. Before putting them away, give them a good application of linseed oil, and it will prevent rust.

Q. When fall comes, polish them without trying to remove the oil. B. How can I keep the custard pie a nice even brown? When fried to the desired brown, when baked if a little sugar is sprinkled over the top just before putting into the oven.

Q. Kovar, an alloy of iron, nickel and cobalt, expands with heat at about the same rate as hard glass, and for that reason is used in electronic tubes. Science, technology, research and imagination combine to receive human wants before people are aware of them, and to fashion devices, machines and methods of supplying them, according to one American engineering editor.

Q. An actress was travelling from Liverpool to London. Her luggage was bulky and the porter to whom she entrusted it at the Liverpool station told her she would have to pay excess on it. "Unless," he added as an afterthought, "you're a theatrical."

Q. "Well, why didn't you say so at first?" demanded the porter indignantly, as he got round insulting passengers by asking if they're theatricals.

Q. Chiffon washed in a pure soap solution. The water should not be too hot. Rubbing is not necessary; merely use a dipping up-and-down motion.

Q. Use lard instead of butter to grease the muffin and cake tins. Cake will stick to buttered tins but not when well greased with lard.

Q. To give a delicious flavor to the tea, add a piece of dried orange peel, one inch square, to each drawing of tea.

Q. In what way can a conversation be pleasant and entertaining? A. It can, if based on subjects of mutual interest to everyone present. It is preferable to discuss some trip or vacation or experience, which holds no personal interest for the others present.

Q. What is the best way for parents to thank friends who have sent gifts to the new baby? A. It is preferable to send personal notes, expressing sincere appreciation.

Q. Is it good form to use ruled paper for any social correspondence? A. No; the paper should be plain, white, unruled, and of good quality.