

Do you sing in your bath?

Have you that feeling in the morning of being born again? This is a joy accorded only to perfect health. Racing blood and high spirits are two results of exercise, regular living and regular bowel evacuations.

By an entirely new principle Nujol will keep the poisonous waste moving out of the body. Every other form of treatment either irritates or forces the system. Nujol works on the waste matter instead of on the system.

Nujol prevents constipation by keeping the food waste soft, thus helping Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world.

It is absolutely harmless and pleasant to take—try it.

Nujol is sold by all druggists in sealed bottles only bearing Nujol trade mark. Write Nujol Laboratories, Standard Oil Co. (New Jersey), 50 Broadway, New York, for booklet, "Thirty Feet of Danger."

A New Method of Treating an Old Complaint

Death of Noted Canadian Lady

(With the death during the present winter of Mrs. Maitland, Canada has lost one of the oldest and most prolific of her writers of religious verse. For over half a century Mrs. Maitland has contributed to periodicals in Canada and the United States. Her verses appearing in Godey's Lady's Book and in Truth, magazines whose names are practically unknown to the readers of the present day. In more recent years her writings have been contributed to a little group of Sunday magazines, and to the Canadian Magazine, and but very recently a small volume of her poems was published under the title God Speed the True. This did not contain all her poems, but the collection is fairly representative. In the preface it is stated that Mrs. Maitland died, but very many years ago, she came to Canada, has to her credit probably the largest treasury of religious verse from the pen of any Canadian author. Her work is largely spiritual in tone and sentiment. Of those that cannot come under the characteristic devotional the following little Cradle Song is an evidence of the lyrical quality of her verses and the sweet and sympathetic tone of Mrs. Maitland's work:

Hey-a-day! Ho-a-day! What shall I sing?
 Baby is weary of everything—
 Weary of "Black Sheep" and "Little Boy Blue,"
 Weary of "Little Jack Horner," too,
 Weary of "Ding Dong" and "Caper and Crow,"
 Weary of "Pretty Maids all in a Row."
 Though I have sung to her ditties a score,
 Little blue eyes are as wide as before.

Hey-a-day! Ho-a-day! What shall I sing?
 Sleep to the eyes of my baby to bring?
 Sing her a song of her own little self?
 Mystical, whimsical, comical elf!
 Sing of the hands that undo with their might
 More in a day that my own can set right?
 Sing of the feet ever ready to go
 Into the places no baby should know?

Hey-a-day! Ho-a-day! Thus will I sing,
 While in her cradle my baby I swing;
 Sing of the tresses that toss to and fro,
 Shading pink cheeks on a pillow of snow;
 Sing of the cherry lips guarding for me,
 Treasures as rare as the pearl of the sea;
 Sing of the wonder and mavelous light
 Hid in the blue eyes now blinking good-night!

Hey-a-day! Ho-a-day! Joy makes me sing,
 Who would have thought that a baby could bring
 Into my bosom a love so divine,
 Into my heart all this music of mine,
 Into my home such a halo of light,
 Unto my hands such a magical might,
 Unto my feet all the fleetness of wings,
 Into my being such wonderful things!

Germans Looking for Italy's Trade

(Special to The Guardian.)
 ROME, Feb. 19.—Eight German representatives have arrived here to enter with the Italians relative to a renewal of trade relations between the two countries, according to the Italia Nuova.

Withdrawing Trade From United States

(Dom. Press Special.)
 NEW YORK, Feb. 19.—Canadian merchants have shifted practically all their trade from American to European markets, because of the unfavorable rate of exchange prevailing between United States and Canada. E. M. Trowern, Secretary of the Retail Merchants Association of Canada said here today.

Trowern was in New York attending a convention of the National Retail Dry Goods Association. He lives in Ottawa. "More than 500 of the principal merchants in my district already have sent buyers to purchase their next year's stock," Trowern said. "By doing this they save from 15 to 20 per cent difference in exchange. The United States eventually will be the greatest sufferers from the conditions of exchange Trowern believed.

OLDEST MAN KNOWN IN THE WORLD

Who is the world's oldest man? That cannot be decided with certainty, for who knows how old a man may be in out-of-the-way countries like Central China and mountainous Tibet?

But in the countries that keep statistics no one is known older than a Kentucky man, John Shell, who claims to be 131, and to have a daughter aged 97. He still sees well, and has recently been amusing himself by going to a circus, but his hearing is not good. He keeps up a keen interest in politics and means to vote at the next election. We hope he will vote straight.

AFTER INFLUENZA

THE GRIP, FEVERS AND OTHER POISONING, PROSTRATING DISEASES

It is absolutely necessary that the blood be thoroughly cleansed, germs of disease destroyed or driven out, appetite restored and the kidneys and liver restored to perfect regular action.

Hood's Sarsaparilla has been before the people for 46 years as a general blood purifying alterative tonic medicine and it has given perfect satisfaction. Men and women whose grandmothers gave them Hood's Sarsaparilla are now giving it to their own children and grandchildren with perfect confidence. It is the ideal family medicine, for a wide range of ailments always ready, always does good at any season of the year. Prepared by educated pharmacists. Nearly 50 years of phenomenal sales tell the story of its remarkable merit. For a mild, effective laxative, take Hood's Pills.

A YOUNG INVENTOR STARTLES WORLD

SEATTLE, Feb. 17.—Alfred M. Hubbard, a 19-year-old Seattle boy, announced the perfection of an invention he terms an "atmospheric power generator," and made claims that recently caused Seattle's leading electrical engineers, according to newspaper reports, to doubt the evidence of their senses and to pause before they condemned as folly the assertions of the youth.

With the apparatus, in appearance a small coil of wire about 6 inches in diameter, surrounding a permanently magnetic core, 8 inches long, the entire contrivance easily carried in a man's hand, Hubbard gave a demonstration miles from his laboratory that, regardless of the principles involved, several Seattle engineers declared without parallel in electrical history.

An ordinary incandescent electric lamp connected with the two terminals of the "atmospheric power generator" glowed to a cherry red for nearly one hour, and Hubbard volunteered to permit the lamp to burn for as many hours as was necessary to satisfy the most sceptical.


The young inventor claims that there are no moving parts connected with his generator, that there are no hidden batteries, storage or primary, and those who witnessed the demonstration made sure that there was no outside connection with any source of power.

Hubbard's explanation of the phenomenon is that he has succeeded in transforming the earth's lines of magnetic force into electrical energy available for use.

HOW AMERICAN BANKS COLLECT AT PAR

An interesting survey of the secondary activities of federal reserve banks of the United States is given by Pierre Jay, Chairman of the Federal Reserve Bank of New York, in the current number of the Journal of the Canadian Bankers' Association. Mr. Jay shows in detail the method of par collection of checks in effect there. This has been defined as entailing "collection without deduction, but not granting available credit until funds are actually collected." For a few months in 1915 an effort was made to give immediate credit, but it was found unsatisfactory. Instead, a schedule has been worked out whereby credit is deferred for the number of days in which collection can normally be made, one-way mail time being eliminated by use of the telegraph. This period varies according to the distance between points, and Mr. Jay illustrates the system by describing what actually occurs when, say, the Bank of Smithville, N. D., makes a remittance.

Out of thirty thousand banks in the United States, all but four thousand now participate in this system of par collection, according to Mr. Jay.




"GOODY! GOODY! I smell Cocoa," shrills the small son as he comes in, rosy of cheek after skating.

Whether the young people have been skating, snowshoeing, bobbing, walking or just playing in the snow, the best thing to greet them with when they return is a cup of Cowan's steaming hot Cocoa. It not only drives the chill from their bodies, but it replenishes the strength that has been expended.

Cowan's Cocoa is made in Canada to meet Canadian needs. Manufactured from the choicest cocoa beans, it retains the full delicious flavor. It is a perfect beverage for young and old, imparting strength and vigor from its store of concentrated nourishment.

Easily digested, it is suited to all ages, and the wise housewife serves it to her family every day.



COWAN'S Perfection COCOA

FREE—A Booklet of Cocoa Recipes sent upon request.
 The COWAN CO., Limited Toronto

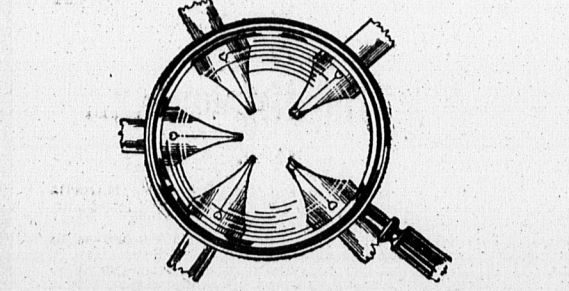


Illustration of standard points under the magnifying glass. These points are made in every degree of fineness to suit the personal preferences of everyone who writes.

There is a Waterman Pen Point to Suit YOU!

No two writers write with exactly the same pressure and from exactly the same angle. And yet we can supply a perfect point for every writer and every need! You make your final selection from 65 regular style points, and a host of specials, when you buy a

Waterman's Ideal Fountain Pen

Waterman points duplicate the action of any steel pen and assure the added smoothness and lasting quality found only in the highest grade gold pens.

The dealer has only to understand your individual need to produce a Waterman's Ideal Fountain Pen that really suits your penmanship. Don't keep a pen that doesn't suit. The dealer will see that you are satisfied.

Prices from \$2.50

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 179 St. James St., Montreal.
 NEW YORK, BOSTON, CHICAGO, SAN FRANCISCO, LONDON, PARIS.

Housewives Attention

Guaranteed for 10 Years

Don't you always notice when company comes to dinner you haven't enough silverware?

Sundays it usually is, when guests pour in from out of town, or go home with you from church. And all the time you're saying how glad you are to have them, you're wondering how on earth you'll manage to set the table with the small amount of silver you have.

Everybody knows that every woman loves beautiful silver—that she rarely, if ever, has enough.

So we have purchased a supply of Oneida Community PAR PLATE, 26 pieces to the set—guaranteed for ten years of every-day-in-the-year wear.

The kind of silver a woman likes to handle and own—beautifully patterned, graceful in design.

We bought only a limited number of PAR PLATE, so there are bound to be some of you disappointed, if you don't hurry up.

Come to the office today and let us tell you about our offer and show you a complete set of Oneida Silverware which you get FREE. You'll be delighted with the simplicity of the plan. If you cannot conveniently come to the Guardian office, fill in the coupon and mail it to us today.

Do You Know About Oneida Community Par Plate?

It is made by Oneida Community who make the finest silverware in the world. It is sold by the best dealers everywhere. You can always be proud of the Oneida Community stamp on the back of your silverware—it means the best materials that can be put into any silverware, the most perfect designs by the best artists in that line of work.

Bridal Wreath

The Bridal Wreath design is charmingly simple, with its designs delicately traced around the shape of the handles. The finish is soft gray—long-wearing, A-1 plate on a base of the best nickel silver.

Do not delay, write or come today and be first in line to secure one of these beautiful sets.



WE GUARANTEE TO EVERY PURCHASER OF ONEIDA COMMUNITY PAR PLATE THAT IT IS HONESTLY MADE BY SKILLED WORKMEN WITH THE LATEST MACHINERY AND THE BEST MATERIAL AND THIS GUARANTEE IS BASED UPON A REPUTATION FOR EXCELLENCE AND INTEGRITY IN MANUFACTURE NOW ESTABLISHED FOR OVER HALF A CENTURY. WE GUARANTEE ALL COPIES BEARING THE STAMP ONEIDA COMMUNITY PAR PLATE (except those FOR 25 YEARS IN ORDINARY FAMILY USE, THE FINISH IS GUARANTEED TO BE OF THE SAME HIGH QUALITY AND THAT THE MEDIUM ENDS WILL STRIP FULL LENGTH OF PURE SILVER TO THE DOZZEN)

ONEIDA COMMUNITY, Ltd.

ATTENTION

Over 200 returned soldiers need work. It is our duty to provide it for them. They have satisfactorily completed a five year contract with us in France, Belgium and Germany, and are now out of employment. Charlottetown must place every returned soldier and sailor in suitable employment.

1.—IS A YOUNG MAN 22 years of age who works in a hardware store before going to France. Ambitious and wants position in Hardware Store. Hardware Merchants you have a vacuum out?

2.—AN EXPERIENCED COOK, with 4 years training as baker, is cooked on the S. S. Minto. Best references. Who can help him out?

3.—YOUNG MAN 24 YEARS of age. Has attended F. W. C. and completed business course. Wants position as Book-keeper, Warehouseman or Time-keeper. We are expecting a big demand for this chap's services.

4.—A YOUNG MAN WHO wants position as clerk in Drugstore. Education, St. Dunstan's University and Union Commercial College. Worked four years in a drug store before going overseas. Have you an opening?

5.—A SINGLE MAN 28 YEARS of age, who left the Shoemaker's bench to go to War, now wants to repair more shoes. This man has 14 years experience. Should be placed right away. Phone 714.

NO. 6.—A JOB PRINTER WITH 8 years experience wants to start again. Who will help him?

NO. 7.—SEVERAL YOUNG MEN, all experienced painters want a job. There should be no trouble in getting them placed.

NO. 8.—YOUR TEAMSTERS should all be returned men. Think it over. For particulars of single man, age 24—Phone 714.

NO. 9.—A SINGLE MAN 31 YEARS of age has 19 years experience as Can-maker. CAN-MAKERS another man in your establishment means something to Charlottetown.

NO. 10.—YOUNG MAN, GOOD EDUCATION and cheerful disposition, wants clerical position. He has excellent Overseas record. Should be placed right away—Phone 714.

NO. 11.—IS A BUTCHER WITH 10 years experience. Wants to get back to work at once. We expect to hear from all the butchers.

NO. 12.—ONE OF OUR CONTRACTORS or Builders must want a first class carpenter. We have 20 good men. Try them.

NO. 13.—FARMERS WE HAVE several good men who wish to work on farms. Write and let us know your requirements.

NO. 14.—A YOUNG MAN WANTS position as chauffeur. Has had experience. Will the Auto Dealers send us the names of purchasers of new cars?

NO. 15.—THIS NUMBER IS A BARBER with 7 years experience. Age 23. Single. How about giving him a chance

NO. 16.—YOUR SIDE WALK needs to be shoveled. You certainly should have those ashes taken out of your cellar. There is a man waiting to do it if you will phone 714.

In addition to the above there are other applicants for all kinds of positions. If the above lists do not include the class of help you require give us a ring. We have, or can get what you want.

Important Refer to by quoting the number in the margin. For information regarding any of the above returned soldiers—Phone

THE EMPLOYMENT OFFICE

Market Building
 Phone 714

THE CHARLOTTETOWN GUARDIAN HAS GIVEN THIS SPACE FOR A PERIOD OF ONE MONTH.

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