

Woman's Realm -:- Social and Personal -:- Fashions -:- Literature

What the Fashionable Are Wearing

Illustrated Dressmaking Lesson Furnished With Every Pattern

By Annebelle Worthington



Smart young things are including many silk crepe frocks in their Spring wardrobe to be worn with separate coat to carry out ensemble theme.

The youthful animation of hem, makes this model especially attractive, for it is equally smart worn without a coat.

The cap sleeves of the yoked bodice are outstandingly chic in pointed treatment.

It is nipped in at normal waistline by narrow belt.

Style No. 2846 comes in sizes 14, 16, 18 and 20 years. In the 18-year size, 2 1/2 yards of 39-inch material with 1/2 yard of 39-inch contrasting is sufficient.

Pattern price 15 cents. Be sure to fill in size of pattern. Address Pattern Department. Our Spring Fashion Magazine is 15 cents, but you may order a pattern and a Fashion Magazine together for 25 cents.

No. 2846. Size Name Street Address City State

Announcement..

The Nu Bone Corset Company

Wishes to announce the arrival of their New Princess Silhouette Garment

"The Nu Trend"

Will mould your figure to the new Style Trend, giving slender youthful lines with comfort and health. Fitted by appointments in the privacy of your home or at our head office shop.

Call office for representative and inquiries.



BONE - Nu Trend
Corset Shop
282 FITZROY STREET
PHONE 1219-J.

Milady Beautiful

By Lois Leeds



BEAUTY QUESTIONS ANSWERED

CRACKED SKIN ON FINGERS AND DRY COMPLEXION

Dear Miss Leeds—I am troubled with cracking of the skin on my hands and the tips of my fingers. They never look clean. What can I do for them? I do all of my own housework and have my hands in water a great deal. (2) Will you please suggest a suitable facial pack and creams for a dry skin? My complexion appears dry and harsh-looking. (3) The skin on my neck looks rough and red. How can I bleach it? My complexion looks dull and faded, and a friend of mine suggested that I should write to you for help on these beauty problems. I am married and have very little time to fuss with myself, but I realize that I am showing my age and I must begin to do something before it is too late.

MRS. H. D. L.

Answer—I am glad to help you with your beauty problems, my dear; and I am sure that they will respond to a little patience and correct treatment on your part. Although it will take probably a little longer to bring your skin back to a normal condition than would have been needed to keep it so in the first place. (1) The dryness and cracking of the skin on the hands and fingers is due to excessive dryness. Having your hands in water a great deal, using strong soaps or washing powders and failing to give them appropriate treatment afterward have caused the trouble. Try wearing rubber gloves when washing dishes. When it is absolutely necessary to have your hands in water without wearing gloves, be sure to dry them very carefully and apply a few drops of a good hand lotion and massage them for a few seconds until the hand lotion has dried. At bedtime soak the hands and fingertips in warm olive oil for about ten minutes; then wipe off the oil and apply an oily cold cream; massage them for a few minutes and leave the cream on overnight. Slip on a pair of clean old cotton gloves to keep the cream from rubbing off on the bedding. This treatment may be taken every night for two or three weeks. You will notice the skin on your hands gradually becomes whiter and softer, and the harsh, dry, old look will in time disappear. Use a mild washing soap or powder to wash the dishes and a long-handled mop to keep your hands out of the hot water as much as possible. A great many housewives who do all of their own housework manage to keep their hands and nails in a good condition merely by taking the necessary precautions and using a suitable hand cream or lotion regularly. I would like you to have my leaflet on care of the hands, which will help you in detail with this problem. Inclose a self-addressed envelope and write for it. It gives a suitable hand lotion and massage cream that you may use regularly.

(2 and 3). I would suggest for your dry, sensitive skin using a light-weight cleansing cream or oil before using soap and water to wash the face and neck. Soften the water with almond meal, oatmeal or cornmeal. When you use soap be sure to rinse every particle of it from the skin. Dry thoroughly with a soft towel and apply a little skin lotion. Do not go outdoors right after washing your face, but protect it with a little cold cream and face powder. Once or twice a week give your face and neck a thorough massage treatment and softening facial pack. This will help you to rejuvenate the skin on the face and neck and prevent the muscles from sagging. After cleansing the face and neck at bedtime pat on a little oily night cream, massage cream or skin food and leave it on overnight. Watch my beauty column for the weekly facial pack suitable for your type of skin. Be sure that you spend some time out of doors each day in the fresh air and sunlight. See that your diet is well balanced, that it contains sufficient fresh green vegetables and fruits, both raw and cooked. Remember that the diet plays an important part in the condition of the skin.

LOIS LEEDS

How to Assure a Wife's Affection

Dorothy Dix

Completes Faults Avoidable List of

The American Husband Makes the Greatest Mistake of His Matrimonial Career When He Drops Love-making at the Altar and Lets His Wife Think That He Takes Her for Granted, Says Dorothy Dix. Ten mistakes men make in marriage. (Conclusion)

It shows her that her husband considered her pleasure, and if all he can afford is a trolley ride she can get as much joy out of that as she would a trip to Europe. It is why a woman will only kiss her hands. It is why a woman is perfectly satisfied to wear a bungalow apron if her husband is always bemoaning the fact that he can't dress her up in Paris confections.

There is nothing that a man can do that will pay such a percentage as doing something to make his wife happy, and it is the ones who don't make a little investment of time and trouble and money in amusing Friend Wife who become matrimonial bankrupts.

The eighth mistake that husbands make is not making companions of their wives. Very few men make any deliberate effort to keep in touch with their wives. They go their way immersed in business. They let their wives go their way immersed in the children or the house or society, and before they know it they have lost touch with each other and have no interests in common except the bills and the babies. That is why at middle age so many men suddenly discover that they are in love with their private secretaries, and that they have come to depend upon them for an understanding and a congeniality that they do not find in their wives.

This is a catastrophe to the man as well as to his wife, and it could be avoided if bridegrooms would talk to their young wives about the things they are interested in, or do like one young man I knew who, when he saw his bride was beginning to slump, told her that she had to study and read if she expected to hold him, because Dumb Dora's bored him to death.

The ninth mistake that husbands make is in not seeing that their wives have plenty of constructive work to do. Every man's idea of being a

"Hello! Hello! How Much Does Happiness Cost?"

Only the price of learning a simple health rule, this smiling youngster finds!



"HAPPINESS just radiates from my baby since we began giving her—"

What was it that Mrs. Fred E. Schmitt of 2023 Stone Street, Falls City, Nebraska, discovered, which she could give to her baby that made her happy, well, strong and buoyant?

Not a medicine; not a drug of any kind; just harmless bodily lubrication. Only that, and nothing more. Mrs. Schmitt's discovery that little Barbara kept well when she was made regular as clock work is the same discovery as has been made by millions of other people, who are enjoying the happiness of health because they use Nujol.

Babies, old folks, people in the prime of life—all alike need to have the bodily poisons (we all have them) cast the action of your body which needs lubrication as much as any other machine.

Please remember that Nujol contains no drugs; is non-fattening; is not absorbed in any way by the body; can form no habit; cannot hurt you, no matter how much you

"Happiness is on the other end of your phone too," says little Barbara

take. All it can do is keep you internally clean, and make you continually feel better. Colorless, tasteless as pure water, Nujol will make you see the bright side of life; it will help you to get the most out of your life; it will make you wake up in the morning feeling fit, and help you to do a good day's work with a smile.

Millions of people have discovered this fact—why don't you? You can buy Nujol in sealed packages at all drug stores. It costs but a few cents, and makes you feel like a million dollars. Get a bottle today and see how brimming zestful health will boost your day's happiness.

good husband is keeping his wife in idleness, yet that is the worst misfortune he could wish upon her. It is the woman with nothing to do who is neurotic and peevish and fretful, and who fill the sanatoriums and divorce courts.

The tenth mistake that men make is in letting their wives henpeck them. No woman loves or respects the man she can boss.

Which one of these ten mistakes do you make, Mr. Man?
DOROTHY DIX

If the people of England would spend two cents more each day for British made goods it would mean employment of 100,000 more persons, according to the president of the Birmingham Chamber of Commerce

Paris dressmakers are reported to be making mannequins fit the latest fashions by giving them fattening foods.

Household Hints

By Roberta Lee

Ivory Knife Handles

Do not put ivory knife handles in hot water, which turns them yellow. Wash with warm, soapy water and wipe quickly. Once a month rub them with flannel moistened with denatured alcohol and dipped in powdered whiting that has been sifted through cheesecloth.

Strawberry and Orange Salad

Cover one quart of berries with powdered sugar and over this pour half a teacup of orange juice. It makes a delicious salad.

Sponges To clean sponges let them lie for twelve hours in milk and then rinse in cold water.

Etiquette

By Roberta Lee

Q. When are the silver and the plates removed from the table?

A. Before the dessert is served.

Q. Should one send Easter cards to those in mourning?

A. Yes, by all means.

Q. What is the most important thing to keep in mind when writing a letter?

A. To make the letter as concise and definite as possible.

For The Cook

WALNUT MACAROONS

One egg white, beaten stiff. Then add 1 cup of fine granulated sugar gradually, beating all the time. Add to this 1/2 cup finely chopped walnuts, 1/4 cup dates, cut very small, a pinch of salt and 1 dessertspoon vanilla. Drop in a buttered pan and bake in a moderately warm oven.

WHO ARE YOU?

A Nicholson?

The Romance of Your Name
By RUBY HASKINS ELLIS



Nicholson

This name is derived from the Danish "Nickels" or Nicholas, the patron saint of Christmas. There are various forms, such as Nichols, Nicholls, Nicholson and many others.

The earliest ancestor of Nicholson of whom there is record was Ludghard Maccou, of the House of Ith, the 11th Monarch of Ireland. Through unpronounceable names the line descends until we reach Donald MacNichol, chieftain of the "Mac-Nichol clan in the Isle of Skye, in the reigns of Charles I and II. He had four sons, one of whom was Malcolm. He is the ancestor of the present chieftains of the clan Mac-Nichol. Another son was MacNeil, from whom one of the Philadelphia families of the name descend.

The coat of arms given was used by William Nicholson, born at Berwick on the Tweed, in England. He came to America and settled in Maryland and died in Annapolis in 1719. He as lord of Nicholson Manor, a tract of more than 4000 acres in Baltimore County. The descendants of William have been prominent and have left lasting impress upon the annals of the legislative halls of Maryland and on the battlefield.

There were other early settlers in this country by this name, among whom was Robert Nicholson, who located in Charles City County, Virginia, in 1655. There was also John Nicholson "the sailor," of Dartmouth, Mass., in 1695.

Most of the Nicholsons in America today can trace to one or the other of these first settlers, and among their descendants are men and women of prominence in every walk of life.

Real dyes give richest colors!

FOR every home use, Diamond Dyes are the finest you can buy. They contain the highest quality dyes that can be produced. It's the dyes in Diamond Dyes that give such soft, bright, new colors to dresses, drapes, lingerie. Diamond Dyes are easy to use. They go on smoothly and evenly; do not spot or streak; never give things that re-dyed look. Just true, even, new colors that keep their depth and brilliance in spite of wear and washing. 10¢ packages. All drug stores.

Diamond Dyes
Highest Quality for 50 Years

A Morning Smile

Lord Macduff, the young son of Prince and Princess Arthur of Connaught, had just learned the words of the National Anthem, and he told his nurse that he wanted to see "our noble King."

One day when the King was walking in the grounds at Bagshot with the Duke of Connaught, Lord Macduff was told by his nurse, "Look, there is the King, with grandfather." "Oh, no," said little Lord Macduff, "that is not the King. That is my Uncle George."



Maritime Women Want the Best
NEW BRUNSWICK
NOVA SCOTIA
their Standard in flour is the REGAL Standard
They want the highest quality of flour that can be made from the best grade of the best Manitoba wheat.

AND this quality is absolutely assured to them when they purchase

REGAL flour



YOU CAN CREATE BEAUTY IN EVERY PART OF YOUR HOME

Your home is the expression of your personality. A bright, cheery home is the most cordial welcome you can offer to your friends.

How much more expressive of you when you have created beauty in your home with your own hands—a brush—and Jap-a-lac!

Today Jap-a-lac means fifty times more than ever before.

There is a Jap-a-lac for every household job that you do with a brush. Paint and varnish, brushing lacquer, wood stain and enamel, in a host of varieties and an ample range of colours, Jap-a-lac will make your home beautiful and keep it so.

Renew that old chair, the dull shabby dresser—today. Tint the drab walls, refresh the woodwork, give new life to the window sills and frames. Just ask for Jap-a-lac. Your paint dealer knows which variety is suited to your present requirement.



THE GLIDDEN COMPANY LIMITED
TORONTO WINNIPEG MONTREAL

IF IT GOES ON WITH A BRUSH, USE

JAP-A-LAC
HOUSEHOLD PAINTS AND FINISHES
Rogers Hardware Co., Ltd.
Distributors
CHARLOTTETOWN, P.E.I.

Fletcher's CASTORIA
FOR CHILDREN
MILK
COLUMBIAN
COLUMBIAN
COLUMBIAN