

Woman's Realm Social and Personal Fashions Literature

Living & Leisure The Woman's Realm

AUTUMN
Autumn's earliest frost had given to the woods below hues of beauty, such as heaven lends to its bow. And the soft breeze from the West scarcely broke their dreamy rest. —Whittier.

SEWING BUTTONHOLES
To prevent the buttonholes of coat sweaters from stretching in the process of laundering and drying, sew the buttonholes together before washing them.

Ride softly that we may come sooner home.
Dehydrating food saves as much as 90 per cent shipping weights and space, compressing dehydrated food latest wrinkles in shipping, saves up to 25 per cent more in space.

HINTS ON ETIQUETTE
If you go into a restaurant in a strange city and would like to take a menu as a souvenir, it is all right to ask if you may have one.

EAT RIGHT FEEL RIGHT
CANADA NEEDS YOU STRONG
Follow Canada's Food Rules for Health and Fitness
FREE! A Valuable Recipe Book—"Economy Recipes for Canada's Householders" containing many recipes suited to today's requirements. Send a postcard with your name and address with the words "Economy Recipes". Address Dept. 4G, The Canada Starch Home Service Dept., P.O. Box 129, Montreal, Que.

CROWN BRAND SYRUP
Published in the interests of CANADA'S NUTRITION CAMPAIGN by the makers of
The CANADA STARCH COMPANY, Limited

SHEPHERDERS REMEMBER
In the Shepland Times there was recently published a dispatch which will bring comfort to a small group of bereaved Canadian women and to sorrowing mothers and wives within the Empire. On a quiet June evening a group of Shepland Island women arranged a beautiful ceremony in tribute to the young men of the Empire who are buried in the Shepland Islands—sailors and sailors. After paying tribute to "the brave women of Canada, Australia and New Zealand who sent their menfolk so far to defend our shores," the kindly women of this far northern Empire outpost placed flowers on eleven graves, reading each the name and rank of each fallen hero.

It is believed that the raccoons living on the islands off of the coast of southern Florida are smaller than those found on the mainland because they have no access to fresh water except during the rains.

A Morning Smile

CENSUS TAKER
"What do you do, madam?"
"I keep house, scrub, scour, bake, wash dishes, cook, do all laundry, iron, sew and look after my children."
And the census taker listed her as—Housekeeper—no occupation.

Nancy (age six): Are you the trained nurse that sister said was coming to stay with us?
Nurse: Yes, I'm the trained nurse.
Nancy: Well, come on then! We're having a circus out in our barn, and the children want to see you do your tricks.

THE COOK'S CORNER

GRAPE AND APPLE BUTTER
2 cups grape pulp.
2 cups apple pulp.
2 cups sugar.
Prepare fruit pulp by cooking cleaned fruit with a little water (to prevent burning) and passing it through a coarse sieve. Add sugar and cook 20 minutes. Pour into hot sterilized jars, cool and seal.

MEDLEY FRUIT CONSERVE
2 pounds peaches
1-2 pounds pears
4-1-2 pounds sugar
2 pounds quinces
1 lemon
1-2 pound tart apples
Wash and prepare fruit. Pass through food chopper. Put fruit and sugar in alternate layers in a large bowl and let stand overnight. Next morning place in a preserving kettle and add grated rind and lemon juice. Boil until mixture becomes thick. Four into hot sterilized jars, cool and seal.



HEALTH LEAGUE OF CANADA

FOOD STORAGE
After the hard work you spent this summer on your victory gardens, you will want to be certain that the resulting vegetables will not perish before they are eaten. Storage of the garden produce in the home can be relatively easy if a few simple rules are carefully followed.

For a storage room—any part of the cellar with a window leading directly outside may be used. It should have a concrete floor, covered with sand and sprinkled with lime occasionally to maintain the proper moisture content of the air. This room will need walls that are well insulated and a well fitted door to provide an even temperature. Containers for the vegetables should be constructed against the outside walls, leaving a slight space at the bottom to provide for ventilation.

White wash used on the walls makes for a sanitary room and annually a solution of approximately 1/4 lb. of copper sulphate to 1 gallon of water can be used as a preservative and disinfectant. Of course you will need a good thermometer.

Karin Ellis

(By Michael Jackson)
Author of Popular Stories in National Magazines

CHAPTER XXXVI
The wind outside was cold on their faces and when Emily breathed deeply it cut into her lungs. Frances signaled a cabman with a regal little gesture and called him "my good man." Inside, Frances leaned her head back against the seat's worn fabric and began to hum. Emily in the corner, thought about Frances' quest of fun, her school-girlish spirit for it. Well, let her try, Emily thought.
"The funny part is," Frances said, as if they'd been talking all along, "I meant to give you a little talking to but somehow I managed to talk only about myself."
Emily nodded forgiveness. "And very interesting it was, too. I assure you."
"But the whole point of it was to show you how lucky you are, all the you have. You know, I even gathered a sort of left-handed prestige just by knowing you. There's not one of those matrons in Dallas who wouldn't give her eye-teeth to be Karin Ellis. The life you lead, the things you do—it's just plain glamour to them."
"Pooh," Emily laughed it off. Yet the thought was pleasant and

Dorothy Dix Says—

GLAMOUR IS DELUSION WHEN TACKLING MARRIAGE MATTERS

Husband Has Right To Demand Pleasant Interesting Companion Who Is Good Sport

A man is asking the courts for a divorce from his wife because she is not glamorous. Let us hope and pray that he gets it, for if he does and marries the glamorous one he will receive the punishment that fits the crime. For glamour is not an item on the domestic menu. It is no part of a home-cooked meal. It belongs to the days of courtship, of illusion and delusion, and all the romantic etes that we put on the shelf when we tackle the real business of marriage. To have to live with it day in and day out would be like having to partake of a steady diet of lemon pie.

Fancy a hungry man coming home at night to find his glamorous wife posing in a moving picture attitude on a couch, but nothing doing in the kitchen. Fancy a husband having to do all the household chores because his glamorous wife cannot put her manicured hands in dishwater or wield a broom. Fancy a tired man being dragged out to places of amusement every night because a glamorous wife has to get around and show herself. Fancy how a husband would look on the first of the month when the bills came in for the upkeep of a glamorous wife. It is a picture that would bring tears from a heart of stone.

GLAMOUR PASSES WITH WEDDING CEREMONY

Now while glamour in a woman is as attractive to a man as the red paint on a wagon is to a child, few men marry for it. Their Guardian Angel, or something whisper in their ears that a woman packs away her glamour along with her wedding gown and orange blossoms, and that she can't stay perpetually glamorous any more than she can stay a perpetual bride.

For no woman can look glamorous at the breakfast table after she has gotten up and cooked the meal. No woman can look glamorous after she has walked the floor half the night with a crying baby, or bent for hours over a sick bed. Nor can any woman stay the hand of Time and keep looking like a mysterious Lady Love after she begins to get the middle-age spread.

There are many things that a husband has a right to demand of his wife but keeping glamorous in spite of work and worry and pinching pennies and rearing children, isn't of them. He has, of course, a right to expect his wife to keep as easy on the eyes as circumstances permit, but that doesn't necessarily mean that she should go about trailing clouds of glory or even, as the phrase goes, preserving her youth and beauty. If merely means that she shall keep herself neat and tidy, comb her hair and leave off the cold cream, and look pleasant.

A husband has a right to demand that his wife shall make him comfortable. It is just as much the wife's business to broil the bacon properly and cook the potatoes as it is his to do the laundry and mop the floor. "Failure to provide" enables a wife to get rid of a trifling annoyance as when the bills come in for the upkeep of a glamorous wife. A husband has a right to demand that his wife shall refrain from nagging and that she should grant him the right to a reasonable degree of personal liberty. He didn't marry in order to get someone to harp upon all of his faults and shortcomings and keep his weaknesses ever before him. Nor did he marry to get a jailer.

Unfortunately, however, there are no landmarks by which a man can distinguish a husband-batterer from a husband-spoiler before marriage, and many a good man marries one of these feminine dictators and becomes their most pitiful and helpless of creatures. A husband has a right to demand that his wife shall be pleasant, cheerful and interesting companion who is a good enough sport to take life as it comes instead of always whining and complaining because she hasn't as much money to spend as Mrs. Millionbucks, and because she has to do housework instead of being a cinema star, and because she is let down by children. And he has a right to demand that his wife shall be a good working partner instead of a parasite; that she will cooperate with him instead of balk him at every step; that she will be thrifty instead of a spendthrift; that she will show him some appreciation for all he does for her and not make him run around place to place to buy things for her; that she will be a good mother; that a husband has a right to demand of his wife, but not that she shall stay glamorous.

Supper Treat!
READY CUT MACARONI
EASY TO PREPARE
RECIPES ON EVERY PACKAGE
CATELLI MACARONI PRODUCTS

A Job Only You Can Do
Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are prepared by the Board's staff.

PRAIRIE DOGS DYING
HELENA, Mont. (CP)—A die-off, the nature of which is still undetermined, is killing the prairie dogs of eastern Montana. W. J. Butler, state veterinarian, said the rodents are dying by thousands and the condition is bad. He has been unable to find a cause for the die-off. He said the prairie dog with which he experimented.

RELUCTANT KISSES

EVEN A BRIDE IS REPELLED BY "B.O."

"B.O. BARRIER"
FROM HEAD TO TOE — IT STOPS "B.O."

Could love grow cold so soon? Instinctively—not meaning to hurt him—he draws away. His carelessness—about one thing offends her.
Yes, "B.O." can imperil love itself! So much may be at stake in the impressions we make on others. Even a new acquaintance may open the road to success—or failure. Let's foolhardily take chances with "B.O." Millions of people have learned the easy way to play safe. Adopt their simple daily precaution. Bathe with Lifebuoy—the one popular soap especially made to stop "B.O."
What a joy Lifebuoy is in your bath! Its rich, creamy suds—so gentle and mild on your skin—are wonderfully cleansing. That clean, invigorating scent refreshes you—then vanishes before you're dressed. But you can be confident; you're really protected against treacherous "B.O."

Home Service
Don't Let Words Fail at the Right Moment

CROCHETED SLIPPERS OUT OF THE SCRAP BAG
Design No. 1005
Rags from your scrap bag, cut in strips and crocheted make these lovely slippers. Inexpensive to make and appropriate for lounging or beach wear. Pattern No. 1005 contains complete instructions.

To order pattern: Write or send above picture with your name and address with 15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.
Charlottetown Guardian, Needlework Department.
Design No. 1005
NAME _____
STREET ADDRESS _____
CITY _____ PROVINCE _____

Flavor fresh
because AIRLESS PACKED IN WATERPROOF HEAT SEALED CONTAINER
ESTABROOKS RED ROSE COFFEE
THE FAMOUS RED ROSE TEA

Needlecraft For The Home
A GOOD-LOOKING JUMPER
Nice To Bridge the Seasons
This jumper style, simple as it is, has the pleasing contours of a soft frock; very flattering to wear, easy to make, and suitable for the not-too-heavy fabrics that you want at this time of year, whether they be plain or checked. The blouse is especially cut to fit smoothly under the jumper.
Style No. 2588 is designed for size 12 to 16 and requires 3-4 yds. 36-in. fabric for the jumper 1 3-4 yds. 36-in. fabric for the blouse.
Pattern is hand-cut to United States Standard Measurements and includes chart with step by step instructions.
Send twenty cents for pattern. Write your name, address and style number. Be sure to state size you wish.
Name _____
Street Address _____
City _____ Province _____

Now—She Doesn't Feel Tired The Way She Used To
...And WHAT A Difference In Her Figure and Pep!
The people, exhausted feeling, common to many women, is often due to low blood count. Lack of sufficient red corpuscles, resulting from iron deficiency, may be using your body of vital oxygen. And you must have plenty of oxygen to help keep your energy and give you "going power."
Get Dr. Williams' Pink Pills today. They are world-famous for the help they give in increasing the number and strength of red corpuscles. Then with blood count up, most people regain that glorious feeling of health and energy that gets them out of the old rocking chair into the activities they need to help restore a youthful appearance. Don't delay—get your druggist for Dr. Williams' Pink Pills at once.

2588
SIZES 12 to 40