

**If Back Hurts
Flush Kidneys**

**Drink Plenty Water and Take
Glass of Salts Before Break-
fast Occasionally**

When your kidneys hurt and your back feels sore, don't get scared and proceed to load your stomach with a lot of drugs that excite the kidneys and irritate the entire urinary tract. Keep your kidneys clean like you keep your bowels clean, by flushing them with a mild, harmless salts which helps to remove the body's urinous waste and stimulate them to their normal activity.

The function of the kidneys is to filter the blood. In 24 hours they strain from it 500 grains of acid and waste, so we can readily understand the vital importance of keeping the kidneys active.

Drink lots of good water—you can't drink too much; also get from any pharmacist about four ounces of Jad Salts. Take a tablespoonful in a glass of water before breakfast each morning for a few days and your kidneys may then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithia, and has been used for years to help clean and stimulate clogged kidneys; also to neutralize the acids in the system so they are no longer a source of irritation, thus often relieving bladder weakness.

Jad Salts is inexpensive; cannot injure; makes a delightful effervescent lithia-water drink which everyone should take now and everyone to help keep their kidneys clean and active. Try this; also keep up the water drinking, and no doubt you will wonder what became of your kidney trouble and backache. By all means have your physician examine your kidneys at least twice a year.

ADDRESS AND PRESENTATION

The Dunstaffnage Pastime Club met at the home of Mr. and Mrs. W. E. Vessey, on Monday, March 10th. There was upwards of thirty members present. The regular business was duly transacted. The President, William Vessey then called on Myrtle Stewart to read the following address, to three Club Members, Bertie Stewart, Roy Dennis and Vernon Dennis who are leaving shortly for the United States.

To Bertie, Roy and Vernon:
Dear Friends:—It is with deep and sincere feelings of regret that we hear of your intended departure from among us, but we felt we could not allow you to go without in some way trying to let you know how much you will be missed in the community, and especially so in

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IN MEMORIAM

MR. JOHN MCSWEEEN

In the early morning hours of Friday, Nov. 30th Mr. John McSween a very highly esteemed resident of Brookfield passed peacefully away at the ripe old age of 81 years.

Throughout his long life the deceased had enjoyed good health until about a year ago when he suffered from what seemed to be a slight paralytic stroke. From the effects of this he never really fully recovered but still during the past year he was able to move about and at times do a little work. A day or two before the coming of the end he had taken a walk of some distance. Thus as a rule even during the past twelve months his health had been fairly good.

But on the night before he passed away he complained of feeling very distressed. All that medical skill and kind friends could do was done but all to no avail. Another paralytic stroke had come and after an illness of about twenty-four hours death claimed him as its own.

Besides a sorrowing widow Mr. McSween leaves to mourn the loss of a kind and loving father, two sons and two daughters. The sons are Joseph of Dahilton, Sask.; and Murdoch of Brookfield and the daughters are Mrs. A. H. Campbell of Dahilton, Sask. and Mrs. Ramsay Hardy of Montrose, P. E. I.

The deceased was one of a family of three brothers and four sisters.

this club of which you are worthy members, and where you were always ready and willing to give cheerfully of your help and talents for it and the community's benefit.

We would very much like to persuade you to remain with us, but no doubt it must be to your best interest to go or you would not so decide. Kindly remember that our good wishes will ever follow you, and may happiness and prosperity constantly attend you.

We your fellow members felt we could not let you go, without some small token of recognition on our part, so we would ask you to accept these small gifts as a slight token of our esteem, and hope they may serve to remind you of your friends in Dunstaffnage.

Signed on behalf of the Dunstaffnage Pastime Club.

During the reading of the address, Florence Stewart, Arthur Dover and Stanley Foster, presented the gifts. Although taken completely by surprise they each in turn, in a few well chosen words thanked the Club members for having so kindly remembered them. The following programme was then carried out:

Instrumental music, Mildred Thompson; Reading, Bessie Foster; Contest, Margaret Stewart; Reading, Myrtle Stewart; Solo, Roland Phillipson; Reading, Edith Vessey; Contest, Stanley Foster; Instrumental music, Sara Mill.

The remainder of the evening was spent in games and music. During the evening luncheon was served by the hostess. Meeting brought to a close by the singing of National Anthem.

The brothers were Angus, Martin and John and the sisters were Mrs. Thos. Pearson, Roxbury, Mass., Mrs. Thos. Gough, Summerside, Mrs. John Younker, Milton and Mrs. Catherine McDonald, Boston, Mass.

Of these only one survives Mrs. McSween, namely Mrs. Catherine McDonald, Boston, Mass.

Mr. McSween was a good citizen and held in high esteem by all about him. He was of a somewhat reticent nature and shrank from appearing in the public eye but was much admired by all who came to know him.

When quite young he united with the Orange Order and was a loyal member for some sixty four years. In their meetings in the lodge room his brethren will henceforth miss his genial presence and his helpful counsel.

In the sphere of politics he was a staunch supporter of the Liberal party and for quite a number of years he was an active member of the party committee at North Wiltshire.

In religion he was a Presbyterian and was ever loyal in the cause of his home church. Less than two years ago his loyalty was shown by a generous gift to the work of beautifying in Brookfield cemetery. This splendid piece of work made possible largely because of his generosity will remain as a lasting monument to his memory.

But while he will be much missed in these different spheres of activity his loss will be most keenly felt in the home. Here was where his true worth was best known, here too he found his place of greatest enjoyment—very seldom going far away and here too his presence was ever a benediction. The loved ones will henceforth sigh but in vain for the touch of a vanished hand and long but to no avail for the sound of voice that is still.

But while all shall miss him yet knowing that for him life's warfare is forever ceased, its struggles and trials forever ended, none would be so unkind as to wish "his unbound spirit back into bounds again."

The funeral which was one of the largest ever seen in this section of the country was held from his late residence on the afternoon of Sunday, December 2nd. The service was conducted by Rev. R. H. Stavert. The pall bearers were Messrs. Ewen Campbell, John McLean, (Dartington), Alex. Campbell, A. W. Stewart, Daniel Fraser and Reuben Barret.

In the funeral procession were a large number of his brother Orange-men. At the grave they conducted an impressive service. Interment was in the Brookfield cemetery.



CANADA PREPARES FOR IMMIGRATION.

All indications point to a big increase in immigration into Canada in the present year and the Department making ready to meet the inrush of big ships from New York, Montreal ports, such as the Cunard lines, and the Italian lines. Two recent appointments include that of Commissioner of Immigration from Vancouver, where for the past five years he has been Commissioner of Chinese Immigration. Mr. W. R. Little (left) has been appointed Director of European Immigration in London, England. He has been Commissioner of Immigration for the Eastern District in Canada.

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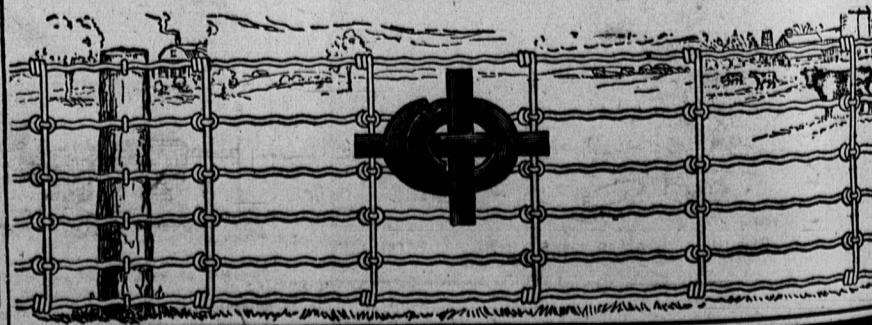
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