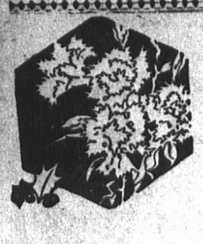
Woman's Realm / Social and Personal / Fashions / Literature



HAPPENINGS OF THE ..WEEK..

Fifteen Canadian women will be presented to Their Majesties at evening Royal courts to be held March 9 and 15, it is announced in London. This year the wives of Canadians attending Army and Royal Air Force schools will be among those commanded to the regular courts, as compared with last year when married women were invited only to special presentation parties. Those who will curtsey to Their Majesties are: Miss Ann Fisher, daughter of Donald Fisher and her cousin, Miss Mary Fisher, daughter of C. M. P. Fisher, both of Sackville, N.B.; Miss Sheila Birks, daughter of Henry G. Birks; Miss Mary Fowler daughter of W. A. Fowler; Miss Ann Walsh, daughter of L. O. P. Walsh; Mrs. Sidney Dawes and her daughter, Miss Joan Dawes, all of Montreal; Miss Beatrice Simson, daughter of the special attache at the Paris Legation and formerly of Ottawa; Mrs. Alan Sparling, wife of Captain Sparling; Mrs. Arnold McArthur, Mrs. Francis Stanton, wife of the attache of Canada House, all of Ottawa; Miss Claire Hopkins, daughter of Percy Hopkins, Toronto, Mrs. Stephen Morres, wife of Captain Morres, Winnipeg; Miss Olive Broadbent, daughter of W. C. M. Broadbent and Mrs. Charles Rolston, both of Vancouver.

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Numerous brief stops of a maximum of 10 minutes duration will be made by the train bearing King George and Queen Elizabeth across Canada next Spring, it is announced. These stops will be for the purpose of permitting as many Canadians as possible to get a glimpse of Their Majesties, and to enable the King and Queen to meet local officials personally. The King and Queen will not leave the immediate precincts of the stations on these stops and will not review any guards of honor. Her Majesty will receive no more than one bouquet of flowers at each stop and that must be from the citizens generally, not from any individual or organization. These stops will be in addition to the longer scheduled stops. When Their Majesties leave the train they will be met by the local mayor and his wife, who will be presented, and will in turn present the local member of Parliament, the local member of the Provincial Legislature and their wives and "a strictly limited number of other local officials and their wives". Any addresses that are to be presented to Their Majesties at these stops will not be read but will be handed to an official assigned to that duty.

• • • •

Mrs. Saunders, wife of Judge A. C. Saunders, who is spending the winter in this city, entertained at a smart dinner party for her friends at the Canadian National Hotel on Tuesday evening, the table decorations being carried out very artistically in yellow daffodils and ferns.

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Mrs. LePage, wife of Hon. B. W. LePage, was hostess at a prettily arranged bridge and tea at the Canadian National Hotel on Tuesday afternoon.

• • • •

Mrs. Raymond, wife of Archdeacon Raymond, D. D., and Mrs. Haslam, wife of Rev. Canon R. H. A. Haslam, M. A., B. D., were At Home yesterday afternoon to the members of St. Paul's congregation at St. Paul's Rectory. It was a delightful social gathering, afternoon tea being prettily served in the dining room.

• • • •

Miss Mary McDonald and Miss Margaret Sterns were joint hostesses last Saturday at one of the most enjoyable bridge and teas of the week at the Canadian National Hotel. Eleven tables were in play with exquisite gifts to mark the happy gathering.

• • • •

Since she was quite tiny Princess Margaret has taken a great interest in natural history, and this taste is now developing. For several years the little Princess has been an ardent collector of flowers and leaves, and she can identify specimens with remarkable ease. Lately she has been turning her attention to birds, and during the past week or two she has passed much of her time identifying those she sees at Sandringham. The species are remarkably varied and the proximity to the sea marshes encourages birds that are not often seen in England.

• • • •

Miss Anna Mair was among those sailing by the S. S. Colborne last week from Halifax on a cruise to British Guiana.

• • • •

Mrs. Ed. D. Nicholson entertained her bridge club at the Canadian National Hotel at a luncheon bridge on Thursday.

• • • •

The Queen and the Duchess of Gloucester are encouraging the revival of the cut cake at tea-time. A favorite at Sandringham is ginger cake made with black treacle, and a layer cake is always on the tea-table. Fillings for the latter chosen by the Queen are chopped glace cherries and cream, and pineapple and stem ginger. At York House the Duchess of Gloucester prefers cut cakes to little gateaux or petits fours, and has them placed on pale green plates or in a silver cake-basket. A loaf cake made from dates and chopped walnuts is from an Australian recipe that the Duke brought back from his Empire tour.

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Mrs. R. E. Mutch invited friends in for tea last Saturday afternoon to meet Mrs. Scott, who with her husband Superintendent Scott of the R. C. M. Police, are being cordially welcomed.

• • • •

In fashionable nurseries the favorite pattern for nursery rompers for the toddler—almost identical with those worn by Princess Alexandra, daughter of the Duke and Duchess of Kent was first designed for use in London East End creches. Rompers are made up in woolen material, silk and wool, cotton and cellular cotton. Many young mothers in their desire for simplicity allow their small children to put on frocks only at tea-time

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Mrs. A. R. Cooper was among the hostesses entertaining at bridge last Monday.

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Miss Marie Mutch was hostess at her home last evening inviting friends in for bridge.

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Mrs. J. M. Murley, Ritz Apartments, entertained for her friends at four tables of bridge on Thursday night and will be hostess at a similar social gathering this evening.

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A smart luncheon bridge was enjoyed at the Canadian National Hotel by the members of the Thursday afternoon bridge club this week.

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Mrs. A. C. Sinclair, Brighton Road, was hostess at a series of bridge parties this week entertaining at four tables on Thursday and Friday evenings. Additional friends are invited in for this afternoon.

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Mrs. Mary Cameron of Strathgartney, is visiting in Summerside, the guest of Mrs. Holden C. Mills and her sister Miss Eleanor Green.

• • • •

Mrs. R. S. P. Jardine gave a pretty two table bridge honouring Mrs. H. T. Begg of Halifax.

• • • •

Mrs. George Hogg was hostess on Thursday evening at two tables of Bridge for her friends.

• • • •

Mrs. C. C. Dickie gave a two table Bridge on Tuesday evening at her home on Mitton Avenu.

• • • •

Mrs. Louis MacKay has as her guest her sister, Mrs. James Campbell of Stanley Bridge and entertained recently in her honour at three tables of Bridge.

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Mrs. George Lewis was hostess at a dinner Bridge on Thursday evening for her bridge club.

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His friends will regret to learn of the continued illness of Mr. Wm. E. Barrett at the P. E. I. Hospital. Mr. Barrett was with Head Office of the Canadian Bank of Commerce, Montreal, until his recent illness.

• • • •

The newest electric fireplace in England is suitable for all-the-year use. By clever manoeuvring it can be transformed to a glowing fire for winter time or may become an artistic background for flowers for less chilly days. The fireplace when not heated is bathed in light and colour, which varies from palest primrose to deep flame, or through delicate shades of petunia, green and blue. By the touch of a switch a colour scheme to suit one's mood, the day or the colour scheme of the room is possible. If the weather changes it is a simple matter to revert to a comforting electric fire.

• • • •

Guests at the Sandringham house party for the New Year sampled sweets made by Princess Elizabeth at her weekly cooking lessons. A tin, painted by the Princess in her lesson time, was filled by her before the holiday with walnut and cream toffee, peppermints and chocolate and coffee fudge. This was handed round to each visitor at Sandringham after luncheon.

• • • •

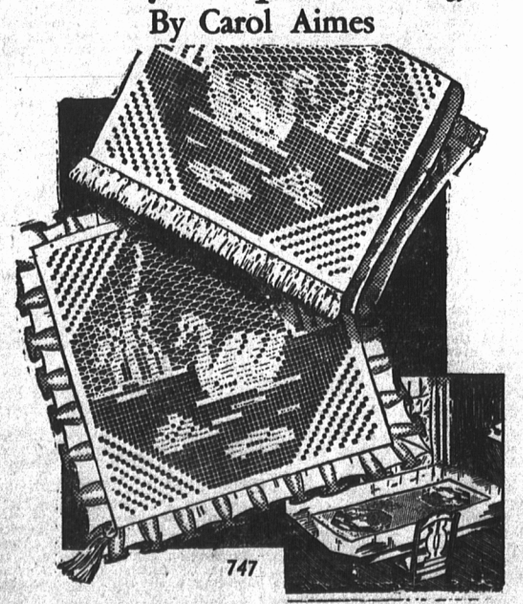
The Duke and Duchess of Gloucester hope to take up residence at Barnwell Castle in time for the hunting season next autumn. They do not expect to move in till the autumn. A number of alterations have to be made at this historic castle, which the Duke purchased last July. Although there are no structural repairs, many renovations have to be carried out, and these are likely to take some months to complete. The Duchess is taking a great interest in planning a new rose garden. The castle has extensive grounds, and there are an open air swimming pool, tennis courts and squash racket courts. Formerly owned by the Dukes of Buccleuch, the castle dates from the 13th century. One of the Duchess of Gloucester's ancestors, Sir Edward Montagu, a Chief Justice in the reign of Henry VIII, bought it in about 1540, and is said to have repaired and beautified the old building.

ROYAL VISIT

Experienced lady export buyer wishes to get into touch with one or two small specialty houses carrying outstanding model gowns, hats, sports clothes etc., of distinction. Immediate attention to orders. Highest references exchanged. Write H. C. B. c/o National Provincial Bank, 1 New Bond Street, London, W. 1, England. N-2-4-11.

To-Day's Popular Design

By Carol Aimes



SWAN DESIGN
DESIGN NO. 747

Miss Aimes receives at least 200 votes for each design before it is accepted for this column Send us your votes. We print all the popular designs.

Dear Readers: We grouped your requests for crochet cushions and runners. Together they made such an imposing showing we hastened to prepare this very easy-to-do set that works out quickly and will wear for years and years. This SWAN DESIGN is so very attractive and beautiful when completed . . the cushion can be mounted on any colored satin to match your living room.

The pattern includes complete easy to follow crochet instructions for cushion, runner and for making the tassels.

Send 20 cents, coins preferred.

Pattern Order Form—To be used when ordering Patterns and Voting for POPULAR DESIGNS.

To The Charlottetown Guardian
Needlework Dept.

DESIGN NO. 747

Name. -

Street Address -

City - - - - - - - - - - - - - - Prov. - - - - - - - - - - - -

I suggest the following as a
POPULAR DESIGN -

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A Morning Smile

SAME MOTIONS.

Sergeant (to raw recruit)—Mark time, there, you!

Smallish R. B. (whose shoes are too big)—Please, sir, I am, sir! Inside me boots!

SEEMS STRANGE

Centurian (to reporter)— Young man, you can include in your article that I am convinced that the secret of my longevity is that I have always eaten a great deal of garlic.

"Secret?" gasped the reporter.

Dorothy Dix's Letter Box

The Old Adage About Distance and Enchantment is Particularly True in the Case of In-Laws — They Should Never Live Together if This Can Possibly be Avoided

Dear Miss Dix—I used to think that you were unjust when you opposed mothers going to live with their married children, but now I know that you are right and that in-laws should not live together if it can possibly be helped. Recently unforseen circumstances made it necessary for me to go to live with my son and his wife. Having been in business and accustomed to getting along with people, and also being exceedingly fond of this daughter-in-law and having put her on a pedestal, I felt that I was well adapted to take care of the situation. But in spite of all of my preparedness, an intangible unpleasantness crept in and I was greatly relieved when I could leave and go back to living by myself. To be frank, I think I got to know my daughter-in-law too well. I began to see little faults that I had never perceived before; her small peculiarities began to get on my nerves, and no doubt she felt the same way toward me. Now that we are parted, I am beginning to forget her little faults, but we will never quite feel the same way toward each other again. So my advice to all mothers is to keep out of their children's homes except for a visit, and then to make it snappy.

A MOTHER-IN-LAW.

Answer:

When the lion and the lamb shall lie down together, doubtless in-laws will be able to live together in peace and harmony, but in the meantime their disastrous attempts to do so fill the world with woe.

Statistics show that a mother-in-law in the house causes more divorces than drink, or infidelity, or temper, or any of the major vices. This is not because Mother-in-law is an evil old woman bent on breaking up her children's homes, but because Mother, having nothing else to do, spends her time in picking flaws in her in-laws and calling her son's and daughter's attention to what poor creatures they have married.

Unfortunately, none of us are perfect. We don't bear close inspection. It takes distance to give the proper perspective on our virtues and blur our faults and weaknesses. Those who see us occasionally perceive only our charms. Those with whom we live, day after day, get so that they see only our blemishes.

And that is why in-laws should never live together if it can possibly be avoided, because their happiness depends upon their liking and admiring each other and not knowing each other too well.

Nothing is more true than the old saying that what we don't know doesn't worry us. And it is far better that Mother should not know that Mary peels her potatoes too thick and wastes John's money, or that Susie henpecks Tom, or that Sally isn't raising the baby according to Mother's recipe. For that leaves Mother free to think what charming women her sons have married, and for the daughters-in-law to be able to think of Mother-in-law as an interesting old lady whose visits they enjoy and not as a fault-find old busy-body who is always interfering in their housekeeping. Distance lends enchantment, especially to in-laws.

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Dear Miss Dix—My best friend has been engaged for three years and she and her fiance have bought many things for the home they have planned. But suddenly the young man has met a girl with whom he has fallen head over heels in love. He tells my friend that he no longer cares for her and wants to break off the engagement, and says that if he marries her now it is only because he thinks it is the honorable thing to do. But she has made such scenes about it that he keeps seeing her, though he also sees the other girl. What should she do?

A FRIEND.

Answer:

There isn't but one thing for your friend to do if she has any sense of decency, or any regard for her future happiness, and that is to let the young man go.

No woman in the world could possibly wish more misery on herself than to drag an unwilling bridegroom to the alter. It is bad enough for a girl to hold a man to an engagement when by his indifference and coldness and loathness to marry she knows that he is tired of her and has lost his taste for her. But she can always befool herself into believing that, somehow, after they are married she can reawaken love in him.

But when she knows that he loves another woman there is no possible chance of her ever winning him back again. He will not only not love her, but he will hate her because she has kept him from marrying the woman who was his heart's desire and stands between him and happiness. He will never look at her without hating her, or speak to her without cursing her in his heart.

No man can be a good husband if he feels that he is the victim of a selfish woman who has married him against his will. And how any woman with a shred of self-respect can want to put herself in the position of an unwanted wife is past comprehension.

I think that if a man finds that he is mistaken in his feelings toward a girl and that what he thought was love is mere liking—and particularly if he falls really in love with another girl—he has a perfect right to break the engagement himself; that it is a false sense of honor that makes him feel that he is bound to marry the first girl. He saves both her and himself a lifetime of misery by doing it.

• • • • • •

Dear Miss Dix—I am a girl of 20. I have got tired of looking for my Prince Charming who doesn't come along and have practically decided to marry a man whom I know will make me a good husband, but with whom I am not in love. Don't you think I am sensible? C. C.

Answer:

Well, if I were only 20, I think I would sit on the watchtower a little longer with my eye glued to the horizon. Twenty is mighty young to give up looking for love and taking what you can get in a husband instead of what you desire. And the trouble is that Prince Charming is so likely to ride down your street after you are tied down with a husband and couple of children.

DOROTHY DIX.

Household Scrapbook

(By ROBERTA LEE)

Care of Woodwork

If the woodwork or furniture is oiled or varnished, clean with a soft cloth moistened with lemon oil. Then rub this briskly into a polish, using a clean, dry polishing cloth. Or you may use kerosene and linseed oil, mixed; but lemon oil dries more rapidly.

Ironing Board Cover

Unbleached muslin is good material with which to cover the ironing board, as there is no danger of lint coming off when pressing suits or woolen materials.

Hard Lemons

Lemons that have become hard and dry from standing can be restored by covering them with boiling water for a few minutes.

BANK ON OLYMPICS

HELSINKI — (CP) — This Finnish capital has population of 310,346, an increase of 11,294 over last year, and expects another big increase before 1940 on account of the Olympic games here that year.

Modern Etiquette

(By ROBERTA LEE)

Q. Is the word "stationary" proper when referring to one's paper that is used for social correspondence?

A. It is better to reserve 'stationery" for a commercial term, and refer to the paper used for social correspondence as "note paper, writing paper, or letter paper."

Q. Should decorations be used when giving a musicale?

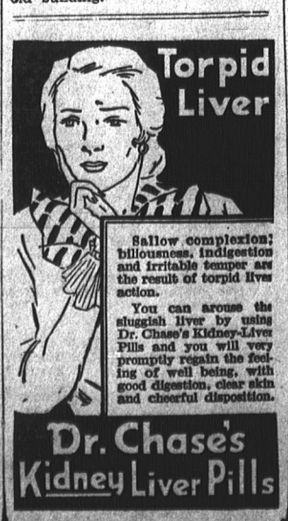
A. Use as few decorations as possible. Palms and ferns may be used but never flowers, as the heavy scent often annoys the artists.

Q. Is it permissible to use the knife and fork when eating fish?

A. The fork only should be used.

TO MANAGE IRISH

BELFAST—Arthur Lumberg of Wrexham, third division English League football club, has been appointed manager of Newry Town, Irish League entry. Lumberg represented Wales in 11 international matches.



THE COOK'S CORNER

Date and Walnut Torte

4 eggs
2 cups fine sugar
4 tablespoons flour
4 tablespoons milk
2 teaspoons baking powder
2 teaspoons vanilla
1 cup chopped walnuts
1 1-2 cups chopped dates

Method: Beat the eggs very light, then add the sugar and continue to beat until it is dissolved. Add the milk and beat this in and also the vanilla.

Sift the flour and baking powder and add the chopped dates and nuts to this. Mix them well so that each piece is coated with the flour and make sure that none of the flour is left sticking to the bowl, for you have such a little that even a teaspoon missing would make a difference.

Mix well and turn into a lightly greased pan and bake in a moderate, 350 deg. F., oven for about 30 minutes. Test it with a toothpick to be sure it isn't sticky before you take it out.

Remove from the pan as soon as it comes from the oven and serve either warm or cold with whipped cream spread over the top. Whipped cream flavored and sweetened with strained honey is good on this, and the dark honey, if you can get it, has more flavor than the light colored kind.

Honey Butter

3-4 cup butter
1 cup strained honey
1 teaspoon lemon juice

Method: Let hte butter stand at room tempature until it is very soft. Cream the honey with the softened butter, then add the lemon juice. Mix well and serve over hot waffles. If there is any left, store it in a covered sealer in the refrigerator. It will turn creamy but will be just as good the next time you have waffles.

Cheese waffles are good with any creamed meat or fish dish, or you might like them with crisp bacon for lunch.

Cheese Waffles

2 cups flour
2 teaspoons baking powder
1-2 teaspoon salt
2 eggs
1 cup milk
3 tablespoons melted butter
1 cup grated cheese.

Method: Sift the flour, baking powder and salt. Beat the egg yolks with the milk and add this to the dry ingredients, then add the melted butter. When the batter is smooth, fold in the egg whites which have been beaten very stiff, and lastly the finely grated cheese. Bake in a hot waffle iron until crisp and brown. These are good too with broiled ham and cream gravy.

How Women in Their 40's Can Attract Men

Here's good advice for a woman during her change (usually from 38 to 52), who fears she'll lose her appeal to men, who worries about hot flashes, loss of pep, dizzy spells, upset nerves and moody spells.

Just get more fresh air, 8 hrs. sleep and if you need a reliable "WOMAN'S" tonic take Lydia E. Pinkham's Vegetable Compound, made *especially for women*. It helps Nature build up physical resistance, thus helps give more vivacity to enjoy life and assist calming jittery nerves and those disturbing symptoms that often accompany change of life. Pinkham's is WELL WORTH trying.

Building a Personality That's Many-Sided

Discover Your Strong Points

Are you at home with friends but self-conscious with strangers? Or happy in your work, miserable with people?

Don't be downhearted. Personal charm isn't inherited like red hair. It's something you acquire. Let your strong points bolster up your weak ones.

Suppose you're successful in your work. You probably have lots of persistency, self-control, concentration power to turn to account in making friends.

Persistency will keep you from getting discouraged once you've made up your mind to create a winning, many-sided personality.

With self-control you can develop poise to carry yourself gracefully, meet strangers easily, appear at home in any gathering.

Concentration will make you a keen observer. When you notice other people's good points, be generous with your appreciation. Be ready to learn gracious new ways from your friends.

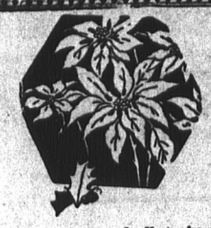
In our 32-page booklet a well-known psychologist tells how to give yourself a personality test, develop your most captivating qualities.

Send 20c in coins for your copy of Developing Your Personality to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name

Street Address

Town Province



The Housewife — AND — Her Activities

We need, each and all, to be needed,
To feel we have something to give
Toward soothing the moan of earth's hunger,
And we know that then only we live
When we feed one another as we have been fed,
From the hand that gives body and spirit their bread.

—Lucy Larcom

"Cruising speed" usually is interpreted by air lines, as meaning speed at 60 per cent of available power.

Almost every other home in Great Britain owns a dog. There are approximately 4,000,000 dogs in the country.

The walls of the giant cactus are pleated like an accordion which allows them to expand and accomodate any amount of water that is available.

The sawdust which comes from the sawing of a diamond is black.

The female San Jose scale insects has no eyes, but her mate has an extra pair.

In a lifetime man travels through space with the earth about 30 thousand million miles.

Mother announced that a prize would be given each Saturday for the most obedient member of the family.

Almost with one voice the four children protested: "Oh-h, that isn't fair! Daddy would win every time!"

The U. S. Bureau. of Fisheries experts say that one teaspoonful of swordfish liver oil contains about as much Vitamin A as 80 pounds of butter or 160 dozen eggs.

Bishop sleeves are exciting news! Wear them shirred under your bracelet sleeve dress. Shirred net, or petal shaped organdy with tiny matching collars are news. This spring wider cuffs with demure little collars are fresh and so young looking.

Color is important in spring neckwear. Adorable crisp bows in jonquil yellow, larkspur blue, or carnation pink pique with do wonders for your wardrobe. Try them in amusing ways; one pinned on your dress and another perched on your hat, or the lapel of your dark winter or spring coat.

Guimpes have come into their own this spring and there are the most adorable ones with little "baby" collar and "baby" bibs done in batiste with whole panels of drawn work, organdy with wide jabots, and crisp pique with fagotting. The most enchanting guimpe is done in white net with intriguing ball shaped sleeves with val piping, and little baby neckline.

Husbandly Habits

If your husband still drops ashes all over the rugs, still uses every ash tray in the living room in the course of the evening and still smokes in your bedroom at the end of your first year of married life, you might as well accept it and forget it as you do the wart on the end of his nose—for he will never change. Don't nag for the rest of your life —just grin and clean up after him.

The downward wing stroke of a bird is not directed backward, like a swimming stroke. The tilting of the wings and individual feathers produces the propelling force.

A kerrosene lantern will give a brighter light if a pinch of salt is added to the oil in the container below the wick.

Homey Lighting

Frequently we have to experiment a bit with the dining room lighting before we get just the nice homey tone to the room. Little silk shades over the upright bulbs are a help while other cases will require shaded bulbs to give the softened note. Avoid that terrible white glare found in so many dining rooms.

NIGHT TREATMENT FOR BLACKHEADS

Try this treatment for black heads:

At night, after you have washed your face, applied cream, then removed it carefully, cover forefingers with clean cotton gauze or cleansing tissues and press the foreign matter out of a few of the pores. Squeeze gently so as not to bruise the skin and do not try to do too thorough a job during the first treatment. Remove only the particles which come out easily.

Afterward, moisten the irritated spots with an antiseptic. When it has dried, apply night cream if your complexion is quite dry, a special lotion or cream for oily skin if it's oily. Next morning, wash again with soap and water, apply foundation lotion and makeup in the regular manner.

To keep your vacuum cleaner in efficient condition, empty the dust bag each time it is used. Frequently turn the bag inside out and brush with a stiff brush.

How Can I ??

(By ANNE ASHLEY)

Q. How can I increase the fluffiness of blankets when laundering them?

A. After laundering the woolen blankets in lukewarm water and soapflakes, add a few soapflakes to the last rinse water. It will not only increase the fluffiness of the blankets, but will act as a moth preventive.

Q. How can I remove fruit stains from the hands?

A. By moistening corn meal with vinegar and applying. Or, greased the hands with lard, then wash with soap and water.

Q. How can I insure potatoes being white when cooked?

A. Soak the potatoes in cold water for two hours before boiling.

HAIN'T A CHANCE

BENDIGO, Aus.—A former captain of Bendigo's cricket team, A. Henson offered his son £100 ($377) if he made a century against Echuca. Jack, however, went in ninth wicket down and made three not out.

FINISHED ALONE

LONDON—All 11 horses in the New Year Selling Handican three-mile steeplechase either fell or refused to jump except Russian Sentry, who was declared winner. Imperion was remounted and placed second.

Keep Minard's in the home.

TIMELY TIPS — FOR THE — HOME SEWER

Here's a definitely smart new cotton frock for home wear. It has the skateskirt so popular and flattering, besides youthful. The surplice bodice accents the slim waistline that prefers to be beltless at the front. A bow sash ties it snugly across the back. This gay charmer can have a tailored narrow collar.... or a wide rever collar.... or collarless with ric rac and contrasting bias binds to finish the edge. It gives you an opportunity to use the pattern for three different looking frocks. If you're going South or on a cruise, be sure and take it along to wear for mornings. You'll find it a very important part of your wardrobe. A monotone print percale and white with white pique is most attractive for this double duty frock.

Style No. 3201 is designed for sizes 12, 14, 16, 18, 20 years, 30, 32, 34, 36, 38 and 40-inches bust. Size 16 requires 3 1-8 yards of 39-inch material with 1 yard of 39-inch contrasting and 2 1-2 yards of ruffling.

Send fifteen cents (15) in stamps or coin (coin preferred) wrap coin carefully, address to Charlottetown Guardian Pattern Service

Style No. 3201 Size ... ...

Name

Street Address

City Province

BOWLED WELL

MELBOURNE, Aus.—Playing cricket for North Melbourne against West Melbourne, Leo Scully took the first nine wickets to fall for 20 runs. In the second innings he took eight matches for 60, making a total of 17 wickets for 80 for the match.

To Relieve Bad Cough Quickly, Mix This at Home

Does the Work in a Hurry, Saves Money. Easily Mixed.

Here's an old home remedy your mother used, and, for real results, it is still a very dependable thing for distressing coughs. Try it once, and you'll swear by it.

It's no trouble at all. Make a syrup by stirring 2 cups of granulated sugar and one cup of water a few moments until dissolved. No cooking is needed—a child could do it.

Now put 2½ ounces of Pinex into a 16 oz. bottle, and add your syrup. This gives you 16 ounces of really superior cough remedy—more than you could buy for four times the money. It keeps perfectly, tastes fine, and lasts a family a long time.

This splendid home mixture has a three-fold action. You can feel it take hold at once. It loosens the phlegm, soothes the irritated membranes, and helps clear the air passages. This explains why it gives such prompt, pleasing results.

Pinex is a compound containing Norway Pine, in concentrated form, well known for its prompt action on throat membranes. Money refunded if it doesn't please you in every way.