

# Woman's Realm Social and Personal Fashions Literature

## Modern Etiquette

By Roberta Lee

Q. Is it customary to give a clergyman a fee for conducting a funeral service?

A. A Protestant clergyman does not expect a fee, but if offered one he may accept it with perfect propriety. It is customary to give a Catholic priest an offering for saying a funeral mass, but there is no fixed rule as to the amount, this depending upon the circumstances of the bereaved family.

Q. Would it be all right for a young widow to wear white at her second wedding?

A. No; it is not customary for a woman to wear white at her second wedding, regardless of her age.

Q. Is it proper to tip the soup plate when it is nearly empty?

A. Yes, this may be done, but it must be tipped away from you.

### TREND TO ELEGANT

NEW YORK—The trend of fashion is toward the pretty, feminine, the elegant. Pink complexions threaten to rival the sun tans that were cultivated so assiduously for a decade or so. Hat brims sweep to new widths to protect that pretty pink-and-whiteness. Wide hats are a part of the picture aside from their protective role, for they are traditionally right with the looser, fuller skirts, the lowered necklines and the feminine costumes of this summer.



## Tea in a Jiffy!

**KING COLE**  
**ORANGE PEKOE** **TEA BAGS**

## That Body Of Yours

By James W. Harris, M. D.

### YOUR IDEAL WEIGHT

When we think of overweight and underweight, we should remember that they mean over the "average" or under the average weight.

Unfortunately, average does not mean ideal. But as ideal means the best weight for each particular individual, it is not possible for us to compare our weight with any other than the average weight for the "average" individual.

What is the average individual and what should or does he weigh? The average adult male is 5 feet 7 inches in height and weighs 150 pounds. The average adult female is 5 feet 4 inches in height and weighs 130 pounds. Generally speaking, for each inch above or below the height of 5 feet 7 inches, a man should weigh 8 to 10 pounds more or less than 150 pounds. In women, for each inch above or below 5 feet 4 inches, the weight should be 6 to 8 pounds more or less.

As mentioned before, the figures for the average man or woman are based on the height of those of average build and do not take into consideration the differences in build or physique. Thus a man or woman who is stocky should weigh more than one of average build; and one of slender build should weigh less than one of average build. We thus can see why it is possible for men and women of slender build to be as much as 15 to 20 pounds less for their height than those of heavy or stocky build.

In addition to the average, slender and stocky types, we must remember also that there are some individuals with short bodies and long legs who will weigh less for their height than those of average build. Those with long bodies and short legs will weigh more than those of average build with the average or normal length of body and legs.

So, before figuring out your best weight for your height, take a look at yourself and then decide whether you need more or less weight to attain your ideal poundage.

## Kendricks-Sylvester Nuptials



Miss Ruby L. Kendricks, daughter of Mrs. Bertha Kendricks and the late Mr. George Kendricks of Essex, Ont., Lieut. R. H. Sylvester, son of the late Mr. and Mrs. Royal Carlton Sylvester, and grandson of Mrs. C. Dingwill of Charlottetown, P. E. I., married at Essex United Church on June 19th at 4 P.M. in Essex, Ont.

## Ellen's Diary

By an Island Farmer's Wife

Dominion Day, knitting closely the Provincians "from sea to sea" came at dawn, when the countryside was dewy and nothing yet astir except the cattle stretching lazily in the meadow and one of Mr. O's cats from the house on the hill. From the new window, I saw her come along a waste-gate and enter the short-cut, which leads up to our gate-way, to be well in time for the milking. Thus it was in peace that one prays may be lasting, the holiday returned to Aldea. I see to remind an Island farm woman how good is the heritage that is hers, her lot being indeed cast in pleasant places. Not at all living in the lap of luxury in this ordinary farm home of ours, but free from the want and fears that women in many another country must endure—free in Canada and on the Island to live, and work, and worship, to run a home and care for her family, and rear her children pretty much as her inclination fancies. This is the good fortune of all Island farm women. What better life would they ask?

At the end of the morning chorning, which is breakfast time, we said with some significance, "This is a holiday" and went to our indoor duties more leisurely on that account. More than once we came to a doorway to watch the sunlight dapple the valley which holds the old mill and stream in its depths; to lift eyes "unto the hills" above; to catch the exquisite scent of the gentle wandering wind and of life to the cadence of bird song woven with the sound of the falling water at the over-flow on the dam. We would enjoy this day, we promised ourselves, have it to remember, the peace and delight of it with grand-daughter and all, in-to, we hoped, new years. And then, doubtless catching sight of a loitering woman, James called from the yard: "It's a grand day, Ellen, isn't it? Not going to be so hot as yesterday, I think, but warm enough today. We're going to take the young cattle up to the other farm now when it's cool" then added with subtle suggestion "But I guess you're busy, Ellen!"

If James had lived in Bible times he is one who could have found work for every member of his household, I'm sure! But no one could withstand so tempting an opportunity to be out of doors on a dewy-morning like this. I followed with the farmers after their cattle. Recounting it later to Mr. C. from the house on the hill, James said: "We put the cattle away today, the young fellow and I" and when I looked up at him he remembered "and, Ellen—Eliot came with us for company! Eliot is now, down to the smallest yearling, their coats glistening in the sunlight. "Now there" I remarked, "singing out by sight a pretty red and white heifer 'wouldn't that one make a fine cow?" and wondering then about her breeding, I asked: "And where did we buy her?" "Buy her!" James repeated astoundedly, "well if you don't beat everything! and you a farmer's wife! That heifer's one of the Kendericks' cow's. Why Jamie would know that!"

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## How Can I!!!

By Anne Ashley

Q. How can I make a good fly trap?

A. Cut a piece of cardboard, with a 1-inch hole in the center. Spread with some sweet substance on one side, around the edges of the hole. Fill a glass about three-fourths full of soapsuds and place the cardboard over it, sweet side down. The flies will crawl through and drown.

Q. How can I give a grain effect to wood?

A. Beauty of finish and the greatest possible grain effect can be obtained with a treatment of linseed oil applied directly to the bare wood.

Q. How can I keep books from molding?

A. Mold will not form if the book shelves are wiped with oil of cedar occasionally.

## Cook's Corner

**SPIDER CAKE**  
One and 1/3 cups corn meal, 1/3 cup sifted all-purpose flour, one teaspoon baking soda, 1/2 teaspoon salt, 1/4 cup sugar, two eggs, one cup sour milk, two cups sweet milk, two tablespoons shortening. Mix and sift corn meal, flour, soda, salt and sugar. Combine well-beaten eggs with sour milk and one cup of the sweet milk. Add to first mixture. Melt shortening in a nine-inch frying pan. Pour in mixture, then add the remaining cup of milk without stirring. Bake in a moderate oven, 350 degrees F., for 50 minutes. When the cake is baked there will be strips of custard across it. Cut and serve in wedges. Yield: Eight servings.

**FEATHER SQUARES**  
One cup sifted all-purpose flour, 1/2 teaspoon salt, two teaspoons baking powder, 1/2 cup sugar, one egg, 1/2 cup milk, four tablespoons

## Morning Smile

Mother: "Why did Johnny get such a bad mark in history?"  
Teacher: "He didn't know when General Wolfe died."  
Mother: "How should he? We live on a side street and never see any funerals go by."

shortening, melted, two tablespoons brown sugar, 1/4 teaspoon cinnamon.  
Mix and sift flour, salt, baking powder and sugar. Stir in beaten egg, milk and melted shortening, mixing only enough to combine. Pour into a well greased 8" by 8" by 2" pan. Combine brown sugar and cinnamon. Sprinkle over batter. Bake in a hot oven, 400 degrees F., for 20 minutes. Cut in squares and serve hot. Yield: 16 pieces (2" by 2").

## DOROTHY DIX SAYS—

### Lovers' Quarrels

Couple Who Battle Over Every Trifle Headed For Stormy Marriage

Among the baseless superstitions that have warped the judgments of mankind and brought untold suffering upon millions of people is the belief that there is some conjure in the marriage ceremony that will completely alter the natures of men and women and change them from what they are to what they should be.

Rarely, if ever, does this miracle happen. For we are, for the most part, what Nature made us, with the amount of brawn and brains and the kind of disposition that she allotted us. And, for the other part, we have tastes and habits and opinions that we have spent twenty years in acquiring and that are practically unbreakable.

Yet in spite of all of this, which is a matter of common knowledge, we are credulous enough to think that when we get married we can not only make over our husbands and wives to our hearts' desire, but that we will be automatically turned into household angels ourselves.

In proof of the blind faith that we have in this fallacy, take the letter that I got today from a young woman who writes me that she is engaged to be married to a young man with whom she is much in love, as he is with her, but that instead of billing and cooing as lovers are supposed to do, they fight like the Kilkenny cats. There is no subject so innocuous that they cannot get into a hot argument over it. Neither one can express an opinion without starting something. They are bitterly critical of anything the other one does, or says, or has, and they almost come to blows over a book, or the movies, or where they shall go when they step out.

"My fiance," goes on the girl, "says that this does not matter, and he quotes to me the old proverb that a stormy courtship makes a peaceful marriage, and he tells me that after we are married and settled we won't have any difference of opinion. Do you think this is true?"

No, it isn't true. It is the most mischievous falsehood that was ever promulgated, for the marriage ceremony is not a peace treaty. It is a call to arms. Husbands and wives whose interests, whose tastes and whose opinions differ, and who have a thousand more things to quarrel over than sweethearts, have, and if before marriage they will either fight their way to the divorce court, or else become one of those pitiful couples whose whole married life is just an endurance test.

Of course, there are husbands and wives who are natural scrap-panners who were born with a chip on their shoulders, and who enjoy



## Living & Leisure

THE WOMAN'S REALM

This is the weather the cuckoo likes, And so do I; When showers betumble the chestnut spikes, And nestlings fly; And the little brown nightingale bills his best, And they sit outside at "The Travellers' Rest," And maids come forth sprig-mustlin drest, And citizens dream of the south and west, And so do I. —Wethers, Thomas Hardy.

**MAGNIFIER TELLS TRUTH TO BEAUTY**  
Severest critic and best friend of a beauty is her magnifying mirror. It tells her the truth in larger-than-life size. This mercilessly truthful friend also guides a girl's hand in more expert make-up. Best way to catch mirror flaws before they become major problems is to plant the magnifying mirror in a cold north light. Such a scrutiny may reveal for instance, any incipient lines around eyes, mouth and nose which call for more cream and massage to halt their process. Any enlarged pores will need of astringent tightening will also be thrown into strong relief. Straggling hairs that fuss a clear brow line or film an upper lip are amplified in this uncompromising reflection. That's usually all a girl needs to make her grab her tweezers. A magnifier makes for greater precision in pencilling eyebrows, applying eye shadow. As a fervent advocate of the mirror, says: "It amplifies the path for a lip brush to follow for a flawlessly drawn mouth."

**SONS-IN-LAW ARE SENSITIVE**  
If you want to be a welcome guest in the home of a son-in-law, DON'T: Tell your daughter in front of her husband how successful the man she didn't marry has turned out to be.

Tell your son-in-law you think your daughter is working entirely too hard. Make your daughter dissatisfied with the kind of life she is leading. Jump to your daughter's defense if her husband criticizes something she does. Encourage your daughter to go down town and spend more money than she can afford on clothes simply because you always saw to it that she had everything she wanted when she was at home. Buy your daughter something expensive that her husband has been promising to buy her as soon as he can manage. Be the Boss Show your disapproval when your grandchildren are disciplined by their father. Boss your daughter around the way you did when she was under your own roof. Gossip constantly with your daughter about people and things in which your son-in-law has no interest, leaving him feeling that there are just too many women around the house. Wonder about the soundness of your son-in-law's business judgment.

## When Children Suffer From Bowel Complaint

During hot summer months all of us, but especially children, are more susceptible to diarrhoea, intestinal pains and summer complaint. At the first symptoms mothers use DOCTOR FOWLER'S EXTRACT OF WILD STRAWBERRY. This time-tested remedy is fast-acting and dependable for adults or children. Be sure to specify the name—DOCTOR FOWLER'S EXTRACT OF WILD STRAWBERRY.

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Comfortable and cool, this simple cap sleeved frock features princess lines for figure flattery... big pockets for hip interest... saucy scallops for an eye-catching accent. You'll find it wonderful in any washable!

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Remedy for poison ivy. Have solution prepared by druggist. Repels Ants. If you are troubled with ants coming into the house, put the skin of a cucumber where they are found, and they will soon disappear.

## Doctors Prove the Palmolive Plan brings 2 out of 3 women Lovelier Skin in 14 days!

You, too, look for these skin improvements in only 14 days!

Yes, it's true! 36 doctors—leading skin specialists—tested the Palmolive Plan on 1285 women of all ages, from fifteen to fifty, with all types of skin. Dry! Oily! Normal! Young! Older! And 2 out of 3 of these women got noticeable complexion improvements in just 14 days! No matter what skin care they had used before. Reason enough for every woman who longs for a lovelier complexion to start this new Beauty Plan with Palmolive Soap!

**Fewer tiny blemishes—with Palmolive**  
Tiny blemishes—incipient blackheads, respond in most cases to the Palmolive Plan. "My complexion improved a lot," says Helen McCoy. The doctors found "clearer skins in more than half the cases. See what Palmolive can do for you!"

**Less oily, clearer—with Palmolive**  
"My skin became less oily," Ella May Gagner reports. Excessive oiliness often leaves skin blotchy. The 14-Day Palmolive Plan brought actual definite gain to 89% of the women who had oily skin. See if it will help your skin become less oily—clearer.

**Fresher, brighter color! —with Palmolive**  
"Skin brighter! Less come-looking too," says Louise Shargency, after testing the Palmolive Plan. The 3 doctors reported improvements like these for 3 skins out of 3. Start your Palmolive Plan today!

**Here's the Palmolive Plan Doctors Proved!**

1. Wash your face with Palmolive Soap
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## Better English

D. C. Williams

1. What is wrong with this sentence? "The rain had hardly stopped until we started out again."  
2. What is the correct pronunciation of "appliance"?  
3. Which one of these words is misspelled? Forgoing, forfeiture, forgettable.  
4. What does the word "axiomatic" mean?  
5. What is a word beginning with ac that means "science of sound"?

**ANSWERS**  
1. Say, "The rain had hardly stopped when we started out again." 2. Pronounce ap-PLI-ka, first as in at, second as in hay, principal accent on last syllable. 3. Forgoing. 4. Pertaining to, or of the nature of, an axiom; self-evident. "The stores of axiomatic wisdom."—E. Taylor. 5. Acoustics.

## Household Scrapbook

By Roberta Lee

**Care of Sponges**  
The bath sponges will become sour and hardened if not given the proper care. After using, wring out the sponge in clear water to remove all soap, then dry it as quickly as possible. Wash the sponge occasionally in salt water.

**Poison Ivy**  
A little potassium permanganate and a little water is an excellent