

Woman's Realm/Social and Personal/Fashions/Literature

Living & Leisure THE WOMAN'S REALM

GOLDEN DAYS

The year's at the fall,
The frost's on the thistle;
The hunter's abroad,
The sumach's ablaze.

The crow sounds his call,
The quail blows his whistle;
The Earth's close to God
In these golden days.

—W.F.S.

Doves are not as peaceful as they are supposed to be. They quarrel among themselves, though generally not with other birds and creatures.

CHARM MORE IMPORTANT THAN BEAUTY

A discouraged mother writes: "What can I do to make my small girl, who is sweet but very plain, into a beauty?" A frantic mother writes: "My child is an ugly duckling. Her cousin, adopted by me is so pretty." A loyal mother writes: "My little girl is plain but charming. I see to it that her manners and personality develop along charming lines but her hair and her little freckled face are pretty discouraging."

There, the last mother has the answer! She is developing charm in her small girl and I will wager that that little girl will be as popular and happy when she grows to womanhood as any small "beauty" today. A plain child can be charming. Her skin can be fresh and sparkling. She can have hair which is clean and sweet. If you cry over your child you'll give her a complex instead of a complexion. One mother writes that she weeps over her straight-haired six-year-old just because she wasn't born with curly hair.

The prettiest little girl that I know is the least charming and the least beloved, says Lois Leeds. True, small Betty has lovely liquid eyes, soft blonde hair. But because she is so pretty she is spoiled. The most beloved little girl in the neighborhood is an ugly duckling but she has small girl charm—a nice voice, good manners. Her hair is certainly not pretty but it is so well brushed that it attracts attention. Her hair is done in a way that is most becoming to its small owner. You must develop an interest in good grooming in even the most tom-boyish little girl.

MODERN MANNERS

It is incorrect to speak of a "social affair." One speaks of business or state "affairs," but an "affair" suggests something more than friendship between two persons of the opposite sex. You attend a dinner, or reception, or go to a party, but not to a "social affair."

KEEP CELLARS DRY

Fresh air and sunshine are musts for a dry cellar. When the outside air is cool and dry, open cellar windows; when it's damp outside keep them closed. Warm, moist air results in mildew and condensation of moisture on the cooler surfaces of the cellar.

HELPFUL HELIOS

That "How do you do?" is often just a casual and meaningless phrase. Health authorities say that if people took it seriously they might well question their state of being. So, say the experts, since suggestion has undoubted power, how much better some such salutation as "You're looking very well today!" That's not likely to become just a hackneyed saying. It's so much more personal and pleasing. The experts suggest that Canadians try it once in a while, for effect and enjoyment.

MODERN MANNERS

A woman never wears a hat with formal evening clothes.

Morning Smile

IT ALL DEPENDS

Auto Examiner: "Do you know what it means if a driver puts out a hand?"
Applicant: "Well, if it's a woman, it means she is going to turn right or left, shake the ashes off her cigarette, or reverse or stop, or she's pointing to a hat store, or admiring her ring, or—"
Examiner: "Yeah, and if it's a man?"
Applicant: "Why he's usually waving at a woman!"

SARCASM

In a crowded cinema a young woman brushed past a man about to take a seat. Before he recovered his balance the young woman and her husband had taken the only two seats available in that part of the cinema.

"Sorry," said the husband, "we just beat you."
"That's O. K.," said the man pushed out. "I hope you and your mother enjoy the show."

The minister had been ill, but at last an improvement was observed in his condition. An elder, his first visitor, congratulated him on his recovery.

"Are there's money of your members thought you'd never be back," he remarked gravely, "but, minister, we're going to disappoint them yet!"

Schwartz COFFEE

IT HAS A FULL FLAVOR

AND TEMPTING AROMA

AND GO-FURTHER ECONOMY

AND IT'S ALWAYS FRESH IN THE VACUUM TIN

Schwartz COFFEE

and for Peanut Butter Spices and Prepared Mustard as well

Say Schwartz and be sure!

AEROWAX (NO RUBBING WAX) CUTS COSTS

Saves you up to 24¢ a pint on your floors and linoleum!

Just spread it on—Dries to a shine!

ONLY 39¢ A PINT

ANOTHER BARGAIN! AERO WAXE WAX—Lasts for Months—39¢

He Gets Around



The young Marquess of Milford Haven, David Michael Mountbatten, who recently has been pictured acquiring Miss Sharnar Douglas, daughter of the U. S. ambassador to Britain, is shown arriving at La Guardia Field, New York. He served as best man at the wedding of Princess Elizabeth and Prince Philip and his name was once romantically linked with Princess Margaret Rose. He's in the U. S. on business.

—S.N.S. Photo

Extreme Styles Feature British Autumn Footwear

By Muriel Narraway

LONDON, Oct. 31 (CP)—It's the "fally" autumn shoe in Britain—and many are calling it the "fally" shoe.

Shoes are not rationed now. And London designers are trying to attract midday with styles that range the history book from Elizabethan and Victorian times.

There are French Louis models with various lines; medium heels, high backs, pointed toes, exaggerated front arches and the like. Some are offered as the last word in "beauty," others without comment.

But the London lady seems uncertain that she is getting something really "new." She has read in Paris and New York fashion books of these same styles six months or more ago.

It all gets back to the economic situation. Due to shortage of labor, in Paris and London, the shortage of wood for new lasts, fashions are slow to arrive in Britain. They stay longer when they do come.

There are memories of powdered wigs, rustling silks and court intrigues in the pointed-toe black courts with high boots insert of wove lace, gold patterned gabardine, moire or silver satin. New styles are pointed toes, fitted arch sweep to ankle-high tongues with high back sweep and cut-in Louis heels.

High-Strapped Shoes

Low-cut courts have fitted fronts of arch-to-ankle width composed of trellised strap work, ruffled lace or pleated leather, sets. Ankle strap styles with low-cut fronts had enormous fan-shaped tongues rising to ankle height.

A gold kid evening shoe with pointed toe, platform sole and high heel has square-ribbed piece of gold kid draped round the shoe back. It rises from top heel to ankle where it is caught by a band and bow of black suede.

There were many different styles of this draping from ankle to top heel, some coming as low as mid-heel.

The "shell-shoe" is popular in various leathers and colors—a very low-fronted court, the instep arch from toe to ankle is filled with many slender straps each independently buttoned or buckled. Climbing straps have at last arrived and are liberally used. The platform-sole, peep-toed, ankle strap is still favored due perhaps to its popularity with the Princesses. Its principle seems to be to have a little covering of the foot as possible.

There is a wide range of fancy styles but the plain court with its slimming classical line is noticeable by its absence.

Most acceptable ranges are the soft or heavy walking shoes and boots for bad weather. In suede, grained leather, calf, reptile skins and hides they are in many styles and colors. The heavier shoes are crepe-soled while the lighter, towniah styles have smart wedges or low leather heels.

How Can I!!!
By Anne Ashley

Q. How can I remove soiled spots from wall paper?
A. This can often be done by using starch. Sprinkle liberally on a damp cloth and apply to the paper, using a circular motion. If there are some particularly bad

DOROTHY DIX SAYS—

Ready-Made Family Second Marriages Have Little Chance Of Success Because Of Children

DEAR MISS DIX: Two years ago my wife died and left me with three children to rear. Thinking to make a home for them, I married a widow with one child. He is a boy of 14, is badly spoiled and treats my children and me with utter contempt. His mother is all for her boy and upholds him in everything he does. She is constantly picking on my children and it tears my heart to shreds.

What can I do except to reflect on what a fool I have been?



UNHAPPY MAN

ANSWER: Wise old Doctor Johnson said that a second marriage was the final triumph of hope over experience, and this goes double for widows and widowers with children. Every one of them has known scores of men and women with bunches of little olive branches who remarried after their first husband or wife died, and they know the trouble and suffering that virtually every one of these marriages brought on the men and women themselves and their unfortunate children. Yet these awful warnings do not keep a single one of them from risking their own and their children's well being by marrying again.

RISKY BUSINESS

Now marriage is a risky business no matter when, how and whom you marry. But when you throw into it a ready-made family, you make it such a risky proposition that nothing but a special act of Providence can save it from disaster.

Of course, now and then a miracle is wrought and a widow gets a second husband who is wise and kind and just to her children; and a widower may be lucky enough to find a woman who has a big enough mother-heart to take in his children and treat them as if they were her own. But this rarely happens. And it virtually never happens when the widow has children of her own. It takes a superwoman to deal fairly between her children and her husband's children.

And there is no misery on earth worse than that of the woman and man who stand by helplessly and see their children mistreated and neglected, and who are even afraid to show them any affection themselves, and there is no choice harder than that of the man and woman who must choose between their mates and their children.

DEAR MISS DIX: My husband insists on buying and arranging everything in our home to suit his taste, regardless of whether I like it or not. I think he hasn't recognized that it is his wife's privilege to express her own individuality in the home. What do you think about it?

A WIFE

ANSWER: I think the best thing for you to do is to talk the matter over with your husband and go 50-50 in selecting the furnishings of your home.

Most women feel that they have a right to monopolize the home and make it the expression of their sole taste, but this isn't fair. The husband, at least have a few rooms that he can fix up according to his notions of comfort.

But, for goodness sake, quit quarrelling over the matter.

DEAR DOROTHY DIX: I have been married to a man for four years and cannot help but feel that I am greatly superior to him in every way. He is good, kind, unselfish and honest; but he comes from the other side of the tracks and I have come to the point where I can just tolerate him. He seems to sense my feelings toward him and has become restless and dissatisfied. Is there any help for us?

E. H.

ANSWER: What made you marry him if you felt that he was not in your class? Are you perfectly sure that you are so superior to him? At least, I think he has a few things that you are good, rich, red blood and have amounted to something in the world.

My advice to you is to climb down off your high horse. Quit being superior and be a good enough sport to make the best of your marriage.

Collected Oldtime Courting Lamps

NEW YORK, Oct. 31—Soft lights and isn't it a collection! Recently, but not much about new pieces. Her sun parlour, overlooking the ocean, houses the lamps. Placed on window shelves, the blue, green, purple, crystal and amber glass reflect the dawn's first light and the multi-coloured evening sky.

There's a bull's eye lamp that is decorated with big round circles and a daisy-button panel lamp with the flowers forming a design on pressed glass panels.

One of the prettiest of the lamps shows a waffle design on the coloured base and a two-inch glass chimney to shield the flame. The "winkle lamp," which looks like a tiny coffee maker, has a double globe. The lower part is used for kerosene and the upper globe as a shield. Mrs. Benatre has only one whole-oil lamp in her collection.

The display has hobnail lamps in blue and amber and little but-ter-cups with dark green and blue glass bases that look like fat little teapots.

One of the more unusual lamps is believed to have been given away by James Buchanan in 1872 as a campaign souvenir. It has a small log-cabin base and a tall, six-inch chimney.

Mrs. Benatre says several of the little lamps graced the hall table in the days before an electric switch could flash on the upstairs hall light. Here various members of the family picked them up and lighted their way to bed.

If windows are hard to raise pour a little hot shortening between the window frame and the casing, and also on the roller.

YOU WOMEN WHO SUFFER HOT FLASHES then FEEL CHILLY—

Here's Good News!
Are you between the ages of 35 and 52 and going through that trying functional "middle-age" period peculiar to women? Does this make you suffer from hot flashes, feel clammy, so nervous, irritable, weak? Then go try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! It's famous for this!

Many wise "middle-age" women take Pinkham's Compound regularly to help build up resistance against this distress.

Pinkham's Compound contains no opiates—no habit-forming drugs.

It helps nature (you know what we mean). This great medicine also has what Doctors call a stomachic tonic effect.

NOTE: Or you may prefer LYDIA E. PINKHAM'S TABLETS with added iron.

Lydia E. Pinkham's VEGETABLE COMPOUND

That Body Of Yours

By James W. Barton, M. D.

WE GRADUALLY ARE COMBATING MENTAL AILMENTS

Some weeks ago I wrote about the great strides being made in the treatment of veterans who required mental help on their return from overseas. The treatment has resulted in many being able to obtain out-patient treatment, making it unnecessary for them to become patients in a mental hospital. Also, by means of the usual treatment, aided by the shock method—insulin, metrazol and electric—more patients were being discharged than were being admitted.

Some of the 18 policies of the Veterans Administration mentioned in the Journal of the American Medical Association as helping to prevent and cure mental illness are:

1. Establishing mental units in general hospitals so that patients and their families would not carry the stigma associated with mental hospitals.
2. Establishing medical and surgical sections in the mental hospitals, so that mental patients could be treated for medical and surgical conditions, the removal of which in a great many cases helped to correct the mental condition.
3. Use of the electric shock and insulin shock treatment.
4. Use of lobotomy treatment—cutting the nerves supplying the front part of the brain and thus relieving grief and depression.
5. Extension of mental hygiene clinics to treat eligible veterans before they become ill enough to be mental hospital patients.
6. Introduction of the "team technique" in the mental hygiene clinics. Each team, consisting of a psychiatrist (treating behavior conditions), a psychologist (treating personality and trends of thinking) and two psychiatric social workers, carries the full load or complete treatment of patients. It greatly speeds treatment and prevents many veterans from becoming patients in mental hospitals by early and effective treatment of their illnesses.
7. Widespread use of volunteer workers in mental hospitals and development of a program of public education regarding mental illness.
8. Establishment of research programs into the causes of war neurosis, epilepsy, double personality and other ailments.

NEUROSIS

Neurosis—believing you have a physical ailment when none exists—is becoming increasingly common. Send today for Dr. Barton's informative booklet on this subject entitled "Neurosis." To obtain it, just send 10 cents and a 3-cent stamp, to cover cost of handling and mailing. To The Bell Building, in care of this newspaper, Post Office Box 96, Station C, New York 19, N. Y., and ask for your copy.

The Stars Say—

By Genevieve Kemble

For Tuesday, November 2

THE saguaries are most propitious for a pleasant and prosperous state of affairs, in business, social and romantic or domestic affections. These should be pursued with confidence in the element of personality and charm, which may prove productive when other endeavors might be negative. In financial matters, property, possessions, or employment advantages may be found through the friendly, warm, good-natured and harmonious approach, rather than strictly a business one. Romance is emphasized under such benign rule.

Cook's Corner

WAFFLED BISCU/ SANDWICHES (About nine)

- 2 cups sifted flour
 - 1/4 teaspoon salt
 - 3 teaspoons baking powder
 - 4 tablespoons solid fat
 - 2/3 to 3/4 cup milk
- Deviled ham or other spread. Sift flour, salt, and baking powder, cut in shortening, and add milk to make a stiff dough. Turn out onto lightly floured board, knead gently for a half minute,



"Here's a tip for Mothers"

which I found useful," says Dietitian Mrs. C. S. Hogg. "When doctor advised mashed potatoes be added to my baby's diet, he suggested Aylmer Liver, Beef and Vegetable Soup be used as a gravy, instead of putting butter on the potatoes. It adds the right kind of nourishment—and you'll find it makes baby's potatoes a better consistency and so much tastier! Aylmer Liver, Beef and Vegetable Soup is ideal for this purpose—and my baby certainly loved it!"

Yes, Aylmer Liver, Beef and Vegetable Soup is "just made" for babies—and gives them the fine food values of beef liver, the protein of selected lean beef and the vitamins and minerals of vegetables cooked garden-fresh! For good nourishment, good flavor—and good value—choose Aylmer Baby and Junior Foods.



Household Scrapbook

By Roberta Lee

Crack Filler
Mix thoroughly 1 lb. plaster of Paris and 4 lb. borax. Put 1/4 lb. dried glue in water and let it soak until the consistency of mullage; then mix it with other ingredients until it becomes about like biscuit dough. Press into cracks and smooth over with a putty knife.

Dark Furniture

If dark polished furniture has cloudy streaks, remove them by wiping with a camellia wrung out of cold water. The streaks will be clear after the furniture is polished.

Washing Woollens

To prevent the woollens from becoming stiff and hard after washing add a few drops of glycerine or a pinch of borax to the wash water.

Better English

D. C. Williams

1. What is wrong with this sentence? "The cardboard box was crushed out of shape."
2. What is the correct pronunciation of "Italian"?
3. Which one of these words is misspelled? Oscensible, oscillate, osculate.
4. What does the word "calumnious" mean?

Needlecraft FOR THE HOME

FLATTERING TWO - PIECE

Good season in, season out is this two-piece featuring a fitted jacket that has a peplum to round the hips—for subtle flattery! Pattern gives choice of three-quarter sleeves, short or long sleeves.

No. 2427 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 4 1/2 yards 38-inch.

Send 20c for each PATTERN which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit, or zone number in your address.

Address: Pattern Department, The Charlotte-Town Guardian, Charlotte-Town, N.S.

Pattern No. 2427

Name _____
Address _____
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and roll out to 1/4 inch in thickness. Cut rounds and place two together with deviled ham or other finely minced sandwich spread between. Place a sandwich in each section of your hot waffle iron and bake until well browned, about 3 1/2 minutes. Serve 1-



Child's Colds

To relieve misery without dosing, rub on VICKS!

1. Omit "out of shape" as crab means to squeeze so as to destroy the natural shape. 2. Pronounce the I as in ice, not as in ice. 3. Osculate, 4. A false, malicious, and injurious accusation. 5. A probability is the first reason of calamity. — Proverb. 5. Crucial.

