

Woman's Realm—Social and Personal—Fashions—Literature



Churchill's Grandson

Mrs. Mary Soames, daughter of Winston Churchill, holds her infant son for his first picture in Westerham, Kent, England. The baby's name has not yet been decided upon. Mrs. Soames is the wife of Capt. Christopher Soames.

Ellen's Diary

By an Island Farmer's Wife

Policemen came to week-end in the neighborhood, drawn thither doubtless by undying memories of their childhood home. Because painted indelibly in memory, truly drawn, and shaded subtly by the fingers of affection, is the home of those younger days. Humble it may have been or possibly more pretentious yet almost without exception it remains in recollections a delightful and halcyon place. Self-centred indeed, or perhaps imbued with false ideals those who are unable to feel a compelling tug at the heart strings at the mention of "home." Or who, in adult years are able to find no enjoyment in recalling them but in stead feel a little ashamed over the lowly trails of their youth. Some, I suppose, these are who would rather forget that limbs were not always nyloned or feet enclosed in the acme of the shoe-maker's art but instead followed bare gathering the cows from the pasture. Some would forget a faded and skimpy gingham when arraying themselves in gowns of modish type and others might not wish to remember the scarcities of former times in the affluence of later years. But "the salt of the earth" can look back unashamed to be grateful and even wistful for those bygone days.

Dorothy Dix Says—

Allergic To School

Girl Advised To Get Job But Give Up Thoughts Of Early Marriage

DEAR DOROTHY DIX: I am almost 17 and I am engaged to a boy who is almost 18 and a senior in high school. I am very much in love with this boy, but I make terrible grades at school and will never get out of school because I will never have enough credits. We are both planning a college education, but I will never get there. I want to quit school and get married. I want to get a job, to do anything except to go to school. Everyone in my family on both sides has gone to college and my father is a lawyer, but I just hate school.

What shall I do? Shall I tell my family that I want to quit school and get married? But this boy couldn't support me just now.

A VERY WORRIED YOUNG GIRL.



ANSWER: If you are so allergic to an education as your letter indicates, it is certainly a waste of time and money for you to even think about going to college. As the old saying goes, you can lead a horse to water, but you can't make him drink, and you can't cram an education into the brains that have no desire for one.

I have known many parents who made cruel sacrifices to try to educate children who had no interest whatever in improving their minds, and who would go to school for years and years, because they were made to do so, without even learning how to read intelligently. But these same children very often turned out to be keen in learning any sort of trade or occupation that brought them in money and which interested them. Evidently you belong in this class.

WORK—NOT MARRIAGE

You hate school, but you would like a job. So I think your parents will be wise in not forcing you to go to school any longer, but will put you to work. But, for goodness sake, have enough sense not to get married before you are ready for it. And especially don't inveigle the young boy with whom you think you are in love into marriage. If he is going to take a college course, it will be a long, long time before he will be able to support a wife.

DEAR DOROTHY DIX: I have been married three years to a man who is considered intelligent, but who is very stingy and who does not give me credit for having sense enough to handle the money I earn. We both have jobs and make about the same salary. Besides which, I keep house. I work six days a week in addition to my housework. I have to iron my husband's work clothes at night as he claims the laundry will tear them. He requires me to turn my pay check over to him and he gives me barely enough for carfare and lunch money. My job is one which requires that I be well-dressed and neat, but he does not allow me enough to buy clothes to keep up my appearance as I should. I feel that since I turn my money over to him that we should have a joint bank account, but he will not agree to this. Is there any chance of his ever changing?

PUZZLED SUE

ANSWER: Not the slightest. A tightwad never changes. For stinginess is not only the meanest of the vices, it is the most incurable. When a woman finds out that she is married to a man who regards her as nothing but a slave who toils for his enrichment, and who takes all she earns without the slightest appreciation, she had as well face the truth and recognize the fact that he will never be even honest with her. He will always grab everything she makes, and she will never be of any interest to him except as a money-earner.

I can think of nothing meaner in a man than for him to not only take all of his wife's wages, but her labor in making a home and his requiring her to wash his dirty clothes at night, and then begrudge her enough money to buy the clothes she actually needs.

DEAR MISS DIX: My wife is as cold as dry ice towards me, but she would make a very merry widow. She has all the comforts of life that I give her, plus her family who live on us, so she doesn't need me around. She and her mother are so attached that they say their prayers together in our bed-room while I am trying to sleep.

POOR HUSBAND

ANSWER: You are indeed in a sad case, but don't discourage your wife in praying, even if it does interrupt your sleep. Maybe sometime she will get around to asking God to make her a better and more considerate wife.

How Can I!!!

By Anne Ashley

Q. How can I make an indelible stencil ink?
A. Mix 2 parts of sulphate of manganese, 1 part lampblack, 4 parts sugar (all in powder form). Then make a paste by adding a little water.

Q. How can I make windows stay clean for a longer time?
A. Add a little vinegar to the water when cleaning the windows and they will remain clean much longer. And a little bluing added to the water will produce more brilliancy.

Q. How can I remedy soup that has become too salty?
A. Put a few pieces of toasted bread in the soup for a few minutes, then remove, and the bread will have absorbed much of the salt.

Morning Smile

DOWN TO BRASS TACKS

Farmer Haystack looked admiring at his cows. "They be the finest herd of cattle in these parts, Maria," he said to his wife. "And don't be forget, George," she replied, "if it hadn't been for my brass they wouldn't have been here."

"No more would you be, Maria, no more would you," was the reply.

Mrs. Fitzwell (socially inclined)—My dear, I have picked a husband for you.

Her daughter—Very well but I tell you emphatically that when it comes to buying the wedding dress I'll select the material myself.

Better English

D. C. Williams

1. What is wrong with this sentence: "We shall accept your offer providing you guarantee immediate delivery."
2. What is the correct pronunciation of "flimsy"?
3. Which one of these words is misspelled? Dachshund, daffodil, enguelette.

4. What does the word "indigent" mean?
5. What is a word beginning with "se" that means "tranquillity"?

ANSWERS

1. Say, "provided that you guarantee immediate delivery." 2. Pronounce flimsy, first l as in fine, not as in fl. 3. Daguerreotype. 4. Needy; poor. 5. The nakedness of the indigent word may be clothed from the trimmings of the vain.—Goldsmith. 5. Serenity.

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Three For Egypt

By Violet M. Methley

If only he would look at her, treat her as something more than a desk or some other piece of furniture. It was insulting, humiliating to be disregarded like this she would force him to talk.

"I wish I could do something to comfort you," she said gently. "Comfort!" Kit spoke with the fierceness of jarred nerves. "I'm afraid it's no good talking of that. You'd better leave me alone, Miss Russell; I'm in a vile temper and—I can't quite forgive you for encouraging Kay to go on this wild-goose chase though I know you mean well."

Sudden anger flamed in Zenda and she spoke venomously. "She didn't need such encouragement. She wanted to go."

"What do you mean by that?" Kit stopped short. He was looking at her now, but not as she had wished, and she spoke sullenly. "Nothing. I lost my temper too; I'm sorry."

"What were you trying to make out?"

"There's no need to try." Zenda's anger was rising. "It was plain enough to anyone that Kay was keen to go, she—wanted to see him."

"I don't believe it! She loathed and detested the fellow—and heaven knows she had reason enough after his treatment of her. Why—she was afraid of him."

"Naturally she said so—to you," Zenda shrugged her shoulders. "I got rather a different impression myself. After all, she fell in love with him once and women of her sort don't change easily."

"I don't believe it. She doesn't care for him still," Kit declared fiercely, but his heart seemed to turn over. For—didn't this girl speak the truth in saying that Kay was not changeable? And if she wasn't—where was this leading him?

"Probably she doesn't know it herself," Zenda said quietly. "But when—she sees him again—I can't help thinking the old love will come back, the old fascination and power over her."

The dark spirit prompting Zenda was not quite subtle enough to understand love and loyalty like Kit Carson's. He spoke with sudden resolution.

"Very well. If there's the faintest chance of that brute gaining any influence over her again, I'll be there to save her. I know what she's told me about him, what an infernal scoundrel he is. So—I'm going after her; I shall speak to your father to-morrow."

"You can't! You mustn't! It's told me so, she doesn't wish you to meet," Zenda's face was white; her hands twisted together in her lap.

"Can't help that—I'm going," Kit said doggedly. "Good-night, Miss Russell and good-bye. I'll have rather a lot to do."

He was gone and Zenda left alone to face the utter failure of her schemes for a few moments she sat motionless; then her face changed and she spoke half aloud.

"Three can play at that game. I'll go to Egypt too!"

Zenda Gets There First

Kay Belliar sat in the lounge of the Royal Sphinx Hotel, Cairo, staring blankly in front of her, crumbling a piece of cake in her saucer.

She had ordered tea for the sake of something to do. Now that it was here she wanted neither to eat nor drink. Here she was abroad for the first time in her life, in the middle of a great foreign city, with all the strangeness and glamour of the East waiting for her outside and she had no desire to stir from the hotel, no heart for anything.

Kay had arrived at the Cairo airport twenty hours before, dazed and bewildered by the swift rush of the journey. The strain of sleep the strain of feeling that within a short time now she would learn for a certainty whether her fears were true. Within a few moments even she might be face to face with the man who had been—was—her husband.

She had dreaded that meeting unspeakably and yet now—now she would give words if it could only take place and put an end to this suspense, this terrible uncertainty.

Then she saw someone who appeared as though seen through a glass case in one of the segments of the revolving entrance door.

Kay sprang up, colour flushed her pale cheeks and lips smiled together with joyful relief.

The figure emerging from the door was small, insignificant and feminine.

"Oh, Zenda, I am so glad to see you!" There was almost a sob in her voice. "I was so frightfully bothered, so terribly lonely, I didn't know which way to turn."

"Then I'm glad I came," Zenda Russell smiled faintly. She looked even more unimpressive than usual in the beautifully tailored pale grey moire suit, with its expensive accessories of hat, gloves, shoes, the hat that would have seemed the extreme of smartness worn by another woman.

"But why did you? How could you know how badly I needed help? I can hardly believe it true yet, when I saw you coming in just now, it seemed like a miracle!"

"Let's sit down and I'll tell you all about it. I'm longing for a cup of tea. It's been a trying journey," Zenda looked around plaintively.

"Of course. How selfish I am; you

Living & Leisure

THE WOMAN'S REALM

MARCH

Once a year that blustering scamp Called March, steals on us like a tramp. Full of breezy notions he As he whirls around with glee. How he rattles window panes, Puts on fury when it rains; Wildly lashes through the air Madly blowing everywhere.

One whole month we're thus numbered. Glad are we his days are numbered. Glad are we his days are numbered. For his own powers then will wane And fair weather comes again. As through all these windy days Higher mount the sun's warm rays, Well we know that March must bring Back to us the days of spring. —Anon.

POOR DENTIFRICE CAN HARM TEETH

If nature made your teeth cream-colored or darker, don't expect a toothpaste to make them white. That is expecting the impossible. Moreover, dentifrices sold as tooth whiteners may not be safe to use according to the Better Business Bureau, which claims that certain preparations sold as such often contain hydrochloric acid. This may injure tooth enamel.

The Bureau's fact-finding department quotes dental authorities as saying that dentifrices are supposed to perform only one job: to help keep teeth clean.

Reiterating another statement of dental authorities, Bureau experts say that dentifrice preparations intended for daily use should not containorris root, powerful medicinal salts such as sodium perborate or betanaphthol or harsh polishing agents.

DANGERS OF DUST

Dangers of dust are understood by mining men and other industrial workers, but some home-makers need to be reminded that they, too, will have a health problem if they do not take special care when sweeping and whisking around the house. Dust particles may carry germs, and, even in themselves, are not healthy if inhaled in quantity. Fortunately, the good housekeeper knows that dust should not be stirred up too freely. She opens her windows wide before a vigorous wielding of the broom.

KING'S FISHERMAN

Walker Pusey, who was King's Fisherman at Virginia Water before going as gate-keeper of Queen Anne's Gate, Windsor, has died, aged 80. As Royal Fisherman his duties were to make the arrangements for the royal fishing parties, and to teach the children of the Royal Family the art of

portance to the electrocardiograph findings, it is interesting to read in "Clinical Medicine" the statement of Dr. F. A. Williams, chief of cardiology (heart diseases), Mayo Clinic, that too much emphasis is placed on "small" changes in the electrocardiograph findings. "This practice has become so wide-spread and so abused that I am sure it is playing a tremendous role in mistaken diagnosis of heart disease and the production of countless invalids."

This does not mean that the electrocardiogram reading is not important, but Dr. Williams has reference to the small or minor changes which are not important.

What is a normal heart?

A normal heart is where there are no murmurs at the bottom (base) of the heart, no murmurs with the second beat, and no loud murmurs with the first beat. There should be a good heart reserve, which means ability to climb stairs at the normal speed, and able to carry on ordinary work, without getting out of breath. The right border of the heart is beneath the breast bone, and the left border does not extend more than halfway across the chest toward the shoulder. No "thrills" can be felt over the heart (breast bone).

"Such a heart is normal, its possession should be encouraged to do anything he wishes, and should be told firmly that his heart is free of disease."

A heart examination by the family doctor will show if the heart is normal. If it is not, he will refer you to a heart specialist.

Formerly known as PIMPLES

BLACKHEADS

CUTICURA

Wash face, neck, chest and back with CUTICURA SOAP

That Body Of Yours

By James W. Barton, M. D.

THE NORMAL HEART

I was present when a noted heart specialist examined a close relative of mine. He used the fluoroscope (X-ray) and marked out on a diagram the exact position and size of the heart; noted findings of the electrocardiogram; took the blood pressure; and used his stethoscope before exercise and immediately after exercise, and again two minutes after exercise.

He then sat down and asked the patient how he felt, how far, and where he walked daily and what rate of speed, whether or not he was breathless during this daily walk. Turning to me, he said he put more faith in this daily exercise test than he did in the rest of the examination, including the electrocardiogram findings.

As most patients and many physicians may attach too much im-

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must be frightfully tired. Kay felt conscience-stricken as she saw the elder woman's weary movements, the slight redness of the heavy lids drooping over the colourless eyes. "It's nice and quiet over here where I was sitting, Miss Russell."

(To Be Continued)

Modern Etiquette

By Roberta Lee

Q. Is it all right for two women to shake hands when they are introduced?
A. Yes, it is all right if they are close together and it is convenient. The act of shaking hands signifies a sincere pleasure over the introduction.

Q. How can one signal the waiter that one is ready to have the plate removed from the table?
A. The knife and fork laid side by side on the plate indicates that one has finished eating.

Q. What is the correct way for an unmarried woman to sign her letters?
A. With her full name. When writing to a stranger, she should prefix "Miss" in parentheses.

Household Scrapbook

By Roberta Lee

Glass Stoppers

A glass stopper can be loosened by mixing 2 drams alcohol, 1 dram glycerine, 1 dram sodium chloride. Pour some of this into the space above the stopper and allow it to stand for about two hours. A slight tap will loosen the stopper.

The Complexion

To improve the complexion, eat plenty of fruit, drink milk, and also drink water freely between meals. Massage with almond oil, or a good face cream, and keep regular habits.

Egg Stains

Egg stains on silver can be easily removed by sprinkling salt on the utensil and rubbing with a wet cloth.

The Stars Say--

By Genevieve Kemble

For Tuesday, March 9

A PLEASANT and profitable condition may be expected to crown well-directed efforts, with industry and application enhanced by tact, good sense and prudent use of the personal element. Magnetism, gracious and sympathetic approach, rather than harsh and drastic action, could prove much more effective at clearing up difficulties. Consideration for others in family, affectionate, even in commonplace aims or objectives.

Those whose birthday it is may look for a profitable and happy year in which home ties, romance, professional life as well as financial or business interests depend largely on the personal attitude and behavior. Good cheer, consideration for the interests and feelings of others, could be more effective than any show of force or wordiness. Family, social life, cultural contacts, affable and gracious tactics could bring joy, enhanced popularity and prestige, even in commonplace aims or objectives.

A child born on this day may have a flair for the artistic in art, music, literature, its social and business life being enriched by its personal talents, graces and charm.

A machine designed to kill weeds, brooding insects, pests and other sources of harm to cultivated plants by electrocution is the subject of a new patent.

PROMPTLY helps break up CONGESTION of CHEST COLDS

In Upper Bronchial Tract!

RUB ON MUSTEROLE

Cook's Corner

BEEF STEAK AND KIDNEY PIE

1/4 lb. beef kidney
1 lb. beef
3 tablespoons flour
1/4 teaspoon salt
1/4 cup chopped onion
3 tablespoons fat
1 cup sliced carrots
1/2 teaspoon Worcestershire

Cut steak in pieces for serving. Roll in seasoned flour. Soak kidney for 1 hour in cold salt water. Dry, slice and roll in seasoned flour. Sauté onion, steak and kidney in hot fat. Add 3/4 cups water and simmer till meat is tender, 1 1/2 to 2 hours. The last half hour add carrots. Thicken if necessary with a flour and water paste. Add Worcestershire and salt and pepper to taste. Turn into a baking dish. Top with rich baking powder biscuit crust. Bake 20 minutes in a 450 deg. F. oven.

Do you suffer distress from 'periodic' FEMALE WEAKNESS

With its Nervous, Nightstrung Feelings?

Are you troubled by distress of female functional monthly disturbances? Does it make you feel so nervous, cranky, restless, weak, a bit moody—at such times? Then go to Lydia E. Pinkham's Vegetable Compound to relieve such exceptional women by the thousands have reported remarkable benefits.

Pinkham's Compound is what Doctors prescribe as a reliable, safe, and a grand soothing effect on one of woman's most important organs. Taken regularly, Pinkham's Compound builds up resistance against such distress. It's also a grand specific for all drugstore.

Change of Life

If the functional "middle-age" you suffer from hot flashes, weak, try Pinkham's Compound to relieve such symptoms. It's famous for this purpose.

Monthly Female Pains

Pinkham's Compound is very effective to relieve monthly cramps, headaches, backache—due to female functional monthly disturbances.

Lydia E. Pinkham's VEGETABLE COMPOUND

Wait 'till March comes! James has been heard to say during cold February days and Mr. C. from the house on the hill has echoed his words. March came today bearing a bitter wind and a chill frost that drove the women-kind at Alderlea to the warmth of their fires. But the sun, say, the March sun was brilliant—and promising.

—Until tomorrow — Diary — Goodnight.

People regarded the telephone as a curiosity when first was invented. Alexander Graham Bell educated them to use it by giving a series of lectures and entertainments by telephony.