

Woman's Realm :- Social and Personal :- Fashions :- Literature

THE BLUE DOOR

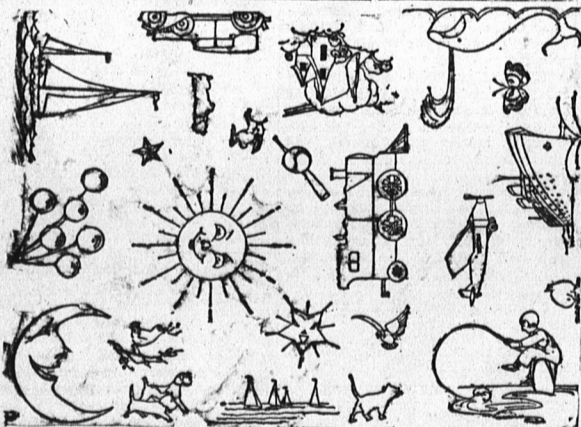
by RACHEL MACK

Ruth exclaimed, "What a cruel set of circumstances!" "And worse to follow, my unknown little friend. They put me in one of those private sanitariums where rich people are permitted to bury undesirable relatives. A doctor used to come to me every day for long talks—a psychiatrist, hired by my brother-in-law, the impeccable Mr. Deal. By every implication known to man this paid fiend tried to teach me to consider myself insane. By suggestion. By persistent hammering. By God-knows-what perverted use of psycho analysis. I grew to dread and loathe him. My mind sickened under his tutelage while the jungle fever I'd contracted was neglected. Eventually, by child, I tried to kill him.

Why else did God make me? Tomorrow I'm going out against the world again and see what's in it for me. "But suppose you'd lost the love of your life," suggested Duncan Hunter, "Would you still think the game worth the candle?" "I have lost the love of my life," replied Ruth simply. "My heart's as bruised as if sticks had beat it. But life's still worth living. Time will give me something else for what I've lost." "The optimism of youth," the man answered with a shrug. "When you have youth you have everything." "You have a few things yourself," Ruth reminded him. "You're not old yet. You look reasonably healthy. You've good looks—oh yes, you have, really." (This in response to a protest from him.) "You've a fine education. You've inherited good blood, social position and money. You've a good mind—"

Night Coughs Quickly checked without "dosing." Just rub on VICKS VAPORUB

More Juvenile Designs In The Guardian Wonder Package



Here are 21 more juvenile patterns from the Guardian's Wonder Package, the package containing 12 sheets (each 24 by 36 inches) just framed with over 800 different patterns. The group shown above is only half of one of the large sheets and when you consider how many are on this and the wonderful possibilities just imagine the fun you and the children will have with it.

That little house in the clouds would be most attractive for decorating little sister's lunch box and the little boy fishing or dog and brother's box. You no doubt have many articles about the house which require a touch of decoration here and there to make them more attractive. The Wonder Package with its wealth of ideas will be of immense help to you. The transferring of the designs is so simple that the children can be taught to apply them, no hot iron is required, just a little water and spoon. When considering that each design can be transferred 10 or 12 times there can always be designs on hand for rainy days when the children find it difficult to play inside. An inexpensive box of crayons or water color paints, some heavy paper and the child will be kept busy all day and find it easy to create various uses for the many patterns.

THE CHARLOTTETOWN GUARDIAN Enclosed please find 56c for which I wish you would send me the Guardian Wonder Package of over 800 transfer patterns. Name Address

Today's Short Wave Radio Program

THURSDAY, MARCH 19 Washington 11 a. m.—U.S. Navy Band. WSKX, Pittsburgh, 19.7 m., 15.21 meg. Also WXXAL, New York, 16.8 m., 17.78 meg. Tokyo 4 p. m.—"The Shoguns of Japan." JVM, Nazaki, 27.9 m., 10.74 meg. Berlin 6 p. m.—"The Barometer is Rising." Humorous Musical Anecdote of Springtime. Text by Herbert Witt. DJC, 49.8 m., 6.02 meg. Chicago 7 p. m.—"Amos 'n' Andy." W2XAF Schenectady, 31.4 m., 9.53 meg. Berlin 7.30 p. m.—Brass Band. DJC, 49.8 m., 6.02 meg. London 7 p. m.—A Walton Symphony. The London Symphony Orchestra. GSD, 26.5 m., 11.75 meg., GSC, 31.3 m., 9.58 meg., GSB, 31.5 m., 9.51 meg., or GSA, 49.5 m., 6.05 meg. New York 9 p. m.—Show Boat. W2XAF Schenectady, 31.4 m., 9.53 meg. Paris 9 p. m.—Feminine Life in Paris.

The HOUSEWIFE and HER ACTIVITIES

SUCH A LITTLE WAY. Such a little time together—While travelling on life's way, We must not cast a shadow Where sunshine sends its ray; We must not cause a heartache Where we might bring relief; Such a little way together—The time is all too brief. Such a little way together—Why should we spoil the day With words that hurt or sadden A heart that would be gay? For flowers love the gunbeams That gently kiss the dew; And love responds to kindness As nothing else will do. Such a little way together—Can we look back and say That tears were changed to laughter 'Cause we passed by today? What will be most remembered? Our lives will be the test! Such a little way together—Let's give our very best. —Minnie E. Rutten.

EPSON SALTS BATH

When your feet ache so you feel you just can't go on though you must, try a hot water soak. A little Epson salts added to the water helps draw out the puffiness and brings circulation back to normal. Stay off your feet as much as possible until you must keep the next appointment and putting on shoes again won't be quite so much torture.

BETTER FIT

Children's socks will fit better if they are folded after darning instead of rolled. Rolling stretches them out of shape and causes them to wrinkle and fall.

NEW GLOVES

Don't put on the gloves for the first time when in a hurry. Even if you do get them on without splitting they will never fit so well as when they are carefully put on stretching the kid gently conform with the lines of the hands. This is done the first time all other times will be easy.

NOT SINKING

The scene is a bus stop outside a large works. A bus draws up and from amidst the scrumblings a woman's voice is heard to exclaim: "I always thought it was women first." Diminutive engineer, who is finding it a hard job to slip in: "What dae ye think this is, missus, a shipwreck?"

PAPRIKA CRACKERS

Colourful, crisp teammates for soup or salad go by the name of paprika crackers. They are made by spreading small crackers thinly with butter, sprinkling them with a gay splash of paprika, and crisping them for a few minutes in the oven.

PRESERVE CENSUS

The wise housewife takes a census of the jellies, preserves and pickles that are used during the winter months. Then she knows what quantity will be required for the following season, just what was the most popular, and any that did not take so well, and she does not have a lot of things left over at the end of the winter months.

A promise is a debt. No person has ever seen tomorrow. Money, being round, soon rolls away. Even the best of marksmen sometimes miss. Some men never want more until they've had too much.

The only way a contraction is a debt. The milk of human kindness is terribly condensed in its modern state.

The fellow who said "whatever goes up must come down" never thought of taxes.

An optimist is a person who goes shopping with a market basket and a "I" in his pocket.

It is the perverseness of human nature that urges a man to pull a door that is marked "push" or push a door that is marked "pull".

A BETTER JOB Never finkle silks. Most of them will spot and remain spotted until laundered again. After washing, wrap them in a Turkish towel and let stand until the proper dampness to iron.

HERE COMES THE SUN Don't visit the invalid if you are not in a cheery humor yourself. She will sense it very quickly even though you try to disguise your mood. Wait until you have a happier day and then do your calling on the sick.

A CLEAN OVEN Look over the oven before using it and clean out any specks that may have dropped from the last using. These burned particles cause a nasty smoke to fill the room and oven, if not cleaned out before the oven is started again.

PAGE OLD CHINA FOR NEW STYLES While modern civilization



Now at your grocers KING COLE COFFEE VACUUM PACKED KING COLE COFFEE NOW COMES TO YOU IN A NEW, ABSOLUTELY AIR-TIGHT CONTAINER THAT SEALS IN ALL THE DELICIOUS FLAVOUR AND APPETIZING AROMA OF FRESH ROASTED COFFEE. Ask your grocer for King Cole Coffee in this NEW can that opens with a key—your key to coffee freshness.

THE COOK'S CORNER Baked Stuffed Pork Chops Four pork chops, three-fourths cup bread crumbs, one-fourth cup chopped celery, one-fourth cup chopped onions, one-half teaspoon salt, dash pepper, one small onion, chopped; two tablespoons melted butter, water to moisten. Buy pork chops cut very thick, have a slit cut in the side to form a pocket. Combine bread crumbs with remaining ingredients, tossing them together lightly. Moisten with just enough water to hold ingredients together. Fill each pocket with the dressing. Fasten sides together with toothpicks or sew together. Brown chops in a small amount of fat in a heavy pan. Remove to a slow oven, 300 degrees Fahrenheit, and bake slowly until the meat is tender, from one to one and one-half hours.

Date Squares One and one-half cups quick cooking rolled oats, one and one-half cups flour, one cup light brown sugar, three-fourths cup butter, one-half teaspoon soda, one-eighth teaspoon salt, one-half pound pitted dates, one-half cup sugar, juice of one-third lemon, pinch salt, one-half cup water. Dice dates, add water and cook until tender. Add the half cup of sugar and continue cooking until mixture is clear. Add lemon juice and salt. Cool. Mix all ingredients as for pie crust, working with finger tips. When evenly blended place a little more than half the mixture in bottom and up sides of nine-inch square pan, well buttered. Press lightly. Cover with date paste and sprinkle with remaining crumbs, again pressing lightly. Place in a moderate oven and bake about 25 minutes. Cool and cut in squares. For storing, place paper between layers.

Potato Muffins Leaving the strictly savory foods altogether, our potatoes enter the arena of the batters in this instance. These muffins have a moist and different texture. Not too sweet, by the way, to serve with savory foods—the amount of sugar is small, just enough to help the muffin mixture. 4 tablespoons shortening 2 tablespoons sugar 1 egg 1 cup mashed potato 2 cups flour 3/4 teaspoon baking powder 1/2 teaspoon salt 1 cup milk Cream shortening until fluffy, then gradually add sugar. When the mixture is light, add well-beaten egg and mashed potato. Mashed potatoes should be free from lumps.

A Morning Smile

HISTORICAL ERROR Jimmy giggled when the teacher read the story of the Roman who swam the Tiber three times before breakfast.

STUMPED Two old settlers, confirmed bachelors, sat in the backwoods. The conversation drifted from politics and finally got around to cooking.

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Perhaps in a world that is filled with trouble it is lucky for us that we can get happiness out of unhappiness. Anyway, we surely do have a grand time pitying ourselves. DOROTHY DIX.

light and fluffy. Mix thoroughly—first mixture. Bake in muffin pans in a hot oven. Sift flour, baking powder and salt, oven, 400 degrees F., for 25 to 30. Add alternately with the milk to minutes.

Spring Fashions For Home Dress-Making Here's the newest coat frock fashion. Surprising how it will freshen up your mid-season wardrobe for you. It looks so young besides being so smart 'neath your winter coat.

For later season wear, make another dress of linen, printed crash or pastel tub silk. Style No. 1695 is designed for sizes 16, 18 years, 36, 38, 40 and 42-inches bust. Size 36 requires 3 3/4 yards of 39-inch material.

Price of PATTERN 15 cents in stamps or coin (coin is preferred). Wrap coin carefully.

No. 1695. Size Name Street Address City State

TABLOID If any one has trouble with children getting their rubbers mixed at school, try a spring clothespin to snap the pairs together.



Don't Be Sorry for Yourself Dorothy Dix Says That Self-Pity Is Worst Complex

Many Women Revel in Grief and Find Morbid Consolation in the Fact That They Have a Broken Heart and Are Forlorn and Desolate—They Should Snap Out of it

Irving Berlin, who should know what he is talking about, tells you musical composers that the short cut to popularity and success is to write down is always a surefire hit. The public just eats up the chance to tell all about its secret sorrows and how lonely and blue it is.

The idea of thus capitalizing grief is rather startling at first, but there is no doubt that the plan will work, and that he who can start the tears flowing will find it as profitable as if he had struck an oil gusher. For it is undeniable that the favorite indoor and outdoor sport of untold thousands of our fellow creatures is sympathizing with themselves, and they will gladly pay for the privilege of reveling in woe in song. I am saddest when I sing, you know. That sort of thing.

Just why a certain type of man and woman get such a kick out of being sorry for themselves, nobody knows but they do. They find a sort of sordid pleasure in torturing themselves and in making mountains out of molehills of their troubles. The dwell on every little unpleasantness until they turn a pinprick into a mortal wound, and they are never so happy as when they are uttering miserable.

Women are far more addicted to self-pity than men are and the indulgence in this lacrimose diversion goes far to explain many strange quirks in the feminine temperament. It explains, for one thing, why women take even their pleasures sadly, why it is almost impossible to get one to let herself go and enter into the hilarious fun of any festive occasion.

Everything at the moment may be auspicious. She may not have care in the world or a cloud in the sky. But she is sad because she is thinking how terrible it would be if all this pleasant existence was taken away from her and everybody she loved would die; that she would lose her money and she would be poor and lonely in her old age. Men can never understand why women burst into tears when something particularly nice happens to them. It is because they are happiest when they weep.

All of us know ghoulish women who have feasted on the funeral baked meats of a sorrow for half a lifetime. They "never got over" some grief that befell them in their youth. We know old maids who retire from the world when they were jilted by a faithless sweetheart. Wives who have worn mourning for forty years for their dead husbands. Mothers who have spent their lives grieving over the babe they lost.

These women have made a fetish of grief and, strange as it seems, they have found a morbid consolation and comfort in pitying themselves and dwelling upon their broken hearts and thinking how forlorn and desolate they were.

Most of us have rheumatism in our shoulder from having had a wept upon by unhappy wives who had husbands who were philanthropists or drunkards or grouchies or tightwads or what not. Many and many is the hour we have spent listening to the tales of woe of women who told of the cruelty of husbands who beat them or of lazy husbands who wouldn't support them and the children or of husbands who spent the money that should have bought milk for the baby on a platinum blonde. It is a sad story, sisters, and we have mingled our tears without stint with those of the afflicted ladies.

But did you ever try to get one of these unhappy wives to do something about it and leave the husband who so mistreated her? And when you did, did you ever find one of them who was willing to part with her cross? Never. And then it slowly dawned on you that your sympathy was wasted and that the unhappy wife was having the time of her life in pitying herself, and talking about her troubles and being an object of sympathy. She had a real grievance and she was going to make the most of it. And keep it.

The mania women have for self-pity, however, finds its worst expression in the mothers who sacrifice their children to it. They pose as martyrs and talk about what they have suffered for their children, how hard they have worked for them, how ungrateful children are, and how they have left their poor, lonely, old mothers to go off and get married or to go into business until you would think that there wasn't a happy mother in the world. Nor one that enjoyed her children nor a decent son and daughter that are popular.

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