

Central Guardian

SHOP FROM Holman's Catalog

IN THIS ISSUE D. J. Bonnell, Sydney, N. S., is advertising 150 shares in R. T. Holman, Ltd. See ad on another page.

POLICE COURT—The case of a man charged with drunkenness was dismissed at the Police Court yesterday morning.

COADIUTOR BISHOP ILL.—The news that Bishop Hackett, of Halifax, is suffering from an attack of pleurisy will be received with cordial regret through the province. He is, however, much better, and steadily improving.

MAIL COURIER REMEMBERED.—Mr. Wallace, wishes to thank the good people of Marshfield and Dunstaffnage who did not forget their mailman at the Festive season by presenting him with mitts, scarfs, ties, socks, etc. Special mention must be made of the beautiful sweater presented by the Marshfield folks and all those who so generously donated towards it.

IN Y. M. C. A. CIRCLES—The Halifax Mail says—Matters of internal interest were discussed at opening session of the annual employed officers conference of the Maritime Provinces branches of the Young Men's Christian Association, held Saturday morning in the social room of the local association building. The report of the nominating committee placed the following representatives to the conference in office: President—Donald McPhail, assistant general secretary of the Halifax Y. M. C. A. Vice-President—H. A. Penfoldton, Charlottetown. Secretary—Treasurer—H. A. McKerscher, Glace Bay. Rev. Harry Clark opened the conference with a devotional period, which was featured by his excellent address on "Home Life" with its value to the individual and the community. The home should be at all times a happy place and a sanctuary, said the speaker. Discussions at the morning's session followed the two addresses. A. M. Gregg, St. John, N. B., spoke on "Financing the Association Work" followed by Albert McLeod, Truro, on "The Y. M. C. A. Club." Among the delegates in attendance were: T. D. Patton, territorial secretary for the Maritime Provinces; J. H. Crocker, national physical director; A. M. Gregg, general secretary of St. John; Ray Penfoldton, secretary of Charlottetown; H. G. Pope, secretary, Moncton; and Albert MacLeod, secretary, Truro.

DOING SPLENDID WORK.—The Halifax Mail has the following reference to the work of the Y under the direction of Miss Worthy, daughter of Mr. and Mrs. L. C. Worthy of this City. Perhaps the most interesting topic of discussion at the Y. W. C. A. this week is the challenge that has been received by Miss Worthy, physical director, from Mr. Stirling, physical director at Dalhousie, to play a friendly game of basketball at the Dalhousie gymnasium on Monday evening next at 8 o'clock. Two teams of "Dal." girls—basketball class have been chosen to play two teams of "Hal." girls—a game which should prove of great interest to both the business and college women of this city. In every branch of the physical department the class registration has increased and as the second term begins February 1st, a larger enrollment is expected this second term than last. The junior classes are entirely filled now, and it is expected that a new afternoon class will have to be formed. This will be made up of junior juniors, or perhaps better known as the "baby class." In the swimming department, a new departure for Halifax, is the examination that is to be given in lifesaving and diving. A great many girls have signified their intention to take this examination, which will be given towards the latter part of February. Mr. Ross, examiner for the British Lifesaving Society, will not be able to come personally to give this examination, but has chosen Mr. Scott, of this city, and Miss Worthy, physical director of our "Y," to give the examination and award the bronze medals to the successful candidates.

For Rheumatic Pains.—The pains and aches of Sciatica and Rheumatism should be treated with Dr. Thomas' Electric Oil. The soothing and healing properties of this famous remedy have been demonstrated for fifty years. Use it also for inflammatory pains, cuts, scratches, bruises and sprains, either in human beings or the lower animals.

A slight little figure, only five feet three inches tall, she followed the gold rushes of the last half century. "mashing" hundred of miles over the snowy wastes of the frozen north, "grub-staking" "sourdoughs" and "cheechakos" on their road to fortune, giving away with a lavish hand the money she earned by sheer grit and industry. Her whole life was the embodiment of self-abetigation and her last dying wish was the request that she be buried in Victoria, so that the money which might have been entailed in sending her remains away for burial would be available for distribution among the poor. It was the opening years of the "sixties" that Nellie Cashman came from her home in Ireland to Boston, Mass., to join a married sister, a visit destined to end in sorrow, for death shortly took her whose husband, and left the care of four little orphans on the shoulders of this young girl. The shrouded, this Irish girl took up the burden, and one of her first jobs was that of messenger in a Boston hotel. This was but the first of many adventures which she tried, all of which enabled her to rear the

Miners Lose Friend When Miss Cashman Is Called Home

(Canadian Press)

VICTORIA, B. C. Jan. 30.—Miss Nellie Cashman whose death at the age of 81 following a brief illness was announced in recent telegraph despatches, won the admiration and respect of mining men from Arizona to the Yukon by her indomitable pluck and generosity. A slight little figure, only five feet three inches tall, she followed the gold rushes of the last half century. "mashing" hundred of miles over the snowy wastes of the frozen north, "grub-staking" "sourdoughs" and "cheechakos" on their road to fortune, giving away with a lavish hand the money she earned by sheer grit and industry. Her whole life was the embodiment of self-abetigation and her last dying wish was the request that she be buried in Victoria, so that the money which might have been entailed in sending her remains away for burial would be available for distribution among the poor. It was the opening years of the "sixties" that Nellie Cashman came from her home in Ireland to Boston, Mass., to join a married sister, a visit destined to end in sorrow, for death shortly took her whose husband, and left the care of four little orphans on the shoulders of this young girl. The shrouded, this Irish girl took up the burden, and one of her first jobs was that of messenger in a Boston hotel. This was but the first of many adventures which she tried, all of which enabled her to rear the

children and give them a sound education. Impelled by her responsibilities to some quick way of making money, Miss Cashman decided to enter on the quest for gold in British Columbia, then experiencing the fever of a "rush." She came west in 1874 and went up to the Cassiar, in northern British Columbia, where she quickly decided that prospecting was no certain of remuneration as merchandising. She obtained supplies from Victoria and opened a store and restaurant in the centre of the camps at Dease Lake, selling equipment and food to the gold-seekers. From the very outset Miss Cashman displayed a generous sympathy which militated against her financial success but at the same time made her beloved of all with whom she came in contact. Throughout her whole life sentiment came before business, and many a prospector hungry and despondent at failure found fresh courage under the influence of her ready sympathy. Many a present day millionaire owes his start to the "grubstake" provided by Nellie Cashman. From Cassiar, Miss Cashman made frequent trips to Victoria in quest of supplies for the replenishment of her store. During all this period the intrepid young pioneer faced all the hardships incidental to the rough and ready life of a mining camp, and made hosts of friends among the prospectors by her pluck and industry. After her Cassiar venture she returned to Victoria for a time, but the rush to the Tombstone, Arizona goldfield found her again on the novation by fitting a room adjoining the store with as much comfort as was possible with the meagre furnishings at hand, and

placing it at the disposal of the miners. This room became a haven of comfort to the men who only other resort was the dance hall and saloon. The hostess dispensed tobacco and cigars with a lavish hand. Her entrance into a saloon or dance hall was the signal for every man in the place to stand. If any man was taken ill, it was she who tended him and nursed him through the sickness, and she became a veritable "Lady of the Lamp" in many a prospector's shanty. The opening up of Fairbanks found this adventurous indefatigable woman again on the trail, "mushing" down the river with a dog team from Dawson. She again opened a store and when necessary did some nursing. She met with varying success, but found herself crippled in her efforts by lack of money. Through all her years of labor, her adopted family of nieces and nephews had first claim on her generosity, but in addition her purse strings were never closed against the needs of the unfortunate, and until the day of her death she put her self last to help others. As her claim showed signs of wealth Miss Cashman made several trips south in later years to interest capital in their development. She raised money in Seattle in 1921 to buy equipment for her group of claims on Nolan Creek. As recently as last year, at the age of 80, this intrepid woman pushed from Koyukuk to Seward, Alaska, 450 miles. The Yukon estimate of this woman is best judged by the following item which appeared in a Seward paper last year: "In from the Koyukuk Thanksgiving night, seventeen days out from there by dog team, came Nellie Cashman who needs no in-

roduction being as she is the Simon-pure 'Miss Alaska.' From the Farthest North mining camp to the City of New York is her trail trip this time, and any obstacle on the trail between here and New York might just as well get out of the way, for she's hit the trail and is going through." This trip was destined to be her last. An attack of pneumonia left her weak and she returned to Victoria. She scorned to be carried into the hospital here, insisting on "walking in on her own two legs," and she was there but a short time when she died, closing the career of one of the most remarkable women in the West.

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STOCK QUOTATIONS Table with columns for various commodities like Alcohol, Smelters, Telephone, etc.

MONTREAL EXCHANGE Table with columns for various financial instruments like Victory, Bank Commerce, etc.

His Little Brandon Lassie Is Never "Dosed" for Colds. Mr. John Brown, of 426 24th St., Brandon, Man., is the mother of his little girl and one of the many Canadian mothers who now use the vaporizing salve, Vicks VapoRub, in treating the colds of the family. After using Vicks I have eight small children—ranging from one to twelve years—and can certainly say that Vicks is the only cold remedy I have in the house all winter. If the cold is in the child's head I just put a little each nostril and it gives relief almost at once. If it is in the chest I use Vicks well in at night and in the morning the cold has almost disappeared. I also use Vicks for chilblains and for burns—in fact, I use Vicks for severe headaches and find relief in a very short time. I always recommend Vicks to my friends especially those who have children. Vicks is the external direct treatment for cold troubles—absorbed into the system and inhaled as a vapor. It is the ideal treatment for all children's colds. Just as good, too, for my adults.