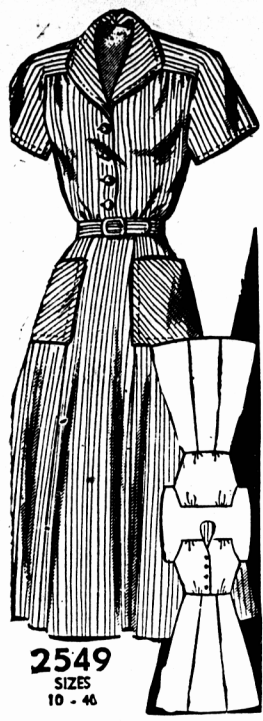


Woman's Realm/Social and Personal/Fashions/Literature

Needlecraft FOR THE HOME



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Modern Etiquette

By Roberta Lee

Q. Is it permissible for a man to write social letters on his business stationery?

A. No; plain white notepaper should be kept on hand for this purpose.

Q. When guests are staying in one's home, who should defray such expenses as street car fare and taxi hire?

A. The host should defray these expenses whenever convenient for him to do so.

Q. Is it proper for an engaged girl to send announcements to the newspapers?

A. No; a member of the family, or a close friend, should attend to this.

How Can I!!!

By Anne Ashley

Q. When should parsley be transplanted to a pot?

A. It is a good idea to transplant the bed of parsley to a pot while it is still strong and healthy. It will make a nice winter plant for the kitchen window sill and is convenient when a garnish is needed.

Q. How can I relieve the bite of a mosquito?

A. Try rubbing the affected part with common laundry soap, dipped in water to moisten it.

Q. How can I prevent the window curtains from beating against the screens and becoming soiled?

A. Slip the curtains through wire coat hangers and place the hangers over the curtain rods.

Cook's Corner

BUTTERSCOTCH NUT SLICES

(Refrigerator)

1/2 cup shortening
1 cup brown sugar
1 egg
1 1/2 cups sifted flour
1/2 teaspoon baking powder
1/2 teaspoon soda
1/2 teaspoon salt
1 teaspoon cinnamon
1/2 teaspoon vanilla
1/2 cup chopped nuts

METHOD: Cream the shortening and gradually cream in the sugar. Add the egg which has been slightly beaten. Beat the mixture until light.

Sift the flour, then measure it and sift again with the baking powder, soda, salt and spice. Mix the dry ingredients into the creamed mixture and then add the chopped nuts and the vanilla.

Work this into a roll about 2 inches in diameter. Wrap in wax paper and store in the refrigerator until well chilled, for several hours, or overnight.

When you wish to bake these, remove from the refrigerator and slice about 1/4-inch thick and bake on an ungreased cookie sheet in a moderately hot oven (400 deg. F.) for about 8 minutes.

The Philippine Islands in the Pacific were named in honor of Philip II of Spain.

Household Scrapbook

Weed Exterminator

Was your garden overrun with weeds this summer? If so, fill an old can with kerosene, cut each weed off, even with the ground, then squirt about one tablespoonful of kerosene into the heart of the weed.

Ice Cream

A good recipe for plain ice cream is one gallon of milk, 1/2 pint of sweet cream, 7 eggs, 4 cups of sugar, and flavor to taste. Stir together thoroughly; then freeze.

Nickel

Wash the nickel trimmings with soap and polish with a paste of alcohol and whiting, applied with a flannel cloth.

Better English

By G. Williams

1. What is wrong with this sentence? "They approached the governor for clemency."

2. What is the correct pronunciation of "massacre"?

3. Which one of these words is misspelled? Paroxysm, witticism, atheism.

4. What does the word "illogical" mean?

5. What is a word beginning with co that means "very fat"?

ANSWERS

1. Say, "They petitioned the governor for clemency." 2. Pronounce mas-sa-ker, first s as in mass, second a unstressed, accent first syllable. 3. Paroxysm. 4. Contrary to sound reasoning. "His explanation was illogical." 5. Corpulent.

Morning Smile

Head Clerk: "I am very sorry to hear of your partner's death. Would you like me to take his place?"

Manager: "Very much, if you can get the undertaker to arrange it!"

Customer: "Can you suggest some small gift suitable for my niece?"

Assistant: "What about a kimono?"

Customer: "No, she's not a bit musical; she couldn't play it if I bought it for her."

Hobbies Of Local Citizens

By Uncle Joe

Twenty-five years ago a friend of mine, who would rather not have his name mentioned at this time, started a general collection of postage stamps.

He began with a small junior album such as any other youngster would be given to start his collection. Through buying cheap packets and trading with other young collectors, it was not long before the philatelist's little album was found to be inadequate; so a larger and more expensive one was procured.

When my friend had collected some 10,000 different stamps, his interest in his hobby began to lag. There were so many more stamps to be collected than there were time and patience for the collecting, that the task of reaching his goal seemed far away as ever.

The years went by. My friend became a salesman for a fairly large company and, consequently, saw a good deal of Canada. He also saw the collections held by some of Canada's leading philatelists. New ideas began to sprout in his brain, and once more the hobby bug got under his skin.

This time he started out on the right foot by purchasing several good books on stamps, which he studied most carefully. When he'd made up his mind that he wanted only stamps that depicted birds and fish, he let it be known to other collectors what he was seeking.

Gradually he unloaded the old collection of 10,000 for a few hundred of the new variety. The exchange made everybody happy and I gave my salesman friend a fresh start on a collection of stamps that are unique and entirely to his fancy.

So, if any of you who are reading this column, have come to the time when you realize how practically impossible it is to complete a general collection, why not take a tip from my friend and concentrate on one or two rare issues and stick to them?

In time you'll acquire a collection that you'll be proud to show your best friends. If you intend collecting only as a hobby, then having something distinctive and different from the government and war stamps will be sufficient reward. On the other hand, should you desire to make your hobby a paying one, then you'd better invest in some reliable box of official stamps of the government and all stamps that have a commercial value.

Take, for instance, three stamps of the Philippines known as the "Anit" issue. They have a face value of about 60 cents each. Ever see that Belgium air stamp AP-1, Nos. 831 to 834? Imagine the embarrassment of the government officials when it was found that the plane on this stamp is not a Belgian plane at all, but bears Italian identification marks. Hold onto such a stamp if it ever comes your way! It's worth a lot of shekels today.

The Canadian 5 cents Jubilee is scarcer than hen's teeth. U. S. Mother's Day stamps are steadily increasing in value and are in demand, but enough has been said on the subject to point out the possibilities in this field. Whether you want to make it a paying hobby, your workshop is the whole world and the rest is up to you.

That Body Of Yours

By James W. Barton, M. D.

THE RIGHT KINDS OF FOOD TO EAT DAILY

While some countries mostly are interested in getting enough food to eat, there are others — United States and Canada particularly — who are most interested in getting enough of the right "kinds" of food. To maintain physical and mental strength in adults and, in addition, proper growth in children. One of the few benefits obtained from World War II was the emphasis placed on the proper diet for the armed forces and also for civilians at home doing their part to win the war.

There was no lack of food in the United States and Canada. In fact, so abundant was the supply that in order to make it more attractive to the eyes and taste, food manufacturers left out important food elements (vitamins, minerals and iron) with harmful effects upon the structures and working processes of the body. That is why we see these food elements being added to bread, milk and other dairy products.

Research workers have shown that delay in marketing food loses much of its nutritional value, as well as by keeping food in the kitchen instead of in the refrigerator.

As some of the valuable food elements are not eaten in the home by children, our school authorities are realizing the importance of food to growing children — now supply school lunches outlined by food experts. These make up for any lack in the home meals. In addition to keeping the child robust physically, it has been found that where these specially prescribed school lunches are eaten regularly, the children are more interested in their lessons, are better behaved and attend more regularly. It thus can be understood why, as taxpayers, we should recognize the importance of the school lunch.

As boys at school, we thought that "domestic science," as taught to the girls, was just a play hour. We have only to think of the training of the young girl in the right kinds of food to eat, their preparation and preservation before we see, will mean much to her home and her health and happiness.

Remember, while all foods are nourishing, the foods that should be eaten daily in the usual servings (the protective foods) are meat, eggs or fish, milk and dairy products and green vegetables.

EATING YOUR WAY TO HEALTH

Be sure you are getting the proper all-around daily diet for your type of build, occupation, etc. Send today for Dr. Barton's handy booklet on this subject entitled "Eating Your Way to Health." Just send 10 cents and a 5-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of this newspaper, Post Office Box 99, Station G, New York 29, N. Y., and ask for your copy.

Constipation Relieved By A Gentle Remedy

This dangerous condition causes headaches, piles and sore eyes. A most satisfactory remedy is Dr. Hamilton's Pills, which assist in making the bowels so well-ordered that nature's action is never caused distress or inconvenience. You can depend on this correct Constipation and establish perfect regularity by Dr. Hamilton's Pills—safe, reliable and sold by all druggists.

The Stars Say--

By Genevieve Kambie

For Thursday, June 23

THE established operations, possibly in new and experimental fields of invention, discovery, originality and innovation, are destined to move forward with spectacular denouement, probably with some measure of recognition or acclaim in "the public eye." Faith, determination, diligence should touch high goals despite minor setbacks, delays or petty annoyance. Profit, promotion, distinction and also romance materialize.

If It Is Your Birthday

Those whose birthday it is, are assured a definite advancement in planning and objectives out-of-the-ordinary or conventional activities, in which in genuity, invention, rare skills or audacious ventures, should gain weight despite minor setbacks, delays or other annoyance of trivial character, considering the magnitude and promise of the affair in hand. The denouement should materialize in some form of public honor or acclaim, and the element of romance in private life may likewise prove thrilling.

A child born on this day is destined for public honors, with exceptional talents or qualities fitting it for a life in the public eye. Romance and adventure are shown, despite petty frustrations.

DOROTHY DIX SAYS—

Boy And Girl Romances Thoughtless Marriages Are Repented Later

DEAR MISS DIX: We are two girls, 17 and 18, and have just been graduated from high school this year. We have been going with a couple of boys who want to marry them and the four of us go to the mountains. We girls can go to college if we wish, and our problem is whether to go to school or get married and go to the mountains. The boys are unwilling to wait until we have finished college. We would like for you to help us decide.

J. C. AND E. W.

ANSWER: My dear girls, I urge you with all the earnestness of which I am capable to choose a summer vacation in the mountains. You would have a delightful trip and a lot of fun hiking and fishing and camping, provided, of course, the boys could spare up enough money to go on. But, after all, the summer is very short. Two months—three months at the most, and then the winter chills commence coming and then—what?

So what about it? Try to think about marriage for the long pull. Are you sure you like these boys well enough to give up everything on earth for them? Are you even certain that they wouldn't bore you after a while, or that you could put up with their little ways and peculiarities for the greatest and the happiest time of a girl's life — when she is carefree and can run around to parties and have lots of dates and good times and pretty clothes and trips and so on.

If you marry these boys, you will cut yourself out of all of that. You will have to settle down and have no dates. Just go out with your husband and perhaps there will be a baby that will tie you down, and instead of running around like the other girls of your own age, you will be one of those poor tired, dragged-out young mothers that you see.

And how are these boys going to support you girls if you marry them? If they are just schoolboys themselves, they haven't any way of making a living for themselves, not to speak of you. Are you counting on inflicting yourself on the boys' parents to support, or are you going to wish your new husband on your own father and mother? And don't you think that children who get married before they have a way of making a living for themselves are playing it pretty damn down on their parents?

If these boys are not willing to wait for you until you finish your college education, well and good. It will only show that they don't really and truly love you. And it won't make a particle of difference with you, for by the time you get through college your taste will so completely have changed that you wouldn't marry them on a bet.

DOROTHY DIX.

DEAR DOROTHY DIX: Although I am only 21 I have two children. My husband was killed in an automobile accident three years ago and I have had a hard struggle to take care of them and my mother. Now I have a fine job as a private secretary, but my employer, a married man, has fallen in love with me and wants me to become his mistress. He offers me everything—a fine home for mother and my babies, a

THE LONG PULL

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Ellen's Diary

By an Island Farmer's Wife

This day returned us the planting—brought it to us again on a cycle of days, and out of a plan discussed on Wintery evenings, which had to do with acres and crops and rotations. It was talked over by James in his old armchair, and our younger farmer, who likely had come in with his lantern to stop with us briefly after an end of choring... Planned by farmers and allowed by One, who sets a song in the thrushes' hearts these magic days, and perfumes the blown roses. It is a nice fashion, we find it, of Jock's to call on the old folks in odd moments of leisure, to report on one or another of the current interests of the farm, or to hold a conference with James over the farmwork-to-come.

It is quite as natural too, to have Jeanie visit us, to come for a fresh pail of water from our pump, to pick up some reading perhaps, or to bear us some gift from her larder: bread or rolls, fresh from the oven; pieces of cake, by way of a change of menu; a relish, new and piquant with spices or it may be a gift of candy or fruit or many such tokens, much appreciated, the result of a kindly thought.

Granddaughter is no stranger to us either and any sanctum of ours is always open to her. Out of a silence, a door opening and an anxious "Where are you? Why don't you answer me?" announces her arrival, and her stay may be short or longer depending usually on her own pleasure. Her rocking-horse is dragged over by herself to pasture on the wealth of ribbon-grass by the old stone doorstep and there it is also that often Cherry-wine, her small precocious steed, and her Christmas "trike" are left to nibble their fill. "Aren't they hungry!" she will exclaim with obvious delight, if we chance to be near and one day we overheard: "Now, horse, you mind yourself—and don't go kicking up your heels and getting into trouble!" This was in a stern voice, in an echo of what may be heard at the bars such times as flesh and blood steeds from the stable are let out to pasture.

While we are favored by her with numerous visits by day, there is no lingering once the dusk be-

Royal Hat Styles Took The Lead at Races



Recent opening of the Royal Ascot race meet at London, brought forth its customary galaxy of beauty, fashion and royalty. The attractive hats worn by England's Princess Elizabeth (left) and Margaret received as much attention as the horses. The King and Queen and Elizabeth's husband, the Duke of Edinburgh, also attended the opening day races.

gins to touch the hills. For her, the approach of night is a signal to seek home and rest. For us the planting gave us an occasion which for a time left us in "the valley of indecision." "Plant" one of the farmers repeated when with Jeanie we shook off the dust of the last of the set-cutting this morning "don't let the thought of it linger in your mind!" But we fancied the other, for whom we had planted many a row, wore a wistful expression, those times he happened to be in our neighborhood.

Jeanie chuckled when we mentioned this and commented: "Don't let them wear down your resistance!" It was dinner, that James repeated last evening's suggestion. "Yes," he said to the bachelor-farmer who had come to give Jock assistance "I reckon we'll get it done today though it will give us all we can do. Perhaps he looked up at me "Ellen will give us a bit of help. You know if she only drops a few sets towards the ends of the rows, it's surprising the help it would be. In her day," he explained "Ellen was a fair, good planter." A glow crept into our cheeks at his trib-

ute, but experience warned us that this was a time to return only a smile.

However it was in the cool of the evening when the unusual heat of this June day had given way to more invigorating air, and the planters were being challenged by the approach of night to finish their task, that with granddaughter leading, we came basket in hand to the field. James beamed, and his step strengthened. And there, down by the escaped mill-stream, which crooned happily on its way to join the river below, we came to the end of the potato planting, which incident brought with it the close of our seed-time. Soon the machinery used at it will be gathered and returned to storage at the other farm, and the beautiful season we shall look back with no uncertain regret to the one whose pleasant paths we have just trod.

Until tomorrow Diary — Good-night.

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The giraffe was once called the camelopard.

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