

LOOK OUT FOR YOUR LIVER

Buck it up right now and feel like a million! Your liver is the largest organ in your body and most important to your health.

FRUITATIVES

In his sermon Sunday morning Rev. Hugh Miller preaching on the topic "Playing at Religion" said that as children in playing their games become petulant and will not play so we in our religion, become childish and refuse it on the ground that it is too long-faced.

The morning music was under the direction of Mr. A. R. Kendall the choir sang the anthem "Was There Ever Kindest Shepherd" with Miss Margaret Sterns singing the solo part.

The Central Guardian

This column is reserved for news of local interest, but advertising of a newsy nature may be inserted at 5 cents a word, strictly payable in advance.

CONFEDERATION LIFE INSURANCE

WOMEN'S RUBBER BOOTS just arrived. \$1.59. Howard McClellin.

YORK UNITED CHURGE.—Rev. J. A. Nicholson, Minister Services on March 9th 11:00 A. M. York 3:00 P. M. Brackley 7:00 P. M. Central Church, sermon, subject "A Plan for Each Life."

TRANSFERRED.—Gordon H. Coffin, well known staff member of the Canadian Bank of Commerce in Truro, N. S. for several years, has received notice of his transfer to the Moncton, N. B. branch of the company.

MURRAY HARBOR.—The regular meeting of the Happy Workers Club met at the home of Miss Rita Sharam on Feb. 26, with the president, Mrs. Willard Pickett in the chair.

Gratto - Mills Wedding A quiet wedding was solemnized at the home of the groom's parents Mr. and Mrs. Thomas Mills, Prince St., at 7:30 o'clock Thursday evening, March 6.

In Memoriam

MRS. MARY B. NOTTING

Mrs. Mary B. Notting, wife of Thomas Notting, K. C. died Wednesday night at her residence Crichton Avenue, Dartmouth, N. S. where she had been ill for the past four years.

Death was not unexpected. Mrs. Notting's long illness and gradually declining strength had prepared her family and friends for the inevitable passing, but her death is a deep sorrow to those who knew her, and her husband and sons will have the sympathy of the community in their bereavement.

Mrs. Notting had resided in Dartmouth for over half a century. She was the daughter of the late Samuel B. Spencer of Great Village, and came to the town when she was a bride. Her husband, Thomas Notting, K. C., well known barrister, and former mayor of Dartmouth retired several years ago. The family is one of the best known in the town.

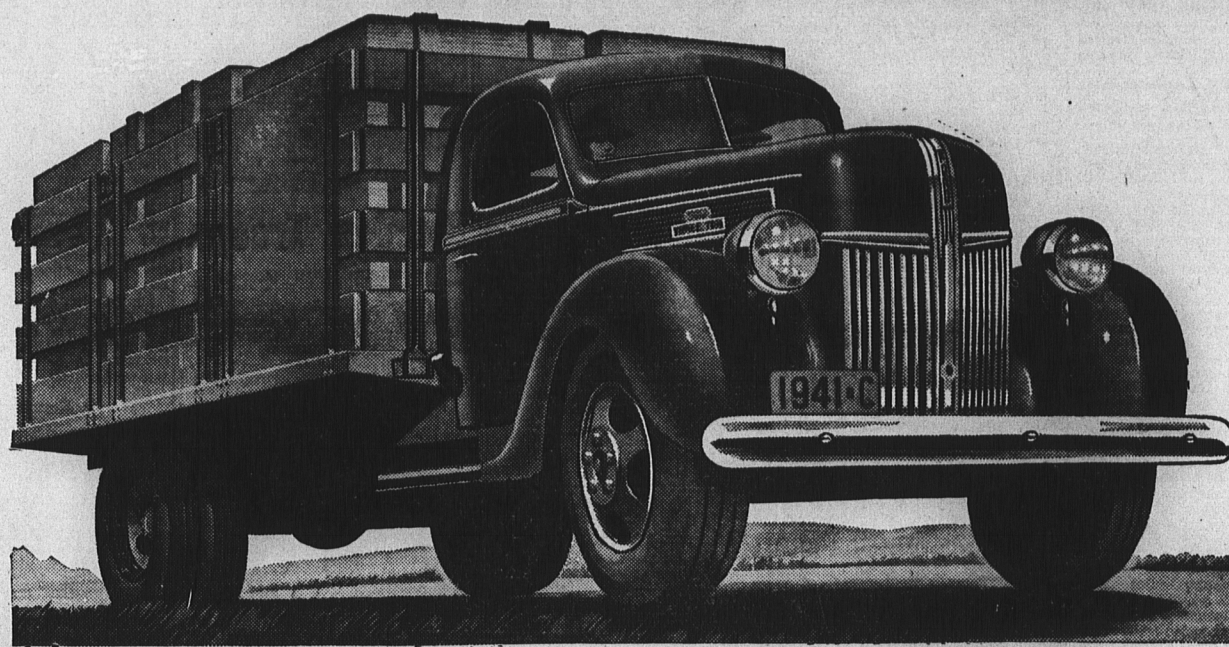
Quiet and kindly the late Mrs. Notting's chief interest was in her home but she was actively engaged until her illness in church work and in organizations which were for the good of the community in which she was so deeply interested.

She was a member of St. James church and was for some years president of the women's auxiliary. One of her deepest interests was the work of the Victorian Order of Nurses in Dartmouth and she was one of the most devoted of the workers who supported the cause of the V.O.N. For a number of years Mrs. Notting was president of the V.O.N.

Besides her connection with public social work, her personal influence was widespread. Her philanthropic efforts were known perhaps only to a few but there are many who recall her kindly charity and her ready aid.

Besides her husband two sons survive, Dr. Errol Notting of Charlottetown and Joseph H. of Waverley. The funeral took place on Saturday afternoon at two o'clock from her late residence with the Rev. Charles Anderson of St. James United Church officiating. Interment will be in Mount Hermon.—Halifax Chronicle.

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WOMEN'S INSTITUTE The North River Women's Institute met for the March meeting at the home of Mrs. Nell Matheson. Nine members were present. The meeting opened with the Club Woman's Creed. Roll was called and minutes of last meeting were read and adopted. Reports of committees were heard and correspondence read. War work was discussed and it was decided to make quilts for English Air-raid shelters, members and others interested to contribute, as soon as possible, strips of coloured cotton 8 by 90 inches. Several pairs of socks were passed in to Mrs. Edison Mutch, Red Cross Convener for this Institute. The next meeting will be held at the home of Mrs. A. E. Todd on April 2nd, when the lunch committee will be Mrs. Norris Kilson, Mrs. Peter McGregor and Mrs. Edison Mutch. Roll call to be answered with "My Favourite Character in History" Lunch was served by the hostess assisted by Committee in Charge.

TRYON CONSOLIDATED SCHOOL

Report of Tryon Consolidated School for the month of March. Grade X - 1. Betty Howatt, 2. Marion Leard, 3. Adelaide Lord. Grade IX - 1. Flora MacCrossman, 2. Kathleen Carr, 3. Jennie Mabey, 4. Phyllis Thomson, 5. Doris Bell. Grade VIII - 1. Elinor Bell, 2. Penzie Crossman, 3. Roma Howatt, 4. Richard Fell. Grade VII - 1. Ralph Foy, 2. Lloyd Carr. Grade VI - 1. Daisie Carr, 2. Estelle Carr, 3. Fernie Howatt. Grade V - 1. Donna Howatt, 2. Ralph Callbeck, 3. Phyllis Crossman. Grade IV - 1. Eva Bell, 2. Ann Howatt, 3. Dorothy Crossman, 4. Deborah Carr, 5. Harold MacDonald. Grade III - 1. Adele Mullins, 2. Karl Sorenson. Grade II - 1. Iann MacDonald, 2. Rayona Leard, 3. Harry Robblee. Perfect Attendance. Betty Howatt, Kathleen Carr, Doris Bell, Elinor Bell, Fernie Howatt, Daisie Carr, Hilma Howatt, Harold MacDonald, Ann MacDonald.



NORSE ISLES RAIDED British naval forces successfully raided "German interests" in the Lofoten islands off Norway on March 4, the admiralty announced. It promised further details "as soon as they are learned." The Lofoten islands are a rocky chain with an area of about 2,000 square miles scattered along the northwest coast of Norway and guarding approaches to Narvik fjords. British authorities said they were known to have been equipped with anti-aircraft defences, and used as submarine depots.

In Memoriam

MR. THOMAS McTAGUE

STELLARTON, March 6 — The death of Thomas McTague occurred at his home on Albion Road, Stellarton, on Feb. 9th, 1941. He was born in Charlottetown, coming to New Glasgow as a young man, where he was an employee of I. Matheson & Co. He later returned to Charlottetown, where he worked for the Robin Hood Company for many years, and where he was a valuable employee.

In 1936 he married Mrs. Mary Urquhart of Stellarton. They resided in Charlottetown, returning to Stellarton in July, 1940, where Mr. McTague was again employed at Matheson's.

Deceased had been ill since last September, but bore his sufferings with great patience and was never known to complain. He received the last rites of the Catholic Church, of which he was a devout member. He was also a member of the Holy Name Society. He was of a kind and cheerful disposition and was well liked by everyone. He leaves to mourn a sorrowing wife and five stepsons and two step-daughters, Alex and Ethel Urquhart, (on active service), Janet, Thomas and Whitman at home; Isabel and Marie, also at home. One brother and three sisters also survive, Bernard, of Charlottetown; Mrs. N. McFarlane of Charlottetown; Mrs. Mullins in United States; and Mrs. W. M. Murphy, Trenton.

The pallbearers were Ned Hand,

WHEATLEY RIVER

Report for the month of February: Grade XI. Isabel Cudmore; 2. Alice MacPherson; 3. Allison Carr; Grade VII-1. Joyce Cudmore; 2. May Peters; 3. Cora Axworthy. Grade VI-1. Doreen Gallant; 2. Stephen Gallant. Grade V-1. Bernet Carr; 2. Louis Peters; 3. Florence Younker. Grade IV-1. Helen Cudmore; 2. Stella Peters. Grade III-1. Jean Carr; 2. Freda MacQuarrie; 3. Evelyn McInnis. Grade II Sr.-1. Sydney MacQuarrie; 2. Chester Younker. Grade II Jr.-1. Blanche Younker; 2. Winston Ford. Grade I-1. Elizabeth O'Connell; 2. Elwood MacQuarrie. Teacher, Beth Robinson.

MT. STEWART SCHOOL

Honor roll for Mt. Stewart School for the month of February:

Senior Department Grade X 1. Brighton MacDougal; 2. June Jay. Grade IX-1. Jean Affleck; 2. John Boyce; 3. George Fisher. Grade VIII-1. Mary MacGregor; 2. Connie Martin; 3. Sheldon Jay.

Intermediate Department

Grade VI-1. Catherine MacIntyre; 2. Ethel Laird; 3. Everett Mitchell. Grade V-1. Natalie Jay; 2. Peter MacLeod; 3. Charles MacDonald.

Primary Department

Grade III-1. Paul Jay; 2. Goldie Smith; 3. Edna Coffin. Grade II-1. Lottie MacDougal and Margaret MacEachern; 2. Stella MacDonald; 3. Norma Birt. Grade I-1. Bruce Pigot; 2. Reginald MacIntyre; 3. Ivan Leard. Highest average: Bruce Pigot 92 per cent.

ELLIOTVALE SCHOOL

Honor Roll for February. Grade IX Senior-1. Robert Carmichael; 2. Eileen Kenny. Grade IX Junior-1. Francis Carmichael; 2. Ernest Power; 3. Clement Kelly. Grade VIII-1. Everett McInnis; 2. Roy Keoughan. Grade VII-1. Marjorie Keoughan; 2. Theresa Gill; 3. Vincent Whalen. Grade IV Senior-1. Carl McInnis; 2. Mary McDonald. Grade IV Junior-1. William Keoughan; 2. Johnnie Gill; 3. Florence McInnis. Grade III-1. Joan McInnis; 2. Mae Kelly. Perfect attendance: Murvin McInnis, Carl McInnis, Arnold Whalen, Joan McInnis, Stella Power, Edna Whalen. Teacher, Cecil L. McCarthy. (Psalms Please Copy)

BONSHAW AND VICINITY

The many friends of Mr. Geddie MacLeod are pleased to see him home again after his recent illness.

The school is progressing favourably under the skillful management of Miss Inez Stevenson.

Mr. Clark Crosby was a recent visitor to the City.

Mr. Hollis MacDonald, Elmer Boyce, Kaye MacLeod and Andrew Crosby were recent visitors to Argyle shore recently.

Miss Mildred Crosby teacher of Argyle Shore spent the week-end with her parents, Mr. and Mrs. Elmer Crosby, Bonshaw.

Mrs. David MacRae and the Misses Inez Stevenson and Edna Farrar were recent visitors to the City.

Mrs. Sterling MacLeod and her little daughter Heather spent a pleasant week in Charlottetown.

Mr. Colin MacLeod and Hollis MacDonald

were recent visitors to the Green Road the guests of Mr. Matthew O'Brien.

Mr. Sheldon Cudmore, Argyle Shore paid a visit to Bonshaw recently.

Mrs. Reg Jenkins of Charlottetown, spent a pleasant week visiting her mother, Mrs. J. J. MacLeod.

Mr. L. T. Beaton, Bonshaw general merchant was in Charlottetown on business last week.

The friends of Mr. Murdoch MacLeod, Bonshaw's grand old man, are glad to learn that he is still hale and hearty.

Miss Elva Stevenson of Charlottetown, was a recent visitor to Bonshaw, the guest of Mr. and Mrs. L. T. Beaton.

The many friends of Mrs. A. B. MacLeod are sorry to learn that she has met with an accident. But all wish her a speedy recovery.

Pte. Cecil MacPhail and Alfred MacPhail of the P. E. I. Highlanders spent a pleasant visit with their parents.

Miss Jean MacLean, Clyde River, was a visitor to Bonshaw the guest of Mr. and Mrs. Dan MacPhee.

Mr. Peter MacDonald teacher of Appin Road, spent the week-end at the home of his parents, Mr. and Mrs. J. W. MacDonald.

SAY TO YOUR GROCER I WANT BRAHMIN ORANGE PEKOE TEA

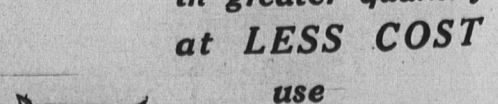
You will enjoy its superior quality

Potatoes, other vegetables or fruit Two or more servings. Eggs: One, if possible. Lean Meat, Poultry, Fish: One or more servings. Cereals and Bread: At least servings of whole-grain products. Fats and Sweets: As needed to satisfy the appetite. Water: Six glasses or more.

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A scientifically-balanced feed, fortified with "REX" Wheat Germ Oil. Promotes more and bigger litters of strong, healthy young.

Home economists say a normal adult should have the following every day to keep healthy: Milk: One pint or more. Leafy Green or Yellow Vegetables: One or more servings. Tomatoes, Oranges, Apples, Grapefruit: One or more servings.



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