

### Fosters' Beef Iron and Wine

This is a delicious tonic worth trying. We never ask anyone to buy the second bottle, they always buy it without asking.

Delicious to the taste, it contains iron to enrich the blood, reptonized (digested) beef to feed the tissues and choice wine as an appetizer.

If you feel worn-out, tired and run down you need a tonic you couldn't find a better one than this--like all our remedies it is of the highest quality.

50c and 75c Bottles

### E. A. Foster

Central Drugstore  
Sunnyside



Have You an old Watch on Hand that is out of kilter? Bring it here and I will not only repair it but I will make it reliable, timepiece of its again.

### F. S. Mitchell

Expert watch and clock repairer  
168 Queen Street. Phone 397-R.

### NOTES FROM THE UNION COMMERCIAL COLLEGE

"I am always interested in the good work of the school, which has been of so much benefit to me, as well as many others." Statement of Miss Julia Kelly of Portmouth, N. H. formerly bookkeeper with Stanley Bros. of this city.

Miss Madeline MacCormac, Little Pond, registered at the Union Commercial College this week.

Almost every day applications are received at the Union Commercial--the school that has won the confidence of the people.

For speed and efficiency you should study touch typewriting. If you had to look for every step you take in walking to work in the morning you would make slow progress, wouldn't you? If you had to watch by sight every action of your feet and hands your work would be cut down fully 75 per cent. And so with your typewriting. Our system of touch typewriting enables you to read your copy while your hands operate the key board. This increases your speed fully 50 per cent.

Mr. R. L. Cleveland who was here some time ago investigating the fox business for Boston financiers in general and The Boston American newspaper in particular, had most of his copy for the Boston American Fox edition typewritten by Miss Block, a U.C.C. graduate of last spring. Mr. Cleveland was so pleased with Miss Block's work that he has sent for her to fill a position in the Boston American office on State Street.

Pennmanship classes every day at the Union Commercial College. Is it any wonder the graduates are good penmen?

At the Union Commercial College students are given individual, practical and personal attention. The slightest discourtesy on the part of any member of the teaching staff is something the management will not permit.

The Gregg system of short hand has proved by actual results that it is the best system in use today. As Mr. E. C. Howard, Principal of the San Francisco Business College, a law and general reporter and stenographic teacher says: "I formed a trial class in Gregg being placed by the side of the Ben Pitmanic writers. The Gregg pupils proved superior at the end of a month--two, three, four, five and six months--at every test they could write faster and read faster and read better than any Pitmanic student of the same instruction." And remember this from a man who teaches and practices Ben Pitman Phonography.

### SPORTING NEWS

### MARITIME RECORD FOR SEASON 1913

HALIFAX, Nov. 5.--The Acadia Recorder's annual resume of harness racing in the Maritime Provinces shows that 214 heats were trotted or paced during the season in 2.30 or better, and 48 of these were in 2.30 or faster. This is not as good a showing as last year, but most of the racing was not until late in the season, except in Cape Breton, where there were more meetings held within a radius of a few miles than in any other part of the provinces.

Twenty-one horses owned in the provinces entered the 2.30 list, and another owned in Maine entered the 2.30 list, on a provincial track, and 19 already in the list reduced records--Frank Patch, driven by Frank Adams, made the fastest time by any horse owned in the Maritime Provinces this season, though not on a provincial track, his new record of 2.11 having been made at Brockton, Mass. His stable mate, Dingola, also owned by J. B. Mitchell, and driven by Fred Cameron, made the fastest mile on a provincial track, he having paced two successive heats at Fredericton in 2.13 1/2.

The Fredericton track, as last year, thus has the fastest mile of the season to its credit. Dingola thus equals the stallion record for the province, which is held by Frank Patch, so that Mr. Mitchell has in his stable the two fastest stallions in the provinces.

The fastest gelding in the provinces this year was the pacer Jas. K. Newbro, owned by Hamilton Kitchen, Fredericton, and handled by Tommy Raymond. He paced both the first and third heats in the 2.19 class at Chatham in 2.13 1/2, 2.13 1/2.

The fastest time by a mare on a Maritime Province track this season was 2.14, also at Chatham, by Jennie W., owned in Montreal.

Devilish Dorothy, owned by the veteran turfman, Dr. J. T. Jenkins, and driven by Fred Cameron, was the champion trotter of the season, with her miles at Charlottetown in 2.18 1/2. This mare started in eight races this season, winning five, all of which were of extra heats, one at Halifax setting six heats, and another at Fredericton seven heats. Her total purse winnings for the year are \$1,072.50, the largest money winner of the season on provincial tracks.

The fastest new pacer performer of the year owned in the provinces, was Bingen the Great, owned by W. H. Murchie, Milltown, N. B., who took a record of 2.15 at Bangor, Me. This stallion had a previous trotting record of 2.19, but this was his first year at pacing. The fastest new performer of the year on a provincial track was Lady Fondly, the five-year-old pacer mare owned by Hugh Love, St. Stephen, and driven by Johnson, who took a record of 2.15 1/2, which is the fastest mile ever made in the province by a Maritime Province bred horse as a new 2.30 performer.

The fastest two-year-old of the season was The Abegweit, owned by C. P. Thorne, Charlottetown, and driven by P. S. Brown, who paced in 2.42 1/2. The fastest two-year-old trotter was Upton Prince, owned by Dr. J. W. Jenkins, Charlottetown, driven by Fred Cameron, who trotted in 2.45 at Halifax. Baring's Comet, owned and driven by W. H. Musgrave, Halifax, trotted in 2.23 1/2 in the three-year-old race at Halifax, equaling the three-year-old record for the province, while Baron Cecil, owned by R. H. Gray, of Thorburn, and driven by Carpenter, took a mark of 2.20 1/2 at Worcester, Mass., and driven by Spurgeon Gammon, won at Charlottetown in 2.21 1/2, the fastest mile not only by a four-year-old but by any trotting stallion on a provincial track the past season. Dan Paine, with 2.19 at Fredericton, owned by P. Doherty, Sydney, and driven by Peter Carroll, was the fastest four-year-old pacer on a Maritime Province track. Dr. Sharper, owned by J. R. McLellan, Sydney Mines, and driven by Puyvis, is the fastest trotting gelding of the year, with his record of 2.19 1/2 at Halifax.

### FOOTBALL

(Special to The Guardian)  
WOLFVILLE, Nov. 6.--This afternoon in the second game of the King Richardson trophy football series, Acadia defeated University of New Brunswick, 8 to 3.

S. D. C. DEFEAT CONNS.

A large number of football enthusiasts, including a sprinkling of the fair sex, assembled at the A.A.A.A. grounds yesterday afternoon to witness a Rugby football match which was played between teams representing St. Dunstan's College and the Connaught Club.

Though the sun was shining brightly at the time, this was rather a disadvantage, as it thawed out the frozen ground and rendered it muddy and slippery and not at all in the best condition for playing. This no doubt militated against the standard of the play, which was not above mediocre. The ground was not at all together blamable; there was room for great improvement in both teams. The passing was far from clean; the scrums were too loosely formed, touch-punting was rare and combination among the halves was at a premium, in fact, being conspicuous by its absence in the case of the Conns.; what little there was of this

quality being altogether on the part of the Collegians, who on the afternoon's play were deserving of the victory they gained.

### THE FIRST HALF.

The Collegians kicked off with the sun in their faces, Murphy doing the useful, while the Conns. played with what little wind there was behind their backs. For a time the play was of a desultory character and was confined to midfield. McIsaac opened up the play with a smart run but was forced into touch. After some scrum work across centre field, Fitzgerald of the Conns. got going and after some smart play punted for touch when pressed, but failed in his objective and Kelly, the opposing half, captured the ball and went away for the Conns. goal. But when he looked dangerous a smart tackle put an end to his run. The same player was in evidence not long afterwards following some open work among the forwards; he cleverly doubled with the ball and ran round his field but found the Conns. quarters too wide awake for him. Retaliating the Conns. forwards forced the play into their opponents' quarters, but the College full-back, whose cool playing was one of the features of the game, made a good save and with a long punt sent the Conns. back to defend their own goal. The Conns. however, transferred the play to the Collegians' side again, but was nicely tackled by McIsaac, who passed to Fitzgerald, but the latter failed to hold the ball and lost it, the Conns. pressing play further up the field. A line-out followed near the Collegians' goal but Kelly by some smart play staved off the danger and though he could not get past Fitzgerald he carried the play into safer quarters. In the line-outs for the touch throws, McDonald's height was a great asset to the Conns. and there were few occasions on which he did not get the ball, but the College forwards watched him warily and he could not make much of his opportunities. Tom Trainor made his mark from a long punt by the College full-back, and tried a drop-kick for goal, but failed. After some more open work and scrums, McIsaac picked the ball up in the loose after a scrimmage and was making a good run along the north side of the field when one of the opposing quarters brought him to earth with a splendid tackle. The Conns. got a free kick against their opponents, but it did not avail them anything. McPhee got the ball when it was heeled out from a scrum following a touch-throw, and did some good work, but after passing several of his opponents, Gillis stopped his career by good tackling. The Collegians nearly got through when McAleer mis-kicked, but Tom Trainor supporting nicely saved the situation by finding the touch immediately. From the throw-in D. Gillis made a clever attempt to beat the referee, actually getting through and touching down, but the touch was not allowed, the throw-in being a foul. Kelly evinced a predisposition to stick to the ball too long, and might have done better for his side by some nice punts for touch instead of trying to run through a crowd of his opponents. Half-time arrived with the score sheet blank.

### SECOND HALF.

The Conns. faced the sun in the second half. Davison kicked off for them, but McLellan captured his long punt and with a nice return found touch well over centre field. A line-out and then a scrum followed, and D. Gillis picked the ball up in the loose and made a short run, punting forward when pressed, forcing a scrum within the twenty-five yard line of the Collegians. But St. Dunstan's put their weight into the scrum and heeling out to their halves got the ball across the field and then up into the Conns. quarters. Butler then did some good work for them, picking the ball up in the loose and making a good punt, which McAleer at first fumbled and eventually cleared, but none too soon. Sark getting the ball from a heel-out had a good opportunity of forcing the game to the Conns.' goal line, but instead of passing to Fitzgerald, tried a punt and made a mess of it. Aeneas McDonald initiated another attempt by the Collegians to get over over the

Conns.' line, but he would not pass to McIsaac who was in a good position to get through, and was tackled and the movement went to naught. Following a throw-in from touch, a scrum was formed not ten yards from the Conns.' goal line, but McIsaac's attempt to get past on the wing was foiled by H. Gillis who forced him over the touch line. The Collegians continued to force the game, and McGuigan made a good run and was trying for a drop-kick when McCarry pulled him down. The Conns. now rallied and took the ball over the centre line and Keenan was looking dangerous when McIsaac's desperate tackle checked his run. Play veered back to the Conns.' quarters again; the Collegians were not to be denied, and some nice combination work was executed by McIsaac, Fitzgerald and Kelly, ending in the latter making a fine run along the wing, and nearly getting through, being brought down only some fifteen yards from the Conns.' goal line. With this advantage St. Dunstan's worked the scrums for all they were worth and their efforts succeeded, Butler forcing through in a scrum that was formed not half-a-dozen yards from the Conns.' goal and scoring the first and only touch of the game for the Collegians, whose enthusiastic "roarings" on the bleachers went mad for a few minutes. Followed some more desultory play, in which McIsaac and Kelly shone among the College halves and McDonald played with cool deliberation at full back; and the game ended without further scoring. St. Dunstan's thus won by three points to nothing.

The teams lined up as follows:--

### ST. DUNSTAN'S.

- Full Back, Edwin McDonald.
- Halves, E. Kelly, H. Fitzgerald, J. Sark and J. McIsaac.
- Quarters, E. McLellan, F. Butler and A. McDonald.
- Forwards, Hogan, J. McDougall, Jas. McGuigan, A. Murphy, McPhee, B. Gorman and A. McIntyre.

- Forwards, Gay, Boates, McPherson, Davison, F. Moore, Keenan and Trainor.
- Quarters, T. Trainor, G. D. McDonald and George McMahon.
- Halves, H. Gillis, F. McCarry, R. Fitzgerald and D. Gillis.

- Full Back, Jack McAleer.
- CONNAUGHTS, Referee: Mr. J. A. McMillan.

- Our showing of chocolates, bulk and box, is superior displaying, as it does, the three leading lines in Canada today. Liggett's made in the United States, Neilson's made in Toronto, Moir's made in Halifax. These chocolates are sent to us in fresh shipment and are recommended for their purity, wholesomeness, and nutritive qualities. Liggett's \$1.00 a box, Moir's 35c and 60c a box, in bulk 50c a pound, Neilson's 40c up. The MacKinnon Drug Co., Corner Great George and Kent Sts. METf.

### SHIPPING NEWS

ENTERED, Nov. 6th--Schr. Edie Howard, New Glasgow; Schr. Daisy, Louise, Pictou; Schr. Sir Mac, LaSalle, Montreal.

CLEARED, Nov. 6th--Schr. Daisy, Louise, Pictou; Schr. Sir Mac, Legault, Montreal; Schr. Donzella, Whittier, Pictou; Schr. Mary Bell, Rogers, Arichat.

### Natural Food

Nature has filled the well-known cereals, Wheat and Barley, with the various food elements for building body tissues and for storing up energy in the system.

### Grape-Nuts

### FOOD

Made from wheat and barley, has long been known as the ideal food for athlete, invalid, man, woman and child.

It is promptly digested by the weakest stomach and is quickly available in the blood for rebuilding waste body, brain and nerve cells--the natural supply of a natural waste.

"There's a Reason" for Grape-Nuts

Sold by Grocers everywhere.

Canadian Postum Cereal Co., Ltd. Windsor, Ont.

### Beer & Weeks

### Blanket Time is Here-- and Best Values are at Beer & Weeks



Our big new stock is ready waiting for you to choose from it. Every Quality That's Dependable. Every price--so that you can buy according to your means

Never before were we so well prepared to supply blanket wants.

- 79c per pair** for nice soft warm flannelette blankets-- stripe borders, white or grey, size 42 x 70 inches.
- 95c per pair** for full ten quarter size flannelette blankets good heavy quality which will wear and wash well.
- \$1.45 per pair** for full eleven quarter size flannelette blankets heavy soft and warm, white and grey.
- \$1.75 per pair** for full twelve quarter largest size flannelette blankets, white or grey, stripe borders.
- Down Comforters** A wonderfully fine selection to choose from. Every color combination, every price from **\$3.90 to \$25**

### Splendid Choosing in Heavy Wool Blankets--Every Possible Price

A splendid stock--direct to us from the biggest and best Canadian and Scotch mills. Every possible discount has been secured enabling us to offer wonderfully good values.



- \$2.75 pr.** Worth \$3.00. Good closely woven blankets, 56 x 75 inch, 5 lbs to the pair, fast colors blue borders. A good wearer. The same quality in 60 x 80 inch, 5 lbs at **\$2.95 @ \$3.25**
- \$3.15 pr.** worth \$3.50. Nice 60 x 80 inch, 6 lbs, one of our specialties.
- \$3.40 pr.** worth \$3.75. Very nice firm smoothly woven blankets. An excellent value, full size and weight.
- \$3.60 pr.** worth \$4.00. This is an exceptionally good value--heavily napped, closely woven and very durable.
- \$3.85 pr.** worth \$4.25. Another excellent value for the money. Nice firm smoothly woven goods. Full size

- \$4.25, \$5.00, \$5.85 pr.** This quality may be had in various sizes and weights the 5 lb costing \$4.25, 6 lbs 5.00, 7 lb 5.85. This is a splendid value, see 1.
- \$4.75, \$5.75, \$6.75 pr.** Another blanket which comes in various sizes and weights. Heavy napped and beautifully finished, at \$4.75, 6 lb 5.75, 7 lb 5.75 per pair.

### The Famous "Skeldon" blankets Woven on the Banks of the Bonnie Doon and Wash in its Waters

In the famous "Skeldon" blankets we offer our patrons the finest blankets we have ever imported. Absolutely pure wove of the finest grade beautifully finished, extra full size and weight.

- 5 lb weight per pair ..... **\$5.25, \$7.00**
- 6 lb weight per pair ..... **\$6.50, \$8.50, \$10.50**
- 7 lb weight per pair ..... **\$7.50, \$9.75, \$11.75**
- 8 lb weight per pair ..... **\$8.50, \$11.00, \$13.25**

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### IN MEMORIAM

MR. J. R. MOORE.

The sad news came by telegram yesterday morning of the death of Mr. John R. Moore, which occurred in Boston, Nov. 5th, at the home of his daughter, Mrs. I. C. Nelson. He was in his 77th year. There are left to mourn his widow, three sons and two daughters. The sons are Geo. H. of this city, W. W. Moore of the Agricultural Department, Ottawa, (who is now in England), and R. M. in Alberta, and the daughters Mrs. I. C. Nelson, Boston, and Mrs. Alvin

S. Hunt, of Bridgeport, Conn. He also leaves two brothers and three sisters. The late Mr. Moore did a large business in his day and represented Messrs Carvell Bros for upwards of twenty-five years. He was well and favorably known. He had been ailing for the last three or four years and on his physician's advice went to Boston about a year ago thinking the change would benefit him; but he did not seem to improve and was too ill to return home this summer, as he expected. His remains will arrive here tonight. Funeral notice later.

MacKinnon's Aperient Salts make a pleasing laxative draught that is "nature's own rival." They are easy and pleasant to take, mild yet certain in action, do not gripe or nau-

seate and can be used by children, adults, invalids or aged people. Price 25c a bottle. The MacKinnon Drug Co., Corner Great George and Kent Sts. Mt. WANT BETTER SCHOOLS IN IOWA. DES MOINES, Ia., Nov. 6.--"Better Schools" is the keynote of the annual meeting of the Iowa State Teachers' Association which convened here today and will continue its session to the close of the week. Programs of special interest and importance have been prepared for every one of the general sessions and for the meetings of the various departments and around table gatherings. The attendance is unusually large this year, and many educators of this State and from outside the State are scheduled to deliver addresses.