

For Loss of Appetite

This weakening condition arises from some failure of the body to dispose effectively of the waste products of digestion. The natural way to tone up, stimulate, and regulate the system—thus inducing a healthy appetite—is to take plenty of fresh air and drink ENO'S "Fruit Salt" first thing every morning. All druggists throughout Canada sell

ENO'S FRUIT SALT

Sole Representatives for North America
HAROLD RITCHIE & CO., LTD.
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TORONTO

ST. JOHN, Nov. 13.—Hon. Dr. W. F. Roberts, Minister of Public Health for New Brunswick announced here last evening that in the very near future the Province would supply free insulin for recently discovered treatment for diabetes to all sufferers from the disease in the province who are unable to pay for it.

According to Dr. Roberts' calculation there are between four and eight thousand sufferers from diabetes in one stage or another in this province with its population of nearly 400,000.



The nurse, the doctor, the judge—all agree

HEALTH authorities throughout Canada unanimously recommend rubbers and overshoes for fall and winter foot protection.

School nurses everywhere urge the children to wear their rubbers to and from school, and for out-door play.

In a Montreal court it was held that a person who had slipped on the ice and sued for damages, had not taken reasonable precaution because rubbers were not worn.

Active, scuffling, heedless little feet of boys and girls give rubber footwear its hardest test. ALL DOMINION brand rubber footwear is made with the wear quality and durability to withstand the hardest kind of wear and tear—to protect the feet and health of children and grownups.

Because of their splendid wearing quality DOMINION brand rubbers are the most economical to buy.

Wear Dominion Rubbers

They are not Dominion Brand unless they carry this trade-mark

FOR SOLID COMFORT HAVE A

New Ideal Pipeless Furnace



Installed in your home. The equal of any made. One of the very few with the solid one piece cast dome. Wonderful saver of fuel. Manufactured by Thompson & Sutherland, Ltd., North Sydney. Sold by

Stanley, Shaw & Peardon
Charlottetown

THE CENTRAL GUARDIAN

SHOP from Holman's Catalog.

DON'T FORGET SALE OF STOCK AND CROP. Also a fine planting of farm at Hayden Vanderstine's, Vernon River, Friday the 16th. 265-11-14-21

CHURCH OF SCOTLAND.—Presbytery meeting at 52 Upper Hills, borough Street, Charlottetown, Friday 16th, at one p.m. Representatives of Church invited. Important business.—By order of Moderator.

POLICE COURT.—At the Police Court yesterday an adjourned case of malicious injury to property was further adjourned until the 20th. Two drunks were each fined \$10.00 or thirty days.

NAME OMITTED.—In giving the names of organizations placing poppy wreaths on the cenotaph at the Armistice Day celebration the P. E. Island branch of the Navy League of Canada was unintentionally omitted.

CRAPAUD.—SPECIAL SERVICE in St. John's Church on Friday evening the 16th at 7.30 when the address will be given by Miss Watts, a Missionary to China who is home on furlough. Miss Watts is a very pleasing speaker and an interesting address may be expected.

LAI D TO REST.—The funeral of the late Stephen Moore was held on Saturday afternoon under the Masonic auspices. The service at the house was conducted by Rev. W. M. Ryan, the pall bearers were selected from the Masonic lodge. The following floral offerings were received.—Masonic Emblem, Prince Edward Preceptory, Victoria Lodge and Eastern Star; Pillow— from the family; Spray from Capt. H. R. Stewart Ottawa Mr. and Mrs. Norman Lowther, Mrs. (Dr.) Blanchard, Mr. and Mrs. Morrison, Miss A. Doyle, Misses Eileen and Gypsey Young, Mr. and Mrs. Hermans and Masonic Emblem from Mr. and Mrs. Bruce Stewart.

ENTRIES FOR ROYAL FAIR.—The Experimental Farm here is sending ten head of pure bred Ayrshire cattle to the Royal Winter Fair. Mr. G. B. Rothwell of Ottawa, Dominion Animal Husbandman, who made a brief visit to the Farm and left for Ottawa, was very well pleased with the appearance of the cattle. The Central Farm at Ottawa will also have a large exhibit. Among Island exhibitors, in addition to the Experimental Farm, will be Roper Bros., Charlottetown; Royalty, with Guernseys, Alex. Agnew with Holsteins, Horne Bros., with Polled Angus. There will also be a carload of Yorkshire hogs and other exhibits, and it is expected that a full list will be available shortly. The fair opens on the 20th instant. The Fox Show will be held also in connection with the Royal Winter Fair, and it is expected that there will be 300 entries from the Island.

LETTER OF SYMPATHY

Charlottetown Nov. 13, 1923
Dear Mr. Cairns—We the members of Spring Park Women's Institute wish to extend to you and your family the deep sympathy we feel for you in the recent loss you have sustained through the death of your wife.

It is so hard to express our real feelings with words alone, but we hope you will understand that our sympathies are with you in your sorrow and loneliness.

May Our Heavenly Father, comfort you and help you to bear your heavy burden at this sad time.

Signed on behalf of the Spring Park Women's Institute

MRS. W. P. BURKE, President
HARRIET GROOM, Secretary

Miller's Worm Powders work so effectively that no trace of worms can be found. The pests pass away in the stools without being perceptible. They make an entire and clean sweep of the intestines, and nothing in the shape of a worm can find lodgement there when these powders are in operation. Nothing could be more thorough or desirable than their action.

SOMETHING NEW YARDLEYS TOILET GOODS

We have just received a shipment of these wonderful toilet goods.

The Lavander

is superb. We have wide choice as we have in this Odor.

Sachet in Silk Bags.
Shampoo—Bath Tablets
Bath Salts—Soap.
Face Powder—Talcum.
Cold Cream—Vanishing Cream.

Compacts

Their large Compact is a dandy. Gun metal finish.

THE WHITE DRUG STORE

J. G. Jamieson

Druggist

K OF C. LECTURE.—At the Knights of Columbus Hall on Sunday afternoon a most interesting and instructive lecture on "Education" was delivered by Rev. Brother Simon, F. S. C. of De Salle College, Aurora, Ont. At the conclusion a hearty vote of thanks moved by Dr. (Hon.) W. J. McMullan and seconded by C. Gavin Duffy, was tendered the learned speaker.

The Public Forum

(Continued from page 4)

controversy with the Patriot, but have not had any reason to change my mind or the stand I took at that time, when I opposed keeping the double passenger service late in the Fall.

It apparently is, but should not be, too much to expect "Traveller" to realize the difference between navigating a ship here in October with the aid of gas and bell buoy, and operating the same boat, on the same route, late in the Fall after the buoys are taken up and the snow storms are upon us.

He says: "But what of the winter months, with the Strait packed from side to side with heavy ice? Is there danger here to either boat, crew or passengers? Let the Captain answer." And "He has assured us that it is the safest season of the year for navigating the Straits."

That assurance still holds good. There is less danger of losing the ship in the winter than there is in the fall, as has been proven by the "Stanley," when she drifted for 65 days at the mercy of the winds and tides without damage. But safety and service are two different things. One is of no value without the other. I do my best to furnish both, and up to the present have succeeded, to my own satisfaction at least, even if not to the entire satisfaction of a certain "Traveller." But then, there are some men you can never satisfy, and it is just possible he is one of them.

"Old Sea Dog" insinuated I did not want to see a second car ferry because I could not be master of them both at the same time. "Traveller" now insinuates that the reason I am opposed to the late trip is because I am "anxious each day to reach without delay his extensive and up-to-date farm, where hogs and other live stock thrive and grow to feel little of patience with present day demands," of a certain nameless "Traveller."

This insinuation, like the one made before, savors very much of one another, and both put the writer of them beneath contempt.

Again he says: "But is making the best use of this marvellous boat?"

Last winter, in the month of February, we worked an average of twenty hours out of the twenty-four in keep up the service. That left four hours for rest and for a week at a time I did not see my wife and family, let alone the "hogs."

Let him tell us what he would have done under the circumstances? He tries to hold me responsible for all the worry and hardship for those coming home to the bedside of dying parents and loved ones. This, to my mind, is almost too sacred a topic to discuss, far as Master of the "Minto." I was detained by ice conditions when I was on the same sad mission, till it was too late.

He says: "To be told at Sackville that they must wait there almost another day because the captain of the finest and most powerful ice-breaker in the world could not, or would not, wait a couple of hours longer so as to connect with their train, and the tragedy of it all might have been that the delay might have denied these sorrowful travellers a privilege to them of priceless value."

Now I ask: Can any blame be attached to him for wishing to conceal his identity from the world at large, and especially his wife and family, after getting off such

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Matinee, Adults 26c. Children 16c.
Evening, Orchestra 37c. Balcony 26c. Children 16c.

Here is a Tale of the Sea and Treasure Ships, With a Kind of Adventure
You've Always Wanted to Live!—Always Longed to See!

Yo! Ho! Me Hearties! Bend a sail for

THE ISLE OF LOST SHIPS

Some say it is a sailor's myth—this Sargasso Sea, yet the atlas shows it at the Gulf of Mexico's very door.

And here our story is told—a tale of adventure on an island of derelict ships—some, centuries old—locked together in a tangle of seaweed and peopled by a colony of men and two women—ruled by a giant brute with the strength and soul of a pirate sire!

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By CRITTENDEN MARRIOTT



"We'll fight—and the best man takes her"

A beautiful girl, a detective and his prisoner, a man accused of murder, sole survivors of a shipwreck, castaways in this strange place, where every woman, by community law, must choose a mate from among its population. Two men want her—the brute who is czar of this empire of ghost ships—and the man accused of murder! And with the woman hunger strong in them they fight for the prize!

—You've never seen anything like it!

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With an All Star Cast Including Milton Sills, Anna Q. Nilsson, Frank Campeau, Walter Long

Personally directed by Maurice Tourneur

Make Your Wife a CHRISTMAS PRESENT

Buy a **Caloric Pipeless FURNACE**

And have summer weather in your home during the winter months. Order your PIPELESS FURNACE now. Our prices are low. Quality considered. No dust or smoke in the home from a CALORIC. The Furnace with a reputation.

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person? Personally I do not blame him, for it is the only decent thing he has done, for his suggestion to make one passenger trip only, and that at night is the most heartless and nonsensical thing I have yet heard proposed in connection with our transportation problem.

At present all the passengers and mails from Nova Scotia, New Brunswick and Montreal by the Maritime Express—and there is no good reason why they should not all come that way—will reach Charlottetown at 6.20 p.m., Summerside at 6.05 p.m., and Tignish at 9.55 p.m., in plenty of time to do business if it is important. They can even keep an engagement and get back on the next train, the Halifax and St. John morning papers are received and read the same day they are published; and against this, the few people who come to us from the U. S., at this time of year, and the people who come by the C.P.R. have to wait over in Sackville till the next day, and even this is not necessary, for the people from Boston can leave there

Stop Rheumatism With Red Peppers

When you are suffering from rheumatism so you can hardly get around just try Red Pepper Rub and you will have the quickest relief known.

Nothing has such concentrated, penetrating heat as red peppers. Instant relief. Just as soon as you apply Red Pepper Rub you feel the tingling heat. In three minutes it warms the sore spot through and through. Frees the blood circulation, breaks up the congestion—and the old rheumatism torture is gone.

Rowles Red Pepper Rub, made from red peppers, costs little at any drug store. Get a jar at once. Use it for lumbago, neuritis, backache, stiff neck, sore muscles, colds in chest. Almost instant relief awaits you. Be sure to get the genuine, with the name Rowles on each package.

in the morning instead of 7 p.m., and save the wait at Sackville, as for the others, let them patronize their own Government-owned road, and at the best this doesn't affect ten per cent of the travelling public, and it gives us the daylight to make the trip through the ice.

Now, let us take up the brilliant idea of "Traveller." He would so alter things that no one would get to Charlottetown or Summerside till after midnight, and for those who lived west of Summerside, why they would not get through at all, but be held up there till the following day. Besides these people would be set down at way stations and sidings at all times of the night and morning, for no one but a fool will suggest that we can make as good time in the ice after night as we can in the day-time, and when conditions are such that it would take us a couple of hours in daylight it would take us all night to make the same trip. Some service, surely; but this is exactly what would be the conditions if "Traveller's" inspiration was acted upon.

"The train we now connect with leaves Sackville at 1 p.m., and he mentions our 'wallowing a couple of hours longer' when, if he knows anything about the matter he undertakes to discuss, he knows that to connect with the Ocean Limited the train could not possibly get away from Sackville till 6.25 p.m., for she is not due there till 6.20 p.m." Now, I again ask, what is the use of "Traveller" deliberately trying to mislead the public, when the official time tables are so easy to get?

What would ninety per cent of the travelling public who now reach the island in the evening, have to say if they were to be held up in Sackville for 5 hours and 25 minutes and not allowed to get through till after midnight, or those sons and daughters on the urgent call to the sick bedside who arrive in Sackville before 1 p.m., and find that they cannot reach home till after midnight, and when they do get there to find that their loved ones had passed away a few short hours before?

What would the women, especially those with several small children, have to say, when on arrival at Summerside after midnight they are told they can get no further that night?

No time table can be made to suit everybody, and I maintain that the present schedule of which I had no part in the making, is the best for the needs of our Province, and if "Traveller" has the courage of his convictions, let him come out of his hole and meet me in the open where facts alone will count.

I am, Sir, etc., JOHN L. READ.