# Woman's Realm — Social and Personal — Fashions — Literature


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## YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

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Look in the section your birthday comes in, and find what your outlook is, according to the stars.

**For Tuesday, April 9th**

MARCH 21 to APRIL 20 (Aries)—Unimportant as far as showy matters go but there is never a day that some good cannot be accomplished. Check over stock and see how to make improvements. Get acquainted with your real self.

APRIL 21 to MAY 20 (Taurus)—Day warns against emotional upsets, being irritable and impatient needlessly. The calmer you are, the better your judgment, therefore the better results from your efforts.

MAY 21 to JUNE 21 (Gemini)—Slow up, speedy Geminian! Think before you act. Careful deliberation will net you greater gain in the sumup. Concentration on the important matters also advised. Listen to and heed sound suggestions of valued friends and associates.

JUNE 22 to JULY 23 (Cancer)—Keep your ambition and enthusiasm alive. You'll need both for the dull duties, and don't forget that we all have both dull duties and dull days. Hovever, they give us a respite for calm reflection, help us to measure our possibilities.

JULY 24 to AUGUST 22 (Leo)—Assume the day's schedule with true Leo fortitude and cheerfulness. Remember, you are as big and capable as you think you are. Promise yourself you will move forward in the right direction and the attainment, however small, will be no trifle.

AUGUST 23 to SEPTEMBER 23 (Virgo) — Do not feel irked at restrictions, if they appear. Day is favorable for many things. Familiar matters, sound and stable investments, improving your knowledge and outlook particularly advised.

SEPTEMBER 24 to OCTOBER 23 (Libra) — Be sure you have sufficient evidence and thorough understanding before making decisions and forming opinions. Day is friendly on whole if calm judgment is exercised.

OCTOBER 24 to NOVEMBER 22 (Scorpio) — In music, singing painting or decorating you'll find the road easier perhaps in more strenuous activities. However, anything to which you are particularly adapted (surgery, medicine, nursing, law) should have your personal attention.

NOVEMBER 23 to DECEMBER 22 (Sagittarius) — Soft pedal aggressive tendencies that may tempt you. Today particularly asks patience and an intelligent understanding in all dealing with others. Force ahead.

DECEMBER 23 to JANUARY 21 (Capricorn) — Gains to be had in practical and necessary business, real estate, property matters, research, investigations, smart advertising, manufacturing, selling.

JANUARY 22 to FEBRUARY 20 (Aquarius) — Progressive issues, essential duties, study, laying the foundation of any worth while project or undertaking and domesticity more favored than frivolous, unimportant affairs.

FEBRUARY 21 to MARCH 20 (Pisces) — Seek new contacts, both business and social. Philosophical and mechanical knowledge especially valuable. Avoid restlessness. Your natural interest in the sea and its interese should be enlivened. Cancer, Scorpio, Taurus, Aries and Aquarius natives can lend unusual advantages today.

A CHILD BORN ON THIS DAY will have keen foresight, literary and statesmanship ability. Suited to law, perhaps a religious life. If he (or she) accomplishes self-mastery, there is no limit to the splendid success to be achieved.

## Commodore Norah

By ANGUS MacVICAR

### A DIFFICULT INTERVIEW

It irritated him when the maid informed him that Miss Grant was engaged and could not see him for some minutes.

He sat chafing in a well furnished room, the windows of which looked out on the harbour, where the masts of the skiffs resembled a forest of leafless trees. He was on the point of rising and leaving the house when a shock-headed boy of about twelve came in, carrying some books in a strap.

"Hullo," said David. "You're Archie Grant, aren't you?"

The boy nodded and smiled.

"Hullo, Mr. McGregor. Look at that," he added, holding out a grubby hand on which red weals were visible. "Strap," he explained tersely.

"No!"

"One of the fellows said my sister was stuck up. I hit him on the ear, and the teacher saw me." He paused "You don't think my sister stuck-up, Mr. McGregor?"

"Well, she's all right, and——"

Archie stopped abrutply, while David got slowly to his feet. Norah Grant stood in the doorway.

* * * * * *

She was small and slim, fair hair brushed back and falling becoming, to her shoulders. She wore a short-sleeved blouse and a neat-fitting grey flannel skirt. Her shoes were high-heeled and dainty.

"You can go, Archie," she said sharply, her blue eyes unnaturally bright.

"So long, Mr. McGregor," said the boy.

The door closed. Norah sat down, leaving her visitor standing awkwardly before the fire.

"Please tell me your business," she said.

He had vaguely expected to find her hard-faced, unprepossessing. His confusion made him forget his resolve to be polite, and rendered his reply harsh and abrupt.

"I came to discuss the accident in the harbour this morning. Why didn't you stop?"

Her fingers played a tattoo on the arm of her chair.

"I had no wish to take part in a brawl. Your language, as you shouted after me, made me realize what I might expect."

David swallowed. She was clever, putting him in the wrong at the very outset.

"I didn't know you were," he stated. "I thought you were a man."

"Does that make any difference?"

He towered above her, hands thrust deep in the pockets of his blue reefer jacket. With an effort he threw off the spell of her presence.

"Miss Grant," he said, "by your carelessness this morning you damaged the propeller of my skiff. Instead of going to law about it, I thought we might settle the question of damages in a friendly way—here and now."

She looked up, rounded chin, jutting.

"My carelessness!" she exclaimed. "You were as much to blame as I was."

"So you refuse to settle this affair—in private?"

"I refuse to be bullied. If you hadn't come here in such a threatening mood I was going to present you with a new propeller. Now you can whistle for it Mr. McGregor."

She was on her feet, cheeks flushed. David clenched his hands.

"You're unjust, Miss Grant," he said, very quietly. "I had no thought of bullying you. But let me tell you this. I'll fight you now. I've been trying to forget the old quarrel. But it seems you won't let it die. All right, I accept the challenge."

She bit her lip and looked down.

"I—perhaps I have been unjust," she said slowly at last. "But I'm in my father's place for the time being, and, well, I admit I'm out of touch with the people of Invercon, and being a woman I've to be on my guard. If you care, Mr. McGregor——"

She broke off as the door opened. A young man entered, his sandy hair brushed sleekly back from a narrow forehead. He was thin, well-dressed, almost a dandy, in fact, and he regarded David with a supercilious stare.

Norah smiled.

"Hector, this is our old rival, Mr. David McGregor. Mr. McGregor, meet Mr. Hector Menteith, my fiance. He is helping me while my father is in Africa."

Neither of the two men made a move to shake hands. David remembered hearing about Menteith, who was supposed to have interests in the nim industry. For some reason it disgusted him to learn that Norah Grant was engaged to this fop.

"I thrust," said Menteith, "that Mr. McGregor has apologized for his conduct this morning."

Norah became uncomfortable.

"Perhaps, Hector, you should allow Mr. McGregor and I to settle this business between us."

"Have you apologized?" Menteith turned to David, ignoring the girl's advice.

It was the last straw. David laughed.

"I have not, you little squirt! And I don't intend to, either."

Norah became white as her blouse. Her feelings were difficult to analyse. A minute before she had been ready to come to an agreement with her business rival, ready to admit that she had judged him too hastily and had, in fact, been partly to blame for the accident in the harbour. Something about the big, embarrassed fisherman had attracted her.

Now, however, attraction had changed into a complex mixture of emotions. He had called her fiance "a little squirt," and it was suddenly revealed to her that the words were not entirely out of keeping with Mentieth's character.

"Leave the house!" she ordered, her voice trembling. "You wanted a fight. You shall have one. I'll drive you out of Invercon. I'll——"

"Get out!" barked Hector Menteith.

(To be Continued)

## Dorothy Dix's Letter Box

DOROTHY DIX SAYS

### PROOF OF HUSBAND'S LOVE IS IN HIS ACTIONS, NOT HIS WORDS

### Romance May Cool, But in Most Cases Marriage Does Not Kill Love — Today's Letter Box

Dear Miss Dix—Does marriage kill love? Can a man and woman stay in love with each other after they are husband and wife? Do men consider that they are through their courting when they marry? G.H.B.

Answer:

If love could not stand the strain of marriage, instead of there being one crack-up in every six marriages, divorce would be universal. This is proof positive of the fact that the great majority of the people stay married because they want to, not because they have to. No idea is more erroneous than that marriage kills love. Perhaps romance seldom survives the wear and tear of everyday life and of a man and woman finding out that their mates are just ordinary human beings with human faults and weaknesses. But in place of this flub-dub sentimentality there grows up between most husbands and wives a deep affection that makes them love each other a thousand times more on their silver wedding day than they did on their first.

It is inevitable that husbands and wives, if they are decent people, who try to do their duty by each other, should be drawn together rather than separated by marriage. For one thing, they are dependent on each other for their happiness. For another thing, they have all interests in common. And, for still another thing, they are bound to each other by ties of gratitude. Each can recall so many kind things the other has done, so many sacrifices the other has made, so many times when they have stood shoulder to shoulder fighting their battle together against the world. And there are the children.

Exotic novelists have popularized the theory that marriage kills love and that only free love lasts, but you see many old couples celebrating their golden wedding day, but you never hear of a liaison that endures. The honest, domestic home stands, but the love nest is a flimsy structure that any chance breath of fickle fancy blows away.

Only too many men do drop any active lovemaking after marriage because they consider that they are saying it with hard work instead of soft speeches. That is true enough, and the proof of a husband's love for his wife is what he does for her, not what he says to her. But, inasmuch as women have an inexplicable mania for being told over and over again what they already know, it would add much to the happiness of marriage if every husband would make it part of his daily dozen to tell his wife every morning that she was the only woman in the world to him, and that she grew more beautiful and fascinating all the time.

**Here's a Prayer for Every Housewife**

Dear Dorothy Dix—Here is the prayer I say every night on my knees:

"Dear God, I thank Thee for the mate whose years are ones of toil at hard and disagreeable labor that I and our children may have comfortable clothes, good food, fire, shelter and the safety of home.

"I thank Thee for the joyous cry of Daddy! Daddy! Daddy! which rings throughout the house whenever Father comes, and which expresses the love and happiness of our little ones.

"I thank Thee for that line of red and yellow and blue and pink which I have hung up to dry in the morning sun, and that the joy of washing those small garments has been given to me.

"I thank Thee for small arms about my neck at bedtime. I thank Thee for little fumbling hands that always want to help. I thank Thee for childish voices, with their singing and laughter and questions.

"I thank Thee for my home, where I may serve those whose health and comfort have been given into my hands.

"Oh, God, make me big enough always to love my job. Give me the patience to bear with childish ways, and may I have wisdom that I may gently lead my children to grow into fine adults, happy because they have found the joy in work and service, and beauty in little things about them every day.

"Oh, God, may I, a humble housewife, never miss a sunset or a rainbow because I am looking down, instead of up."

JUST A HOMEMAKER.

Answer:

And to that we all say: Amen.

**Question of Onions Or a Man's Love**

Dear Miss Dix—I am keeping company with a young man who is very fond of onions and insists on eating them on the nights when we have dates. Now I love this young man very much, but I do not like onion on his breath. Would it be asking too much to ask him to refrain from eating onions? Or shall I keep on loving him and permit him to gorge himself on them as much as he wishes? JANE.

Answer:

Well, Jane, I agree with you that onions are not the perfume with which a poet would flavor love's young dream, and that a girl could hardly grow enthusiastic over an onion-scented kiss, but, still and all, I am bound to warn you that you are taking a big risk when you make giving up that succulent and odorous vegetable the proof of your sweetheart's love for you.

For, you see, the onion-eater is joined to his idols and when you ask him to give them up, you are striking not only at his heart but his stomach. You are taking the joy out of eating, the flavor out of food, and there is little affection in this unromantic age that will stand that test.

My earnest advice to you is to learn to be an onion-eater yourself, for onion-eaters, I understand, are immunized to each others breath and hence are not offended by an odor which calls for clothes pins on the noses of the nononionists.

But, at any rate, settle the onion problem before you get married. It is playing it pretty low down to marry a man knowing that he has a habit that is objectionable to you and then spend the balance of your life nagging him about it.

DOROTHY DIX.

## THE COOK'S CORNER

**HAM LOAF**

1-2 cup milk, scalded
1 1-2 cups soft bread crumbs
1 egg 1 cup cottage cheese
1 teaspoon grated onion
1 lb. ground ham
3 hard-cooked eggs

Method: Add the scalded milk to the soft bread crumbs, beating until smooth. Let this stand for about 5 minutes. Mix the egg, onion, and ham with the cottage cheese, and add to the crumb mixture. If the ham is not very salty, add salt to taste. Pack a fairly thin layer of this mixture into the bottom of a greased loaf pan and arange the hard-cooked eggs on this end to end, lengthwise of the pan. Cover the eggs with the rest of the ham mixture and bake in a moderate oven (375 deg. F.) for about 1 1-4 hours.

**COTTAGE CHEESE PINEAPPLE PIE**

1 No. 2 can crushed pineapple
3 tablespoons corn starch
1-4 teaspoon salt
1-2 cup sugar
2 teaspoons lemon juice
1 cup cottage cheese
1 egg
5 tablespoons sugar
1-3 cup cream
1-8 teaspoon salt
2 tablespoons flour
Grated rind of 1-2 lemon

Method: Mix cornstarch and salt with a little water and add to the pineapple along with the sugar and lemon juice. Cook over low heat, stiring constantly until thickened. Cool. Press cottage cheese through a coarse sieve. Beat the egg with 5 tablespoons sugar until light. Add cream, 1-8 teaspoon salt, flour, lemon rind.

Pour pineapple mixture into unbaked pie shell. Top with cottage cheese mixture and bake in hot oven (450 deg. F.) for 10 minutes, then reduce to 350 deg. F. and bake for about 1 hour longer or until firm.

## A Morning Smile

**VERACITY DOUBTED**

"Do you consider the defendant a reliable woman," asked the judge. "Has she a good reputation for veracity?"

"My lord," replied the witness, "she has to get someone else to call her poultry at feeding-time They won't believe her."

**SEEN EN ROUTE**

A placid old lady, who took life philosophically, sat knitting in the drawing-room. To her came rushing her 15-year-old granddaughter.

"Oh, granny," cried the girl, "father's just fallen off the roof!"

"I know, my child," replied the old lady, without even raising her eyes, "I saw him pass the window."


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Mecca Pile Remedy No. 1 is for Protruding Bleeding Piles, and is sold in Tube, with pipe, for internal application. Price 75c. Mecca Pile Remedy No. 2 is for External Itching Piles. Sold in Jar, and is for external use only. Price 50c. Order by number from your Druggist.


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## Helpful Hints For The Women Folk

**GEMS LIKE STARS**

Not what seems fair, but what is true,
Not what we dream, but the good we do!
These are the things that shine like gems,
Like stars, in heaven's diadems.

**FOR THE SINK**

Dissolve a bar of white kitchen soap in one quarter of boiling water and add one tablespoon of kerosene. Keep this jelly handy to the kitchen sink and use it after the dishes are done each meal. Apply with a clean cloth. It will do wonders if applied regularly three times a day.

Paganini's first concert tour out of Italy was in 1828 when he went to Vienna and there captured everyone, from the Emperor down, with his marvelous virtuosity. He enjoyed similar concert triumphs in Berlin in 1829, Paris in 1831 and in London in 1831.

A simple frock of spun silk in dusty pink is worn with a nubby linen cardigan striped in muted tones of roses, pink and violet Both dress and cardigan are collarless.

When one has been burned, apply a cloth wet with equal parts of sweet oil and lime water. It will bring great relief.

The word glissando is the Italian form of our present participle gliding; and in music it is applied to an ornamental flourish produced by drawing a finger rapidly over the keys of the piano

**MARBLE STEPS**

Mix a quantity of quicklime with a half pint of skim-milk and use this as a whitener for the marble doorstep after it has been scrubbed It will keep it in a beautiful condition.

Australia is going in for adult education, and in part of the Commonwealth the matter has been placed in charge of the University of Western Australia. The Carnegie Corporation of New York have made initial grants for the work. For eight months of the past year evening classes were held in the University and courses were given in a number of suburban areas. Courses are soon to be given in the camps of militia units.

Left-over cooked ham minced with hard-cooked eggs, celery and dressing, makes a good salad to serve for luncheon or supper. This should constitute the main course.

**TO STRAIGHTEN CURTAINS**

If the wash curtains are inclined to hang unevenly after being laundered, run a curtain rod through the bottom hem and let it alone for several days. This will straighten them.

**THAT TIRED FEELING**

So often that tired feeling is not so much actual physical tire as a poorly balanced diet with far too many sweets and starches which are pouring acid into the system and causing the effect of tiredness. Watch your diet.


WHY SUFFER Functional FEMALE COMPLAINTS

Lydia E. Pinkham's Vegetable Compound Has Helped Thousands!

Few women today do not have some sign of functional trouble. Maybe you've noticed YOURSELF getting restless, moody, nervous, depressed lately—your work too much for you—Then try Lydia E. Pinkham's Vegetable Compound to help quiet unstrung nerves, relieve monthly pain (cramps, backache, headache) and weak dizzy fainting spells due to functional disorders.

For over 60 years Pinkham's Compound has helped hundreds of thousands of weak, rundown nervous women during "difficult times." Since it's helped so many women for so many years, don't you think it's good proof YOU too should take Pinkham's? Start today without fail!

Note: Lydia E. Pinkham's Vegetable Compound comes in liquid or handy to carry tablet form (similar formula).


## Perennials Easier to Grow From Early Sown Seed

Gardeners who plan to grow perennials from seed this year, and every gardener should do so, will have an easier time of it if they will sow in April instead of waiting until June or later.

When summers are hot and dry it is often quite a task to get seeds to germinate in June, and seedling plants must be given extra attention at that time to keep from being scorched to death.

In April and May, however, we usually have cool moist weather which hastens germination and is favorable to the young plants. Many of the perennials germinate best in cool weather. Delphiniums, for example, grow best in a temperature of 40 degrees.

When seeds are sown in April or early May the seedlings should be transplanted in July so that they have room to develop into sturdy plants. They will be large enough by fall to be planted in the border where they are to grow.

There is no garden operation which saves money faster than growing one's own perennials. When plants are purchased they are relatively expensive because of the long growing period, the intensive care they have had and the large percentage of loss. Plants have never been grown successfully in large scale operations because of the limited area over which they can be distributed satisfactorily and the high cost of packing such fragile subjects for shipment. The gardener who grows his own pays only for the seed. The task of caring for the plants and observing their growth is a fascinating recreation, if he is a true garden fan.

Among the perennials with which beginners will have little difficulty are columbines, dianthuses, delphiniums, gaillardias, coreopsis, hollyhocks, pyrethrums, sweet williams, veronica spicata and violas.

Don't leave cleaning up the garden until just before you want to start it again.

Four Popular Perennials Grown From Seed.

Collect stakes early and have them in stock when you plant the glads and dahlias.

**PLACE FOR WINDOW GARDEN**

A window garden with its glass shelves and tiny plants in gay pots is a cheerful note in the breakfast room or nook. Just seems to start the day off right to be greeted by these friendly little plants.


SUFFERED FROM SKIN DISORDER

MISS G. EVANS writes: "For the past year or two I suffered from disfiguring blotches, blackheads and acne. I tried many preparations without any noticeable improvement. Then I began applying Zam-Buk. This treatment soon caused the eruptions and blemishes to disappear, and my complexion is clearer now than I can ever remember." The soothing herbal oils of Zam-Buk act quickly on skin eruptions to bring comforting, permanent relief. Order a tin of Zam-Buk from your druggist today.

## Spring Fashions

You will feel comfortable and look smart all day long in this becoming frock. The front panel is cut in one with the shoulder yoke for practicality as well as ease in making. Big pockets are a fashion "must" this season, and are convenient, too. This same pattern makes a smart street dress and efficient house frock, both of which you will enjoy wearing. Dotted cotton at home, silk crepe on the street, for this larger woman's frock.

Style No. 3241 is designed for sizes 36, 38, 40, 42, 44, 46, 48 and 50. Size 36 requires 3 5-8 yards of 39-inch material for short sleeved dress, with 3-8 yard of contrasting.

Send fifteen (15c) (coin is preferred) for pattern. Write plainly your Name, Address and style number Be sure to state the size you wish

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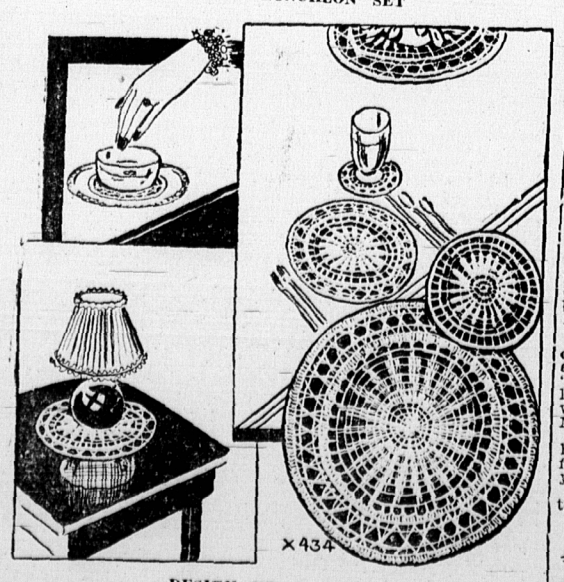


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This sunburst luncheon set is one of the most recent favorites from an Old English design. Pattern No. X 434 contains list of materials needed and complete instructions.

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