February

will be cold and stormy so the knowing ones say. We would suggest that you look to your coal bin, see that it is well filled and remember that we are ready to supply the best Coal both Hard and Soft.

A. Pickard & Co.
Phone 240
Ch'town

Famed For Its Cures

of obstinate and long standing coughs, colds, bronchitis and lung troubles of all sorts, light or heavy, there is absolutely no substitute for

HUGHES' Cough Mixture

It is not a patent medicine but a prescription, and is the best cough remedy ever offered the public. Don't waste time trying other so called cough mixtures. You will get much quicker and better results from Hughes' Cough Mixture. 25c per bottle at

Geo. E. Hughes
"The People's Druggist"

During 1916

you will find our store a good place to trade. As we carry only reliable goods and sell at moderate prices.

G. H. Taylor
Jeweler & Optician
& Engraver

"Children," said a teacher to his pupils, "you should be able to do anything equally well with either hand. With a little practice you will find it just as easy to do anything with one hand as it it with the other." "Is it?" inquired an urchin at the foot of the class. Let's see you put your left hand in the righthand pocket of your trousers."

A Fragrant and Finely Flavored Smoke

—Sweet as a nut
—Cool to the tongue
—With no sign or symptoms of bite or parch
—that is

Senator Virginia Tobacco

Senator is a delightful blend of old Virginia and Burley tobacco with a mildness and fragrance that appeals strongly to experienced smokers.

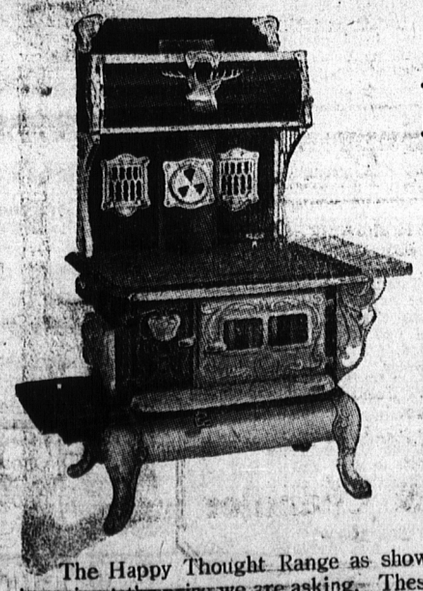
½ lb tin caddy 60c

McKINNON'S
The Rexall Store

Island Soldiers at the front are asking for Hickey's Black Twist Chewing Tobacco.

Because it is the best

Hickey & Nicholson Tob. Co., Ltd.



A Marvel for The Money

—ONLY—

$42.50

The Happy Thought Range as shown above is a rare bargain at the price we are asking. These stoves are made with all the very latest featuree that goes to make up a first class range. Note the massive nickel trimmings, handsome design, daylight oven, oven thermometer and many other advantages. Every one fully warranted. Make your mind up to see this range today. Complete as illustrated only $42.50

No. 12 New Silver Moon Base Burners 14.50 ea.
100 Cook Stoves and Ranges at from....5.00 up.

The Crabbe Hardware Co. Ltd.
Wholesale & Retail

7203-2-9M31.

The Central Guardian

IT PAYS to buy in this Province.

NEW ATTRACTION. — "Our show case speaks louder than words." Watch for new photo every day. The Bayer Studio. 7201-3i.

ZION CHURCH TEA.—An appetizing tea daintily served by the Ladies of Zion Church in Zion Hall Friday afternoon at 5 o'clock. Price 25. 7296.

BILLETING SOLDIERS.— Today about 50 men of the 105th Battalion belonging to Prince County will be sent from Charlottetown to quarters in Summerside. A number of King's County men will also be sent from Charlottetown to Georgetown and a recruiting campaign will be started throughout the county to secure other men.

BUSY RECRUITING.—Upwards of 800 men of the 104th Battalion are to be officially transferred to the 140th Battalion within the next few days. Lieut.-Col. Fowler says the 104th has 800 men over strength, and these will be handed over to Lieut.-Col. Beer when that officer starts the organization work of his Battalion about the middle of this week.—says the St. John Times.

HORCE RACE.—The first horse races of the season at Victoria, took place on Saturday afternoon Feb. 5th. A large number of spectators were present, and the ladies of the Red Cross Society took advantage of the opportunity and prepared a very dainty lunch which was served from a Van. In this way quite a sum was realized. This is one of the many Saturday afternoons that the people of Victoria and vicinity expect to spend in this manner during the remainder of the winter.—V

NARROW ESCAPE.—Mr. Donald Nicholson, M. P., of this city had a very narrow escape from a terrible death at the recent burning of the House of Parliament in Ottawa. Mr. Nicholson was in his place in the Commons when the alarm was given and before he reached the outside and safety, both his mustache and eyebrows were badly singed and he had swallowed a great deal of smoke and it was thought at first some flame, too. He went immediately to his hotel where he has been confined to his room for some days, coughing considerably, but the letter received here which was a private one and dated the 4th inst., states that he was feeling better on that day, and there was every prospect of his rapidly regaining his usual health and vigor. The friends everywhere in this city and province of Mr. Nicholson will anxiously await for the word of his condition and will fervently hope that by this time he is quite himself again.

INSTITUTE MEETING.—The Cornwall-York Institute held its regular monthly meeting on Monday February 7, at the home of Mrs. Leslie McEwen, York Point, twenty six members besides many visitors were present. Mrs. Murchison the President presided. The meeting was opened by singing "We'll never let the Old Flag Fall." A report of the Red Cross work done during January was then read. The knitted articles and sewing handed in at this meeting consisted of four mufflers, twelve pairs of socks, making in all five dozen pairs for Col. Ing's Fund since Xmas, nine hospital kit bags, twenty-five night-shirts, twenty-four handkerchiefs, making a total of eight dozen handkerchiefs for 1916. It was decided to purchase immediately ten dollars worth of yarn, and have it distributed to be knit into socks. Miss MacFarlane was present and read a paper on "The Influence of Literature on Our Lives." Dainty refreshments were served by the York members. Mrs. Wm. Leonard kindly invited the members to hold the next meeting March 6th, at her home, Cornwall. After several Patriotic selections on the gramophone the meeting was brought to a close.

::Foster's Guaiacol Emulsion is a great remedy for chronic coughs, bronchial affections, throat and lung troubles etc. It builds up and strengthens the affected parts and gets to the bottom of the disease in a short time. 50c and $1.00 bottles. E. A. Foster, Central Drugstore.

Miss Ada S. Bradbury
142 Prince Street, next to Kindergarten

Art Needle Work and materials for working. Stamped Linens and Threads of all kinds.
Mtf.

"Thursday is the last day for receiving discounts on electric light bills for January lighting. Pay today and save money. 7195-2-8M31.

Mac's Compound Syrup of Hypophosphites

If you have been sick—if you are sick now and you want to get well to stay well, Macs Compound Syrup of Hypophosphites is the remedy that will put you on your feet again.

It will build up your weakened and worn-down system, banishes all the ill effects of any ailment by making more blood, creating new tissue, building up the body and nerves—and it fortifies your system against future attacks.

You need this matchless tonic right NOW. Price $1.00 a bottle.

THE 2 MACS
149 Great George Street

ADMISSION FREE to Valentine tea in Zion Hall Friday afternoon. 7296.

THE STANLEY.— The Stanley docked at Georgetown yesterday at 11.15. She brought thirty passengers, 60 bags mail and a general cargo.

HOME COOKING SALE.—An abundance of sliced ham and all kinds of delicious pastry at the home cooking sale in Zion Hall Friday afternoon at 3 o'clock. 7296.

FUNERAL SATURDAY.—The funeral of the late Miss Maggie E. Martin will take place Saturday, 12th, at 2 p.m. from the late home New Town, to Belfast Cemetery. The remains will arrive to-day by the Prince Edward Island and will be taken by train to the home. Miss Louise Martin and Mr. Charles McKenzie, sister and nephew of the deceased are accompanying the remains from Boston.

THANKS.—The Committee in charge of the "Khaki Club" take this opportunity of offering their sincere thanks to the ladies who had charge of the Khaki Concert, to those who donated candy, to the performers and all who assisted in any way in making it such a great success. They wish also to thank the Press for advertising Mr. Paton who kindly loaned chairs for the occasion, Mr. McDonald of the Amherst Piano Co., for use of Piano, and the citizens for their generous patronage.

FOX PELTS IN NEW YORK.—Mr. James C. Tuplin, the wellknown fox rancher of Black Foxes, and Mrs. Tuplin have returned from Boston and New York. Mr. Tuplin took with him a number of superb silver black fox pelts, which were placed on exhibition in Jordan and Marsh's great department store in Boston. They attracted much admiring attention. Mr. Tuplin says that the prices received for the skins in New York were highly satisfactory, greater than the price he received for some of the live foxes sold this winter.

NEW POSITION FOR REV. W. D. WILSON.—Rev. W. D. Wilson, travelling Secretary of the P. E. I. Temperance Alliance has been appointed to a similar position in the Temperance Alliance of New Brunswick and leaves for St. John on Monday 21st, inst. In view of the advantages and opportunities offered Mr. Wilson by the New Brunswick Temperance Alliance, as well as the largely increased salary offered, the committee of the Temperance Alliance here decided with reluctance to accept his resignation and to release him immediately from his present engagement.

S. D. C. SKATE.—The skate held last night in the St. Dunstan's College Rink under the auspices of the St. Vincent de Paul Sewing Circle was a decided success. Upwards of 200 left the city by special train and enjoyed a most pleasant evening. The thanks of the Society are due the Rev. Rector for his kindness in placing the rink at their disposal and to the members of the rink committee for the efficient manner in which they carried out the different arrangements in connection with the skate. The Society wishes to thank in a special manner the members of the League of the Cross Band who by their excellent music contributed largely to the enjoyment of the evening. The rink was artistically decorated for the occasion with patriotic flags and the college colors.

CENTRAL SEED FAIR.—A meeting of the Central Seed Fair Committee was held in the office of the Dept. of Agriculture on February 8th. There was present Rev. P. D. McGuigan, Jos. McDonald, Vernon River; Peter Brodie, York; James Simpson, Bayview; J. O. O'Keefe, Avondale; Mrs. J. H. Gill, York; The Commissioner of Agriculture and the Secretary for Agriculture. The first questions that came up for consideration was the financing of the Seed Fair. A resolution was moved by J. O'Keefe, seconded by Peter Brodie, that the committee ask for $350.00 to carry on the Central Seed Fair this year. This motion was carried unanimously. Mrs. J. H. Gill moved that the prize list of last year be adopted as a whole for this year, seconded by J. O'Keefe and carried unanimously. The date of the Seed Fair was then agreed on as Tuesday, Wednesday and Thursday, March 7th, 8th, and 9th. A discussion then took place as to whether or not the Public would be allowed in the building while the judging was being done. There was no resolution offered on this subject. It was agreed that Jas. Simpson, and J. O'Keefe, be the committee to take charge of the exhibits in the Seed Dept. They were to add to the committee themselves if they desired further assistance. In the same way Mrs. Peter Brodie and Mrs J. H. Gill, were appointed a committee to take charge of the Household Science exhibits. Mr. Ross Secretary for Agriculture was then appointed Secretary of the Seed Fair, and the executive committee consisting of Rev. P. D. McGuigan, President; James Simpson, Vice-President and Theodore Ross, Secretary were instructed to complete arrangements for the carrying on of the Fair.

A Food Tonic

When you are run down and feel the need of a tonic, select one that is sure to agree with you. We recommend—

Our Beef, Iron & Wine

This is a food in liquid form. It is ready to enter the blood and provide strength without taxing digestion. It is pleasant to take and prompt and effective in results.

Johnson & Johnson
The Quality Drugstore
Cor. Kent & Prince Sts.

VICTORIA PERSONALS.—Miss Lila and Master Everett Watton, Victoria, spent the week end with their grandparents Mr. and Mrs. A. Wilson Westmoreland.— Miss Ruby D'Athe Crapaud returned home after spending a very pleasant week at Hampton the guest of Mrs. F. MacDonald.— Mr Robert Todd, Rose Valley, made a business trip to Victoria on Monday.— Miss Winnie Wadman, Crapaud, is spending a well earned vacation with friends in Charlottetown and Summerside.—The many friends of Heat Chrisholm, will be pleased to hear that he is recovering from an attack of la grippe.—Mr. G. C. Holland, Victoria is spending a few days with friends in Pinette.— Mr. William M. Brander, returned to Summerside Tuesday morning, after spending the past week at Victoria and Crapaud.—Mr. F. A Watton, the well known mail driver between Victoria and Bradalbane, reported on Saturday that the roads were in a very bad condition, and if the overseers do not get on their job he is liable to make things interesting for them.—The many friends of Mrs R. P. Rogerson, Victoria, will be pleased to hear that she is out again, after a severe illness.—Mr. and Mrs. Clifford Wood, Elliots, spent Sunday with Capt. and Mrs. A. MacLean, Victoria —Miss Alma Myers, Victoria, is spending a few days with Mr. and Mrs. Wadman Crapaud.—Mrs. F. Richards, Victoria, returned home Saturday after visiting friends in Charlottetown.—A dinner party was held at the home of J. Verner Moore, Westmoreland, on Saturday evening, February 5. A large number of invited guests were present and a very enjoyable evening was spent.—Mr. Harry W. B. Best, Westmoreland, has been confined to his bed for some time, with a severe attack of La Grippe. His many friends are pleased to see him out again.— Miss Dorothy Clarke, Searletown, spent the week end at her home in Victoria.— Mrs. W. Boulter, and daughter, Miss Beth, Victoria, were visitors to Crapaud on Monday.—Rev. Wm. D'Arbe and son Ernest of Crapaud, drove to Springfield on Sunday returning Monday.—Rev. G. M. Young, returned to Tryon Saturday after spending a short time in Moncton.—Miss Neavy Myers Victoria, entertained the Victoria Study Class, on Monday evening.—V.

WHY "WELSH RABBIT?"

The Welsh rabbit! Wherefore Welsh and wherefore rabbit? I do not want anybody to tell me that it is a corruption of "rarebit," because it is nothing of the kind. In its perfect form as we know it (some of us at least), it has little to do with Wales. The old-fashioned London tavern and coffee-house supplied it in perfection, and as the tavern and the coffee-house are fast vanishing to make way for the tea-shop, the perfect Welsh rabbit is less often to be met with. As to the Welshman, his pabulum was simply atosted cheese, without the accessories that go to the making of the perfect "rabbit." Like other hill-men—the Swiss peasants, for example—he found cheese to be a sustaining food in his wild life, and his neighbors of the plains, scoffing at the fare, humorously "the Welshman's rabbit." It was only an old-world joke without much point to it. There are others. One has heard of "Scotch woodcock," "Bombay Duck," etc. As to the misapplied ingenuity that would fain derive the name from "rarebit," I will none of it. There not even logic in the contention for it is not rare in any meaning of the word; it is neither undertone nor uncommon, but the cheapest and simplest fare that the most ardent simplelifer might desire.—The Epicure.

HARDLY WHAT HE EXPECTED

A noted miser, who felt obliged to make a present to a lady, entered a crockery shop for the purpose of making a purchase. Seeing a statuette broken into a dozen pieces he asked the price. The salesman said it was worthless, but he could have it for the cost of packing it in a box. The miser directed it to be sent with his card to the lady, congatulating himself that she would imagine it was broken while on its way to her. He was at her house when the box arrived, but the effect was badly what he expected. The tradesman had carefully wrapped each piece in a separate scrap of paper!—Scottish-American.

THE DEFENCE OF DELHI

LONDON, Feb. 8.—An official communication from military headquarters at Delhi, says that General Townshend is holding Cut-El-Amara as a point of strategical value, and that General Ayler's operations are being carried out for the purpose of supporting General Townshend at that point. The communication adds that no withdrawal is contemplated.

ZAM-BUK CURED IN 2 MONTHS

AFTER 2 YEARS USELESS TREATMENT.

The healing power of Zam-Buk is so much greater than that of other ointments, that it has cured in many cases when all other ointments have failed. One such instance is that of Mr. Earle E. Gardiner, of Marquis, Sask., who writes: "For two years I suffered with a bad attack of salt rheum on my feet. During those two years I tried every known remedy but could not find nothing that would cure the disease. Then I heard of Zam-Buk, and commenced using it. After the first few applications I noticed an improvement and this encouraged me to continue. Although I had suffered for two years, after only two months' treatment with Zam-Buk I am completely cured."

Zam-Buk is equally good for eczema, ulcers, abscesses, blood-poisoning, piles, cold sores, chapped hands chilblains, eruptions, etc. At all drug stores, 50c box, or from Zam Buk Co., Toronto.

EXCELSIOR INSTITUTE FARMERS BANQUET

The annual banquet of Excelsior Farmers' Institute was held last night in York Hall. There was a very large attendance, a number being present from the city, including several members of the 105th.

The President of the Institute, Mr. R. L. Day, occupied the chair and the following programme was very successfully and enjoyably rendered:

Chorus—O, Canada.
Address—Mr. P. Brodie.
Solo, Three Cheers for the Flag—A. Mallett.
Violin solo (encored)—Pte. Cheverie.
Address—Rev. Robert Coffin.
Chorus—Choir.
Solo—Mr. Ira Carr (encored).
Speech—Sergt. Charman.
Reading and address— Professor Ross.
Solo—Mr. George Beairsto (encored).
Speech—Sergt. V. Crockett.
Address and presentation to Capt. W. E. Hardy of cane, silver mounted and suitably engraved.

Following is the address, which was read by Mr. B. R. Brown:
To Captain W. E. Hardy,
D. Co., 105th Battalion,
Charlottetown, P. E. I.

We, the residents of York, cannot let the opportunity pass without expressing to you our appreciation of the sacrifice you are making at the present time. For a number of years you have been one of our leading citizens as proprietor of mills, Deanstone, and as such from time to time have contributed ungrudgingly of your time and means to promote the interest of the community in church, schools and Farmers' Institute or for whatever was in the best interests of the community. For the time being, however, these relations are about to be severed. Another call comes. Many of the privileges we are enjoying as a free people are threatened. A cloud is over all. A military spirit dominates the world. The greatest conflict between the nations, the world has ever seen is on. You have given yourself a military training and now when the opportunity comes you do not shirk your duty. We would remind you that this spirit of military service has pervaded our community for more than half a century. For a number of years before, as a province, we entered Confederation our forefathers were organized for military training and since that time, almost without a break, York has been the Headquarters of some military organization. In 1855 when the Riel rebellion was on in the North-West frontiers, the call came for help. The late Major Mabon with his men responded to that call and several are here to-night who were prepared to do or die for their country. Again in 1899 the call came. The Empire was engaged in the Boer war in South Africa. In that fight we were represented. Since that time our friend, Colonel Crockett, has served his term in command of the 82nd Regiment. For a number of years previous to the present war our Governor saw fit to promote rifle shooting. Again York had its club and the team were ready to uphold the traditions of their fathers and on many occasions after a hard-fought battle on the range came back victorious. To-night we see our boys in khaki. Many also are in the trenches and you as Captain of D. Company with headquarters at York, volunteered your services and have been appointed to command D. Company to battle for overseas duties. We look to you to do your duty well. We wish you success and if the opportunity comes for promotion, we hope you may be qualified. We ask you to accept this cane and as you carry it think of friends you leave behind, whose sympathies and prayers are ever for you, and may it not be long when victory has covered our arms, till you and the gallant boys who are gone and will go with you now be welcomed back.

BY JOVE!

said a well educated man the other day when he was asked this question:—"Why, when you have a cold, a cough or bronchitis (troubles, you will note, of throat and chest) do you persist in pouring cough syrups, lung tonics and the like into your stomach, which is perfectly sound?"

Ever think of it? The stomach and the lungs are not connected, otherwise food swallowed would choke you. Lung and throat troubles were never yet cured by dosing the stomach. To cure coughs, colds and bronchitis, you must *breathe* the cure. Peps provide the rational treatment for these ailments. Peps are tablets made up of pine extracts and medicinal essences, which when put into the mouth turn into healing vapors. These are breathed down direct to the lungs, throat and bronchial tubes—not swallowed down to the stomach, which is not ailing. Try a 50c. box of Peps for your cold, your cough, bronchitis or asthma. All druggists and stores or Peps Co., Toronto, will supply

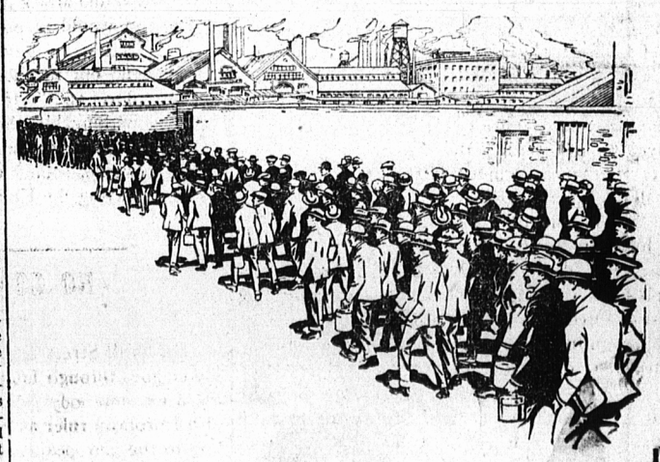
Peps

JELLICOE CONGRATULATES CLAN MACTAVISH OWNERS

LONDON, Feb. 8.—Sir John Jellicoe has telegraphed congratulations to the owners of the steamer Clan MacTavish which fought the German captor of the Appam.

A HANDSOME GIFT TO THE PATRIOTIC FUND

GALT, Ont., February 8.— Fifty thousand dollars, representing the profits on insurance for the year 1915, was the handome donation made to the Canadian Patriotic Fund today at the annual meeting of the Gore District Mutual Fire Insurance Company, held at its head office here. In moving the resolution authorizing this subscription, EE. D. Nesbitt, M. P., for North Oxford, still bearing marks of his experience in his narrow escape from the fire at the parliament buildings, said he was confident that this liberal grant would meet with the approval of all members of the company throughout the province. The motion was carried unanimously, the meeting rising to its feet and singing the natonal anthem



A Vast Army of Workers

who need sound nourishment, whether for labor of body or brain, have come to know by actual test that they can depend upon

Grape-Nuts

Made of whole wheat and malted barley this famous pure food supplies all the rich nutriment of the grains, including their valuable mineral elements—lacking in many foods—but mighty necessary for energizing of the mental, physical and nervous forces.

Grape-Nuts has a delicious nut-like flavour—is always ready to eat—easy to digest, and wonderfully nourishing.

"There's a Reason" for Grape-Nuts

Made in Canada — Sold by Grocers

Canadian Postum Cereal Co., Ltd., Windsor, Ont.