

# Woman's Realm / Social and Personal / Fashions / Literature

## Needlecraft FOR THE HOME



2357  
SIZES 12-40

### PRETTY COMPLIMENT

Popular over-blowse to form long lines over your ruler straight skirt has brief cap sleeves for comfort... scalloped for smartness... and a bewitching bow tie to make it back interesting!

No. 2357 is cut in sizes 12, 14, 16, 18, 20, 36, 38 and 40. Size 16 requires 2 1/2 yards 39-inch.

Send 20c for Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal note or some number in your address.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2357

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Province \_\_\_\_\_

### Better English D. C. Williams

1. What is wrong with this sentence? "You will do it for those who you love."
2. What is the correct pronunciation of "Omaha"?
3. Which one of these words is misspelled? Academy, polygamy, infancy.
4. What does the word "grandiloquence" mean?
5. What is a word beginning with pe that means "to enter and pass through"?

### Household Scrapbook By Roberta Lee

#### Net Curtains

Gum arabic, bought in any drug store, used in starching net curtains, gives just enough stiffness. Add one tablespoon to a quart of cold water. Let stand overnight, strain in the morning, and then slip in your curtains.

#### Corns

If a piece of lemon or a mashed cranberry is bound over the corn when retiring for the night, the corn can often be removed readily.

#### Wilted Vegetables

To freshen old or wilted vegetables, soak in very cold water for two or three hours before cooking.

#### WINTER PEARS

If hard winter pears are placed in layers on fruit shelves they will ripen nicely.

#### ANSWERS

1. Say, "You will do it for those whom you love."
2. O-ma-ha, o as in no, first a as in ask, un-stressed, final a as in all.
3. Academy, 4. Use of lofty language; bombastic speech. "His lecture was marked by grandiloquence."
5. Penetrate.

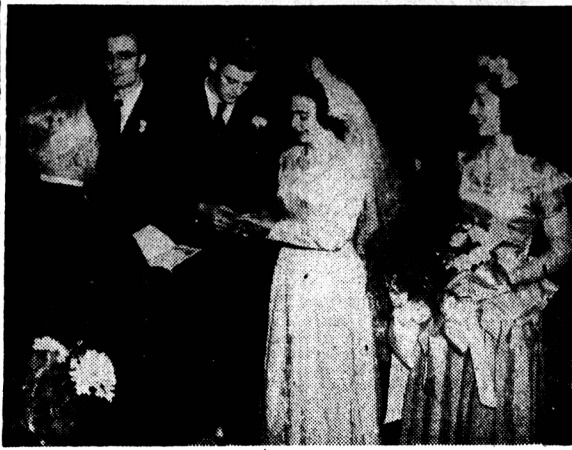
Rest is not quitting the busy career.

Rest is the fitting of self to one's sphere.

'Tis the brook's motion clear without strife. Fleeting to ocean after this life. 'Tis loving and serving the highest and best. 'Tis onward unswerving and this is true Rest.

—True Rest—Goethe, 1740-1832.

### Storey Stewart



Reading left to right: Rev. G. C. Webster, officiating minister. Jack McEneaney, best man; groom, Harold Cecil Stewart; bride, the former Anna Dixon Storey; bridesmaid, Joan Stuart. Wedding Zion Presbyterian Church, November 26th, 1947.—Crawell Studio.

### Dorothy Dix Says—

#### 15 Too Young To Marry

#### Boy Envoigled Into Engagement Should Return To Parents

DEAR DOROTHY DIX: I am a boy of 15. I spent my entire vacation this summer visiting my aunt who has a deaf child. Another guest was a 21-year-old divorced girl, who is also deaf. While I was there it was arranged that the deaf girl and I should be married next month and I was to continue going to school.

But now I have come to the point where I realize that if we do marry we will take on a big responsibility, and I am sick with worry over the matter. What must I do? Get married, or stay single a while longer?

#### TROUBLED BOY



ANSWER: Well, I should think you would be troubled, for I can imagine no marriage that would hold out fewer prospects for happiness than the one you seem to have been inveigled into contemplating. To begin with, a boy of 15 is not fit to be married. You are still a child, for boys develop slower than girls do, and you have no idea what kind of a girl you will want for a wife when you are a man.

Anyway, this young woman, who is six years older than you are and who has already been married and divorced, belongs to another age class from yours. Being married to her would be almost like marrying your mother. Her age makes her ineligible for you. — Dorothy Dix

#### GO BACK HOME

My earnest advice to you is to go back home where you will doubtless have your parents to protect you against a marriage that is being forced upon you; that you have no desire for, and that would inevitably end in disaster. Don't marry while you are still a school kid.

DEAR DOROTHY DIX: I am a boy of 18, very much in love with a girl of the same age and who is also in love with me. We have a lot

(Continued On Page 17)

### Ellen's Diary

By an Island Farmer's Wife

Our world at Alderlea, was lit by a million gems this morning of sparkling blue diamonds of frost which sometimes were changed to a rich topaz or a glittering ruby by the sun's rays climbing above the trees down the river. Our footsteps crunched noisily in passing; wagon or car ruts were bridged with mother o' pearl. All slight of wind wafted, had disappeared beneath a smooth surface though the sound of it at the overflow of the dam held a peace which was akin to that of the Summer.

"This is it, I reckon," James said nodding his head solemnly. "Yes," he scuffed a toe on the hard-frozen ground "this will stop any plowing — unless there comes a change." He stopped a minute to watch the smoke curl up from the chimneys. It spiralled in a wealth of billowing grey, which became rose-edged before it was dissolved in the azure blue above. "Pretty frosty," he remarked continuing towards the stables. "Oh well," he observed "we haven't done too badly at all in rounding up the work. Ellen. Though it would have been kind of nice to have got that last manure plowed down. I never was due to leave it on top like that ever winter." The cats padded ahead and Pard a happy white figure merrily charged a flock of sparrows breakfasting in the barnyard.

She was decided rather neglected this afternoon, though some of her waking time was spent in conducting her mother on short or more extended tours of acquaintance about the house. But a curl hung away from her forehead as she vied for attention with the cake Jamie was mixing in the pantry. This was my Christmas cake. Made from supplies of fruit which in more recent days were being "earning" depleted. In fact, it was even another day's deferment I believe my hopes in regard to this when cookie stores were at an ebb or had disappeared altogether. (Continued on Page 17.)

**FLEISCHMANN'S**  
TRADE MARKS  
**ROYAL**  
REGISTERED  
**FAST RISING**  
**DRY YEAST**  
ACTS FAST! STAYS FRESH!  
Standard Brands Limited  
Montreal - Toronto - Winnipeg - Vancouver

**IT'S NEW!**

It keeps in the cupboard—it's quick-acting—it's always there when you want it! Now, with the New Fleischmann's Royal Fast Rising Dry Yeast, you can bake more delicious breads and rolls in extra-time. No dashing to the store at the last minute—you can keep a month's supply standing by, use it as you need it. It will be as potent the day you use it as the day you bought it. IF YOU BAKE AT HOME—get Fleischmann's Royal Fast Rising Dry Yeast today. At your grocer's.

\*7336—Newspaper—3 col. x 100 lines

### That Body Of Yours

By James W. Barton, M. D.

**PSYCHONEUROSES: HOW EMOTIONS AFFECT THE BODY**

You are reading about the psychoneuroses which include many different varieties of behavior, each one with a name of its own, and you may wonder just what makes up a psychoneurosis.

The psychoneuroses are illnesses of the whole individual (not just attitudes of the mind), in which there is a disturbance or impairment of the individual's mental, physical, and emotional ability — physical and mental energy, digestion, sleep, mood, concentration, reasoning ability and general reaction to life — due to disturbances of one or more of the emotions.

The above definition is given by Dr. Roy Brillinger, Hamilton, in the "Canadian Medical Association Journal."

A psychoneurosis simply becomes classified with one or more conditions in his life. He has a feeling of restlessness or irritability which may be first noticed by relatives and friends, much to his surprise. This worries him and he tries to forget or overcome his troubles in various ways.

As long as he can control these symptoms of unrest and irritability, he is considered normal. When he is unable to do so, and unrest upsets the normal working processes so that he cannot work or sleep as well as he should and he finds that the disturbances of the body are causing fear and anxiety, then he has a neurosis.

Some of the psychoneuroses described by Dr. Brillinger are:

1. Hysteria, an illness in which mental conflict is changed to a physical illness or apparent illness, in which the patient throws himself around but is careful not to hurt himself.
2. Pyknanthia or compulsive state. An illness in which the patient has fears, performs compulsive acts, feels the necessity of doing the same thing over and over again.
3. Neurasthenia. Tired mentally and physically, no energy for mental or physical work.
4. Hypochondriasis. Thinks of nothing but his health. His chief interest in life is his body and its sensations.

The treatment is to let the patient understand himself and "get the load off his chest," in which he will usually show how the mental conflict began. He is then shown how this conflict actually upsets his mind and body.

### The Stars Say--

By Genevieve Kemble

For Saturday, December 6

GENERALLY adverse and disruptive conditions are noted from this day's lunar transits, this affecting not only already well-developed propositions or projects, but also financial and personal, domestic, or social relations. There is a threat of a crackup or disturbance all along the line, due possibly to some tempestuous or emotional impulse, in which the mentality and feelings seem to get out of bounds. This reacts on all contacts and affiliations, unless rigidly controlled.

For the Birthday

Those whose birthday it is are at the verge of a year that may be critical unless there be firm decision to act in all circumstances and situations under rigid control of conduct, energies, emotions and "temperament." Should these get out of bounds, inclining to rash, turbulent and irresponsible acts and impulses, involving business, finance, new and organized projects, expect unhappy reactions on the domestic, social, and sentimental relations. Regrets, loss, and sorrow exact penalty.

A child born on this day should have early discipline and direction, lest its impetuous and willful nature prove future self-undoing.

### How Can I!!!

By Anne Ashley

Q. How can I make chocolate fudge smooth and creamy?  
A. It will be creamy with little beating, if one teaspoonful of cornstarch is added for each cup of sugar. An excellent change is to season it with spices, or to add a few chopped dates, figs, or marshmallows.

Q. How can I prevent chamois gloves from becoming hard after washing?  
A. They will not become hard if a few drops of olive oil are added to the water. The oil helps to preserve the chamois.

Q. How can I remove paint from porcelain or glass?  
A. By using coal oil. It is cheaper than turpentine and oftentimes as effective.

### Here's Welcome Relief From ACUTE CATARRH

Put a few drops of V-A-TRO-NOL up each nostril and feel it go to work right where catarrh misery is... bring quick, soothing relief from VICKS V-A-TRO-NOL

## THAT WHISPER MADE ME CRY FOR SHAME

1. "SO HUMILIATING!" "After the party, I sobbed out the whole story to Mother. How could I ever face Bob and Dick again. I was never so ashamed in my life."
2. "I'LL ADMIT the truth hurt. But Mother said 'B.O.' could happen to anybody, advised Lifebuoy. I'm so glad she did."
3. "I FOUND Lifebuoy gives all-overs protection, yet it's so very gentle on my skin. I never have to worry now about offending."

Its fresh, clean scent is your guarantee of protection

The clean scent of Lifebuoy's thick rich lather is your guarantee of protection. In a few seconds the Lifebuoy scent has disappeared and so has every trace of "B.O." (body odor). Lifebuoy is the only soap specially made to stop "B.O."

Tests prove you can build up protection against "B.O." by bathing with Lifebuoy every day. Try it for seven days. Your skin feels so clean, fresh and gently caressed! And, with Lifebuoy's longer-lasting protection, you're completely free of "B.O." worries.

USE IT DAILY  
FROM HEAD TO TOE—LIFEBUOY STOPS "B.O."

### SISTER DOLLS—JOAN & JANE



DESIGN NO. E-446

Here are two delightful dolls 14 and 18 inches which are easy to make. Materials from the scrap bag may be employed in making their clothes. Pattern No. E-446 contains complete instructions for making the bodies and clothes. Needlework Book 20 cents.

To order: Send 20 cents in coin to Needlework Bureau, Charlottetown Guardian.  
Design No. E-446  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

### Itching, Burning, Perspiring Feet

Go to Hughes Drug Co. Ltd., the Jenkins Pharmacy, or any drug-store today and get an original bottle of Moon's Emerald Oil. Don't worry—this powerful penetrating oil brings such ease and comfort that you'll soon be able to go about your work again, happy and without that almost unbearable itching and soreness.

Rub on Emerald Oil tonight—freely; it does not stain—is economical. Money back if not satisfied. Good druggets everywhere.

### ALL? Yes ALL!

## PURITY FLOUR

is "Best for ALL Your Baking"

Canada's top-ranking cooks have proved over and over again that PURITY FLOUR is best for ALL your baking—for cakes, cookies, pastry or bread. Next time you bake—whatever you bake—try PURITY FLOUR.

Purity Flour Co., Limited  
Department 1-6  
Please send me a copy of the Purity Cook Book for which I enclose \$1.00.  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
Mail to nearest office—Saint John N.B., Montreal, Ottawa, Toronto, Winnipeg, Calgary, Vancouver.

PURITY COOK BOOK  
The most useful book in your kitchen—875 tested recipes—At your grocer's—\$1.00—sent postpaid on receipt of coupon and \$1.00.  
Published by the Millers of Purity Flour, 215, King Street East, Toronto.