

Woman's Realm / Social and Personal / Fashions / Literature

"UM-M-M! WHAT A FLAVOR-LIFT"



MR. BRISK says "WHEN YOU'RE TIRED AS YOU CAN BE, DRINK A CUP OF LIPTON'S TEA"



LIPTON'S SELECT BRISK TEA

Cook's Corner

MUSTARD BEAN PICKLES

Use only tender, young beans for this. Wash them and remove the stem and blossom ends and any strings, then cut in 1-inch lengths, if desired, or leave whole. Place 8 cups of prepared beans in an earthenware bowl or crock and cover with a brine in the proportion of 1/2 cup salt to 1 quart of water. Let the beans stand in this overnight.

MUSTARD DRESSING

2 1/2 cups vinegar
1 1/2 cups water
4 tablespoons flour
1 cup sugar
1 1/2 teaspoons turmeric
2 tablespoons powdered mustard
1 1/2 teaspoons celery seed
METHOD: Mix all dry ingredients. Heat the vinegar and water

Living & Leisure

THE WOMAN'S REALM

Sunshine in Her Heart

She sees her husband off to work; She keeps things neat and trim; She cooks and cleans and mends and smiles And all for love of him. Long days has she and many cares; Hers is a lowly part; But O, the daily joy she knows— The sunshine in her heart.

SOME MENFOLK FORGET WIVES

News item from Pennsylvania: "A calling all cars and stations' alarm went out over the state police radio system to watch for a motorist speeding eastward in a convertible coupe.

"Stopped by troopers, the tourist was surprised to hear that he had 'forgotten' his wife in a town 30 miles back."

The newspaper story didn't give the man's name—but his face is vaguely familiar.

I've seen him sitting silently across from his wife in a restaurant reading a newspaper or staring into space. From the man's beginning to its end he doesn't direct wife seems daily joy she knows— The sunshine in her heart.

As a host he is the "my car," "my house," "my kid" talker whose comment more startling than, "I believe the room is getting a bit chilly." Even that he is likely to brush aside.

Not At All Surprising

It doesn't seem strange that a man could drive along for 30 miles without realizing he had left his wife behind—not if one has ever observed husbands who behave like the ones mentioned above.

KISS YOUR TIRED FEELING GOODBYE!

Popless Many Suffer Low Blood Count—And Don't Know It.

The baffling thing about low blood count is that you can weigh about as much as you ever did—look healthy and strong, yet you can feel as if you had lead in your veins, doped, tired and popless.

Low blood count means you haven't got enough red blood corpuscles. It is their vital job to carry life-giving oxygen from your lungs throughout your body. And just as it takes oxygen to explode gasoline in your car and the power to turn the wheels, so you must have plenty of oxygen to explode the energy in your body and give you going power.

Get Dr. Williams' Pink Pills today. They are world-wide for the help they give in increasing the number and strength of red corpuscles. Then with your blood count up, you'll feel like bounding up the stairs as if you were floating on air. Ask your druggist for Dr. Williams' Pink Pills today.

together and add this slowly to the dry ingredients, working it to a smooth paste. Cook in a double boiler until the mixture thickens, and then pour over the prepared vegetables.

always forgetting their wives. And once forgetting has become a habit, there is not much a wife can do about it.

SHAKER OF SUDS LAUNDERS SHEERS

Ever think of laundering your sheer hostelry in a cocktail shaker? That's a new trick of glamor girls for protecting cobweb sheer stockings from the snags which often come from handling through the wash.

Your stockings will also be protected in a fruit jar filled with gentle suds. Capped tight, the jar can be manipulated like a cocktail shaker.

HOTELS NAME DAY

South African girls don't name the day any longer—the hotels do it. When wedding dates have been arranged the bridegrooms-elect write to reserve honeymoon accommodations at the selected hotel, but usually get the reply that accommodations is already booked for the period required. So they change the date to suit the hotel valet.

Morning Smile

Father was in his sober, lecturing mood. "George," he said, to his youngest, "this is the age of specialists. I hope you will be an expert at something, and know your specialty better than anyone else in the world. Is there anything, George, that you can do better than anyone else?"

"Yes, father, there is," replied the quick-witted youngster. "I can read my own handwriting."

The Stars Say -

By GENEVIEVE KEMBLE

For Saturday, August 23

IT could be that a holdover of convivial diversion, entertainers and romantic enticements reaches some sort of crisis neither profitable, enjoyable or compensatory, in the terms of productive and worthwhile emoluments. Tension, strife, emotional disturbances may upset aspirations and objectives, or exact penalties in the form of lost prestige and popularity. Keep a level head.

For the Birthday

Those whose birthday it may find themselves in a year in which the lure of the social, domestic, cultural or affectional are uppermost in the pattern of living, with inclinations towards indulgence and extravagance in such quest and engagements. The mental tension and emotional strain may undermine any realistic moves for accomplishment or securing sound objectives. Loss of prestige or personal popularity may exact penalties or reactions in deferred progress. A child born on this day may be prone to the more indulgent and less arduous avocations of life, with little inclination toward the prosaic. Emotional tension may rule it.

Latimer-Cheverie Nuptials



Pictured above are Mr. and Mrs. Frank Latimer who were married at St. Willibrod's Church, Verdun, P. Q., on June 26th, 1947. The bride was formerly Miss Rita Cheverie, youngest daughter of Mr. and Mrs. Adolphus Cheverie of Souris. Mr. Latimer is a native of Verdun and is employed with the T. Eaton Co. in Montreal. Following a two weeks' honeymoon in the New England States and Boston the couple have taken up residence in Verdun. In the group from left to right are: Miss Anne Cheverie, sister of the bride who acted as bridesmaid, the bride and groom and Mr. Howard Latimer, brother of the groom who acted as best man.

DOROTHY DIX SAYS—

Youth And Conduct

Standards Of Conduct Not Same For Girl And Boys

DEAR MISS DIX: Why do so many people say that they are glad they do not have young girls to raise in this generation? You don't think that boys give their parents as much trouble as the girls, and sometimes a little bit more.

ANSWER: There have always been wild boys and a few girls who loved their wild oats. And Heaven knows they have been caused and sorrow enough to their parents and anxiety their parents to shed enough tears. But this is the first time in history when there have been many wild and unmanageable girls in responsible families, who have defied their parents' authority and made them die awake at night wondering what their children were doing, and praying for their safety.

In former times Father and Mother may not have known where John was, nor what he was up to, but they knew where Susie was, and that she was blamelessly amusing herself. But nowadays Susie's slams the door behind her, and is off with a

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Better English

D. C. Williams

1. What is wrong with this sentence? "He has swam the river many times."

2. What is the correct pronunciation of "exuberance"?

3. Which one of these words is misspelled? Bucanear, vulturer, musketeer.

4. What does the word "repletion" mean?

5. What is a word beginning with "sl" that means "lazy and slipshod"?

ANSWERS

1. Say, "He has swum the river many times." or "He (omit) times" swam the river many times.

2. Pronounce egg-zu-ber-ans, u as in cube, and not eks-oo-ber-ans.

3. Bucanear. 4. The state of complete or excessive fullness. "The avarice of the miser... is enlarged by repletion and strengthened by age."

5. Colton. 5. Slovenly.

Modern Etiquette

By Roberta Lee

Q. When a sudden death occurs in a family after wedding invitations have been mailed, should the wedding be postponed?

A. Not necessarily. However, the plans should be changed. Recall all invitations excepting those of the two immediate families, and have the wedding as quiet as possible.

Q. Should a man, when starting to smoke, offer a cigar or cigarette to the other man in the party?

A. Yes, or if the party is too large to do this, he should offer one to those nearest him.

Q. If you are playing tennis and a point is doubtful, should you suggest that it be played over?

A. The good sport man will call the point in his opponent's favor.

That Body of Yours

By James W. Barton M. D.

Years ago while attending high school, I remember being particularly interested in athletics, particularly on days when not playing football or basketball, I used to visit the "asylum" grounds near my home and watch and take a small part in the training program of the "koopees" in the asylum. I learned that these husky men had to keep in good physical condition in order to "handle" unruly patients, many of whom were strong physically, especially when mentally disturbed.

This gives some idea of the training of keepers, those in charge of the patients in mental institutions, in those days. Husky women keepers and husky nurses were considered necessary for women patients.

How different is the training of keepers, now called attendants or psychiatric aids, in mental institutions today.

In "Psychiatric Aid," a booklet published for the National Mental Health Foundation, Box 7574, Philadelphia 1, a psychiatric aid (attendant) of a large mental institution has some advice for those who wish to devote their lives to helping restore mental patients to their homes and occupations. It gives some idea of the great change in the attitude of those given this privilege and responsibility. He first points out that no two human beings are exactly alike. Because of this difference in personalities, each psychiatric patient must be considered and treated separately.

Among the suggestions are:

1. Be kind—first and always. Be firm in carrying out your responsibility, but always do it in a kind manner with a smile and a kind word.

2. Observe all safety rules—always. If the doctor orders "restraints," use them but tell the patient kindly it is for his own good.

3. Do not let yourself get provoked. These patients are ill and

Ellen's Diary

By an Island Farmer's Wife

The men worked at the wood-storing this morning. It is a pleasant sort of chore which may be stopped or taken up at will. And besides it has its social side. In the course of my duties, which brought me occasionally to a veranda, odd snatches of conversation drifted to my ears. "I guess" one observed, "we should get another spray on the potatoes pretty soon—there's a flea of some kind doing harm in some fields, I hear." But not today—there would be no spraying of potatoes today. Not altogether because of the Fair, for even that drawing card would not stand in the way of an insistent farm care. But "there's thunder storms and showers forecast for today so it wouldn't be wise to spray" on that case. The crops are beginning to lead "rain badly" and then when I helped Jamie unload a heap of cat-sticks from the new wheelbarrow to the wood-box, James sipped by to remark "the harvest's coming in pretty fast in this heat."

I guess it won't be filled any too well" And Jock, concerned over our finances said as he stood to gather up a stick or two that had fallen from the mill-mare's load in passing to the wood-sted: "Binder twine's up this year—about double what it was last harvest, so they say." And I recalled the fields I had seen yesterday, ready to be harvested and those already in sheaf, weathering there for the harvest home. Our own late sown show only faint glints of gold as yet.

We had new potatoes for dinner today, neither large nor dry but used only by way of a change of food, and carrots from the field. Beets, too, sweet and colorful, along with slices of "native" ham and eggs fried in the "rippin's. Jamie is finally about the letter. "Do you intend to cook them hard?" he has asked me watching me break them to the pot, then he would add in a stern tone that savors a little of his great-grandfather's on occasion, "Yes, hard-cooked, and praying for their safety."

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Real ENJOYMENT

Young folks' eyes light up when Shreddies are on the table for breakfast. And Shreddies' whole wheat nourishment helps keep those eyes bright. Because wheat, with its precious wheat germ, bran and other ingredients, is Nature's best food to keep active young bodies healthy and clear-eyed. Youngsters get their whole wheat the really enjoyable way—in Shreddies.



A PARTY TREAT Dip Shreddies in melted semi-sweet chocolate. Lift out with a fork and allow to set. A wholesome food and a candy-coated party delight

Shreddies is a registered trade-mark owned in Canada by THE CANADIAN SHREDDED WHEAT COMPANY, LIMITED NIAGARA FALLS, CANADA

Household Scrapbook

By Roberta Lee

Polishing Mop

To renovate the polishing mop, boil in soda water to which has been added 2 tablespoonsful of paraffin. Also add a few drops of paraffin in the last rinsing water and it will save labor when polishing.

Cleaning Brail

The white brail on blue woolen middles can be cleaned by sponging with a solution of white soap, rinsing with a wrung-out clean cloth after applying the soap. When the middy is pressed, it will make the suit look like new, not shabby because of soiled brail.

Chicken

To improve the flavor of roast chicken, pour a cup of cream over it immediately after it is removed from the oven.

Needlecraft FOR THE HOME

SIMPLICITY PLUS STYLE

Nothing can outsmart the smartness of a simply styled basque dress like this, featuring fashion new scallops along the deep square neck and cap sleeves. So easy to sew you can make it as an extra; so pretty you can wear it for a date dress.

No. 3054 is cut in sizes 10, 12, 14, 16, 18 and 20. Size 16 requires 2 1/2 yards 35-inch.

Send 20c for PATTERN, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you wish. Include postal unit or some number in your address.

Address Pattern Department, The Charlottetown Guardian, Pattern No. 3054

Name _____

Address _____

City _____ Province _____

BLACKHEADS

Blackheads go quickly by a simple method that dissolves them. Get two ounces of peroxide powder from your druggist, apply with a hot, wet cloth gently over the blackheads—and you will wonder where they have gone.

3054 SIZES 10-20

"...but darling, they were whispering about me!"



"I CAN'T STAY AT THIS PARTY A MINUTE LONGER!"

"—AND I'LL HAVE THREE CAKES OF LIFEBOUY, PLEASE!"

"I was so ashamed when I heard them whispering that I rushed right over to Bob to tell him about it. But the words stuck in my throat. 'B.O.' (body odor) is something you don't like to talk about."

"Bob was quiet on the way home. I began to wonder if that's what was bothering him. I couldn't help thinking how much less attentive he had been lately. I knew then what he do."

"The truth had hurt but I was glad I overheard them whispering about me. It opened my eyes to how important personal cleanliness and daintiness are at all times."

"DARLING, YOU'RE THE MOST POPULAR GIRL IN THE CROWD!"

"What a difference Lifebuoy has made! Bob's more attentive than ever and I have more friends. What's more, Bob has become an enthusiastic Lifebuoy fan, too!"

"Now I never miss a single day bathing with Lifebuoy. I've come to depend on it to keep me fresh and dainty for sure. And a Lifebuoy bath gives me all-over protection!"

WHAT LIFEBOUY DOES —AND WHY! Tests prove not only that Lifebuoy stops "B.O." but that you can build up a defense against recurring "B.O." by always using Lifebuoy in your bath or shower. Try this yourself. Bathe with Lifebuoy for just seven days. Notice the results. See how fresh and clean your skin feels. And when you know that a bath with Lifebuoy stops "B.O." faster, gives you longer-lasting protection, you'll never want to miss "YOUR BATH A DAY THE LIFEBOUY WAY!"

