

Women's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

"Some of your hints you have cured, and the sharpest, you still have survived..."

Actually, a penthouse is a structure in the form of a shed or roof with a single slope affixed by its upper edge to the wall of a building...

Eggs are ideal as the main dish item around which dinners and suppers, as well as breakfasts and lunches, may be planned.

Eggs may be introduced early into the diet of the young for they are

one of the most easily digested of foods. Eggs are one of the easiest foods to cook and their combining ability makes them almost as universally used as salt and water.

Children need to learn at an early age that because they can play the piano they are better equipped to encounter the human relationships of society.

The first professional football match to be held in the United States was at Latrobe, Pa., in 1895, with Latrobe, playing against Jeannette, Pa.

The opera singer's voice should be well trained, not only to ensure the beauty of her singing, but as well to ensure her career. No poorly trained voice can cope with the physical demands of opera—at least, not for very long.

Navy Beau

By Joseph Lewis Chadwick

CHAPTER I

June Week at Annapolis, when the Navy's future admirals put on the top school show of the year. Hallowed by tradition, characterized by odd customs. Midshipmen on parade.

The Ring Dance on Monday night in Dahlgren Hall, colorful, gay, full of excitement. There is a stag line that would thrill the heart of a New York debut.

It is a lucky girl, Joyce Hammond, very young and lovely, laughing and said as she danced, "Of course I like it! I'm in love with the Navy."

"How about me?" asked Midshipman David Manning. "What about you?"

"Well, I am part of the Navy." She smiled at him, then looked over his shoulder. The crowd was a moving splurge of color. Midshipmen in white mess jackets and blue trousers. Girls in lovely evening dresses. They made a pretty picture as they walked.

Joyce looked back to her partner. "I like you, too." "Thanks. That's something."

Dave was a good-looking young man. Nice features, a charming smile. He was stiff and correct, and Joyce could see that the Naval Academy had done a good job with him. He would make a fine officer. She liked him a lot.

He had a way of looking at her that told her more than any amount of words. It pleased her, but it disturbed her, too, for she was not quite sure that she wanted Dave Manning to be in love with her. "You keep me at arm's length."

"MIDDLE AGE" WOMEN

Thousands go thru this "trying time" by Lydia E. Pinkham's Vegetable Compound.

To Waltz Superbly Polish Steps at Home

The delightful waltz! What a picture you are, gliding from one lovely variation to another.

And luckily you can learn such variations at home from simple diagrams. No excuse then for stumbling, spoiling your partner's dreamy mood—because you don't know the step!

See the diagram of the Center Waltz with our picture. To do the "center" part, just step forward with right foot on Count 1; on Counts 2 and 3 take a long slow step forward with left foot.

Now go into a waltz step forward. Count and step forward on right foot. 5—Place left foot a short distance forward and to left. 6—Close with right foot.

Remember that graceful posture counts even more in the waltz than in other dances. Hold your head up, stand erect with hips well under body. And easily you follow in even the trickiest variations if you remember the girl steps a split second later than the man.

Be at home in any dance—with any partner! Our 32-page booklet gives basic steps and variations for the waltz, fox-trot, slow fox-trot, rumba, tango and shag. Gives pointers on leading and following, how to keep time to different rhythms.

Send 25c in coins for your copy of Home Course in New Ballroom Dances to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____ Street Address _____ City _____ Province _____

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3151 Size _____

Name _____ Street Address _____ City _____ Province _____

Now LONDON MAGISTRATE LONDON—(OP)—John F. Eastwood, former M. P., who succeeds Sir Rolfe Campbell, Graham as a London police magistrate, spent his early years as a lawyer in British Columbia. His appointment necessitates a by-election in Kettering.

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Dorothy Dix's Letter Box

DOROTHY DIX SAYS—DON'T SACRIFICE ALL YOUR EARNINGS ON THE FAMILY

Girls Who Work Should Keep Part of Pay. Today's Letter Box

Dear Miss Dix—I am a spinster 56 years old and look and feel and act the part. When I was 18 I graduated from high school and the next day got a job and went to work, and I could have married, but I had a father without ambition or energy and an impractical mother. They had six children younger than myself whom they wished on me to support. So I had to put all thoughts of the normal life of a woman out of my mind. I couldn't dump my family on any man and I took all I could make, and more, to put back the money I spent on them. They not only any one of them to help ease my burden, but they expected me to help them. Now I have earned a fine salary, but I have never been able to save any of it. The demands of my family upon me have never ceasing. Now, as I said, I am 56. Old, very tired, but I have learned to understand the mysteries of God. This will teach them how to walk in the light of Jesus Christ who will rid the world of the sin of war, drunkenness and immorality. All the teachers of old have pointed to it's utopia when the nations will begin to live together in harmony loving each other with a pure heart. Even this present war will eventually lead us in this direction because all things work together for good to those who love God.

I am not foolish enough to think that any of the brothers and sisters or needs a nephew for whom I have sacrificed my life feel any gratitude or appreciation for anything that I have done for them or that any one of them would want me to come and live with them. I had no longer gifts to give, and while they might be driven to take me from their homes, I would be a bitter bread I would have to eat at the tables. And it makes suicide look like about the easiest way out when I can no longer be self-supporting. Have you any thoughts along this line? ANGELA.

There is no tragedy more pitiful nor any commoner than that of a woman whose husband has died and her family and who gets for all the cost of offering, she makes for them every love and appreciation that she has. All of us know a thousand cases like this. We all know so many Angelas whose husbands have died and who get for all the cost of offering, she makes for them every love and appreciation that she has. All of us know a thousand cases like this. We all know so many Angelas whose husbands have died and who get for all the cost of offering, she makes for them every love and appreciation that she has.

Dear Miss Dix—I am a widow 30 years old and a married man who has a small son wishes to get a divorce from his wife and marry me. He says this would be all right with his wife. Do you think that I should go and take the matter over with his wife? Do you think it unwise to do such a thing as break up a home? STELLA.

Answer: I think that breaking up a home is far wiser than unwise. It is criminal. But apparently taking a husband away from a wife who wishes to get rid of him doesn't fall under the head of robbery. It isn't even petty larceny. It is an accommodation. So that does put a different light on the matter.

Certainly I should advise you to go and have a heart-to-heart talk with the wife. Get her views on the matter and be guided accordingly. If she still loves him and wants to keep him, you should recognize her prior right and leave her to enjoy her property in peace. On the other hand, she might give you such a favorable opinion that you might consider him a poor risk and call the affair off.

I have always thought that the woman who was marrying a divorced man could get a lot of valuable information from the ex-wife if they could only talk him over together.

Dear Miss Dix—What do you think about people who use words as benefits if you'll permit them to show you the value of restraint and accepting without dissenting. Avoid time-wasters, and those who talk big but do little.

MAY 21 to JUNE 21 (Gemini)—Generally favorable, but demands cooperation and a desire to do better than just good. Put your best efforts into whatever is expected of you, and you'll be rewarded.

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By Westover



SMART HOUSEWIVES DEMAND Barbour's ACACIA BAKING POWDER Because it is DOUBLE ACTING

With a torpedoed destroyer off the coast of Ireland twenty-one years ago.

...was one of those striking handsome men made to wear a uniform. Lean and fit, he had steady gray eyes in a sun-bronzed face. He held himself stiffly erect, and his mouth was stern.

When a note, however, he was a little less Navy. His eyes could be full of laughter and he had a smile that gave him a world of charm.

He watched the shore-line grow beyond the submarine's sharp prow. He opened the engine-room voice tube. "One-third speed." He opened a second tube. "All hands on deck for quarters!"

Beside Phil, Lieutenant Carson, his executive officer spoke. "What are you going to do ashore this week?"

"Couldn't run up to Washington, could you? I know a couple of girls there."

"Some other time. I'll be busy all week." Carson grinned. "Who is she?"

"Isn't a she. I'm going to Annapolis for June Week."

"June Week? I'll forgotten. Another party for the incoming and departing admirals," said Carson.

"Why are you taking in that show?" "I've got a young girl in the graduating class—kind of an adopted girl brother. He expects me, and I can't let him down." Phil laughed.

"I'm a sort of idol of his—his private hero."

Carson grinned. "That's a deuce of an alibi! It must be a girl."

Phil shrugged. "All right—it's a girl. The submarine slid across the water toward the dock. Sailors stood by the lines. Phil took up his bag and snapped the engine room door.

The engines changed to reverse. The bow of the sleek gray ship nosed into the berth. The deck shuddered as the water astern was pushed into a white froth. As the ship eased in, sailors leaped to the pier and secured the lines. Randall remained for a while in the conning tower. His talk with Carson had left a thin smile on his lips.

The man was convinced he was going to Annapolis to see a girl. It was what every one would expect of him. Randall had been named at the Academy, and "Beau" Randall he had remained ever since—the man with a girl in his mind.

When he went ashore, he found Dave Manning waiting on the pier, and casually noticed that there was a girl with the midshipman.

Dave stepped forward. "Hello, Phil!"

"Hi, youngster!"

"They shook hands warmly. Phil thought swiftly of the boy Dave had been, views affectionately the man he had become.

"So you graduate this week, Dave?"

"That's right, and I'm sure glad you can be on hand!"

"It's an old hand-luck. I—" Phil broke off suddenly, forcibly aware of the girl Dave had with him. A slim, bare-headed girl with golden hair and wide, dark-blue eyes. Laughing eyes. Her face was a perfect oval, her skin smooth and lovely, with the fresh rosy glow of youth. Phil gazed at her with admiration.

Then, Dave was introducing him. Joyce Hammond gave him her hand. "How do you do, Lieutenant?" Dave has been telling me so much about you."

"I've been talking about you all morning," said Dave.

Phil held Joyce's hand longer than was necessary, bringing a blush to her cheeks.

"I hope he hasn't been telling you the truth about me," he said.

"He has—he's told me what a very good friend you've been."

TILLIE THE TOILER — "PUPPY" LOVE.



YES, SIR—IF THAT ISN'T ROBBING THE CRADLE, I DON'T KNOW WHAT IS

GOSH, GLENNY! THINK SHE MEANS FINDING A CRADLE ROBBER

SHHHHHH

WHY, TILLIE, YOU OUGHT TO BE ASHAMED

BOY, I'M NOT MAKING A HIT HERE

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE) (Copyright, 1939, King Features Syndicate, Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Tuesday, March 5, 1940 — MARCH 5 to MARCH 20 (Aries)—Don't put off till tomorrow what you can do today! It's an old saying, but it carries plenty of weight. Tomorrow may be too late for many reasons; moreover, you are strengthening your character when you discipline yourself and make sacrifices, whether these be sacrifices of money, time or pleasures.

APRIL 21 to MAY 20 (Taurus)—A bag. I'll have a week if the repairs on your boat take as long as expected.

"Well! That's great! We three will have a lot of fun." Dave glanced at Joyce with boyish eagerness. "Won't we, Joyce?"

She looked from him to Phil, and smiled. "I'm sure we will."

Phil liked the way she smiled. It made her eyes glow. Her loveliness grew with her smile.

Phil's pulse quickening. "Well, Beau, this is another part."

(To be Continued)

Lenten Meditation

By Rev. James Henry Larson

24

PERFECT FAMILY LIFE

Did you ever hear about the family who always practiced brotherly love; who treated each other with perfect courtesy; who lived together in unity; and who loved each other with a pure heart? We all know at least one family about whom we say, "What a marvelous family spirit!"

Did they not learn this because they believed what Peter said was true about living together with a heart full of compassion, piety, courtesy, faith, virtue, knowledge, temperance, patience, godliness, and brotherly love?

When will this picture of perfect living include the greater FAMILY of two billion souls living in many lands? This a world to live in! There are many organizations striving for this GOODWILL among men. The Christian Church is the greatest of these, with 700,000,000 members around the globe. Almost as large as the British Empire, and China put together.

When the Church perfects its work all men everywhere will be members of the household of God. It matters not whether they are Gentiles or Jews, black or white, wise or unwise, slaves or free men, who have caught the perfect family spirit, and who have learned to understand the mysteries of God. This will teach them how to walk in the light of Jesus Christ who will rid the world of the sin of war, drunkenness and immorality. All the teachers of old have pointed to it's utopia when the nations will begin to live together in harmony loving each other with a pure heart. Even this present war will eventually lead us in this direction because all things work together for good to those who love God.

But one thing that we want most of all to say to every girl who sees herself being offered up as a sacrifice on the family altar, and that is to use a part of her earnings in buying a membership in some old woman's home. For the day will come when she will need it.

Talk It Over

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By Westover

5 GOOD REASONS for the growing popularity of TINTEX. More and more women are changing to Tintex for all their home dyeing because Tintex is—

EASIER—Requires no special preparation—even beginners can get perfect results. QUICKER—Dissolves immediately—many tints require no boiling—doesn't stain hands or utensils. SAFER—Dyes all washable fabrics safely—assures clearer, brighter and longer-lasting colours—bears Canadian Home Journal Seal of Approval. ECONOMIC—A few cents worth of Tintex is plenty for dyeing average articles.



WHAT IS HOME WITHOUT A GARDEN? FROST RECORDS ARE GARDENERS' PLANNING GUIDE

When we notice the sun turning north and the days getting longer, this is the first sign of spring, and time to prepare for setting operations and general cut-dorm activities. The weather is a bugaboo to many a backyard gardener who bases his knowledge of Jack Frost's activities on hearsay. A better way is to consult the local weatherman or a reliable weather magazine. Then, he can't with assurance or at least with the chances in his favor of a sure harvest. A reasonably safe time to plant is when there is only a 10 per cent chance of a killing frost. This date can be determined for your locality by consulting the Department of Agriculture map above, and means that only in one year of ten will there occur a freeze likely to damage your tender garden subjects. The more venturesome person whose taste for early greens and tender roots makes him gamble on a possible wintry blast to get them will choose the average date of the last killing frost. This is about two weeks earlier, and the chances of losing a crop or two of tender vegetables is more than doubled. The latest recorded killing frost is about a month later than the average, although this is not true everywhere. In New York, for instance, it is only 20 days, while in St. Louis it is 38 and in Cleveland and Chicago it is 39. A month, however, is good enough for practical purposes. It should be borne in mind that many vegetables will stand an ordinary frost, so long as it is not a freeze. Gardeners can well spend freezing indoor days in gathering weather data, and looking over the new seed lists. When you know the actual date to begin, it is a waste of time to delay a day, and a still greater waste to start earlier. Let the frosts records give you a reliable basis for figuring when to plant.

Here's How to Relieve MISERY OF COLDS Without Dosing

There's nothing to swallow. Massaged on throat, chest and back, Vicks VapoRub acts two ways at once to relieve misery of colds. FIRST: VapoRub acts on the skin, stimulates like a warming poultice. SECOND: At the same time, VapoRub gives off soothing medicated vapours that are breathed direct into irritated air passages.

A Morning Smile

HEARTLESS The customer gave the impression of one bowed down with care as he awkwardly watched the butcher cut off a pound of steak. "Are you sure it's tender?" he asked at length. "Tender?" was the reply. "I should just think so. Why it's as tender as a woman's heart." "In that case," said the sad one, hurriedly, "I'll take a pound of sausages."

Smartest Fashions And Winter Styles

The smartest winter choice is a jacket and skirt ensemble for her all-occasion Spring outfit. Although the bodice and skirt are attached, you can make them of contrasting fabrics to give the effect of a two-piece dress. The bodice is brief enough to be fashionable, yet long enough to be practical. If your figure is inclined to be on the larger side, you'll welcome the slenderizing uplie waist and graceful skirt. This is an ensemble to wear now under your coat, later by itself. It's just the thing for days in town when you must dress smartly but without too much formality. Style No. 3151 is designed for sizes 14, 16, 36, 38, 40, 42, 44, 46 and 48. Size 36 requires 4 yds. of 39-inch material for skirt and bolero; 1 3/4 yards 39-inch contrasting for bodice; dress of one material requires 3 3/4 yards 39-inch material.

Send fifteen (15c) coin is preferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 3151 Size _____ Name _____ Street Address _____ City _____ Province _____ NOW LONDON MAGISTRATE LONDON—(OP)—John F. Eastwood, former M. P., who succeeds Sir Rolfe Campbell, Graham as a London police magistrate, spent his early years as a lawyer in British Columbia. His appointment necessitates a by-election in Kettering.