

# Woman's Realm of Social and Personal Fashions Literature

## Living & Leisure THE WOMAN'S REALM

### BEAUTY

Take beauty from life; it is a way. You will lean on it. For comfort some day.

The heart that is barren Holds grief long. But a beauty-filled heart Keeps brave with a song.

Don't discard the tops from beets or the green leaves on cauliflower. These green leaves can be cooked as a vegetable.

Try putting casters on your kitchen table so that it can be rolled from one place to another and used as a serving table or a currying device for removing dishes from the dining table.

### SUPERSTITION

"A foolish superstition introduces the influences of the gods even in the smallest matters."—Livy.

### PACIFIERS OR COMFORTS

The mother who gives the baby a pacifier or rubber nipple to keep him quiet is teaching him a very bad habit. The properly trained baby does not require an article of this kind. Sucking on a pacifier may deform the arch of the mouth.

and interfere with regularity of the teeth.

### HINTS ON ETIQUETTE

Keep your ears open for helpful suggestions. If you associate with an exceptionally courteous person don't be too proud to imitate him or her.

Wash walls and woodwork up, not down. Why? Because dribbles of water streak soiled surfaces, and make dirt harder to remove.

### FASHION FAVORS PRACTICAL ANGLE

NEW YORK—The practical angle is never overlooked in the development of a fashion success. It is this quality that most often makes a new style a favorite with women everywhere. The American woman views with impatience, clothes that require fussy adjustments, or special accessories to make them look right. She demands casual clothes with an unstudied air that can be worn confidently through the day. These are the clothes that create the American look—a fashion phrase becoming more important with each passing week.

The dress coat that doubles as a coat dress is one of these practical fashions. Coats have scored in other seasons, but two outstanding

### MODERN ETIQUETTE

By Roberta Lee

Q. What is the proper way to point the prongs of a fork when cutting food and when eating it?  
A. The prongs of the fork should point downwards when cutting the food, upwards when conveying it to the mouth.

Q. Is it necessary for one to give a wedding gift to a woman who is being married for the second time?  
A. Not unless the bride is a very close friend.

Q. Is mourning stationary with a black border still popular?  
A. No, though it is still used by some people.

### HAY FEVER

Attack sneezing, wheezing, sore nose symptoms right at their source. Binner a little NOSTROLINE in each nostril. Relief is instant. Sneezing stops. Breathing is easy. NOSTROLINE soothes, lubricates, disinfects, protects. Also relieves eye irritation. For adults and children. 50¢ at all druggists.

### NOSTROLINE

CLIFTON, BRISTOL, ENGLAND

### A JOB ONLY YOU CAN DO

Price Control Questions and Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Price and Trade Board from housewives in this region. The answers are provided by the Board members. For persons who have intelligent questions to ask on price control are invited to send them in writing to the Rental and Regional Advisory Committee of the War Time Price and Trade Board.

Q. Last year I rented a summer cottage for \$40 a month. The cottage had been sold and the new owner wants to charge me \$50 a month this year. Are they allowed to raise the rent in this way?  
A. No. The rental regulations apply to summer cottages and out of town properties the same as to city properties. The new owner would not be permitted to increase the rent without first obtaining permission from the Rental Administration. If by chance he has received such permission he would have a written authority to show you.

Q. I know that oranges are priced according to size but how do you know what size you are buying and what the price should be?  
A. The size and price of oranges must be clearly marked where they can readily be seen by customers. If you find your retailer is not displaying oranges in this manner let us know.

### CROCHETED BATH MAT



DESIGN NO. 887

This good looking bath mat requires a minimum amount of time to crochet in the popular diamond design. Pattern No. 887 contains complete instructions.

To order pattern: Write or send address with your name and address with 15 cents in coin or Postal Scrip to Needlework Bureau, Charlottetown, Guardian.

Design No. 887

Name \_\_\_\_\_

Street Address \_\_\_\_\_

## KING COLE

Extra Choice

The Finest Money Can Buy

TEA

### Dorothy Dix Says—

#### PERSONALITY PAYS DIVIDENDS

##### Capricious Gods Bestow The Gift On Some And Ignore Others

Girls always are asking how they can acquire personality. Heaven, not even the Quis Kids can answer that question. It is one of the inscrutable mysteries of life, and anyone who could even make a reasonably good guess at solving it would be sitting pretty on top of the world, with multitudes singing psalms of gratitude at his feet.

All that we know on the subject is that personality is an attribute that some people have and others lack, and that those who possess it can do say things with impunity for which other people, who did the same thing, would be ostracized. It is what makes one woman who tells a naughty story sound just witty, while the woman who repeats it seems vulgar.

It is the intangible something that draws us to a perfect stranger as to a long lost brother and that makes us allergic to some worthy person whom we have known all of our lives and who has never done us anything but kindness. It is the different touch that makes a book great. It is what sets a million voices singing a song. It is what elects a politician to office. It is what makes us marry those we do. Nothing is new. Everything has been done and said a thousand times. It is just the way we say and do it that counts. That is personality.

#### NO NEED TO MOURN

Of course, in its upper brackets, personality is a gift of the gods and there is no denying they bestow it capriciously, but if you were not one of the lucky ones who were born a spellbinder, you need not mourn as one without hope. You can cultivate a pleasing personality that is a very good stand-in for the genuine, blown-in-bottle article.

In life just because there is something about them that rubs people the wrong way and makes enemies for them instead of friends. They spout all of their good deeds by never learning how to do them graciously and they offend where they most desire to please. A gruff manner often conceals a tender and sympathetic heart but, not being mind readers, the public sets a man down as a curmudgeon.

And who of us who has not had a favor done us a way that made it an insult? "I told my husband we just must have you to dinner," which turns her really Lucullan feasts into dust and ashes for you feel so welcome and that your coming brings her so much happiness that it turns her food into a banquet.

One of the most pitiful things in life is that so many husbands and wives are starved for the affection, understanding and sympathy that their mates really feel for them, but that some quirk of disposition keeps them from ever expressing. They work their fingers to the bones to be good husbands and wives and make comfortable homes, but they never say "I love you," "I thank you," "you look so beautiful," or "oh, you wonderful man." Yet those few simple words would change many a drab marriage into a heaven on earth.

We can't all be fascinatons, for nature didn't build us that way, but we can all develop an attractive personality that will pay big dividends on the thought and effort we have put into it.

### MORNING SMILE

JUST A DUFFER

A local preacher was asked to preach at a chapel about six miles from his home. Taking his wife with him they reached the chapel at black-out time, the wife entering by the main door and her husband by the side door. A deacon found the lady a seat and brought her a hymn book. After the service he again went to her in a friendly manner and said, "I hope we shall have the pleasure of seeing you here again. We have some very nice services here, but he added in an undertone, "It isn't very often we get such a chuffer in the pulpit as the one we've had tonight."

Patent at Mental Hospital — We like you better than the last doctor.

New Doctor (very flattered) — How do you like me?

Patent — Well, you seem more like one of us.

### BETTER ENGLISH

D. C. Williams

1. What is wrong with this sentence? "The company has decided to desert the project."
2. What is the correct pronunciation of "allopathy"?
3. Which one of these words is misspelled? Adolescent, adherence, adhesive.
4. What does the word "terracotta" mean?
5. What is a word beginning with "ad" that means "to make great, as in size, power, or honor."

### HOUSEHOLD SCRAPBOOK

By Roberta Lee

Ordinary lawn soil is suitable for the bleeding hearts and they thrive best in a fairly sunny place. September is a good month to transplant them.

Washing Windows — When washing windows, polish them on one side with horizontal strokes, on the other side with vertical strokes. This is easy to determine on which side any streaks remain.

Spit Soaps — If the soaps of a knit underwear garment has come apart, bring the sides together with buttonhole stitch, using a heavy thread.

### HOW CAN I !!

By Anne Ashley

Q. What is a substitute for vinegar when making salad dressings?  
A. When making salad dressings, or mint sauce, add the juice of a lemon as an excellent substitute for vinegar.

Q. How can I keep porch furniture in good condition?  
A. Before packing away scrub well with soap and water. Do not wrap in newspapers and pack away until next summer.

Q. What can I do for an oily skin?  
A. Wash the face in fresh water to which the juice of half a lemon has been added. Apply this treatment once a day.

### ARRID

The Largest Selling Deodorant

### ELLEN'S DIARY

By An Island Farmer's Wife

Field work was suspended this morning, because of yesterday's rain. Early James examined the sky from our eastern bedroom window, away beyond the woods and the highest hill, as he shrugged a suspender into place on a shoulder. To judge color than a black soft grey above the heavy, delicious shades of green below. Then from our new southern window, we saw the south wind working his belmy mis-leading way on the pond, stirring it to a counterpane of silvery ruffles, pretty, of course, but not at all to be liked today. He sighed sadly, turned slowly his way regarding and made his way sock-footed down the back-stairs.

But we forgot the weather's perversity, at least for the time, as we were busy about the mill. I'm beginning to lose count of our richness in calves for on several of the recent mornings, I have met new and unfamiliar faces. Each cow in our small herd, now has the most lovely look in her eye. Then too there have been purchases. On a dark and rainy night of last week, a red calf was lifted from the back of the family car that has borne many lovely as well as curious passengers at one time or another. From a kitchen window down which the rain-drops rolled, I watched the machine come to a stop in the barn-yard. Then James came to the north in haste for a lantern. He returned later to report, as he sat in his armchair, "Hasty he was not at all together displeased. I knew what his words meant even if I had not seen the animal. The majority of them are the same color. I find them confusing. Do I sit uneasily between two cows to strip one of them, there's a flash of red and a kicking-up of heels in the group" and as I spring in alarm from my seat, James cries: "Look out, Ellen, that one's coming in there." "But I shout (shakily) above the tumult and as the calf juzzles hungrily at the cow behind me, that one's already fed." He looks at me with a depth of pity in his eyes and with a measure of reproach. Why, even Jamie would know one red calf from another. Neither would he have any hesitation in pointing out which was "out of which, of this spring's increase. Jamie knows that we must have been playing a silly game for pasture for the other (tired) farm. He considered that we must have been playing a silly game for pasture for the other (tired) farm. He considered that we must have been playing a silly game for pasture for the other (tired) farm.

"Well, why shouldn't he?"

In this morning's dampness the seed-potato cutting was taken up by several members of the household. Judy proved her usual aptness when James demonstrated to her the right way to portion a tuber into the best of seed. I was not present this morning but I know all of Judy's early cutting would be given a critical inspection, before the lot would be allowed to pass to the neighbors to use in the seed. Woe to Judy or me if we are caught snipping heedlessly. An eyeless rat or one with insufficient teeth to gnaw the skins of the tubers: "only a waste of field-space," Judy told me when she came in (gladly) to help prepare dinner: "I still find it hard to remember to begin at the stem end and pass to the neck. I don't want to join them at the work in the afternoon James came to me alone in the pantry at the time to warn me of the danger of the tubers. —those Mr. D. who will return to Algeria, presently, made for us. We saw and all the while we cut substantial Judy sets into the same basket, passing one when Judy emptied our many filled baskets to the pile or when we had Jeanie or

### COOK'S CORNER

#### VEAL SAUTE

1 1/2 lbs. veal steak  
1/2 cup butter or shortening  
Salt and pepper  
1 small onion, chopped  
1/2 lemon, sliced very thinly  
1 cup thick sour cream  
1 bouillon cube

Method: Have the meat cut in 1 1/2-inch thick pieces and cut in two-inch squares. Sear the meat in the melted butter or shortening, season lightly and add the finely chopped onion and sliced lemon. Cook together for 10 minutes. Add sour cream in which the bouillon cube has been dissolved. Cover closely and cook until very tender in a slow oven (300 deg. F.) It will take about 1 1/2 hours.

The potatoes with the fancy name are merely extra fluffy mashed potatoes.

part of the quiet scene before me. It might have been a delightful painting I viewed, so still were my subjects. The fresh-washed green of the trees; the beauty of the setting sun reflected on the pond; the mill below as it from a (Continued on Page 3)

### Needlecraft FOR THE HOME

AGENT ON YOUR

The popular basque dirndl with the new deep scooped neckline makes this an ideal dress for that big date. Very flattering to the young figure.

No. 2511 is cut in sizes 10, 12, 14, 16, 18 and 20. Length 36 inches, 1 1/4 yards fabric.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address, and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department The Charlottetown Guardian.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

STANMORE, England — (CP) — Wing. Cndr. W. J. Cleasby of this Middlesex town who recently returned from the headquarters staff of the Medical Council, has a collection of more than 1,000 autographs of famous fliers, including six V.C.s

(By The Canadian Press) CAMBRIDGE, England — (CP) — Dr. Kenneth J. W. Craik, director of the Medical Research Council's experimental unit in applied psychology, was killed when he fell from a bicycle under a truck.

### One Best Home Way To BUILD UP RED BLOOD

To Get More Strength If you suffer from Simple Anemia

You girls and women who suffer from simple anemia so that you are pale, feel tired, weak, "dragged out"—this may be due to lack of iron in the blood. So try Lydia E. Pinkham's Compound TABLETS with added iron.

Pinkham's Tablets are one of the best iron tonics you can buy to help build up red blood to give more strength and energy—in such cases, taken as directed.

Just try Lydia Pinkham's Tablets for 30 days—then see if you, too, don't benefit.

Lydia E. Pinkham's Compound TABLETS with Added Iron

## Glamour girls who know will say— LUX your undies every day!



Those undies are lovely to look at—but are they dainty? Remember, perspiration clings to the loveliest underthings. So safeguard your daintiness—Lux your undies after each wearing. Lux keeps undies fresh, sweet—and new-looking longer! Join the Lux Charm School. Tonight dip your undies in safe, gentle Lux... and make it a regular habit. Get Lux today—the large size is an even better buy.

TONIGHT—dip your undies in—



## M-M-M-so nice! and so nourishing!



No need to coax young appetites when you serve Shreddies®, flavor-mellowed with tempting, tasty malt. And you can be sure they're getting the nourishment they need for healthy energy. These spoon-size, toasty, golden-brown morsels are made from whole wheat... and contain all the vital elements of bran, minerals, protein and precious wheat germ. Youngsters just gobble them up—for breakfast, lunch or supper.

S-W-E-L-L WITH SOUPE! Crisp, toasty Shreddies make a hit as croutons in soup. It's an appetizing way to add whole wheat nourishment to light meals.

Shreddies is a registered trade-mark owned in Canada by THE CANADIAN SHREDDED WHEAT COMPANY, LIMITED

### Needlecraft FOR THE HOME

AGENT ON YOUR

The popular basque dirndl with the new deep scooped neckline makes this an ideal dress for that big date. Very flattering to the young figure.

No. 2511 is cut in sizes 10, 12, 14, 16, 18 and 20. Length 36 inches, 1 1/4 yards fabric.

Send 20 cents for PATTERN, which includes complete sewing guide. Print your Name, Address, and Style Number plainly. Be sure to state size you wish.

Address: Pattern Department The Charlottetown Guardian.

Name \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ Province \_\_\_\_\_

STANMORE, England — (CP) — Wing. Cndr. W. J. Cleasby of this Middlesex town who recently returned from the headquarters staff of the Medical Council, has a collection of more than 1,000 autographs of famous fliers, including six V.C.s

(By The Canadian Press) CAMBRIDGE, England — (CP) — Dr. Kenneth J. W. Craik, director of the Medical Research Council's experimental unit in applied psychology, was killed when he fell from a bicycle under a truck.

### One Best Home Way To BUILD UP RED BLOOD

To Get More Strength If you suffer from Simple Anemia

You girls and women who suffer from simple anemia so that you are pale, feel tired, weak, "dragged out"—this may be due to lack of iron in the blood. So try Lydia E. Pinkham's Compound TABLETS with added iron.

Pinkham's Tablets are one of the best iron tonics you can buy to help build up red blood to give more strength and energy—in such cases, taken as directed.

Just try Lydia Pinkham's Tablets for 30 days—then see if you, too, don't benefit.

Lydia E. Pinkham's Compound TABLETS with Added Iron