

Women's Realm Social and Personal Fashions Literature

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)

Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Friday, January 5th
MARCH 21 to APRIL 20 (Aries)
More stimulating than yesterday. Responsive day to energetic treatment if diplomacy is also used. You can handle more than one job this peppy day. It is agreeable for finishing uncompleted work and week-end activities, too.

APRIL 21 to MAY 20 (Taurus)
—May test your patience and resourcefulness. Matters of a general character more favored than private interests. Employment and workday issues also in the lead. Keep temper and other emotions under control.

MAY 21 to JUNE 21 (Gemini)
—Good day for constructive matters, philanthropic and charitable projects, government and state interests and putting your shoulder to the wheel to help a good cause. Cooperate!

JUNE 22 to JULY 23 (Cancer)
—Retail businesses; handling food stuffs, wearing apparel, toiletries; restaurant and hotel interests should net sizable profits. Don't lag behind in your job. Your innate cleverness is knowing how to meet people can help greatly. Use it!

JULY 24 to AUGUST 22 (Leo)
—Friendly vibrations for general interests; sports, travel, dealing with "big" men, newspapers, radio management, prospective clients. Don't indulge exaggeration or false promises. Sincerity and honesty will pay best.

AUGUST 23 to SEPTEMBER 23 (Virgo)
—Make every effort to realize some cherished dream or hopes this encouraging day. Especially favorable for writing, creating, designing, meeting people, social and political functions, entertainment. Gains through these.

SEPTEMBER 24 to OCTOBER 23 (Libra)
—Some restrictions. You may have to forego some of

IT'S WOMEN'S YEAR WITH WAR & ALL IMPELLING FACTOR

REVIEW OF HIGH ACHIEVEMENTS OF WOMEN IN CANADA IN 1939 RECALLS QUEEN'S CONQUEST OF NATION LAST SUMMER.

By MURIEL ADAMS
Canadian Press Staff Writer
Calling Queen Elizabeth whose graciousness and charm won millions of hearts and left cherished memories in the mountains, plains, woodlands, cities and towns of the Dominion an outstanding place in the achievements of women in Canada in the past year.

In recalling accomplishments of women from coast to coast in 1939 Canada mourns two former chaperones at Ottawa Government

"MIDDLE AGE" WOMEN

Thousands go thru this "trying time" by taking Pinkham's Compound for helping female functional troubles. Try it!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

CROCHETED FLOWERS



DESIGN NO. X 949

These red poppies and white carnations will take little time to crocheted and will make splendid gifts. Pattern No. X 949 contains illustration of the flowers, list of materials needed, illustration of stitches and complete instructions for making both the poppies and carnations.

To Charlotte Town Guardian
Needlework Department
Design No. X 949
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Address _____
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PRISONER IN MAJORCA

By BENTLEY RIDGE
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SOLDIERS IN SIGHT

Roger stood up stiffly and gazed at the cliff. It was not very high, perhaps thirty feet; but his summit ran along what appeared to be a broad facade of white masonry.

Kitty rose too and stood straining her eyes in the half-light. "What on earth is that?" she said. Captain Cullen climbed laboriously to his feet also.

Roger gazed, while every instant the light snowed the curious appearance of the cliff top in clearer detail. "Look, a man! There are four things projecting at even intervals from the dark sits in the masonry be the muzzles of guns?"

"They were higher up among the pines on the hillside was another long line of white." "What are they?" cried Kitty. "Gun emplacements," said Roger. "The slant is fortified," he said. "There must be soldiers here."

"Of course." He looked lower down as he spoke, and caught sight of something they had failed to find in the dark. Dragged up under the shelter of the cliff was a boat, covered with tarpaulin.

"Look, a man! We'll be able to get to the mainland," cried Kitty. "Come along," said Roger. He strode off immediately, towards the boat, which he zigzagged up the cliff. Kitty followed rapidly. For all that they had been out all night and that he was hungry and thirsty, Roger was desperate with impatience.

To judge from Kitty's haste in following him, she felt much the same. Cullen and Charlie trudged after them. "I hope to heaven," said Geoffrey, "well bring up the rear. 'That will be a good thing to get something to eat and drink!'"

"Crimes!" said the boy Charlie. "I could do with a bit of something." "It's a wonder nobody has seen us before this!" said Cullen. "They have!" said Geoffrey. "A pair of soldiers had suddenly come into sight, coming down the track."

"YOU ARE UNDER ARREST" There was a lieutenant, a corporal and four men. They all wore khaki uniforms and peaked caps. The men's uniforms were aged and very dirty, but that of the lieutenant was bright and new. They came down the path with their rifles ready; 15 yards from Roger, who was leading, the lieutenant called to his own troop to halt, and then stood surveying the English party with a look of deepest suspicion in his plump, waxen white face.

"Buenos dias!" said Roger in his best Castilian. "What do you mean?" replied the lieutenant. "It's a long story," began Roger. The officer didn't want to hear it. "You are under arrest," he said. "But why?" "Fortifications," said the officer, waving his hand. "It is a military offence to land on the island."

"Yes, but let me explain. We were in the bay in a yacht, which was boarded by thieves last night, and stolen from us. They brought us, Duchess of Argyll, who is consort of the Governor-General, then Marquis of Lorne, from 1878 to 1883, took an active part in the earlier development of women's sphere in Canada, died Dec. 3.

Lady Tweedsmuir, wife of Canada's present Governor-General, in her turn is pulling the weight of her exceptional abilities in leadership of Canadian women in the present stress of war. Among other things the workrooms in Rideau Hall have been thrown open for Red Cross workers "for the duration."

Veterans in Charge When war began women were called into the limelight to assist in the direction of Canada's war effort. Miss Joan Arnold of Toronto took charge of the war committee of the Imperial Order of the Daughters of the Empire. Mrs. Adelaide Plimpre, who is a member of Toronto's city council and chairman of the Civic Parks Committee, was appointed to the war board of the Red Cross Society. Both these women brought the valuable experience of service in the last war to their present posts.

From coast to coast more than 200,000 women rallied to the call for service through the channels of the Voluntary Registration of Canadian Women under the chairmanship of Miss Margaret Hyndman, K.C., of Toronto. Bringing women to the fore also were thousands of home knitters who supplied woollens for the armed forces and others who trained in home nursing and first aid to be ready for the call. Hundreds of graduate nurses volunteered for overseas duty.

In Air and Books Canadian women took to the air also in 1939. Twenty trim just-over-five-foot girls donned navy blue uniforms and became stewardesses at the inauguration of a trans-Canada air line schedule. In another angle from the air, Mrs. Edna Watson of Montreal distinguished herself by keeping Pilot Captain Alderson aloft until res-

cueed when the flying boat Cavalier fell into the sea en route from New York to Bermuda in January. Two Toronto women upheld the feminine place in literary fields. Gwendolyn Graham was awarded prizes of the Governor-General's office for her "Swiss Sonata." Joyce Marshall won the Canadian Women's Press Club award for her short story "And the Hilltop Was Elizabeth."

Two Canadians well known in welfare and nursing circles, Miss Charlotte Whitton, O.B.E., and Miss Edith Kathleen Russell, were called to King's College, Halifax, to receive the honorary degree of Doctor of Law.

Women were accepted in many roles heretofore confined to men. From the Maritimes Molly Kool of Alma, N.B., became Canada's first woman master mariner. Dr. Jessie Gray of Toronto was the first woman to receive the degree of Master of Surgery. Elsie Gregory MacGill, first woman in Canada to receive a master's degree in aeronautical engineering, has become the first woman to design, build and test her own airplane.

In Large Fields As administrative head of 30 large grain, elevator and other companies, involving \$20,000,000 in business, Mrs. James Richardson of Winnipeg, brought women into the orbit of the financial and business world.

Mrs. Pierre F. Casgrain added another achievement to her established record of one of Canada's foremost women. She was the first woman to be appointed a director of a chain store organization.

Maxine Macleay of High River, Alta., was appointed to a committee of five of the Society of Agricultural Economists to conduct a survey of ranches in Western Canada.

Dr. Mary Wong, daughter of a Chinese restaurateur of London, Ont., was appointed to the staff of the department of Medical Research, Banling Institute, University of Toronto.

Not All to Canadians A few outsiders broke in on Canadian women's achievements during 1939. Elizabeth Blackman of Detroit took the singles title in the Dominion badminton championships, and with her sister, Louise, she doubles it also. Mrs. William Everhart of Philadelphia bagged the first mouse shot in Manitoba in 22 years. Mary Bosanquet, a cheery English girl, commanded front-page attention on her horseback ride across Canada from Vancouver.

Canada's world-famed Dionne quintuplets, passed their fifth

Why Divorce Is on the Increase Dorothy Dix People Are Not As Stupid As Of Old

The Emergence of Woman From Inclusion Into the Gay Business and Social World Gives Her a Chance to Look Around and Become Dissatisfied With What She Has

A group of women were discussing the increase in divorce the other day and one of them wound up the convolute by saying: "Well, it is a lot harder to stay married now than it used to be in our grandmothers' time."

"That's true," responded another woman, "and I wonder why. Human nature is still the same old human nature. Humans and wives are no more cantankerous and harder to live with now than they have always been, yet a marriage that has lasted ten or fifteen years is getting to be a museum specimen. Men and women now trade in their old husbands and wives for new models with fresh paint and tricky gadgets and streamlined effects just as they do their last year's automobiles."

"It is easy to understand," said a third woman. "Women are the plaintiffs in three-fourths of the divorce cases and they swap husbands for the same reason that they wear knee-length skirts, or shorts, or crazy hats—because everybody is doing it. They think it looks positively old-fashioned and lacking in enterprise to stay married to the same old man for twenty-five years. So when they get tired of looking at John and his nerves, or they get an attack of Spring fever, they trump up some story about their meek little henpecked husbands inflicting cruel and inhuman treatment upon them and the next thing you know they are off for Reno."

"Now in the old days, when people married for keeps instead of with one eye on the altar and the other on the divorce court, when a woman said 'I do' she settled down to make the best of what she had got. She knew she wasn't going to have any more husbands, or she didn't let her eyes and her fancy go roaming around for other men. And, believe me, there is a lot of restraining power in just knowing a thing is final."

"Then divorce wasn't the fashion in Grandma's time. It was a disgrace. No matter what a brute a man was, nor how badly he treated his wife, nor what a saint she was, there was always a little shadow over her as 'unfortunate.' Everybody 'poor Maryed' her and spoke about her as 'unfortunate.' And so women put up with their husbands and unhappy marriages rather than endure public pity and the frosty welcome they got when they went back home to Mother."

"And still another reason why women are the best clients in the divorce shop is because most of them nowadays are on their own. They have some trade or profession by which they have supported themselves before marriage. This makes it possible for them to put on their hats and walk out on a husband who doesn't give any of their girlish dreams of the Fairy Prince they expected to get in marriage."

"Nothing has boosted the divorce business so much as the financial independence of women. For naturally the woman who doesn't know how to earn a dollar herself has to stick to her man, whether she likes it or not, whereas the woman who can make her own bread and butter and take care of herself about husbands and matrimony in general, and who has a good job and plenty of money, and who is so much more together in work and play and in her own mind, it is harder for them to stay satisfied with their choice of life partners. In Grandma's day a married woman was virtually segregated from men. She stayed at home and had babies and kept house and had no opportunity of instituting invidious comparisons with other women and handsome bobs. Nor did Grandpa discover how much better his pretty blond secretary understood him than Grandma did. All of that made for family solidarity and kept husbands and wives out of the divorce court."

"It certainly was easier to stay married then than it is now," said the first woman wistfully.

Can You Break a Man of Bragging?

Dear Miss Dix—Is there any way to break a man of lying and bragging? I know a man who has many good qualities and could be successful if it wasn't for these faults. If he does some good work, I tell you what a great job he did and that it was so much better than any and does it over and over, and that he did it so much quicker. Everything he has fun of his bragging and call him Mr. Others have or do. People make fun instead of a knock. Is there any way that I can make his under-answers how ridiculous he makes himself? S. E. L. T.

There is no cure for the liar or the braggart because both faults are due to a fundamental weakness of character. They are just both bad habits, and you can no more change their natures than you can their statures, but let me suggest a few ways.

The liar must know that no one is credulous enough to believe his brag by lying because no one wants to have dealings with a man whose word cannot be trusted. And the braggart must know that he makes that they cannot help indulging in their vice. Both of them are good people to let alone. DOROTHY DIX.

plugs were rooting by the door of the barracks but otherwise there was no living thing in sight. Evidently the Majorcans began the day late. A number of yellow fowls ran out of the guard room as the prisoners were driven in. The floor was bare. The whitewashed walls were decorated with inscriptions written, perhaps fortunately, in the language of the country.

The door clanged shut upon the arrested party, and the lieutenant and his men marched away down the passage. An armed soldier took up his post in front of the barred window; an occasionally loud snuff which they heard through the grating betrayed the presence of another man crouching in the doorway. "This is frightful," Kitty burst out. "If you want to sit down there's a bench in the corner," said Roger.

"I don't mind the place, it's frightful—I mean this delay." "How long will they keep us here?" "A week or two, perhaps," said Roger. "Or possibly until the end of the civil war."

But underneath his levity was a bitterness deeper than she could understand. While Cullen signed, and Geoffrey groaned, and they set themselves gloomily to wait on the benches round the walls, Roger looked out of the barred window, and what he saw was not the grimacing and the olive grove—but poor Smallbridge waiting for news in the villa at St. Raphael.

In an hour passed Roger paced up and down. Kitty stood at the barred window. A smell of roasting coffee began to drift in through it, and all their hungry mouths watered. "At seven o'clock the garrison performed its morning parade with fixed bayonets on the drill ground in front of the guardroom. There was a captain, two lieutenants, a sergeant, a corporal, and eight men. "Do they need so many officers?" said Kitty.

MILITARY INTERROGATION The parade was dismissed. Ten minutes later the lieutenant came with three men, escorted the prisoners along a passage, and herded them into another white-washed, but this time unbarred room, in which there was a table. At this was seated the Captain.

He was a thin, middle-aged man, with a scimitar-like nose, and bright black eyes, which he immediately fixed upon Kitty. During the entire proceedings he kept his eyes fixed on Kitty. Roger noticed it. Whether by accident, he supposed, sardonically, and there would be another wretched male with his head turned and his will undermined.

The lieutenant explained the charges against them in Spanish. "You were found looking at the fortifications," stated the Captain. "It is a very grave military offence." "We were not looking at the fortifications," began Roger. "We were looking for a boat."

"It is an offence for civilians to be on the island of Santa Fe at all time—proven blood-brother will help give you back your eye." Copyright, 1939, G. T. Puffer Co., Ltd.

THE COOK'S CORNER

BEEF LOAF

1 1-2 lb. minced beef
1 cup dry bread crumbs
1 small onion, finely chopped
1-2 cup chopped celery or cabbage
1 egg, beaten
1-2 cup water or tomato juice
1-4 teaspoon mustard
Salt and pepper to taste
Mix . . . crumbs, onion, celery or cabbage together. Add beaten egg, water or tomato juice, and mustard. Mix well. Season to taste. Form into a loaf. Dot with dripping. Bake at 350 degrees F. for one hour, basting occasionally with a little water or lemon juice.

PINEAPPLE PUDDING

2 cups milk
1 cup sweet cracker or rusk crumbs
1-2 cup sugar
1-4 tsp salt
1-2 cup melted butter or shortening
3 eggs
grated rind 1 lemon
2 tbsp. lemon juice
1-2 cup chopped nuts
1-2 cups crushed pineapple
Scald the milk and add the crumb, sugar and melted butter. Beat the eggs and add some of the hot mixture to them and then mix all together. Now add the lemon juice rind and chopped nuts. Pour 1-2 of this mixture into a greased casserole. Then add the crushed and drained pineapple. Cover with the remaining half of mixture. Bake at 350 deg. F. for 30 to 40 minutes, or till set. Serves six.
Serve either with top milk or cream or a sauce made from the pineapple juice.

Morning Smile

WELL-KNOWN

Visitor—Dear me! Fancy your being called Robert Burns—why, that's a very well-known name.
Native—Nae doot it is; I've been blacksmith in the place for nigh on forty years.

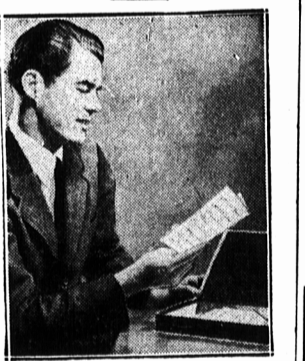
DUTIFUL GIRL

Mistress—Mandy, have you swept under the bed?
Mandy—Yassum, everything!

1 OUT OF 3

Canadian mothers relieve misery of colds externally with VICKS VAPORUB NO DOSING

Here Are Simple Tips for Charming!



Write Notes That Win Friends

Letters that make a pleasing impression—you do so want to write them! There's the new admirer—will he keep your letter or toss it carelessly away? And Mr. Employer, will he pick yours from dozens of others? Good letters are just made up of little things—all easily learned.

Writing to a friend, remember it's not so much what you say, but how you say it. Unflattering is "I've been too busy to write before this." But warmly complimentary is "At last, at last I have a chance to chat with you!"

Picking topics, clever to choose those in which your friend can share. "I have been skating lots lately. Remember your trials in teaching me?" And sparkle with lively words—"rollicking," "enchanted," "dramatic!"

Learn from our 32-page booklet how to write correct, effective letters for many occasions. Includes thank-you, sympathy notes, many others. Has tips on vocabulary, letter etiquette.

Send 20c in coins for your copy of Good Letter-Writing Made Easy to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name _____
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The Housewife And Her Activities

Talk not of wasted affection, affection never was wasted.

If it enriches not the heart of another, its waters returning back to their springs, like the rain, shall fill them full of refreshment. —Longfellow.

To clean paint brushes that have become hard put some vinegar in a saucepan and bring it to the boil. Put the brushes in it and allow them to simmer for half an hour. Then wash them thoroughly in very soapy water, rinse and you will find the brushes are as good as the day you bought them.

Dampen an iron-mould stain with peroxide of hydrogen and let it dry in strong sunlight.

If the stain is very bad, several applications may be needed, but it will be bleached out eventually. This treatment is only suitable for white material or colors that are fast to light, of course.

Attractive kitchen canisters can be made by covering empty coffee cans with gray oilcloth. Cut the oilcloth as wide as the can is high and long enough to go around the can and lap over about one inch. Bind with tape and sew on snaps to fasten.

When you buy a new roll of cotton-wool unroll it and warm it in front of the fire. In a short time it has expanded to twice its original thickness. Then separate this thickness into two and roll up again for use. This method makes it go exactly twice as far.

New Uses for Platinum

Platinum, which is an un tarnishable metal, is a new medium for the metal craftsman. For the first time it is being used for dresser sets of comb, brush and mirror. It also has been made up into an after-dinner coffee service of tray, pot, creamer, sugar bowl and long.

Recipe for Cream Cake

Add two teaspoons baking powder to two cups sifted flour and one cup sugar and sift. Add three eggs, one-half cup sweet cream and a dash of flavoring. Beat thoroughly. Bake for 45 minutes in a moderate oven. Decorate with whipped cream and chocolate sprinkles.

Empty cracked ice into a sack after freezing ice cream. When the ice has melted nearly all the salt remains to be used again.

Old Hairbrush

When the old hairbrush seems to have lost its vitality, it can be made stiff and firm again by dipping it into a strong solution of alum.

Sandwich Spread

A delicious sandwich spread can be made by mixing one part of honey with four parts peanut butter.

Disagreeable Medicine

The flavor of disagreeable medicine will be much less noticeable if a piece of ice is held in the mouth for a short time before taking the medicine.

To Clean Stone

A small amount of coarse sandpaper will last a long time for rubbing stone steps or window sills to remove marks. After the rubbing they should simply be dusted with

a cloth or duster. Stone cleaned in this way stays white much longer by using water.

Salty Soup If there is too much salt in the soup, slice a raw potato and place it in the soup. Then boil the soup for a short time and there will be no salty flavor. The potatoes can be taken out and used for other dishes.

Renewing Rugs

When the rugs have a worn appearance around the edges, try buttonholing with coarse yarn. This will lengthen the life of the rug, and will give it a neater and fresher appearance.

Shrinking Dress Goods

Dress goods may be very easily shrunk by placing it folded in a tub of cold water, to which a few handfuls of salt have been added. After a few hours, hang on the line without unfolding. The weight of the water prevents wrinkles drying.

PEPLUMS, TIERS AND TUNICS

Fashion says "Three tiers" occasionally or she may show only one peplum which looks like a top story tier or a long tunic which makes a two-tier silhouette. All these animated outlines have come in with the new styles and seem to serve for that greater skin novelty which is the keynote of the season while bodies remain demure and simple.

We predict that there will be more of the peplums, tiers and tunics as the season progresses, first, because they are young, second, because they are a compromise with fullness which we have had a great deal of and slimmness which is quite undoubtedly the silhouette of the future.

SEATTLE WINS 2-1

PORTLAND, Ore., Jan. 1.—(CP)—Seattle's Seahawks ended the year with a 2-1 victory over Portland Buckaroos in a Pacific Coast hockey league game here Sunday. Seattle goals were scored by Dave Downie and Connie Kelly. Portland's only counter was driven home by Red Conn.

ROME, Jan. 3.—(CP)—Premier Mussolini opened a new school of political preparations today intended to train a Fascist ruling class to perpetuate his regime. Thirty-four young Fascists, especially selected for their aptitude in totalitarian thought and action, were enrolled.

SUFFERED FROM SKIN DISORDER

MISS G. EVANS writes: "For the past year or two I suffered from disfiguring blotches, blackheads and acne. I tried many preparations without any noticeable improvement. Then I began applying Zam-Buk. This treatment soon caused the eruptions and blemishes to disappear, and my complexion is clearer than I can ever remember."



The soothing herbal oils of Zam-Buk act quickly on skin eruptions to bring comfort, permanent relief. Order a tin of Zam-Buk from your druggist today.

Smartest Fashions And Winter Styles

For a youthful silhouette, choose this back-grum dress with its slimming uplift waistline, and wide double swing skirt. It's dainty and feminine with little bows marching down the front or tailored with buttons and a crisp turnover collar. No youthful wardrobe is complete without this dress. It is just the thing you will put on when you want to look smartly but simply dressed. Dark rayon crepe sets off your bright accessories.

Style No. 2922 is designed for sizes 12, 14, 16, 38, 38 and 40. Size 16 requires 3 1-4 yards of 39-inch material.

Send fifteen (15c) (coin is preferred) for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish. Style No. 2922 Size

Name _____

Street Address _____

City _____ Province _____

COTTAM, Ont., Jan 3.—(CP)—Mrs. Mary Malot, 94, says she is tired of life and has no desire to live to be 100—and besides, "the world isn't getting to be any better place to live in."

One fault she finds with the younger generation is their tendency to be too fussy. Born near Colchester, Mrs. Malot was the 14th child in a family of 15. Her father came from France and her mother from New Hampshire. She has 10 grandchildren, 18 great-grandchildren and six great-great-grandchildren.



2922
SIZES 12-40