

# DR. SPROULE ON CATARRH, The Gateway of Consumption.



Individual case requires treatment adapted to its condition. My treatment is based upon these plain theories and has proved to be infallible. It not only relieves, but it cures catarrh at any stage speedily and surely.

## CATARRH OF THE HEAD AND THROAT

The most prevalent form of catarrh results from neglected colds.

1. Do you spit up slime?
2. Are your eyes watery?
3. Does your nose feel full?
4. Does your nose discharge?
5. Do you sneeze a good deal?
6. Do crusts form in the nose?
7. Do you have pain across the eyes?
8. Does your breath smell offensive?
9. Is your hearing beginning to fail?
10. Are you losing your sense of smell?
11. Do you wake up phlegm in the morning?
12. Are there a buzzing noises in your ears?
13. Do you have pains across the front of your forehead?
14. Do you feel drooping in back part of the throat?

If you have some of the above symptoms your disease is catarrh of the head and throat.

## DISEASES OF BRONCHIAL TUBES

When catarrh of the head and throat is left unchecked it extends down the windpipe into the bronchial tubes, and in time attacks the lungs and develops into catarrhal consumption.

1. Do you take cold easily?
2. Is your breath blowing quick?
3. Do you raise frothy material?
4. Is your voice hoarse and husky?
5. Have you a dry, hacking cough?
6. Do you feel a warmness on rising?
7. Do you feel all stuffed up inside?
8. Are you gradually losing strength?
9. Have you a disgust for fatty food?
10. Have you a sense of weight on chest?
11. Have you a scratchy feeling in throat?
12. Do you cough worse at night and morning?
13. Do you get short of breath when walking?

If you have some of these symptoms you have catarrh of the bronchial tubes.

Put them out of the paper and send them to me with any other information you may think would help me in forming a diagnosis, and will answer your letter carefully, explaining your case thoroughly, and tell you what is necessary to do in order to get well.

DR. SPROULE, B. A., (formerly Surgeon British Royal Naval Service, English Catarrh Specialist, 7 to 13 Doane, Boston.

# CHRISTIAN PRINCIPLES IN PRACTICE

The Great Need of the Present Century.

BY REV. DAVID G. WYLIE,

Pastor of the Scotch Presbyterian Church of New York—Appeal for Christian Christendom.

Take up the stumbling block out of the way of My people.—Isaiah, lvii, 24.

Christendom is the stumbling stone of Christianity. Christendom has the name of Jesus Christ, but lacks His spirit. Make Christendom Christian, wholly obedient to the will of Christ, and earth would become an Eden.

Christendom betrays Christ—often for gold. It was not so at first, when Christianity had no Christendom back of it, no heavy load such as Constantine, Charlemagne and Henry VIII. to carry. Note some results of making Christendom Christian:—

(1) Changed lives. The religion of Christ has suffered much from nominal Christianity. The Sermon on the Mount shows what the Master requires of His followers—that they be upright, honest, sincere, pure, holy.

But the lives of many Christians do not harmonize with the rule of Christ. On the other hand, unholiness reproaches and betrays Him. The mistakes of Christians turn the hands on the dial plate of progress backward. Holy living is the great argument. Purify the lives of Christians and soon the Master would rule the world.

(2) Governments would be revolutionized. Christianity lays down rules for nations, but often these are disobeyed and shameful crimes are committed. The Golden Rule has in too many cases failed to regulate national conduct. Blood has been used as ink to write the history of many nations.

Cruelty, greed, lust of gold and injustice have marred the conduct of nations bearing the name of Christ. Great States have crushed small ones, grinding them to dust with a heel of steel. We may dream of the millennium, but it will not dawn until nations regulate their conduct by the laws of Jesus Christ.

(3) Christian principles put into practice would have a beneficial effect upon commerce, which has opened up the world to Christian influences. Commerce has spread its white sails upon the ocean highways of the world, and with it have gone noble men and women with messages of hope, love and salvation.

But commerce has often betrayed Christ because not dominated by Christian principles. Unparalleled greed has marred commercial transactions, as when Christian nations have fitted out slave vessels and sold into perpetual servitude thousands of the race. Not long ago opium was forced upon the Chinese by bayonet and cannon, and to-day Christian nations—England, Germany and the United States—are pouring barrels of rum down heathen throats for gain. Unchristian commerce curses, blights and withers all it touches. It men would act upon Christian principles in business there would be fewer failures and suicides and more contentment, prosperity and happiness in the world.

(4) Christian literature and art would be transformed. Christianity owes much to the printing press. While there are more good and wholesome books than ever before, still there are men who run their presses night and day producing papers and books fit only for the fire, since these pollute the minds of youth. Bad literature retards Christ's kingdom and advances Satan's—which is a kingdom of darkness and death. Make unchristian literature Christian and the world would be a fitter place in which to live.

What of art? Much is good, much immoral and degrading. Sad, indeed, it is to see Christian people willing patrons of an immoral art, covering the walls of their homes with pictures which in their effect are degrading. Art should

have a fine moral purpose and enthroned beauty, purity and loveliness—in a word, Christ. Ruskin affirms that art should make religion, not luxury or pleasure, its first object.

(5) If Christendom were Christian heathenism would disappear and universal peace soon bless the world.

If Christians in heathen lands would let their light shine, if Christian nations would act in a Christian manner, Confucianism, Buddhism and Mohammedanism would soon cease to exist, since these forms of error would not be able to endure the white light of Christianity.

"It," says Dr. Seelye, "all men were true and loyal disciples of Jesus Christ wars would cease, oppression and slavery would be no more, vice and crime of every sort would disappear; there would be purity and love among all men, and the spiritual life which the Christian faith enkindles would furnish the un-failing impulse to all intellectual growth and all industrial activity. Not only righteousness, but knowledge, would flow through the earth, while the wilderness and the solitary place would be glad thereof, and the desert rejoice and blossom as the rose."

It should be the high aim of every Christian to make the principles of the holy religion of Jesus Christ dominant over all the movements and forces of the world when the coronation day of Jesus Christ will come.

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