

### It Is Ready to Eat

The whole wheat is the most perfect food given to man. But the whole wheat must be thoroughly cooked. The ordinary loaf of whole-wheat bread is coarse and indigestible. In making

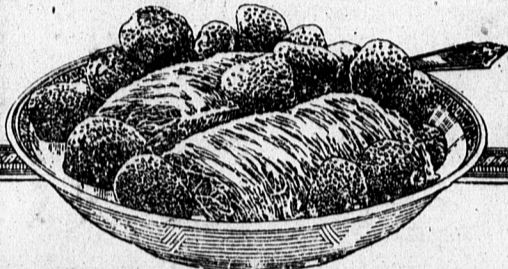
# Shredded Wheat

the whole wheat grains are steam-cooked, shredded and baked a crisp golden brown. No soggy, uncooked dough—just the pure whole wheat.

Two biscuits with berries or other fruits make a wholesome, satisfying meal.

TRISCUIT is the shredded wheat cracker, a crisp whole-wheat toast, eaten with butter or soft cheese.

MADE IN CANADA



## Men's Sample Boots

### ON SALE THIS WEEK

200 pairs of fashionable styles in Brown and Black boots, all sizes 5 to 10, regular values up to \$13.50.

7.95

Sale Price .....\$7.95

### ALSO

A new Black Gun Metal Calfskin Oxford, neat pointed toe last. Regular \$9.00.

\$5.95

Sale Price .....\$5.95

## Alley & Co. Ltd

## For Coughs

Cough is the principal symptom of all affections of the respiratory organs; Colds, bronchitis, sore throat, croup, whooping coughs etc.—if at the start you use a scientific remedy like

### "TAROL"

you will not only relieve the cough but also check the progress of the ailment.

Tarol contains Cod Liver Oil and wood tar scientifically mixed with valuable remedies highly recommended in all affections of the respiratory organs—it is easy to take and to digest and works wonders. On sale everywhere.

DR. ED. MORIN & COE, Limited, Quebec

# TAROL

## EASTERN STEAMSHIP LINES, INC. INTERNATIONAL LINE

RESUMPTION OF FREIGHT AND PASSENGER SERVICE BETWEEN ST. JOHN AND BOSTON COMMENCING MAY 25. Steamship GOVERNOR DINGLEY will leave St. John every Wednesday at 8 a. m. and every Saturday at 4 p. m. (Atlantic Time). The Wednesday trips are via Eastport and Lubec, due Boston 11 a. m. Thursday. The Saturday trips are to Boston direct, due Sunday at 2 p. m. FARE \$10.00. STATUTE \$3.00 UP. Direct connection at Boston with Metropolitan Line Steamers for New York via the Cape Cod Canal. For rates and additional information apply to G. CURRIE, Agent, ST. JOHN, N. B.

## THE EASTERN GUARDIAN

### \*NEW HOTEL STARTED IN GEORGETOWN

Mrs. Aeneas A. MacDonald formerly of Charlottetown has moved to Georgetown and has opened a new up-to-date hotel in the residence owned by Miss Margaret Sencabugh on Water Street. This hotel has a splendid situation overlooking the harbor, it is within a short distance from the centre of town. It is to be known as the Sea View Hotel. All up-to-date equipment including bath, heating, water, etc., had been installed in this new establishment.

### IN MEMORIAM

MRS. A. J. MACDONALD

The death at Georgetown Sunday evening of Mrs. MacDonald, widow of Mr. A. J. MacDonald for many years a member of the Provincial Legislature, will be learned with deep regret in this city. Mrs. MacDonald was a daughter of the late Mr. Dennis Murphy of Charlottetown and a sister of Mrs. Charles Lyons of this city and Mrs. Joseph R. MacDonald, Prince Rupert, B. C. She also leaves to mourn the following sons and daughters, Howard and Allister in Georgetown; Glen in the Bank of Nova Scotia, Winnipeg; Miss Marion and Miss Gladys in Georgetown and Mrs. H. O. McInerney in St. John. The funeral takes place this morning in Georgetown.

### Canon Cody Objects To Anglican Term

TORONTO, June 13—Whether the Anglican church should classify itself as other than a Protestant church was a question that caused warm discussion by high churchmen, and low churchmen at the opening of the synod. The discussion arose of a remark in Archdeacon Inglis' report on his city missionary work that "on Saturday afternoon his class includes Anglicans and Protestants." Canon Cody protested against such discrimination in terms. "I am sure the Archdeacon would consent to amend that," said Archdeacon Warren, who was reading the report. "For myself I should be very sorry to surrender the name Protestant to any other denomination." "I still remain of the same opinion," said Archdeacon Inglis, "but for the sake of peace and for the sake of not provoking a discussion, I am willing to consent to change the paragraph to read: And all but Roman Catholics."

### Minard's Lintment for Dandruff



### Eye-Glasses From \$2.00 to \$10.00

From East Point to Cape Bear is a big territory, yet right across this space

### Parkman Supplies the Big Majority of Eye-Glasses

Simply because PARK MAN'S EYE-GLASSES are the FINEST PROCURABLE, and he is the ONLY GRADUATE OPTICIAN (attendance courses.)

In Montague

Call and see for yourself his UP-TO-DATE OPTICAL PARLOURS.

### E. E. PARKMAN

GRADUATE OPTICIAN, Montague, E. B. I.

### EASTERN PERSONALS

\*Dr. Brehaut recently visited Georgetown.

\*Mr. M. J. Power, Somerville, recently visited Georgetown.

\*Miss Mooney, Georgetown, recently visited Montague.

\*Mrs. P. J. Solomon, Georgetown, was a passenger to Montague last week.

\*Miss Barnes, Charlottetown, is visiting her parents, Mr. and Mrs. D. Compton, Georgetown.

\*Miss Bessie Poole, Montague, visited Miss Estelle Aitken, Georgetown, last week.

\*Mrs. James E. McDonald, Cardigan, recently visited Georgetown.

\*Miss McLean, De Gros Marsh, is visiting Miss Isabel McPeck, Georgetown.

\*Mr. James McConnell spent the week end at his home at Georgetown.

\*Mr. Felix Morrison, Little Pond, visited friends at Georgetown last week.

\*Miss Gordon, Pamure Island, is visiting friends at Georgetown.

\*Miss Collings, Georgetown, spent the week end at Georgetown.

Keep mirrors lustrous in the house

### "A" Company P. E. I. Regiment

Is now being recruited for camp for June 22nd to June 30th.

There remains a few vacancies for N. C. O.'s, and men who are desirous of joining this popular branch of the service. As only a few more men are required those desirous of coming to camp should submit their names at once in order to ensure a place.

An officer will be at the Florida Hotel, Pownal, Wednesday 15th and W. C. West's store, York, on Thursday 16th between 6.30 and 8 p. m. for the purpose of receiving applications for service.

Applications may also be made to Capt. T. B. Rogers, Charlottetown, Capt. C. McArthur, Cornwall, and at Drill Shed Charlottetown, Tuesday, Thursday and Saturday evenings.

W. G. DAWSON, Major O. C. "A" Coy.

### Weak, Thin Folks Need Bitro - Phosphate Says Editor of N. Y. "Physicians Who's Who." Local Druggist Guarantees It.

Dr. Frederick S. Kelle, the New York author of medical text books, whose opinions are greatly valued, writes:

"When the nerve tissue begins to lose its vitality, woman begins to lose her youth and vivaciousness. She becomes irritable, moody and despondent. It would be a godsend if more weak, thin, nervous men and women were aware of the efficacy of Bitro-Phosphate."

Thousands of thin, run-down people whose nervous energy is nearly exhausted are turning to Bitro-Phosphate as dispensed by Hughes Drug Co. Ltd. and other leading druggists, because it helps to revitalize the nerves, increase bodily weight and bring back energy and mental keenness.

CAUTION: Although Bitro-Phosphate is an excellent aid in relieving weak, nervous conditions, its use is not advised unless increased weight is desired.

### H. J. MABON

Optometrist EYES EXAMINED GLASSES FITTED Montague, P. E. I.

Graduate of Canadian Ophthalmic College, Toronto and other post graduate courses. Exclusive Test Room connected with Drug Store.

## Canadian Cattle Sold In Glasgow

### Interesting Fact in Connection With Embargo Inquiry

LONDON, England, June 12.—Of special interest in connection with the cattle embargo inquiry now in progress in London, is the news from Glasgow this week of the sale there of fifty-four Canadian fat cattle. This is the first consignment of Canadian cattle of this class offered for several years and the press reports state:

"The cattle were shown in good bloom, having stood the sea voyage well. They were an exceptionally prime lot, and in point of breeding, quality and finish they constituted the finest show of beef cattle offered for some time, their superior quality and usefulness meriting the favorable comments of the large numbers of buyers present."

### CANADA A GREAT FOREST COUNTRY

Canada has much land too rocky or too sandy to grow farm crops, but just suited to the growing of forest trees. If this land is kept in forest it will help our farmers, manufacturers, merchants, carriers and workmen. But if the forest is destroyed, the land will become a barren desert, streams will dry up, and business and industry will be injured. The chief foe of our forests is fire. Most fires are caused by carelessness. Therefore let all who go to the forest be careful with fire.

Hickory is one of the strongest Canadian woods. When properly seasoned a hickory column will support a weight of twelve tons per square inch cross-section.

Don't drop FIRE when you smoke in the woods, nor throw it out along the road. Keep the forests GREEN!

The Dominion forest reserves in Western Canada comprise of approximately 27,000,000 acres and consist of tracts of land unsuitable for agriculture, which have been set apart permanently for forest production.

About two hundred thousand head of stock, cattle, horses and sheep are grazed on Dominion forest reserves in Western Canada, and the number is steadily increasing. This grazing reduces the danger from grass fires and is of great assistance to the farmers and stock men in the surrounding districts.

Canada's forest resources constitute one of the Dominion's most valuable assets. They contribute to the trade of Canada upwards of \$200,000,000 a year. They play an important part in our external commerce. With proper protection our forests can be made to reduce timber in perpetuity.

### WOODMAN FELL THAT TREE

One of the great leaders in forest conservation says that the most harmful thing ever written about forestry was the poem beginning: "Woodman, woodman, spare that tree."

This may be seen at first sight but the point the forester desired to make was that the object of forest conservation is not sentimental but practical. The forester protects forests from fire and other enemies not for the sake of the trees but for the sake of men and women. When forest trees are ripe they should be cut and put to some use, as quickly as possible. There is no more virtue in keeping a forest still than in over-ripening it, keeping a field of wheat uncut when it is fit for the reaper. Until a forest is ready for the saw it should be protected, and when cut down the soil on which it stood, if not fit for agriculture, should be left in shape for the immediate starting of another crop of trees.

Of course, the commercial forester while primarily concerned in growing forests for the saw, does not ignore the immense value, both practical and sentimental, of park and roadside trees. It pains him to see a fine tree butchered because of ignorance or carelessness, and he realizes that the cause of forest conservation gains much from the support of men and women whose interest is not so much in the forest as a whole as in some individual tree or grove. Thus all citizens, whether they think of the commercial side, or of the condition of the trees around their homes, can point wholeheartedly in the work of forest conservation.

### GROWING PINE TREES UNDER GLASS

In the last few weeks items have been going the rounds of the Canadian press doubtless clipped from United States papers advising farmers to stop erosion in the gullies on their farms and to plant these waste places productive by planting longleaf and shortleaf pines. The advice in regard to the gullies is good but if the farmers want to grow longleaf and shortleaf pines they will have to put a glass roof over the gullies and apply artificial heat. The native home of these pines is "way down in Tennessee" and they do not grow satisfactory north of Virginia. But Canadians need not be downhearted because they can grow better trees than these southern pines. There is a large amount of information available in Canada as to what trees to grow. Provincial foresters are glad to give information and the Dominion Forestry Branch has published two bulletins which may be had free upon application to the Director of Forestry, Ottawa. They are No. 1 "Tree-planting on the Prairies" for the Prairie Provinces and No. 69 "Care of the Woodlot" for the other provinces.

### CANADIAN FOREST INVESTIGATIONS

While in all districts where there are technically trained foresters located there are observations being made and investigations of a more or less detailed character being carried on, the organized scientific work in these districts has been mainly centred at the forest experimental station at Petawawa, Ont., and at the forest nursery station at Indian Head, Sask. At Indian Head, a large number of plantations of small area, in some cases of single species and in other cases of various mixtures, have been in existence for some years. Careful records have been kept from year to year of the growth and development of the trees and there is being steadily accumulated a store of information that will be of the greatest value in future planting work on farms or in the forests.—Annual Report, Director of Forestry, Ottawa.

### MISSED THE OTHER FOUR

A Heath Street girl tells of a friend from another town, who, during a recent visit to Toronto, spoke often and enthusiastically of her love for music. One afternoon the Toronto girl had arranged for the music lover to attend a concert. As there was an errand which the latter must do before the concert, it was agreed that she should meet her friend at the hall and that the latter was to "go right in." The concert had, however, been under way for some time when the music lover appeared. "Have I missed much?" she whispered as she slid into the seat alongside the Toronto girl. "What are they playing now?" "The Fifth Symphony," was the response. "Gracious me, am I so late as that?" asked the music lover.

### LIVE STOCK NOTES

By Dominion Live Stock Branch

Private advices received by the Live Stock Branch from London indicate that prospects for Canadian cattle in England are fairly good.

Quotations on June 7th, on the London Market for best Canadian cattle were 13-12 per pound, dressed weight. Later advices show a slight advance.

The S. S. Manchester Corporation sailed from Montreal on June 6th, with 480 head for Manchester.

The S. S. Turcoman sailed from Montreal on June 9th, with over 600 head of Canadian cattle en route to Liverpool.

There was also 500 sheep in the Montreal Stock Yards on June 9th, for Export to Great Britain.

A shipment of 76 steers of fairly good quality and averaging 1,150 pounds passed through Winnipeg on May 25th, en route to Philadelphia, for Export to Antwerp, Belgium on S. S. Michigan.

### ALL RUN DOWN AND WORN OUT

Because you have not thoroughly purified your blood, but have allowed to remain in it the accumulations of waste matter that cause weakness, broken sleep, backache, eruptions and tumors and other troubles.

Take Hood's Sarsaparilla, the medicine that renovates, strengthens, tones—it will build you up, make you feel better all over. Hood's Pills help as a stomach-tonic, digestive cathartic.



## FLEET FOOT

### The Favorite Sport Shoes

THE most important thing about the shoes you buy for baseball, tennis, golf, bowling, lacrosse, or other sports is the name FLEET FOOT stamped on it.

Get the style you like and you will get long, sturdy wear, ease and comfort.

FLEET FOOT shoes are the best known sport shoes on the continent.

They have won their favor because their quality and workmanship have been kept up to the DOMINION RUBBER SYSTEM standard. The name on a sport shoe is the best possible assurance of real value for the money.

There are FLEET FOOT Shoes for men, women and children—for every sport and recreation—for home, business, street and evening wear.

Ask your Shoe Dealer for Fleet Foot and make sure you get Fleet Foot.



## MAMMOTH TEA PARTY

MONTAGUE

On the Grounds of the Community Welfare League, Limited, Entrance Main Street

ALL DAY

WEDNESDAY, JUNE 22, 1921

ALSO

### BASEBALL MATCH ABEGWEITS VS. LEAGUE OF THE CROSS Senior Teams AT 2.30 P. M.

Silver Cup will be presented to the winner of the match by the Community Welfare League

OTHER UNUSUAL ATTRACTIONS WILL BE

"Scottish Bagpipe and Drum Band," "Aunt Sally Cooconuts," "Arlene Dodger," "Tug-A-War," "Bean Bag Competition," "Howling Alley," etc., etc.

Following prizes will be awarded to— Best Step Dancer, Medal donated by Poole & Thompson, Ltd. Best Sword Dancer, Medal donated by Ives & Murdoch, Ltd. Best Highland Fling Dancer, Medal donated by Ernest Parkman.

BEAN BAG COMPETITION

First Prize, highest score, Ladies,—Brownie Camera, donated by H. J. Mabon. Second Prize, Box Chocolates, donated by D. J. McLean. First Prize, highest score, Gentlemen,—Box Cigars, donated by Victor Bros. Second Prize, Pipe, donated by J. P. McPherson.

BOWLING ALLEYS.

First Prize, highest score, Gillette Safety Razor, donated by Carruthers and Parkman, Limited. Second Prize, Box Cigars, donated by M. F. McDonald.

Good Meal Tables on the grounds, where you can get the best dinner in the town for 85c, (and you know the ladies of Montague have the reputation for good tables; you won't be disappointed.) Refreshment Saloons, all kinds of Temperate Drinks, Fruit, Cigars, Ice Cream, etc., etc., on the grounds.

CASH PRIZES—On entering the grounds you will be given a ticket with a number on it, (a duplicate of which will be deposited in a box.) Retain this ticket, away five prizes of five dollars each, to the persons holding tickets that correspond with five numbers drawn by Mayor McDonald in front of the Tea Booth at six o'clock p.m.

The persons holding these tickets MUST BE ON THE GROUNDS WHEN THE DRAWING IS MADE IN ORDER TO WIN A PRIZE. Watch out for the "Mysterious Man." He also has some money in his pocket for you, and all you have to do is simply ask for it. Try him. Everybody to "Montague the Beautiful" on Wednesday, the 22nd. The object is worthy of your whole-hearted support. Improvements for the Town, and you'll have a jolly good time.

### Under Auspices of Community Welfare League, Limited

ADMISSION, ..... ADULTS 25c., CHILDREN 15c.

—By SINNOTT

### DICKY DIPPY'S DIA RY.

TUESDAY:— SOME CROOK STOLE MY NICE NEW POCKET BOOK CONTAINING \$23 IN BILLS. I ADVERTISED FOR IT, FEELING THE THIEF MIGHT BE SORRY AND RETURN IT. SURE ENOUGH THE BELL RANG THIS MORNING

AND I FOUND THE POCKET BOOK SHOVED UNDER THE DOOR! PINNED TO IT WAS A NOTE.

IT READ: "DEAR SIR: I SAW YOUR AD. I'M SORRY I STOLE YOUR POCKET BOOK. REMORSE GNaws MY CONSCIENCE. THEREFORE, I'M RETURNING IT"

ALSO 61 CENTS TO PAY FOR THE AD.

