

Woman's Realm Social and Personal Fashion's Literature

Happenings Of The Week

Queen Elizabeth, who is the number one heroine of the war, was asked by an east-end Londoner when the Princesses were going to leave England. Her Majesty settled that question with this quiet reply: "The Princesses will leave this country when I leave and I will leave when the children's father leaves and their father will not leave this country under any circumstances."

Mrs. Franklin D. Roosevelt has three new dresses for her husband's third presidential inauguration January 20—but insists she will wear the same fur coat she used four years ago. In town for final fittings of the dresses—one red, one white, one blue—she disclosed yesterday that the familiar black broadtail with the mink-edged collar would be pressed into service once more. "I hope this coat will serve so long as we are in Washington," she said, explaining it was purchased soon after she first went to the White House in 1933.

Miss Edith Ings entertained friends at a delightfully arranged luncheon at her home on Thursday.

Regretful farewells were said to Mrs. J. C. Pinch who left last week to visit members of her family in Toronto, after a residence of several months here, where she made a wide circle of friends.

The Hon. Frank R. Heartz celebrated his birthday last Tuesday, receiving the good wishes of his friends.

The serious illness of Mrs. Beatrice Pickard of the Regent, who is now in the P. E. I. Hospital, is deeply regretted by her friends.

Mrs. K. S. Rogers has gone on a five weeks visit to New York where her son William, is continuing his musical career.

Old home friends will offer their congratulations to Mrs. Mary Buckley who resides with her daughter in Long Beach, California, who celebrated her 90th birthday this week. Mrs. Buckley is the eldest daughter of the late Mr. John L. Godkin, and sister of Mrs. Jasper Pickard, Grafton Street. Mrs. Buckley enjoys excellent health, is able to take a walk each day and keeps up her interest with her friends in this city.

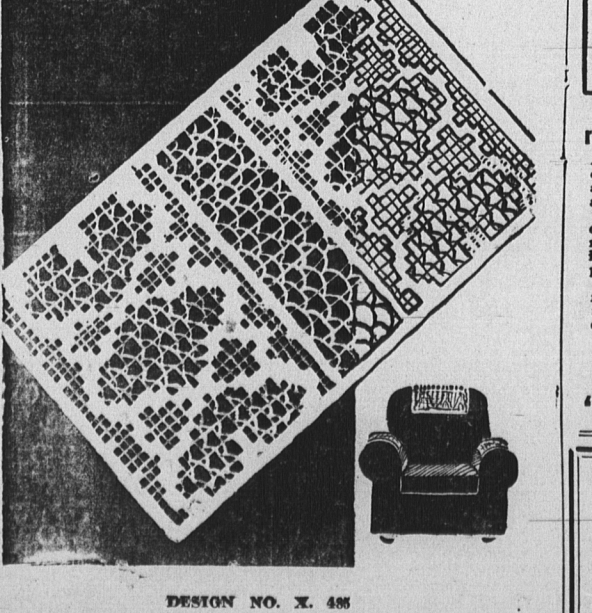
Miss Joan Winchester is visiting in New York having come there for the New Year festivities.

Mrs. E. G. Saunders had her son Mr. John Saunders, manager with Woolworths of Fredericton, N. E. home for a week-end visit.

ARE YOU JUST A HALF-TIME MOTHER?

Life can seem to be at its lowest ebb today for many mothers and yet tomorrow will find them bubbling with life. This is because they may have been suffering from temporary constipation—a common enough trouble which women everywhere find is quickly relieved by Beecham's Pills. This purely vegetable compound promotes a thorough bowel movement, smoothly and without unpleasant after-effects. Buy Beecham's Pills today at your drugist's.

CHAIR SET YOU WILL ENJOY MAKING



It is no trick to crochet this simple pattern and within a brief time a complete set may be made which is delicate and lovely. Pattern No. 485 contains list of materials needed, illustration of stitches and complete instructions. To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown, Guardian. To Charlottetown Guardian Needlework Department. Design No. X 486 NAME STREET ADDRESS CITY PROVINCE

FOR SALE

Well established Beauty Parlor business. Modern equipment. Permanent Waving machine, dryers, chrome chairs, etc. Excellent location. Reasonable. Write BOX XZY, Care of Guardian

Dorothy Spittire Fund Growing

In a current edition of the Montreal Herald appears an item concerning an Auction Sale held in Charlottetown in aid of the Canadian "Dorothy Spittire Fund." This refers to the sale held some time ago at the home of Mrs. Palmer. At the instigation of Mrs. Ben Rogers, Jr., it was organized by four "Dorothys", Mrs. Ben, R. Gers, Jr., Mrs. H. L. Palmer, Mrs. G. T. Hardie and Mrs. J. P. Lantz. Articles for sale were varied. Friends generously donated many articles and generously "bid in" them. Jams and Jellies game and farm produce were also for sale. The proceeds \$125 were forwarded to the Fund's head quarters at Montreal. In the aforementioned article it is learned that the "Dorothy" of Montreal High School have raised \$128 to date by washing cars, washing windows, washing drags and even doorsteps. Proceeds from a candy sale helped swell the fund as well.

Equitable Basis Needed

Of course, in the case of a family being poor, every working member should contribute to the upkeep of the home, but it should be done by the children paying board and on an equitable basis without Mother playing any favorites. There are many good reasons why the board system is the best way of settling the matter. For one thing, it is just. The girl who stands behind a counter, or punces a typewriter, or runs a loom all day is at least entitled to the pleasure and dignity it gives her to handle her own money. It makes her feel like a slave to labor taken away from her, but it fills her with pride as an independent, self-supporting individual to be able to voluntarily pay her board to Mother.

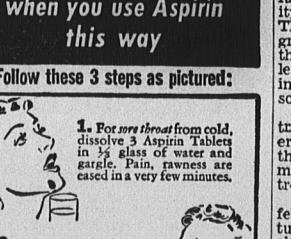
FINE WOOL STOCKINGS

When the rush to buy silk stockings before December 1 has ended, women will start wearing the new wool stockings which are wonderfully warm but very light. Those for town are made in fine plain wool or in clever lacy patterns, those for the country are made in wide rib patterns and are worn with bright chunky shoes.

Quick Safe Action FOR SORE THROAT FROM COLDS!

Amazing relief of painful symptoms in 3 minutes when you use Aspirin this way

Follow these 3 steps as pictured:



1. For sore throat from cold, dissolve 3 Aspirin Tablets in 1/2 glass of water and sip slowly. Relief is eased in a very few minutes.

2. To quickly relieve headache, body aches, colds, etc., take 2 Aspirin Tablets and sip full glass of water. Relief treatment in 2 hours.

3. Check temperature. If you have a fever and temperature does not drop, if throat pain is not quickly relieved, call your doctor.

Both aches and raw throat quickly relieved without dangerous, strong drugs

At the first sign of sore throat from a cold follow the directions in the pictures above—the safest, fastest way you can use at home for wonderful relief.

The Aspirin gargle will amaze you—easing throat rawness almost immediately. And the Aspirin taken internally quickly relieves the other painful cold symptoms.

Try this safe way, even when taken frequently. Aspirin does not harm the heart! So don't risk drugs your doctor does not approve.

SEE THIS CROSS WITH YOUR OWN EYES It appears on every Aspirin tablet

"ASPIRIN" DOES NOT HARM THE HEART

How Are Your Eyes? If you are having symptoms of strain—headaches, sore eyes or dizziness—consult a specialist.

At your service with years of experience and a thorough refracting service. Call in and discuss your difficulties. G. F. Hutcheson G. F. HUTCHESON G. F. HUTCHESON

Dorothy Dix Says—

WORKING GIRLS ENTITLED TO PART OF THEIR EARNINGS

No Mother Has Right To Confiscate All The Contents Of Daughter's Pay Envelope And Then Squander It On Other Children

Dear Miss Dix—I am 27 years of age. I live with my mother and give her my pay envelope each week. Out of this she gives me money for carfare and a dime for church on Sundays. Otherwise I do not have even a nickel to spend. My mother has a monthly income of her own and she gives my married sister anything she wants. Spends a considerable sum each month on her and her children, although my sister's husband has a good job. What can I do to make my mother more liberal with me? I think I should have at least a couple of dollars each week.

Answer—The remedy is in your hands. Take your \$2, or whatever you think you are entitled to, out of your pay envelope before you give it to your mother. No doubt she will raise ructions about it, but hard words break no bones and \$2 are \$2 and the pleasure they buy you. I have never been able to see why a mother thought that she had a right to take her daughter's money and to her all that they made, when she wouldn't dream of taking all of her son's earnings away from him and doling out to him a few nickles, yet that is the common custom among mothers. Mother grabs Sally's pay envelope, but she lets Sam keep his own and brags about what a good son he is. If he hands her a dollar for the household expenses. Worse still, Mother feels free to spend the contents of the two by four apartments and on a dream about owning their own home before they can give it to their property wrecked and their dreams trampled under careless people's feet.

A NEW HOME OWNER

Alas, it is only too true that only in a large and crowded city, where nobody knows anything about you, or cares anything about you, can you have an interest in what you do, and nowhere on God's earth can you protect yourself against the depression of children. It is just a good piece of sward that you spent your good money in planting and your time in rolling and watering, is not the thing of beauty that it is to you. It is just a good place for their ball team in practice. And why you are so fussy about having your windows broken by balls, they can't understand. It just shows you are an old growth.

TRoubles OF SUBURBANITIES

Dear Dorothy Dix—For years my husband and I lived in a little two by four apartment, saved our money hoping and praying that some day we could have a home of our own. Finally our dream came true. We got our little home and had the time of our lives planting shrubs and lawns, making the flag walks, building bird houses, etc.

Then came the neighbors, as the movies say, and wrecked our dream. First there were the mothers and fathers with their insatiable curiosity about us and everything we did. They put us through the third degree until you would have thought that we had sacrificed to buy protection for peace and quiet. Then we didn't want and it turned out to be a place for the children to climb over and play on. "Own your own home! Live in the suburbs for peace and quiet! They are the slogans we fell for, but now we envy the folks who live in

YOUR INDIVIDUAL HOROSCOPE

By Frances Drake

For Saturday, January 11th

MARCH 21 to APRIL 20 (Aries) The Moon, Mercury and Saturn in excellent aspects today are an augury for achievement and quiet pursuits, domestic and economic interests and industries manufacturing and handling useful commodities, necessary tools.

APRIL 21 to MAY 20 (Taurus)—You should find today responsive to all efforts in progressive, constructive issues, government and defense measures and advertising your own product or work. Romantic interests ask take.

MAY 21 to JUNE 21 (Gemini)—Loans, investments, collections and immediate monetary returns for labors are not foremost in favor but there are more important things in this world than money. True and enduring values can be found in the humanitarian causes that concern the entire race now.

JUNE 22 to JULY 23 (Cancer)—Minor affairs, your usual routine duties, travel and finishing left-overs so that you will have a clean slate to start with Monday are favorites today. Recreational activities also approved.

JULY 24 to AUGUST 22 (Leo)—Promote your important work and constructive aspirations but avoid extremist views and a too forceful attitude. Quick thinking, especially along the practical side, should result in profits, later if not immediately.

AUGUST 23 to SEPTEMBER 23 (Virgo)—A good working formula for today: Shoulder and difficult tasks as well as the simpler ones with cheerful humor, accept new

ideas and economic restrictions with sensible philosophy. Keep thinking to chalk up a good record on the tough days. What's your schedule today? Go to it!

SEPTEMBER 24 to OCTOBER 23 (Libra)—Out for new goals? There's nothing like trying. Be careful, though, in handling financial matters. See that expenses are for useful items, good values.

OCTOBER 24 to NOVEMBER 22 (Scorpio)—You'll find matters general in character and scope more favored today than those that are purely personal or limited. Participate in all worthy activities.

NOVEMBER 23 to DECEMBER 22 (Sagittarius)—Production of needed commodities, building, transportation, shipping, government, army, navy and aeronautical interest under benefic rays. A day for personal and general improvement for gains.

DECEMBER 23 to JANUARY 21 (Capricorn)—Similar indications exist now for you as for Sagittarians. And both you and they should enjoy some wholesome sport or other diversion during spare time.

JANUARY 22 to FEBRUARY 20 (Aquarius)—Almost anyone can get by on a generous, easy day but it takes cleverness and keen thinking to chalk up a good record on the tough days. What's your schedule today? Go to it!

FEBRUARY 21 to MARCH 20 (Pisces)—Healing not friendly in aspect but Jupiter and Saturn are and that suggests rewards for you who occupy yourselves in wholesome, aboveboard activities. Be alert, careful about secretive matters.

A CHILD BORN ON THIS DAY Thoughtful, open-hearted, always

THE COOK'S CORNER

CRANBERRY JELLY

Four cups cranberries, 1 cup boiling water, and 2 cups sugar. Pick over and wash the cranberries. Place in a saucepan with 1 cup boiling water, and boil for 20 minutes. Rub through a sieve, add the sugar and cook for 5 minutes longer. Turn into a mould to jell and cool.

BURNT ALMOND SPANISH CREAM

One and one-half tablespoons granulated gelatine, 1-4 cup cold water, 3 egg yolks, 1-4 teaspoon salt, 2 3-4 cups milk, 1 teaspoon vanilla, 3 egg whites, one-third cup fine granulated sugar, 1-2 cup chopped browned almonds. Soak gelatine in cold water. Make a custard of the egg yolks, salt and milk. Cook over hot water, stirring constantly until mixture coats the spoon.

Dissolve the softened gelatine in hot mixture. Cool and add flavoring. When the mixture begins to thicken fold in the meringue made by adding the sugar to the stiffly beaten egg whites; fold in chopped almonds.

Turn into moistened moulds and chill. Yield: Six servings.

OATMEAL SHORTBREAD

Three cups quick cooking rolled oats, 1 teaspoon baking powder, 1 cup shredded coconut, 1/2 cup granulated sugar, 1-4 teaspoon salt, 1 cup butter.

Combine the rolled oats with the baking powder. Add coconut, sugar and salt. Mix in the butter. Roll out, being careful to use as little flour as possible in the rolling process.

Cut in squares or rounds and bake in a hot oven of 400 degrees F. until a golden brown. Yield: Four dozen cookies.

COLDS. VICKS VAPORUB

Relieve misery as most wise mothers do. Rub throat, chest, back with VICKS VAPORUB

A Morning Smile

The Doctor was called early one morning to see a woman "right away."

"What's the matter?" he asked. "Is she having another one of those spells she has been having?"

"No," the answer came back, "but she feels so well she's worried."

A lady had been looking for a friend for a long time without success. Finally, she came upon her in an unexpected way.

"Well," she exclaimed, "I've been on a perfect wild goose chase all day long, but, thank goodness, I've found you at last!"

To Melt Surplus Pounds Cut Calories—Not Meals

Reduce on Safe Satisfying Diet "Oh dear," sighs Miss Stout, "I ate so much during the holidays, I MUST cut down."

So for lunch she orders (horror!) just chocolate pie with whipped cream—500 calories!

But her friend, who's on the last lap of her slimming low-calory diet, says: "Don't do that! You'll just skip fattening high-calory foods. On a three-good-meals-a-day diet you can lose 10 pounds in five weeks."

And your calory chart will show you that you needn't skip tasty treats, either. Though you want to avoid buttered waffles (300 calories each) you can have buttered raisin toast (125 a slice). Say no to Brown Betty (500 calories a cup), but choose Spanish cream (100 a cup).

A thrill to see yourself growing youthfully, beautifully slim again! Our 32-page booklet gives 42 low-calory menus based on healthful protective foods. Has calory chart and recipes for low-calory desserts. Explains 3-day liquid diet to start reducing.

Send 20c in coins for your copy of The New Way To A Youthful Figure to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name Street Address City Province

FOR WOMEN ONLY! If fidgety nerves, restless nights and other distress from female functional disorders keep you from enjoying life—take Lydia E. Pinkham's Vegetable Compound—well known for over 60 years in helping weak, nervous women during "difficult" days. Made in Canada.

Living & Leisure

The Woman's Realm

ALWAYS WITH YOU

Say not "Welcome" when I come, Nor "Farewell" tell me when I go; For I come not when I come, And I go not when I go. I am always, ever with you, Always will be so I pray. I would never "Welcome" give you And "Farewell" would never say.

STUMP-TAILED LIZARD

The Australian stump-tailed lizard seems to have two heads. Its head and tail are so nearly alike that it is difficult to tell them apart and is holds its legs in a manner which helps to further accentuate the illusion of a two-headed creature. The legs are kept at right angles to the body, thus making it difficult to tell in which direction the lizard is headed.

HEDGEHOG CACTUS

A curious plant, native of South America, is known as the "hedgehog" cactus. Its surface is entirely covered with sharp spines.

DEER FIGHTS

When deer fight, the antlers have been known to become so interlocked that the combatants eventually succumbed to starvation.

MATERNAL INSTINCT

Hens will defend their young vigorously from attackers. One has been known to catch and kill three rats in a day.

Potted hydrangeas, should be moved into a warm light place in the cellar about the middle of January. Water well and they will soon start to grow again.

The first railroad used rails made of wood with a thin metal strip fastened on top.

Many sand dunes and islands and rural parks where England's uncommon birds found quiet homes are now coast defences and army training grounds.

PAINT ODORS

Painting authorities say that the odor of fresh paint may be removed from a room by placing in it a bowl of water to which ammonia has been added. While it will not remove all paint odor, it will go far toward absorbing much of the disagreeable scent that makes freshly painted rooms uninhabitable.

DREAD PNEUMONIA IS EASILY CAUGHT

Pneumonia is always very dangerous but is especially so to persons in a run-down condition during the winter. We must, therefore, make extra efforts to guard against it at this time of year.

The germs that cause pneumonia are spread abroad by careless coughers, sneezers and spitters and by things they thus infect. The first symptoms are usually a severe chill and fever, a very sore feeling, loss of appetite, and breathing and a heavy sensation in the chest. Sometimes coughing brings up blood from the inflamed lungs. Any of these signs should be the signal for going to bed at once and sending for your doctor. Do not take medicine without his orders.

Like most other diseases, pneumonia loses many of its terrors if its seriousness is realized and the patient acts accordingly. Stay in bed as long as the doctor directs.

Do not go out of doors or back to work too soon. Avoid unnecessary exertion and excessive heat or cold while in a weakened condition.

Heart and lung troubles and other ailments often follow careless treatment of pneumonia. The familiar rules for prevention of the so-called "respiratory" diseases apply; pneumonia. These rules should become personal habits and not be put on or off at times of prevalence or absence of disease.

IN BOND STREET

If the enemy think that they have altered the trade of London's famous shopping street, they would be astished to find they only see Bond Street to-day (writes Alton Settle in the Observer).

In the silverthirties are fine examples of eighteenth-century silverware and gilded services. The elegant lingerie shop shows shirred chiffon garments in rose-red and blush-pink. The gift shops display jewelled boxes, the hat shops millinery toques.

But everything is not luxury. At the Building Centre there is a practical exhibition of the new ways of heating rooms. The fireplaces of to-day are largely made on what is called the convector system: grills low at each side allow the entry of air, grills of radiator openings above the fire give out the same air warmed instead of letting heat go up the chimney. The result is the warming of a large area round a fire instead of heat being lost to the rest of a room. It also saves forty per cent. of fuel.

HIGHLIGHT ON HOODS

Many women are dispensing with hats for the duration. This does not mean that they will go about with head uncovered; instead they will wear a loose turban or hood either to match their costume or fastened on to their coat collar. A wide array of dress material can be used up, and any extra piece twisted into a small muff and lined with a warm woolly material. Hoods are a practical idea because they cut out the new loose lines which are becoming to all types of faces.

Needlecraft—For The Home

Your dress-up frock will be a two piece style this Winter. Here is a pattern that you want to make right away so as to have it ready for Holiday parties. Becoming shoulder yokes with soft bust fullness and a slim waistline make the button front jacket. The skirt is slim and graceful. Just the way you want it this season. Make a turban to complete this charming costume that will be your favorite until late in the Spring. Style No. 2577 is designed for sizes 12, 14, 16, 38, 40 and 42. Size 38 requires 4 1-8 yards 39-inch fabric. Hat No. 3144, designed for one size, adaptable to any headsize, must be ordered separately. Send Twenty (20c) coin is preferred. For Pattern, Write plainly your Name, Address and the style number. Be sure to state the size you wish. Style No. 2577 Size Name Street Address City Province

FOR WOMEN ONLY! 2577 SIZES 12 to 42 NAT - 3144