Woman's Realm / Social and Personal / Fashions / Literature

Happenings of The Week

A massed choir of 500 voices sang "God Be With You" and "Will Ye No Come Back Again?" from the dockside in Cape Town Thursday as the British battleship Vanguard, the King, Queen and the two Princesses aboard, moved slowly away for its homeward voyage to England. Crowds lining the waterside waved and cheered when the battleship gathered speed. Within half an hour she was clear of the harbor and under escort of aircraft and three frigates. The Royal family stood on the top of a gun turret to wave farewell to South Africa. Just before the gangplank was lifted clear, Marines dashed ashore to fetch the Queen's wrap and sunshade, also the Princesses' sunshades, which they had forgotten in their motorcars.

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The Governor-General and Viscountess Alexander left Wednesday for a two-day visit to Toronto and Hamilton.

* * *

Mr. and Mrs. Ewen MacKinnon left yesterday on a holiday visit to their son, Mr. Charles MacKinnon and Mrs. MacKinnon in Montreal.

* * *

Mrs. E. H. Norton was taken suddenly ill at her home last Sunday, much to the anxiety of her family and friends.

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Mr. and Mrs. Lloyd D. Murray, former Charlottetown residents, are leaving their winter home in Orlando, Florida, shortly, and will reopen their summer home "Risfon" St. Andrews-by-the-Sea, early in May.

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The sympathy of many friends goes out to Mrs. Stewart in the sudden illness of her husband Lt. Col. C. J. Stewart at present in the P. E. I. Hospital.

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Mrs. Dora Mathieson Campbell left Wednesday to spend several weeks in Montreal.

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Mrs. H. W. Weeks was hostess at a delightful three table luncheon bridge at the Charlottetown on Tuesday.

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Dr. G. R. Brow, Dr. Sclater Lewis, Dr. Louis Lowenstein, Dr. J. C. Meakins, and Dr. Charles Moffatt, Montreal, who are Fellows of the American College of Physicians, have left for Chicago, Ill., to attend the annual meetings of the Society.

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Mrs. Alexander Horne of Summerside entertained at a luncheon party yesterday several guests motoring up from Charlottetown for the social gathering.

* * *

After a very interesting time attending the Canadian Restaurant Association convention in Toronto where they made many pleasant contacts, Mrs. Milton Bell and Miss Glover left on a holiday to New York and Boston before returning home.

* * *

Mrs. Ray Keenan left by plane yesterday morning for Boston where she will be joined by her sister and brother-in-law, Col. and Mrs. Royal Colby Wilson of Miami, Florida and her brother, Mr. Roy E. Burdett of North Carolina for a short visit before proceeding to New York where she will enter the French Hospital for treatment.

* * *

Mrs. Verner Moore of Crapaud was among the women delegates attending the Nova Scotia Anglican Synod in Halifax this week.

The Duke of Windsor joined a throng of sightseers in the Senate visitors' gallery in Washington on Wednesday. Unescorted by the Duchess, he sat with Leslie Biffle, Democratic secretary, and heard Sen. Claude Pepper, (D., Fla.), deliver a speech attacking the Republican union control program.

* * *

A cordial welcome is being given Mrs. Bessie Waller who returned home Wednesday from an extended visit to Toronto, Vancouver and Edmonton. Mrs. W. A. Stewart who accompanied Mrs. Waller to Vancouver where they met many former Islanders is continuing her visit for several weeks.

* * *

On the occasion of their 51st wedding anniversary on Wednesday, Mr. and Mrs. W. J. Drake, Grafton Street, received an exquisite bouquet of spring flowers from the Masonic Lodge, accompanied by good wishes for many happy returns of the day.

* * *

Miss Marjorie Power was the guest of the Co-Eds of St. Dunstan's University Thursday afternoon after the college social at an enjoyable supper in the Old Spain Blue Room. Miss Power will be among this year's graduates.

Mrs. Aben MacLean is resting comfortably following an operation in the P. E. I. Hospital earlier in the week.

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Rev. I. J. and Mrs. Ibbott who have been attending the Anglican Synod in Halifax arrived home last evening.

* * *

The indisposition of Mrs. Frank C. Clark in the P. E. I. Hospital is regretted by her many friends.

* * *

Mrs. (Dr.) F. C. Dougan arrived home over the weekend much improved in health after several months hospital treatment in Boston, the result of a fall in her home last year.

* * *

There is some gossip that Princess Elizabeth's 21st. birthday might bring her a new title but that is thought unlikely in London circles. The recent campaign to have her styled the "Princess of Wales" fizzled out when it was pointed out that that title is reserved for the wife of the King's eldest son.

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The princess is said to want her own automobile now that she is 21. There also has been speculation the King may give the Royal Princess a country estate where she can run her own establishment. At present her private quarters consists of a three-room suite in Buckingham Palace.

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Although brought up as an outdoor girl, Princess Elizabeth is at home in the theatre and on the dance floor. A "Royal Minuet" has been composed in honor of her 21st birthday but it was not permitted even to mention her name because of possible commercialism.

* * *

In addition to horses, Princess Elizabeth is fond of dogs and, with Princess Margaret, she set the style for London's dog fanciers with Welsh Corgis. She is well versed in French, speaks a little German and is a competent pianist.

Harmony is an essential ingredient at mealtime, according to the health experts. Nothing upsets the stomach and invites indigestion like excitement, bickering and discord at the table. This is particularly true when there are children eating.

That Body of Yours

By James W. Barton M. D.

REMOVAL OF GALL BLADDER LESS DANGEROUS NOW

Before women stopped wearing tight corsets, it was a common saying that a woman who had suffered with gall stones was fair, fat, and forty. Since women have done away with tight corsets, the number of cases had decreased but still the women outnumber the men with gall stones by two to one. The fact that gall stones are commoner in women than in men is believed due to the sex hormones, as they are active earlier in women than in men. The fact, also that it is at or toward middle age—near the menopause—when gall stone symptoms are most severe, points to some derangement of the sex glands. This affects the working of the gall bladder, causing it to develop or deposit gall stones within it.

Added to the derangement of the sex glands is often a mental or emotional change, which also affects the gall bladder and causes formation of gall stones. A sort of mucoid or "sticky" substance manufactured by the walls of the gall bladder, causes the tiny stones to stick together and form a large stone and symptoms.

What should be done about gall stones?

As the majority of individuals with gall stones do not know they have them and have no symptoms, no treatment is given. If, however, attacks of gall stone colic occur, physicians now advise the removal of the gall bladder.

In the New England Journal of Medicine, Drs. Howard Clute and E. R. Kenney, Boston, state that the removal of the gall bladder for chronic inflammation of the gall bladder and formation of stones is now very safe. Of 201 cases, only one was lost. "But patients must not be admitted one day and operated on the next. Time must be taken to make certain that the diagnosis is correct and there are no complications such as anemia or weakness of the heart."

By careful observation, X-ray and dye tests, and strengthening the patient by giving liquids, sugar, and proteins, the removal of the gall bladder is not the "dangerous" operation of former years.

THE STARS SAY—

By GENEVIEVE KEMBLE

For Sunday, May 4

SUNDAY'S horoscope shows a rather static frame of mind, with the inclination toward the inert, stagnant and depressed, and a mental attitude confused and undependable. It might be advisable to make this a day of rest, relaxation or spiritual contemplation, postponing all physical activities until more favorable auspices or more stimulating circumstances.

Those whose birthday it is may not be disposed to any great ambition or worthwhile objectives, since the energies, attitudes and disposition are stagnant, indifferent, or bogged down by a sense of frustration or limitation. This may be awing to a depleted physical condition, sustained by a lackadaisical state of mentality. Caring for these and working along lines of least resistance would give desired benefit.

A child born on this day may require careful training and care lest inertia, indifference and a sense of frustration and futility undermine its usefulness in life.

For Monday, May 5

MONDAY'S astrological forecast shows the prolongation of a static or inert state of affairs, with little to incite activity or live interest. It might be well to adhere to programs that would not put a heavy tax on the energies or mentality, since these are not up to a level of creative expression, nor to be relied upon. The outlook may be gloomy, spirits tense or apprehensive.

Those whose birthday it is may have a year in which it may be well to simplify programs and plans, limiting the energies and ambitions to the absolutely urgent, needful and concrete, in both private and business affairs. The physical and spiritual urges may be depressed, tense or fearful, with a "what's-the-use' 'attitude, unless deep roots of philosophy inspire a more constructive trend of mind and emotions. "This too shall pass away" gives firm and optimistic foundation for gracious living.

A child born on this day may be little inclined for an active or practical career, being disposed to a studious, philosophic life , with inrovert leanings.

How Can I ! !

By Anne Ashley

Q. How can I prepare and serve creamed eggs attractively?

A. To cream hard-boiled eggs, chop and serve in a thick cream sauce on toast. An attractive garnish can be made by shredding a part of the yolks for a garnish and adding strips of green pepper.

Q. Should white clothes be dried quickly?

A. No; clothes dried slowly are whiter than those dried quickly.

Q. How can I prevent onion odor on the hands?

A. If onions are kept immersed in cold water while they are being pared, they will leave practically no odor on the fingers or hands.

DOROTHY DIX SAYS—

Should Girls Propose?

Convention Prevents Custom But It's More Important Than Voting

Would there be more happy marriages if women were as free to select their mates as men are? This is one of the questions that cannot be answered definitely because the experiment has never been tried out. Women have always been the picked instead of the pickers, and they have had to take what they could get in marriage, or else be old maids. And oftener than not, this has not been their preference

Personally, I think that there would be more and happier marriages if an idiotic convention did not prevent women from popping the question. It would boost the marriage statistics, for one thing, because it would bring into the fold the shy and timid men who are stricken dumb in the presence of a woman and can never summon up the nerve to say "will you?" Also, it would salvage many a lonely man who does not consider himself matrimonial material because he isn't rich, or handsome, but who would make a grand husband if only some smart woman would grab him and lead him to the altar.

Also, women, if given a free hand in the matter, would, taking them by and large, make wiser selections of their mates than men do. Even with the prevailing man shortage, you seldom see a woman marrying a nitwit man just because he has a John Barrymore profile, or ambrosial curls. Nor are rich old women given to marrying playboys young enough to be their grandsons. Nor do bobby-soxers think they have found their soul mates in widowers with children. Yet we see men committing these matrimonial follies every day.

WOULD SHOP AROUND

If women had the say-so about picking out their mates, they would go shopping for their husbands just as carefully as they do for their gowns. They wouldn't grab the first thing they saw on the bargain table, as men do. They would look 'em all over and, at least, try to get their money's worth in something that is all wool and a yard wide and that won't shrink or fade in the wash of everyday living.

That this would make for happier marriages is indisputable, for husbands are a matter of taste, and if a wife has one who fires her fancy and is her heart's desire, you have a picture of matrimonial bliss that can't be beaten. For the contented woman is the one who has gotten what she wanted, not a makeshift that she has to put up with. If her husband has faults, she doesn't see them. She is on her tiptoes always trying to please him. She thinks he is the smartest, the best-looking, the most wonderful and fascinating man in the world. All of which makes for domestic peace and joy and is a soothing thing to any man's ego.

The women who are naggers, who are henpeckers, who are grinding tyrants, who are slouchy dressers, and who fight with their husbands over every trifle, are invariably women who married their opportunity instead of the men they wanted. They are disappointed and disgruntled and they take out their chagrin on their luckless spouses. For where there is no love, there is no desire to please.

It is strange that women, who fought valiantly for their political freedom, have never struggled against the taboo that denies them the privilege of popping the question. For the right to vote is a small thing compared to the right to pick out your husband.

Modern Etiquette

By Roberta Lee

Q. Is it very necessary that the feet be dressed in perfect harmony with one's other garments?

A. Yes; a charming costume can be entirely spoiled by failure to dress the feet in harmony.

Q. What does Alma Mater mean, and how is it pronounced?

A. Alma Mater is a university, college, or school where a person has been educated. Pronounce first a as in at, second a as in ask unstressed, third a as in may, accent first syllable of each word.

Q. What does it mean when the corner of a visiting card is turned down?

A. That the card has been left by the owner in person, and not by a messenger.

Morning Smile

A very rich man had married a beautiful woman who, unfortunately, was beneath him socially.

They were about to attend a big dinner, and the husband gave her a few words of advice before starting.

"Just be yourself and everything will be O. K.", he said. "Don't try to be clever, whatever you do."

During the dinner, at a moment when the rich man's wife was resting her clasped hands on the table, there came a lull in the conversation.

"Awful pause," remarked the man by her side, with a smile.

"And so would yours be," snapped the other angrily, "if you'd worked at a washtub all day for five years like I did before I was married."

Better English

D. C. Williams

1. What is wrong with this sentence? "I cannot go that person."
2. What is the correct pronunciation of "temperament"?
3. Which one of these words is misspelled? Pictorial, piazza, picaninny.
4. What does the word "interminable" mean?
5. What is a word beginning with en that means "a being"?

ANSWERS

1. Say, "I cannot tolerate that person." 2. Pronounce tem-per-a-ment, four syllables, not tem-pra-ment, nor tem-per-ment. 3. Pickaninny. 4. Endless. (Accent second syllable.) "The hours of waiting seemed interminable.". 5. Entity.

Household Scrapbook

By Roberta Lee

A Good Color

If some of the underwear and white clothes have acquired an ugly color, hang them out very wet the first day there is a stiff breeze. They will come off the line beautifully white.

Pressing Rayon

Always iron rayon garments on the wrong side while damp. This gives luster to the fabrics.

Sparkling Crystal

Crystal and cut glass can be made to sparkle by dipping a small brush into lemon juice and scrubbing the glass with this.

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Ellen's Diary

By an Island Farmer's Wife

The lambkin, ours have been expecting recently, has chosen to arrive tonight. It is perhaps the best time of all the week — this time when the workaday week gives place to the Sabbath of rest. "But not just yet" James tells me, tossing his cap to the couch and reaching for his pipe. He has returned from a last round to stables and fold — well not a last trip to the latter, where I fancy he must return presently. Prior to that, we had gone with visitors to their car, standing there a minute to watch it roll down the driveway in the brightness and frost of the night. Stars glittered coldly, but the moon was pretty, as we caught sight of it behind the topmost branches of the old spruces down in the orchard. "I can remember" James remarked on the coldness, when I turned away then to hasten to the warmth of indoors "in other years, we have been fencing this very day." However there was no fencing at Alderlea today, though this has been one of April's best days.

* * *

Indeed this of them all has been one to make us say: "It won't be too long now before farmers will be out on the land." I remember now it brought anglers to the stream and for the first time this season the familiar ring of the sawing from the mill. I caught the tangy scent of the freshly sawed boards as I came towards the dam on my way up the short-cut at mid-afternoon. For my day which began early has been lengthy, though not at all beset, and included a brief trip to the city. Quite pleasant, I found the trips, though as yet the country is drab and like our own, the farmsteads await warmer weather to effect the general tidying up which comes in the wake of the Winter's going. But far horizons were hazy and lovely and the sky so blue and the sunshine so radiant, one could not fail to read therein the promise of nice warm days to come.

* * *

Our entire week has been busy, for it brought the bustle of the potato-grading again, as well as the getting away of those that had been done. As usual, the latter is fraught with anxiety to James — and me. "I wouldn't be one bit surprised, Ellen" James invariably tells me, as the laden truck rolls on its way out above the hill on the first lap of the trip to world markets, "if those do not pass inspection" and then is not at all surprised when a favorable report is returned. "They're O. K. James —and Ellen" our genial inspector of that day wrote on a scrap of paper for our benefit "send along some more!" Which we did, until now very few remain of last Fall's digging. The younger lad from the house on the hill, transported them in his red truck, and rules being rules as to our country's roads, he came at early morn so early that I was still following after James down his intriguing road of dreams. Some of this week's nights, Jamie was our overnight guest and last night, we entertained great-grandfather to him. One morning Jamie and I angled, when the water had a fetching sheen and ripple and the wind so Jock said was "about right." We caught one that Jamie was sure "would have grown into a herring" and one afternoon, we ascended hand over hand to arrive at the straw loft where in the depths of it Tabby lay, with her two kit-cats snuggled beside her. We admired them and then sat there listening to the wind about the eaves and watching the sunbeams from a gable window fall athwart the empty swallows' nests on the now bare rafters.

* * *

One day, Jamie found our first lamb and in his excitement called loudly for James —and later to his amazement the number had increased as if by magic to two, and mother and babes were moved to the shelter of a warm pen, for that night a cold piercing wind blew. The Mutt-dog remained overnight as well as his small master and with him on sunny afternoons and mild, ran merry races and tumbled over and over each other about the lawn and meadow. And strangely enough one day found the sea-gulls had gone from the neighborhood out to the width of the river. Jock added to our herd of cattle this week by the purchase of a yearling heifer, to the consternation of James who like myself finds the present period of inflation or what-have-you often disturbing. "Twenty dollars!" James repeated "for the like of that! No," he said in response to my comforting remark "I'm afraid that won't grow into anything, Ellen!" And the newly bought colt gets odd lessons in deportment and such, to fit him to take his place with the others in the cropping season to come. Quiet it is here and still, except for a lonely bleat that comes now to disturb the silence. James rises and picks up his cap, and as he closes the door behind him, Pard barks in surprise. The light continues across the yard to our "fold" where it is most likely a new lamb is to be found. And since we go to our churches tomorrow, a verse I read somewhere that has to do with "the sheep" and "the lambs" of another flock comes to mind:

"Now why should the sheep be so
carefully fed,
And cared for still today?
Because, there is danger,—if they
go wrong,
They will lead the lambs astray
For the lambs will follow the sheep
you know,
Wherever they wander, ' wherever
they go."

Until Monday —Diary — Good-night.

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Living & Leisure

THE WOMAN'S REALM

I have known the silence of the
stars and the sea,
And the silence of the city when
it pauses,
And the silence of a man and a
maid.....
And the silence for which music
alone finds the word.
—Edgar Lee Masters.

TAILORED FICHU TRIMS BLOUSE

NEW YORK —The blouse with the tailored fichu comes in delicate shades, one capturing in its design much of the imagery of the zodiac. Wear it with slim, long-pleated skirt and you step out in a most convincing evening gown.

Cutaway jackets and boleros bring the blouses into focus at the waistline as well as the neck. This accounts for the number of blouses whose lines follow cutaway curves, contrasting pattern with plain. This little spot of sudden color at the belt can be surprisingly emphatic, standing forth importantly where the jacket edges away from each other. Let it match or contrast with your suit, as you wish, but never leave your accent colors unescorted. See that they step out with the right partners.

In less sophisticated mood, there is line interest in simple tailored blouses featuring deep pleats.

DELICIOUS LIVER DISH

Here is a new method of preparing liver: Ingredients: 1 1-2 pounds of beef or pork liver; two tablespoons fat; one teaspoon salt; one cup of celery or two teaspoons dried celery leaves; two small onions; six carrots; 1-2 cup of tomatoes; 1-4 cup vegetable water; two tablespoons flour. Prepare celery, cut pieces and put in bottom of greased baking dish, sprinkle with salt. Cut liver in pieces for serving, place on top of celery and dot with fat. Chop onion and dice carrots. Put these with the tomato and vegetable water, and add to liver. Bake in moderate oven 45 minutes, keeping dish covered during the first half hour of cooking. Thicken gravy with flour and serve hot.

LONDON CLUBS FOR OLDSTERS

"Old Foks at Home" is no longer the slogan for London's grandmas and grandpas. In fact, it's become "Old Folks Step Out"...... for tens of thousands of them are now enjoying membership in old people's clubs and many more communal rendezvous for the not-so-young are being planned.

These clubs were first established on a large scale during the ...., but since then, London's lonely "over-sixties" wanted them not only to continue but to expand.

To-day there is a network of well over 100 old people's clubs operating in London. Some are supervised by the London County Council, others are maintained by various welfare organizations. Many have their own hot lunch service, and all supply light snacks. Members stage their own debates and enjoy informal talks by visitors from all walks of life.

So London's old folks are stepping out and liking it!

WOMEN WORKERS OFTEN OFFEND

The job advancement of the feminine office workers so often depends upon the way she looks and behaves that these cardinal rules on what not to do, briefed by a movie company expert, are worth clipping out and pasting up by the career-minded girl.

1. Don't overdo make-up. The office is no place for exaggerated effects.

2. Don't tug at a girdle. Or pull up stockings. You don't need to be told why.

3. Don't file nails, or put on make-up at your desk. The powder room is reserved for that.

4. Don't sprawl. Or sit like a letter "S". Besides being ungraceful, such posture undermines efficiency.

5. Don't have a mirror on your wall. Very few girls can resist the temptation to preen.

Cook's Corner

ANGEL CAKE

1 cup sifted cake or pastry flour
1 cup egg whites (8 to 10 egg whites)
¼ teaspoon salt
1 teaspoon cream of tartar
1¼ cups fine granulated sugar
½ teaspoon vanilla
½ teaspoon almond extract

METHOD: Sift the flour once, then measure and sift again several times. Beat the egg whites until frothy and then add the salt and cream of tartar and continue beating until they are quite stiff but not dry. Add the sugar, a small amount at a time, folding it in, then add the flavorings. These may be changed to suit your taste. Lastly fold in the flour gradually — this folding is important because if you attempt to beat in the flour with this type of cake, a good deal of volume will be lost in the finished product.

Pour the mixture into an ungreased tube pan and bake in a moderately slow oven (325 deg. F.) for about 1 hour. Always test an angel cake before removing from the oven, for if it is not baked long enough, it may drop out of the pan before it is cold, when inverted to cool.

Remove from the oven when done and invert in the pan until the cake is thoroughly cold before taking it from the pan.

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