Woman's Realm / Social and Personal / Fashions / Literature

Living & Leisure

—THE WOMAN'S REALM—

HE LISTENED

He sat in peace. He listened.
and heard a soft thing stir;
no wing was ever brighter;
no song was lovelier.

No tree was ever greener.
No bough was ever bent
with more abundance, saying
in silence what it meant,

The traffic raced behind him.
A thousand walkers stirred.
They hurried past each other.
He heard one small brown bird.

one brown bird, on a lone tree,
as sweet as any lark,
heard only woodland singing
in the downtown city park.

JOSEPH JOEL KEITH

Only about one-third of the wood in a tree is now converted into usable products.

A shortage of coal may cause a shortage in food; the manufactures of commercial fertilizers require coal.

Crows seem to keep up an almost continuous "talking"; they have wonderful eyesight, good ears, belligerency, and omnivorous eating habits.

The United Kingdom is planting many new forests on suitable lands to make Great Britain as independent as possible as far as timber supplies are concerned.

The value of the Mississippi river to cheap transportation is indicated by the fact that one tow boat can push barges of petroleum products from Louisiana to St. Paul carrying enough to fill 400 tank cars.

WAY TO DARKEN SCANTY BROWS

To build out eyebrows where they don't actually grow—of course it can be done, and quite successfully—sharpen your pencil and get set to do what plenty of glamour girls do.

All set? Dip pencil in cold water to set the wax. Now "feather-stitch," using almost the same technique that you would on an embroidery hoop, to make hair-like strokes that build out brows.

Lightly pencil-stroke the hairs that you grow to match those which you have painted on. Go over the entire arc with your little finger to blur ever-so-lightly the pencil markings. See, when you finish, if even you aren't convinced that nature did the job and not you.

MEANING OF MARGARET

Margaret signifies "A Pearl." This is the English and Scottish form of the very beautiful name which has remained a firm favorite through many centuries. It originated from the Persian word "Murwari," meaning "Pearl," or "Daughter of Light."

There is a lovely old Eastern legend which declares that pearls are drops of moonlit water received into shells of the oyster when they rise each night from their ocean bed to worship the moon. When they sink to the depths of the sea once more these radiant drops harden into shining pearls. Certainly the silvery sheen of the pearl carries out this pretty story.

When used in its alternative form, "Pearl," it becomes one of the "Jewel Names," and its meaning then is "Innocence." In France this name is used as Marguerite, which gives us our pet diminutive "Daisy," with the meaning of "Innocence", the pearl and the little white flower having identical signification. Margery, Margot, and Margarita are other forms.

WEDDING HINTS FOR JUNE BRIDE

A June bride's trip to the altar is subject to some dismaying excursions out of the aisle if she doesn't take the slickness off the soles of her pristine shoes.

Because calamities from shoe-sole slips sometimes happen at solemn weddings, Wilma Allen, a bridal counsellor, says she always tells her clients to wash off underfoot slickness with a Turkish wash rag.

Some more hints from Miss Allen may be useful to brides-to-be whose heads are in the clouds to think things through. One tip is [illegible] last. By last, Miss Allen means after the gown is zipped up and the tulle is anchored. This keeps down the hazard of sullying the all white look.

If the bride will remember to keep the last two days before her wedding free of appointments—all dress-fitting, hair-dressing, party-going appointments, says Miss Allen—she'll be a more serene bride and a pleasanter companion on the honeymoon.

RETURN TO CIVILIAN LIFE

—may bring Penality!

Many returning service men and womes may find that civilian life brings a let-down. After rigorous army training—too much rich, fatty food and too little exercise may lead to an overloaded system clogged with toxic waste.

No wonder so many ex-service people have adopted a favourite British remedy for keeping fit and trim despite rich, heavy food—and now take Bile Beans nightly. This gentle all-vegetable regulator stimulates the liver and tones up the entire system. Over 7 million boxes sold last year—largest-selling liver pills in Great Britain. Ask your druggist today for BILE BEANS—"The Remedy that Wakes UP Nature". 56

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Watch Fleischmann's *active* fresh Yeast go right to work—help give your bread more delectable flavor, finer, smoother texture *every time*.

IF YOU BAKE AT HOME, be sure to get Fleischmann's fresh Yeast with the familiar yellow label. *Dependable* — Canada's favorite yeast for more than 70 years

Always fresh—at your grocer's

MADE IN CANADA

Ellen's Diary

By an Island Farmer's Wife

We have just returned from a pleasant ride behind the Nell-mare which took James and myself in the road as far as Rob's. The excursion came as a surprise to me. When I had turned away from setting the last clean milk pail on the drying rack then it was that I saw James hitching the mare. "You may as well come too" he invited. There were a number of chores I might have gone to, but the evening was so quiet and lovely and I fancied I caught a slight appeal in James' tone which I could neither disregard nor forget. After a period of difficulty and strain in which James cautioned me "now don't climb up on that wheel, Ellen—wait now and I'll try and hoist you aboard" I presently found myself seated comfortably on a rug in the corner of the farm cart and we were down the lane on our way to Rob's. We might have gone driving the family car—with the new sticker—or we could have taken the driving-wagon but of what use would either one of these vehicles have been for our intended purpose? James' mission was to fetch the spike harrows from Rob's and "now don't let me forget this, Ellen! some hay-seed" as well. Alsike, clover, timothy are all "hay-seed" on a farm We took our outing at an opportune time for when we entered the roadway not a car was in sight. Perhaps we were better able to enjoy it on that account. There were no interruptions to our conversation, neither were we obliged to draw our equipage aside to allow a more or less imposing vehicle to pass. Calmly and quietly, the sound of our wheels, the only echo on the tranquil evening air, we proceeded on our way.

"Seeds are looking fair" James remarked nodding in the direction of the field across the creek, along which the roadway runs. The pretty green of the new clover (now asleep) had come there to match the color of the trees along the mill-stream, held therein Funny, I thought to myself as the cart jolted along that there is no jarring shade in the Spring scheme of things. Mother Natufe blends it all beautifully into one glorious ensemble of colors. Frogs were tuning up now, and somewhere up along the stream, a wild duck quacked— a quick startled call. "A lot of manure over there to be spread before the crop's in" James remarked, doubtless with uneasy anticipations of this arduous yet integral part of the cropping. I saw the old pine by the roadside motionless against a colorful sky and over in a field to the right, small spruces were taking possession of a fence corner. The stream rippled a lullaby to the overhanging trees as we journeyed beside it and a trickle of water from a small spring kept company with us for a time as well I joined Jamie and his mother in a round of sight-seeing while James was obliged to go to a distant field to fulfill his mission. Dusk was creeping up by now and it needed the small flash light Jamie carried, to reveal any important object in our itinerary. I must visit the lawn first and down on his knees as the first star shone above a homestead over the way, he wanted to know if I could see several seedlings that had come above the ground today, as he pointed them out to me there. We saw the chicks warm and cuddly and mifting marked growth and we called on the rest of the sitting hens to remove several newly hatched chickens.

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We came indoors to look at the recently set out slips on the sills in the sun-porch and forgot the rabbits entirely. But away down in a corner of a now-empty stable we saw the new kittens There on a soft warm bed of hay, we found them, Jamie picked out the spot with his light. The white mother was whiter because of the surrounding darkness and he saw to it that the small whining ones, the two black and one white, had easy access to their fountain head. "You lie yo'self down" he ordered the mother cat and soon the three were content to sleep. "That's right," James, who by this time had returned from the field,, encouraged "you make sure that no animal is ever neglected or hungry". They accompanied us to the end of the lane then— Karolyn and Jamie on the way to meet Rob at a neighbor's. A small sturdy figure, hands thrust in pockets, Jamie stepped off into the star-lit night ahead of his mother. When he had gone a sort distance he turned to inquire, "Are the same many eggs in the robin's nest?" and when I had answered him, satisfied, he continued on his way.

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The first of the grain seeding was done at Alderlea today, with James handling the team lines and the controls of the old seeder. "For thirty nine Springs I have sowed grain," he told me, when he was exploring every spout of the machine to make certain that there would be no seed lodging there when presently it was in operation. For seeders tell tales on their operators, sometimes almost too incredible for them to understand As it is, James declared dubiously at supper "I'm not sure Ellen, that I made a very good job of it and I'm wondering with that clipped oats if I sowed it too thick or too thin." No thrills to farming—now who was simple enough to circulate that report? When at least for a week, both James and I, myself shall be sitting on the edge of our seats in suspense to catch a sight of that grain as it appears in a misty green on the face of the field. Thick or thin, time will tell. Meanwhile, James who has come from a brief visit to the house across the lane asks me: "Would there by any chance be a bit of that fresh cod left over, Ellen? You see, I scarcely had time to catch the taste of it at supper." So

Until tomorrow . . . Diary . . .
Good-night. . .

The common cowpea, also known as the blackeye pea or the blackeye bean, provides popular human food in its seed and valuable feed for cattle in the plant itself; when ploughed under the plant enriches the soil.

Iced tea is colder than the ice used to cool it, since the addition of a solute lowers its freezing point.

British sailors neckerchiefs were changed to black in 1805, to commemorate the death of Lord Nelson.

KING COLE TEA Extra Choice

The Finest Money Can Buy

Dorothy Dix Says—

Answer To Martial Success

Lack of Congeniality Undermines Felicity of Domestic Realm

There is nothing of which I am more firmly convinced than that every successful marriage is built on a rockbottom of congeniality. Let a man and a woman have the same tastes and habits and enjoy the same things. Let them see eye to eye about how to bring up children and make coffee. Let them find each other's society as soothing as a hot flaxseed poultice, and all the winds of adversity may huff and puff around them without blowing down their house of happiness.

But no one can picture a happy home in which the husband and wife are always in each other's hair and where every word is a fighting word. Such a couple may have all of the domestic virtues and deep down in their hearts they may have an affection for each other, but they never have good times together because they never react the same way to any situation. Antagonistic dispositions no more blend harmoniously than oil and water.

UNRECOGNIZED INCOMPATABILITY

All of this being true and it being a matter of common knowledge that the friends we enjoy most, and even the casual acquaintances whose society we cultivate, are those who yes-yes us instead of those who start an argument over every subject that is broached, it is strange that we do not put congeniality at the top of the list of qualities that we desire in our mates.

But we don't. Boys and girls are caught by the lure of a pretty face, or a new line, or a charming personality. And they never stop to notice that they disagree on every subject from politics to pie, and that in everything they do one or the other has to make a sacrifice. Or they befool themselves into believing that they can iron out all of these differences in temperament after marriage.

Yet the lack of congeniality wrecks far more marriages than does drink or philandering, or bad cooking, and if you could trace every divorce to its source, you would find that the first break came when the husband and wife found out that they had nothing in common.

Think over the mismated couples you know—good, kind, upright people who keep the letter of their marriage vows, but ignore its spirit, and who make their homes places of torment just because they are so different in every characteristic, in every thought and emotion that they cannot keep off each other's nerves.

Recall the gay, warm-hearted, affectionate girl you knew who married a frozen introvert who has never said a tender word to her, or given her any indication that he regarded her as anything except a household convenience. It has turned her into a bitter, pessimistic woman whose marriage is dust and ashes in her teeth, and made him wonder why he was ever foolish enough to marry a woman with so little emotional control.

And if you will notice the thing that husbands and wives invariably object to most in their mates you will find that it is something they don't like to do themselves. The wife who is a rabid prohibitionist raises ructions over her husband wanting a glass of beer with his dinner. It is the woman who doesn't like outdoor sports who bewails herself as a golf widow. It is the men with stomach ulcers and the grouches of the chimney-sitters who are always complaining about their wives' cooking and gadding. You never hear a pipe out of those who like to eat and step themselves.

Of course, there is the attraction of opposites, which is a scurvy trick that Mother Nature, who cares only for the good of the race and not the happiness of the individual, plays upon us. But this fleeting charm does not last. Congeniality is the real tie that binds husbands and wives together.

Cook's Corner

FRIED EGGS

Melt butter or fat in a pan over low heat and drop the egg or eggs into the pan. Shake the pan while cooking so that when the eggs are cooked they can be slid off the pan easily with a spatula.

Maintain a low heat all during the cooking time.

Scrambling eggs is another thing that is too often done by hit or miss methods.

SCRAMBLED EGGS

Scrambled eggs should also be cooked slowly and over low heat. An important thing to remember here is that scrambled eggs continue to cook after they are removed from the heat, that is, with the heat that is conserved in them.

Therefore, take them from the fire when they are a little softer than you want them to be when served — they will reach the proper consistency by the time they are eaten.

If you like them mixed with milk or cream, add only 1 tablespoon of either of these to each egg before beating.

A good way to cook scrambled eggs is in the top part of a double boiler, over hot water. In this way you can be sure they will be cooked slowly.

Melt about 1 tablespoon butter in the top part of the double boiler and then add the beaten egg mixture. Lift up occasionally during the cooking to ensure even doneness. Remove from the heat while still moist in appearance and serve.

FLUFFY OMELETTE

5 egg whites
½ teaspoon salt
5 egg yolks
Dash of pepper
1/3 cup milk
1½ tablespons butter

METHOD: Beat the egg white with the salt until stiff, but not dry. Beat the egg yolks until thick and lemon colored, and add the pepper and milk. Fold the egg whites into the egg yolk mixture. Melt the butter in a large pan and, when the pan is well heated, pour in the egg mixture.

Cook over low heat for about 5 minutes, or until the omelette is browned on the bottom. Then bake in a moderate oven (325 deg. F.) for about 15 to 20 minutes, or until the omelette puffs up and the surface is dry. Fold over and serve immediately.

Modern Etiquette

By Roberta Lee

Q. Is it rude to stand behind the players and watch a card game in a home where one is a guest?

A. No, if one can manage to refrain from commenting on or criticizing the method of play.

Q. When the wedding is to be at 3 P. M. and the bride is to wear her going-away costume what should the bridesmaids wear?

A. Afternoon frocks.

Q. When a maid or waiter is serving a seated person, in which hand does he hold the dish of food?

A. In the hand farther from the person.

How Can I!!!

By Anne Ashley

Q. How can I varnish the paper on the kitchen or bathroom walls so that it may be wiped with a damp cloth?

A. Mix one ounce of gum arabic, three ounces of glue, and a bar of soap, dissolving all in a quart of water, and apply with a clean paint brush.

Q. How can I preserve the flaving of a rocking chair?

A. It will not creep if the wrong side of strips of velvet or felt are glued to the bottoms of the chair rockers.

Q. How dan I preserve the flavor when serving roast meat cold?

A. Wrap it in a damp piece of cheesecloth while it is still hot.

adds flavour to every dish it touches

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Household Scrapbook

By Roberta Lee

Tired Eyes

A soothing lotion for the eyes that are used a great deal during the day's work is a mild solution of boracic acid and water, epsom salts and water, or plain salt and water. These are all very economical and yet very effective when used in an eye cup.

Boiled Starch

If the boiled starch is not to be used immediately, cover the dish closely. This will prevent a skin from forming over the top.

Ink Stains On Desk

If a desk has ink stains on it, try applying equal parts of vinegar and linseed oil to the spots.

Better English

D. C. Williams

1. What is wrong with this sentence? "What kind of a picture is it?"
2. What is the correct pronunciation of "facile"?
3. Which one of these words is misspelled? Roquefort, robery, roulette.
4. What does the word "refute" mean?
5. What is a word beginning with pe that means "supported from above"?

ANSWERS

1. Omit a. 2. Pronounce fas-il, a as in at, accent first syllable. 3. Robbery. 4. To disprove by argument, evidence, or proof. "Neither science nor philosophy could refute its apparent reality." 5. Pendent.

Morning Smile

AN INSULT

"What do you mean?" roared the politician, "by publicly insulting me in your old rag of a paper. I will not stand for it and I demand an immediate apology."

"Just a moment," answered the editor. "Didn't the news item appear exactly as you gave it to us, namely, that you have resigned as city treasurer?"

"It did, but where did you put it?—In the column under the heading 'Public Improvements'."

MISUNDERSTOOD

The customer was choosing a book at the library.

"Have you had 'Seven Years With the Wrong Woman?" asked the assistant.

"No, twelve!" snapped the customer. "But what's that to do with you?"

LONDON—Manchester, Birmingham, Edinburgh and Glasgow have invited the 600 Indian and Burmese servicemen picked for the Victory Parade as guests after V-Day.

CROCHETED APRON

DESIGN NO. 1019

Little time is required to crochet this attractive apron. The stitches are simple and it will launder beautifully. Pattern No. 1019 contains complete instructions.

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Needlecraft

—FOR THE HOME—

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Cut in only four pieces, this frock with pin-tucked shoulders and waist, is just right for a Summer print. The cap sleeves and square neck are designed to insure coolness on the most torrid of days.

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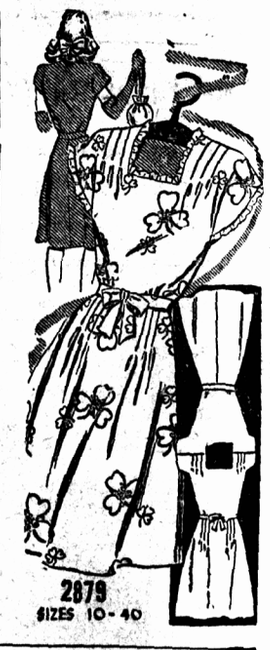

Hints on Etiquette

Don't forget that appropriateness is the secret of correct clothes for business. Flashy dresses and dangling earrings are correct for evening wear, not for the office.

Fashion Horoscope

by Colette

Pedal-pushers must be the right length or they are not chic. If long, they simply look dowdy. Too wide, gaping over thin legs they publicize too thin legs.

Play clothes can be fun only when they are flatterers. Do watch the length and width of your pedal-pushers and they will be flattering.