

Woman's Realm / Social and Personal / Fashions / Literature

Dorothy Dix Says— ALL WOMEN SHOULD THINK TWICE BEFORE THEY TALK

Millions Of Words On Same Subject Are So Much Wasted Breath

A wise woman of my acquaintance, who has brought up successfully a family of boys, declares that her tongue is an inch shorter now than it used to be because she had chewed off that much of it by keeping from asking them where they were going when they started out of an evening, what they were going to do, and when they would be home.

"Of course," she adds, "all mothers know the futility of putting their children through questionnaires about all their movements because if they are going to do the right thing it makes no difference whether we know it or not, and if they are going to do things of which we disapprove we can't resist giving them the third degree, although we are perfectly aware that nothing else irritates them so much and that we send them away thinking Mother is a nosy old thing who is always prying into their affairs."

"We forget that confidences can't be forced. They have to be spontaneous and that if we will let our children alone and respect their right to mental privacy they will tell us of their own accord the things we could not force out of them with the rack or thumb screws."

"Anyway, women talk too much, especially at home. We can't say a thing once and let it go at that. We play upon it continually as upon a harp with a thousand strings. It becomes our theme song which we hum, and sing, and shout, until it gets on our family's nerves and to be bullied into doing what we want them to do."

"A word in season may change a child's whole life, but millions of words on the same subject are just so much wasted breath. The child doesn't listen or pay the slightest attention to them. It is just Mom grousing over his not hanging up his trousers, or eating his spinach, or coming straight home from school, and if she was not picking on him about one thing she would be about something else. So what's the difference about one thing because their mothers have lost their influence over them by too much speaking."

"Husbands universally regard nagging as the worst fault a wife can have. A man will pay an extravagant wife's bills with no more than a groan of protest and love her still, as long as she refrains from reminding him of his faults and foibles. A man will let his wife poison him with bad cooking and make him live in a house that is like a pig sty if only she will force the time he got his feet wet, or came home lit from the class banquet."

"But any wife who tells her husband every time he lights his cigar now had tobacco in his hair; who never lets him eat a meal in peace because she is sure he isn't getting the vitamins she thinks he needs; who ever ceases to upbraid him about the ten dollars he lent an old schoolmate twenty years ago; who recalls every mistake he ever made and humiliates him in a house that is like a pig sty if only she will force the time he got his feet wet, or came home lit from the class banquet."

"To remove skins and pits from peaches quickly and without bruising or injuring the fruit, first cut them in half, then dip them in boiling water; follow with a cold dip in water; and the skin may be easily 'pinned off'; the pits slip out freely, and at the same time the discoloration often seen around the pits will be removed."

The moral of all this is that women should think twice before they speak and then not be repeaters.

THE COOK'S CORNER

PORK CAKE

1 lb. of salt pork chopped fine. Pour 1 pint of boiling water over it, 2 cups of brown sugar, 1 cup of molasses, 1 lb. of currants, 1 lb. of raisins, 1 lb. of peel, 1 teaspoon cloves, 1 teaspoon cinnamon, 1 teaspoon all-spice, 1 cup nuts, 2 teaspoons soda.

COTTAGE CHEESE BALLS

1 cup cottage cheese, 2-3 cup dry rye bread crumbs, grated seasonings, 1 tsp. Worcestershire sauce, 1 egg. Beat egg, add other ingredients, form this into balls and fry in deep fat to a golden brown.

CORN AND POTATO CHOWDER

One-eighth pound salt pork diced, 2 medium-sized onions sliced, 1 cup boiling water, 1 cup dried potatoes, 1 cup canned whole kernel corn or fresh corn, 3 cups milk, salt, pepper, 2 tablespoons minced parsley. Cook salt pork in large saucepan until crisp on all sides. Add onion and cook 3 minutes. Add water and potatoes, cover and cook 10 minutes. Add corn and milk, and cook until potatoes, cover and cook 10 minutes. Season to taste with salt and pepper. Add parsley and serve. Serves 6. If desired, add 1/2-cup canned or chopped tomatoes with the potatoes.

A Morning Smile

The city dweller was reading a newspaper when he heard to exclaim: "Even the cows are doing it now!"

"Doing what?" inquired his wife. "Hoarding," he replied. "Not really hoarding," his wife echoed. "Sure," said her husband. "Right here in the headlines it says: 'Light native cow hides seven cents.'"

Tribunal Chairman (to C. O.) — And what would you do if a German attacked your mother? Conscientious Objector — I'd lay three to one on Mum.

REMOVE PEACH SKINS EARLY

To remove skins and pits from peaches quickly and without bruising or injuring the fruit, first cut them in half, then dip them in boiling water; follow with a cold dip in water; and the skin may be easily 'pinned off'; the pits slip out freely, and at the same time the discoloration often seen around the pits will be removed.

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Living & Leisure The Woman's Realm

How happy is he, born or taught, That serveth not another's will; Whose armor is his honest thought, And simple truth his utter skill. — Sir Henry Wotton.

POINTS OF INTEREST FOR MENU PLANNERS

Cold tomato juice is a refreshing hot weather drink. Well seasoned with salt it's delicious!

New potatoes sprinkled with a little melted butter and chopped parsley add interest to a summer dinner.

Lettuce tends to wilt in sandwiches, so try wrapping it separately in waxed paper. It will add a crisp note to a boxed lunch.

Serving a vegetable plate once a week will be a popular move with your family. Make it colorful and full of flavor, and include one filling food.

Fresh fruits make the best kind of dessert. They're easy to prepare and loaded with health value.

PAINT YOUR LEGS AND KEEP WARMER

Cheer up, girls, things aren't as tough as they seem. They tell us now that stockings that come in stick form will keep your legs warm right through the fall and winter. It's the special cream base of the stuff that does the trick—guarding your legs from cold winds, and from chapping and drying. Maybe you won't miss the nylons and silks after all.

Be kind to your washable dresses if you want them to stand up well after any length of time. After you've rinsed them out in rich suds that float the dirt away with-

out hard rubbing and scrubbing that wears clothes putting them on hangers before putting them out to dry. Wrap metal hangers in clean white cloth first. Dresses dried in this way keep their shape better, and are easier to iron.

CHILDREN MUST LEARN TO CARE FOR CLOTHES

As back-to-school looms on the horizon, for thousands of young Canadians, it's a good time to remind the children of practical ways of their own wearing apparel.

The three enemies of rubber are heat, sunlight, and oils and greases. They constitute the main reason why children should never leave overshoes outside the house. Also teach them to be careful when they put on or take off their overshoes or rubbers. This will avoid wear and tear. Leave a brush and cloth handy for the youngsters, so that when the overshoes or rubbers are dirty they can be cleaned. Aside from the conservation value, this is good training in neatness. Point out to them that wet overshoes should be dried slowly and thoroughly, away from radiators, stoves, steam pipes, and bright sunlight. When not being used, overshoes should be stuffed with paper to keep their shape, and kept in a cool dark closet or down in the cellar.

Don't let the children drop wet raincoats in a heap on the floor. That's a good way of ruining the finish by letting the surface stick together. Teach the children to wipe them off and let them dry on hangers, caution them not to try to hurry the process by putting them out in the sun or in front of a strong light.

Make sure yourself that any grease or oil spots are rubbed off just as soon as possible. To clean raincoats use soap and water. If

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Female Weakness
AND HELP BUILD UP RED BLOOD!

Ledia E. Finkham's Vegetable Compound TABLETS (with added iron) have helped thousands to relieve periodic pain with weak, nervous, blue feelings — due to functional help build up red blood and are a fine tonic for the stomach. Finkham's Tablets are made especially for women. Well worth trying!

that doesn't work try a dry-cleaning fluid. If the children rip their raincoats and such while playing, mend them with rubber cement, plastic compounds and adhesive or friction tape.

WASTE AND SALVAGE
Elimination of waste and salvage of material possible is one way of eliminating the enemy in the shortest possible time.

NIGHTGOWNS SAVE CLOTH
The amount of material saved in the nightgowns means that 168 models can now be made out of the material formerly used in one hundred.

THE SOLDIER'S PAL
MECCA OINTMENT
Should be in every kit — relieves sore feet, etc.

YOURS FOR YOUTH AND LOVELINESS

Quetta Gothic

Report of Park Corner School 1. the month of August:

Grade X-1. Elaine Graham, Grade VIII-1. Verna Harding, Jean MacLeod, 3. Harold MacRae, Grade VI-1. Amy Cousins, 2. Jean Parsons, 3. Eliza Campbell, Grade V-1. Charles Murphy, 2. Walter Lamont, 3. Nellie Montgomery.

Grade IV-1. Isabel MacRae, 2. Jean Campbell, 3. Willard Cousins, Grade III-1. Evelyn MacRae, 2. Mildred Burt, 3. Keith Dunning, Grade II-1. Gordon MacKenzie Grade I (a)-1. Ira Pidgeon and Ina Murphy (equal), 2. James Campbell, 3. Clifton MacLeod, Grade I (b)-1. Billy Pidgeon and Robert Adams (equal), 2. Joan MacRae, 3. Francis Prons.

Perfect Attendance—Jean MacLeod, Charles Murphy, Walter Lamont, Isabel MacRae, James Campbell, Fred Lamont.

SPRINGFIELD W. I.
The monthly meeting of the Springfield W. I. met in the school on August 20th with the President presiding. Meeting opened by reciting the Creed in unison. Fourteen members answered Roll Call by contributing to the British Children's War Service Fund. Correspondence was then read. It was decided that the Secretary purchase two more bats and the members make a patch and send same to Mrs. Norris Sinclair. It was also decided that we hold in our Institute the "Gallopings Teas." Mrs. Crawford Sinclair was appointed to visit school for the month of September. Mrs. Walter MacKenzie was appointed on the sick committee in the place of Mrs. John MacKay.

BLACKHEADS
Don't squeeze blackheads — dissolve them. Get two ounces of peroxide powder from any drug store and apply gently with wet, hot cloth over the blackheads. They simply dissolve and disappear by this safe simple method.

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I felt disgraced! I thought Bill's shirt was white until...



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HOW FOOLISH to be satisfied with an ordinary wash—when it is so easy to get the whitest clothes you've ever seen! You have been reading right in this newspaper how Rinso floats away dirt without the hard scrubbing and rubbing that wears clothes threadbare. How Rinso gives the whitest wash . . . the brightest colors, too.

Now try Rinso yourself! See what a difference it makes in your clothes. You'll appreciate Rinso if you have children. For no matter how big or grimy your weekly wash is, Rinso will get it sparkling clean quickly and easily.

Rinso gives the best results for all your wash. Get some from your store for this coming washday. Buy the GIANT package for extra economy.

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Rinso gives the whitest wash

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SHOES PURCHASED NOW MUST LAST LONG TIME

Everything purchased this year is doubly important, because it must last a long time. Comfortable shoes will wear better and will prove aids to health.

Don't ask for shoes by size because the real test of shoe comfort is fit, not size. Feet may measure a certain size on the retailer's measuring instruments and still be uncomfortable in shoes marked that size, because uniform standards for sizing are not in general use. It may be possible to put on shoes of several sizes, but only one among them will fit well.

