

# Woman's Realm Social and Personal Fashions Literature



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**A Job Only You Can Do**  
Price Control Questions And Answers

Questions and Answers on Price Control will appear in The Guardian as a regular feature each day. The questions are those which have reached the Wartime Prices and Trade Board from housewives in this region. The answers are provided by the Board Readers. Persons who have intelligent questions to ask no price control are invited to send them in writing to the Women's Regional Advisory Committee of the War Times Prices and Trade Board.

Q. May I buy a pig from a neighbor to kill for my own use as my own pigs are not ready to kill?  
A. Yes, if you are a farmer, you can buy a pig from your neighbor

and kill it for your own use. A farmer does not require a slaughtering permit to slaughter for his own use. You must register with your local ration board. They will advise you the number of meat coupons you must surrender.

Q. I sent my child to the grocers to purchase half a pound of sugar. I had only one D ration coupon and the grocer refused to sell half a pound, saying his sugar was all put up in pound bags. Can he do this?  
A. A grocer may sell his sugar in any quantity. Most grocers do not put sugar up in less than one pound lots. The grocer is a very busy man today. Perhaps you could save the coupons until you had sufficient to purchase one pound or more at a time.

Q. Is the price of meat the same with the bone out as with the bone in?  
A. No, the price is higher for the meat without the bone. The difference in price is the allowance made for the bones.

## Living & Leisure The Woman's Realm

**I MUST AIM HIGH**

Perhaps I aim too high and therefore fail. Perhaps I were wise to lower aim to-day. Perhaps I ne'er should try to climb so high or ever try again to gain the way.

But no, I must aim high. I can't attain The perfect state of which I dream, I know, But I must keep on trying, each day gain A little, getting nearer as I go.

**MORE BOBBY PINS**

Women, who rely on invisible hairpins to keep their hair neatly coiffed, will welcome word of increased manufacture of these little aids to good grooming. Slightly increased supplies of bobby pins will also be appearing in retail stores.

**TINY FEDORAS**

Minute fedora hats, worn pitched well forward, are trimmed with spring flowers, and another new idea is fringe trimming on straw fabric. These come in the new shades of tangerine, almond green, and hacienda red.

**LIST OF SALAD GREENS**

Cabbage, lettuce, celery cabbage, French endive, small crisp leaves of spinach or turnip greens, watercress, green pepper, celery leaves, escarole, romaine.

**TWIXT CUP AND LIP**

The place for vitamins is in the food we eat and Nutrition Services emphasizes that they must be kept in their proper place between mouth and table. Salad vegetables, canned tomatoes and tomato juice which have been opened should be kept closely covered and cold to retain their vitamin C.

**NOVELIST'S KIN**

Sir Godfrey Haggard, British consul-general here, will retire in February and be succeeded by Francis Edward Evans, now senior

consult. Sir Godfrey will reach retirement age on February 6. Sir Godfrey, a nephew of Sir Haggard, famous novelist of the Victorian era, is a knight commander of the Order of St. Michael and St. George, the highest honour awarded to a member of the British consular staff. His only son, Stephen Haggard, was killed in Africa last spring. The retiring consul-general has been stationed in New York since 1938. When he was transferred from Paris, where he had been since 1932. The American scene was not new to him at that time, however, as he had been consul-general in Chicago for four years before going to Paris. His career in the British consular services began in 1924. He was consul-general in Rio de Janeiro, Brazil, in 1924.

**THE BIGGEST TREE**

The biggest tree in the world is the Sequoia, or Big Tree of California. It grows in the mountain valleys 4,500 feet or more above sea level, and sometimes attains a height of over 300 feet with circumference at the base of the trunk of 100 feet. It lives for centuries.

**JEWELS MADE OF FAUNA AND FLORA**

LOS ANGELES—California jewelry designers have turned to native fauna and flora to substitute materials for the scarce pearls, rubies and diamonds. The bark of trees, the wool of the palm tree, pods of jacaranda tree seeds and dried corn are some of the materials utilized.

Virginia Gilbert creates realistic flowers in porcelain. These lovely, delicate blossoms are the outgrowth of the timid start with porcelain buttons only a year ago. Today listed in necklace, brooch and earring, Miss Gilbert reproduces with realism that bloom in all garden flowers that bloom in all gardens: pansies, roses, violets, lilies and dozens of others. For the spring, she will glid the lily—lilying the jewels in gold to blaze among the petals for evening wear.

These porcelain whimsies are not small in size, but are large enough to be nearly life size in petal and stamen.

With the difficulty of getting skilled workmen, Miss Gilbert's production today absorbs the labor of her family and friends. Though started as a hobby and wartime substitute for metal buttons, her business is here to stay, she says, and plans to expand it when peace comes.

**HINTS ON ETIQUETTE**

If you happen to be seated at a table next to a wounded soldier whose arm is in a sling, and a piece of steak is on his plate, you could cut the meat for him, doing it as if the whole thing was a matter of course.

**BE PREPARED NOW!**

You can never tell in wartime when you will be called upon to help save a life. So learn the fundamentals of nursing and be prepared! Hospitals are so crowded today that if you're ill you may not be able to get a bed in a hospital. Some might even be having their babies at home. You might return home from the hospital two or three days after the birth. There is nothing disturbing about this, particularly if you know a little about home nursing.

Undoubtedly you were instructed at the hospital about the care of your baby after you got home. Often, however, you forget important points.

Refresh your memory on the hints that require emphasis. Learn how to take care of a baby patient with a contagious disease after an operation, or with any common ailment.

In clear, every-day language our 2-page booklet gives you the home nurse the important hints.

Send 15c in coins for your copy of What You Should Know About Nursing to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of your booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Dorothy Dix Says— SHORTAGE IN HUSBANDS NOW.

### Record Crop To Supply Spinsters After War Due To Law Of Supply And Demand

Why is the old maid. Among the best-looking, best-dressed, the most intelligent, interesting and agreeable women we know are numbers of women who are unmarried. And we always wonder why, because they were so obviously cut out by Nature to be good wives and mothers, and some man was very unlucky not to have gotten one of them.

It isn't because these women were allergic to matrimony, because every woman in the world craves a husband and a home and she would rather have a baby than a career. Nor is it because men are overy choosy and hard to please in picking their wives, or that they exercise any particular judgment about it.

Observe the number of homely and unattractive women who get married. Look at the intelligent men who marry nitwits. Consider the middle-aged and elderly men who marry girls young enough to be their daughters or granddaughters. Think of the men you know who are married to lazy, trifling, extravagant wives who keep their noses to the grindstone all of their lives, and do not even give them a decent meal, or a comfortable place in which to sit down.

**MEN PASSED BY GOOD PROSPECTIVE WIVES**

And every one of these men with radiant wives must have known some pretty, clever, domestic girl who was just yearning to love and be loved, and to make some man a good home and an ideal wife. Yet they all passed her by, and she drifted into old maidenhood without anybody knowing just how it happened.

Of course, there are a certain number of women who are old maids because they are celibate by nature and no man looks as good to them as would do in the Desert of Sahara. There are many little villages and isolated country neighborhoods in which every able-bodied young man has gone forth to seek his fortune and which are Adamless Edens. And a girl living in one of them has to get out and hustle if she craves a wedding ring.

**PARENTS OFTEN RUINS GIRL'S CHANCE TO MARRY**

Then a father and mother kill a girl's chance of marrying by keeping her sequestered from other young men during the crucial time of life. Their idea is to keep Annabelle in rompers and protected against the wicked wiles of men until she is about 26 or 30 years old. They will not let her have dates at home, or go out with boys, or hold hands, and by the time they are willing for her to step out the marrying squad has passed by.

A small number of women are old maids because they are marriage who were offered up on the altar of their families. They have always been the bread-winners, with the hungry mouths of old people and little children to feed, invalids to take care of, worthless brothers and sisters who made bad marriages and came home with their broods to be supported; and they have been too noble to desert their post, and too generous to lay their burden on any man's shoulders.

Other women have not married because they were fastidious. They have always been waiting for Mr. Right to come along and he didn't pass down their alley. They were plenty of men they could have married, but the one they fancied did not strike them, so they have remained single rather than put up with a makeshift husband.

**SOME WOMEN NOT NATURALLY MAN-HUNTERS**

Still other women do not marry because Nature did not make them hunters of men. They lack the daring and boldness to stalk down the men they want. They never learn how to lolly and coo to men. Perhaps they are not willing to stoop to such arts and wiles, but to marry the tricks by which women catch husbands.

But the chief reason why women who would like to marry fail to do so is because they lack that mysterious something which looks in the eyes that from the beginning of time has made men get up and follow women, whether they had beauty or brains or worth, or not. And this attribute is a gift which Nature has not made for every woman.

And maybe the reason why there are so many old maids is because God is good to us, for what would we do without old maids to mother children, to take care of the old folks when the married children leave home, and run all of the charities and clubs? Goodness only knows.

# OUT OF THE BARRIER INTO HIS ARMS!



ONCE she suffered the heartache of bitter loneliness. Unknown to her, the invisible barrier of "B.O." shut her off from friends and romance.

Yet today she is loved and cherished. She discovered the pleasant safeguard of careful people everywhere—a daily bath with refreshing Lifebuoy, the only popular soap especially made to stop "B.O."

Lifebuoy's rich, purifying lather gives lasting all-over protection. And its clean, invigorating scent vanishes before you're even dressed.

You'll like Lifebuoy's mildness, too. Tests show that Lifebuoy is actually milder than many so-called beauty soaps!



NEW ADDED INGREDIENT  
NEW VANISHING SCENT  
SAME PROTECTIVE LATHER.

FROM HEAD TO TOE—IT STOPS "B.O."

## Home Service

Send 15c in coins for your copy of What You Should Know About Nursing to the Charlottetown Guardian Home Service Address. Be sure to write plainly your name, address and the name of your booklet.

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DESIGN NO. 680

These attractive designs are embroidered in cross stitch on towels, place mats, children's clothes, etc. Hot iron transfer pattern No. 680 contains 26 motifs measuring about 3 by 3 to 5 by 6 inches, each with complete instructions.

To order pattern: Write or send address picture with your name and \$15 cents in coin or stamps to Needlework Bureau, Charlottetown Guardian.

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Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

## Watch These 4 Teething-Time Troubles Of Baby

Digestive Don't let your baby lose strength and suffer needlessly during teething time.  
Fever Tablets used so successfully for over 40 years by mothers to relieve their babies' fever, soothe their little stomachs, relieve diarrhea due to digestive upset, clear up eruptions that make baby fretful and restless.  
Diarrhea Tablets used so successfully for over 40 years by mothers to relieve their babies' fever, soothe their little stomachs, relieve diarrhea due to digestive upset, clear up eruptions that make baby fretful and restless.  
Fretfulness Tablets used so successfully for over 40 years by mothers to relieve their babies' fever, soothe their little stomachs, relieve diarrhea due to digestive upset, clear up eruptions that make baby fretful and restless.

## THE COOK'S CORNER

**QUEEN OF PUDDINGS**

3 cups bread crumbs  
Butter  
1-2 cup seedless raisins  
2 eggs, separated  
1-4 cup sugar  
1-2 teaspoon cinnamon  
2 cups milk  
1-2 teaspoon vanilla  
Jam

**METHOD:** Remove crusts from bread slices and cut in 1-3 inch cubes. Place a layer of these in the bottom of a greased baking dish. Dot with butter and sprinkle a few of the raisins over this. Continue in layers, finishing with a layer of bread cubes.

Beat the egg yolks and add the 1-4 cup sugar, the cinnamon, milk and the vanilla, and pour over the bread mixture. Bake in a moderate oven (350 deg. F.) for about 35 minutes.

Remove from the oven and spread the top with a thin layer of jam, then spread a meringue over this. Make the meringue by beating the two egg whites until stiff, but not dry, and then folding in the 4 tablespoons sugar. Return to the oven at a slightly lower temperature (325 deg. F.) and bake for about 12 to 15 minutes, or until the meringue is a very delicate brown in color. Serve this also, either hot or cold, and with or without cream.

## A Morning Smile

The newly married couple were just leaving the registrar's office when the wife remembered she had registered her age as a year

## WHY IS PERFECTION COCOA THE BEST VALUE?

● PERFECTION COCOA is made only from the best Cocoa Beans that can be secured.  
● It is carefully processed with the skill of a century's experience in making fine cocoa.  
● Its extremely high 22% Cocoa Butter content makes it exceptionally nourishing and gives it a superior, true chocolate flavour.  
● Its fineness of texture assures a smooth, creamy beverage, and makes it ideal for baking, too.  
● For the utmost in quality, food value, and chocolate flavour, ask your grocer for PERFECTION COCOA. Regardless of price, there is none better. Yet PERFECTION COCOA costs least!



ONLY 27¢ FOR A FULL POUND

**WIN YOUR FAMILY'S PRAISE!**

ALL MY LIFE I'VE DREAMED OF WAKING UP AND FINDING BREAKFAST READY!

EASY TO MAKE AS 1-2-3!

WELL LOOK AT MOTHER, LIGHT AND FLUFFY AS AN AUNT JEMIMA!

MAN, AND ARE THEY GOOD!

**AUNT JEMIMA'S** Often  
The greatest meat saver of all!

## Needlecraft For The Home

**STAR ATTRACTION**

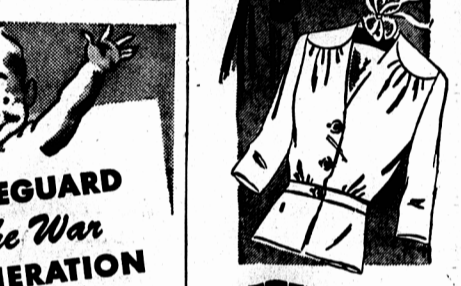
A blouse with a soft tie collar or v-neck will prove an invaluable asset to any wardrobe, and the pleated style is particularly becoming.

No. 3664 in size 36 requires for the blouse with tie collar, 2 yds. 39-in. fabric; blouse with v-neck, 2 1-4 yds. 39-in. fabric.

Send 20c for pattern, which includes complete sewing guide. Print number plainly. Be sure to state size you wish.

Address, Pattern Department, Charlottetown Guardian.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_



## SAFEGUARD the War GENERATION

Canadian mothers have the responsibility of rearing healthy, vigorous citizens of the future. In this vital task you are capably and conscientiously aided by the house of Heinz, whose Strained Foods for babies are as fine as scientific skill and care can make them. Order several varieties. Save yourself time, work and worry.

**HEINZ STRAINED FOODS**

1944 JANUARY 1944

2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

## DIDN'T FIT IN

Among the guests at a reception was a distinguished man of letters. He was grave and somewhat taciturn. One of the ladies present suggested to the hostess that he seemed to be out of place as such a party.

Yes, replied the hostess with a bright smile you see, he can't talk anything but sense!

## HAPPY THOUGHT

The newly married couple were just leaving the registrar's office when the wife remembered she had registered her age as a year