

Woman's Realm Social and Personal Fashions Literature

Living & Leisure - The Woman's Realm

TWILIGHT

In the sudden hush
No slim bough stirs
No tiny moth takes wing

And in the scented
Breathlessness
No bird begins to sing,
The purple cloak
Of stillness falls,
Covering everything

And earth
For one brief moment
Stands on tiptoe—listening...
—Eliel Barnett De Vito.

SMALL ELEVATORS ARE MADE FOR HOMES

Miniature elevators are being manufactured by a number of firms these days for the home. They are made in the form of a chair and operate on a track on one side of the regular staircase.

The family with an invalid member can include this equipment when a new home is being built, or it may be installed after the house is completed.

A comfortable idea for your leisure hours—strongly knit cotton socks with bushy soles like small floor mops. Choose them in bright colors—pink socks with blue mops, maize with green, red or blue mops, or red socks with blue mops.

LIPSTICK STAINS

Certain types of lipstick are very difficult to remove from table napkins, handkerchiefs, etc. Use lemon juice full strength on white wash fabrics to remove the stains. On colored materials dilute the lemon juice.

If you are having trouble making the young convalescent drink his hot broth, milk and fruit juices, give him some soda straws.

GIFTS FOR THE SHUT-IN

If you are absolutely devoid of ideas as to what to give the shut-in for a birthday gift, another cheery plan is always a delight. Be sure it is colorful and happy-looking and avoid plants which do not bloom. A biocasson on this plant sometime from now will fairly make the day for a person fond of flowers.

If you are not in a hurry, cooking frozen vegetables in the upper part of a double boiler, adding no water at all, is a good method, since all of their food value will be preserved. If your meal must be prepared in a hurry, cover the pan containing the vegetables, bring to a boil, then reduce heat to keep the product simmering.

FLOWERS BLOOM ON CHIC BONNETS

One expression of the dressed-up fashion in millinery which continues on the up-swing, is the felt or fabric hat trimmed with flowers. This has taken remarkable hold as an immediate wear style, having been part of a midseason program. This type of decoration is posed on black or pastel colors. The flowers are of feathers, silk, or velvet, often mixed with ostrich tips and velvet ribbon loops which present a bouquet of mixed colors. And again, the veil is another direct contrast. Some white hats are also taking to flowers. For resort wear the all-flowery theme con-

Quick relief for SUNBURN POISON IVY AND INSECT BITES

OLYMPENE

THE ANTISEPTIC LINIMENT

tinues, with blooms made of the hat fabric or felt body.

Nails were used for construction as early as 1100 B.C., according to Biblical reference.

Patches with prongs that are bent down to hold them have been invented to mend holes in window screens.

The practice of painting bridges in bright and attractive colors is said to be gaining favor with engineers.

Sewing hint: Pin a Turkish towel over the table end of the sewing machine and it will prevent silk material from slipping off while stitching.

BEEES MOVED IN SUMMER

Following the example of cattle raisers, California apiculturists send their swarms of bees to the high Sierra region for the summer months.

RUBBER BOOTS

When rubber boots are not in use, keep them standing erect by rolls of cardboard. This will permit a free circulation of air and prevent them from cracking.

GLOVE STYLES

The short sleeved dresses of the season call for six-button and longer lengths, pushed down around the wrist in a neatly casual—not sloppily bulky way.

Many nations claim the invention of playing cards, but it now is generally believed they came from Asia, probably China.

Saddle stitching, perforations, draping, shirring, and emblems all do their share to smarten basically simple handbag styles.

WORLD'S HIGHEST RAILWAY

Locomotives to cross the Andes over the highest railway line in the world are to be made in Great Britain.

They are for the Central Railway of Peru, the summit of which is 15,806 ft. above sea level, the greatest height of any standard gauge railway anywhere.

The line has 41 bridges, 61 tunnels and 13 reversing stations. It twists up the Andes for 74 miles of practically 1 in 25 grade. Here each of the two locomotives about to be made in Britain will take a load of from 350 to 400 tons.

They are 2-8-0 engines of general utility type for passenger and goods trains, with tenders arranged for oil-burning and weighing 174 tons each.

Nine such engines, specially designed for the extremely severe conditions, have been supplied to the Central Railway and three similar units to the Southern Railway of Peru. The latest order will make a total of fourteen ordered by Peru in the last five years, apart from four huge articulated locomotives for goods service.

A Morning Smile

Shopper (after looking at every suit in the store)—How much is this grey suit?

Salesman—Twenty-two dollars.

Shopper—It's the closest to what I want. But I usually pay a little more than that for my clothes.

Salesman—All right, sir. Let's make it \$27.50.

The latest Chinese sign story is the one about the theatre marquee in Canton, China, announcing the arrival of a vaudeville troupe. It said:

"Amazing! Colossal! Terrific! Each act is better than the next!"

The Golden Sands Riddle

By Alexander Campbell

When the little Bantu took his leave of his friends, he was subdued, conscious that he had not cut a very good figure in their eyes. As a detective, he had fallen down badly on the job, he thought. He had been told that he should have been more to it, and then the murderer had pushed him aside and escaped, when it had been Xosa's golden opportunity to grab him and hold him fast.

Peter and Terry—the young men, in view of Quavie's warning, had elected to stay up and keep an eye on the corridor in which Sir John and Lucy's bedrooms were situated watched him depart, a drooping and pathetic figure. Peter smiled.

"Poor old fellow," he said. "He'd hoped to catch the murderer and crack the case single-handed."

Terry nodded. "Still, he was pretty near the truth, at that. I had a talk with him, you know, before Gould attacked me."

They elected to take it in turns to keep watch. Peter got the first turn of duty, which he spent in getting some brief sleep. But nothing further was to disturb the peace of the Orient Hotel that night. When Terry arrived at four to take over, he was able to report that nothing whatever had occurred. Terry yawned, and glanced along to the end of the quiet corridor, where a subdued light showed that the dawn was coming.

"It's a revolting business, isn't it?" he reflected. The Ghoul—"I'm sorry now that I called him that—seemed to be such a fundamentally decent chap, despite his unprepossessing exterior. They'll hang him, I suppose."

Terry shrugged elegant shoulders in a gesture of distaste.

But if nothing had happened to break the slumber of the night, the guests, murder had stalked in the darkness outside.

CHAPTER XXIV

WHILE "THE ORIENT SLEPT"

Once he had left the hotel, Xosa's footsteps quickened; his shoulders straightened. The meek brown eyes behind his large spectacles gleamed with a new light. He looked like a man with a definite purpose ahead.

He walked alertly, and his head turned continually from side to side. Sometimes he stopped and remained still for long moments, his face tightening. He even lifted his head and sniffed the air. His actions were those of the cautious hunter who is in the act of proceeding to a great feat.

He circled the hotel block until he found himself at the back. The place had been so designed that all the bedroom windows faced the sea. He stooped over the back of the building, looking blankly against the night sky. There was a large yard, and at the far end, garages to which Xosa made his way.

He examined the numbers on the doors, moving along until he came to the one he wanted. Then he unlocked the door. After a few moments he slid the door open a few inches, and squeezed through. The door closed after him.

Often we feel like turning our backs on the world, and in this case, Xosa had done so. He emerged as silently and swiftly as he had entered. He stayed with his back to the door, in a crouching position, staring into a night which appeared to be satisfied that he was unobserved. Then he stole across the yard and slipped round the corner of the hotel.

He was alone. He had been here before one of the garage doors opened. A figure emerged, and the door closed quietly, whoever it was following. Xosa's heart thumped, but he came and finally vanished round the corner of the building.

Once he had gained the front of the hotel, he turned and led away into the town—the road where Terry had been attacked earlier in the evening.

He walked doggedly, without turning back, but obviously he was alert for sounds. "Near at hand," he thought, "the first came when he was far down the road, and the lights were a good distance behind him. The faint shuffle of a foot inadvertently kicking a stone."

Xosa put one hand on the low wall. He leaved up his head and leaped over, dropping flat on the soft sand on the other side of the wall. Then, swiftly, silently he wriggled his way on his stomach, and the soft sands away from the wall. The sand was damp against his face. A light night mist lay over him for which he was thankful. Xosa's hand could hear the soft soughing of the waves.

His unseen pursuer abandoned all pretence of stealth. Feet pattered on the roadway, over the bridge, over the shoulder. Xosa saw a head and shoulders leaning over the low wall. Two elbows came down on the wall. The hands were tapping the wall.

Guessing the unknown's purpose just in time, Xosa rolled over rapidly. Flame spilt the darkness and Xosa's soft black hat, left him to roll clumsily on the sand. Only the faintest "phut" had accompanied the shot.

Xosa did not wait to make further observation. He moved with the speed of a snake across the sands, and dived round the corner of a dune. If his assailant wanted to get him, he would have to come after him.

For a few minutes there was silence. Then Xosa's straining ears detected a slight shuffling sound. The man was on the sands. He was approaching the dune cautiously.

Xosa rose to his feet. Uttering a stifled cry of acute terror, he turned and raced across the beach. But in his confusion he forgot direction, and ran straight towards the sea. Wildly he ran until the waves were splashing round his waist. Then he stopped, dazed.

Behind him he heard a low cry of triumph. The shadowy figure on the beach raised an arm. Xosa's figure convulsed. He collapsed, and the water closed over his head.

The murderer came cautiously to the line where the waves lapped the wet sand. He peered across the surface of the water.

Something black bobbed on the surface, disappeared, bobbed up again, and disappeared.

The man on the shore calmly took out his watch. Then he looked at the sea, and nodded his satisfaction. The tide had turned.

A body might be swept far out into the ocean, with luck. Or it might be cast up on the shore days later, miles away from this spot.

IT'S TRUE! THAT NEW MIRACLE INGREDIENT DOES MAKE NEW IMPROVED OLD DUTCH CLEANSER 50% FASTER!

BRINGS FASTER SPARKLE
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The minute you try New Improved Old Dutch you'll realize the difference! It contains an amazing new ingredient that dissolves grease almost like magic! It cleans 50% faster! Gives you double action cleaning! You'll be surprised how easily sinks, stoves, and bathtubs become sparkling... immaculately clean.

New Improved Old Dutch is safety itself! It DOESN'T SCRATCH... because it's made with flaky Seismotite. So, say good-bye forever to hard rubbing and old-fashioned scouring. Switch to the New 50% Faster Old Dutch and you'll never use anything else. What's more, you'll be saving money, too, because a little goes so far.

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Dorothy Dix Says—

SWEET TEMPER IS GREATEST CHARM WOMAN CAN POSSESS

Nothing Equals Good Nature In Making You Popular With Friends—Intelligence Comes Next

What is woman's greatest charm? A group of Girl Scouts are debating that important subject, and they ask me for my opinion on it. Well my vote goes first, last and all the time for amiability. A sweet temper being easy to get along with. Of course, there are other attractions more spectacular and alluring at first sight, but for a good, reliable conjure that never fails to work on all sorts and conditions of people, and whose potency is never worn out, there is nothing that equals good nature. It beats even beauty, for good looks depend upon a sweet disposition. It avails a woman nothing to have a beautiful figure, a peachy-cream complexion, violet eyes and a classical profile if her expression is cross and sulky or if her eyes are as cold as ice and her mouth is distorted by a sneer. No woman looks pretty to us if she doesn't also look pleasant. Intelligence is another great charm in a woman. We are attracted to the woman with a keen and alert mind who has studied and read, and who is a witty and entertaining conversationalist. We admire the woman who has understanding and who catches everything we say at the half word and whose wisecracks keep a dinner table in a roar.

But intelligence is also dependent upon good nature for its drawing power. For just as there are no women so courted and so admired or so beloved as those who are sweet as well as wise, so there are no men who are so feared and dreaded as those whose cleverness is steeped in gall and who are as cruel as they are witty.

We adore the humor of the woman who laughs with us, but not at us. We turn away in repulsion from the woman cynic, no matter how scintillating she is, and we flee in terror from the one whose tongue stabs like a dagger.

Other Things To Be Admired

We admire women for their devotion, for their unselfishness, for the sacrifices they make for others, but even goodness has to be coupled with good nature before it sells itself to us, and, alas there are so many peevish and selfish women.

There are so many women who would die for their families who nag at them until they make their husbands and children wish that they were dead themselves. And it is so hard to be properly grateful to those who rub you the wrong way, who are tactless, or fault-finding, or bossy and interfering, who possess all the virtues, but are lacking in all the amenities of life.

So in the end we come back to good nature as woman's greatest charm and one that endures to the last. Beauty at its best is fleeting. Often we feel like turning our eyes away when we behold the ravages that time has made in living pictures, but the woman who is sweet and amiable looks good to us, no matter how old she grows or how her complexion fades or her eyes dull.

Brilliant Woman Often Boring

We may tire of the brilliant woman, but none of us ever weary of listening to the kindly, good-natured woman who says pleasant things to us, who tells us how we may be better, who is sympathetic to our tales of woe and who is interested in all the little things that concern us.

Her discourse may not be high-browed, nor worth broadcasting. She may not have profound philosophy to give to us, but nevertheless we go away from her soothed and comforted, feeling somehow that God is in heaven and all is right with the world just because He put such women in it.

There have been husbands who have deserted model wives who pinched every penny and kept their houses scoured to the bone, but who were gobs of gloom with a mission to reform the universe. There are old parents who love their easy-going prodigal children better than they do the tyrannical good sons and daughters who support them. And all of us prefer our weak and erring friends, who do not feel their sacred duty to tell us of our faults, to our noble ones who keep our weaknesses ever before us.

Amiability Holds Husbands

We seldom hear of a husband forsaking a wife who is good-natured and jolly and easy to get along with, who laughs at his shortcomings instead of lecturing him about them and in whom he isn't afraid to confide when he does a fool thing. She may be neither clever, nor beautiful, nor a good cook or manager, but she has a charm that outweighs them all and that keeps him tied fast to her apron strings.

And so I say that amiability is a woman's greatest attraction. Without it all the other arts and graces are but tinkling brass and sounding cymbals. They depend on good nature for their chief lure, but good nature will suffice of itself alone. Whatever other qualities they lack, we are still attracted to those who are always pleasant and agreeable and who live with.

STRAWBERRY RHUBARB JAM

4 cups strawberries
4 cups rhubarb
6 cups sugar

Method: Wash the rhubarb and cut into 1-inch lengths. Add half the sugar to this and allow to stand for about 2 hours to extract the juice.

Wash and hull the strawberries. Measure them and then crush them. Add the remaining sugar to them and then combine with the rhubarb. Heat this slowly until the sugar is dissolved, stirring constantly. Now boil vigorously for about 15 to 20 minutes, or until the jam is thickened somewhat. Stir frequently to prevent sticking. Pour into hot sterile jars and seal with melted paraffin. Cover jars and store in a cool, dry, dark place.

EGGS WITH MUSTARD SAUCE

(Serves 4 to 5)

Two tablespoons butter, 1 tablespoon chopped onion, 2 1/2 tablespoons flour, 1 1/2 cups milk, 2 teaspoons prepared mustard, salt, pepper, 4 or 5 hard-cooked eggs, sliced.

Cook the onions in the butter until it turns slightly yellow. Stir in the flour and when smoothly blended add the milk gradually. Cook until thickened, stirring constantly. Add the seasonings and the eggs. Cook without boiling until the eggs are thoroughly heated.

WHY NOT HAVE BABY SLEEP THROUGH NIGHT

YOU and your baby both need sleep. There is a sure and easy way to get it. Let Mrs. B., Jr., of Wilton, Ontario, tell you in her own words how she got it. "Baby's Own Tablets changed all this. What a blessed relief!"

In no case are these "sleeping" tablets. They contain no opiates or stupefying drugs and are absolutely harmless. But they promote healthful sleep by promptly making the ill baby well. The well baby sleeps soundly.

Baby's Own Tablets bring quick relief from teething troubles, constipation, simple fever, diarrhea, upset stomach, colic, simple croup and colds. Try them. 25 cents. Your money refunded if they are not effective.

First on my SHOPPING LIST for Nourishment and Economy!

Leading Canadian health authorities say that whole grain products and milk are among the "protective" foods which we should eat every day.

Nabisco Shredded Wheat is 100% whole wheat with nothing added and contains the "protective" food elements found in unmilled wheat. Serve this nourishing, low cost, cereal food to your family regularly. Order a package or two today. And remember, be sure to say "Nabisco Shredded Wheat".

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NABISCO SHREDDED WHEAT

MADE IN CANADA OF CANADIAN WHEAT

Your Individual HOROSCOPE

By Frances Drake

For Friday, July 4th

MARCH 21 to APRIL 20 (Aries)—Favorable for constructive and wholesome matters. Recklessness is taboo. Be discreet, too, in choice of associates and places you attend for amusements. Americans: Think of the true meaning of JULY 4th.

APRIL 21 to MAY 20 (Taurus)—Today is listed on your planet chart as slightly unfriendly only because we wish to warn you to be moderate in all you do. You can and should enjoy some of the privileges and pleasant diversions so plentiful here. Pray for other unfortunate people.

MAY 21 to JUNE 21 (Gemini)—Interesting happenings and a chance for fun abound this July 4th. No need to be dull or disinterested. Relax (unless imprudent work demands your attention) and better fit yourself for the tasks ahead.

JUNE 22 to JULY 23 (Cancer)—While business in general is not especially favored, urgent matters, those interests catering to the public, competitive sports, games and social activities are under beneficent stars. Don't permit gloom a peck-in.

JULY 24 to AUGUST 23 (Leo)—Most generous Sun, Jupiter and Neptune vibrations augur for happiness and success in your plans. Don't spoil this day by being foolishly reckless with health or money. Travel favored.

AUGUST 24 to SEPTEMBER 23 (Virgo)—Friendly indications for your plans and social obligations. If duties permit, enjoy the day with family or friends in your favorite pastime. Necessary business can be squared off with a pleasant diversion later.

SEPTEMBER 24 to OCTOBER 23 (Libra)—Caution is advised so that you won't indulge extremes either in pleasure or work. Moderate exercises and outdoor sports are on the favored list. Romance, weddings sponsored.

OCTOBER 24 to NOVEMBER 23 (Scorpio)—Entertainment, music, tennis, golf, swimming and other healthy interests are high on your approved program. Don't tire yourself by too strenuous activity. Be gay; promote happiness and amusement for others.

NOVEMBER 24 to DECEMBER 23 (Sagittarius)—Peppy, exhilarating. Just the sort of day you energetic people like. Shun worry, irritability, without neglecting essential duties, enjoy some diverting pastime.

DECEMBER 24 to JANUARY 23 (Capricorn)—Your stars suggest you keep on the safe side by adhering to a middle course in plans. Favorable period for necessary work, travel, family and social affairs, romance.

JANUARY 24 to FEBRUARY 23 (Aquarius)—The same warning!

Spruce Up Your Dancing. Learn Fashionable Steps

Teach Yourself The Peabody

Doing the Peabody—a gay little step that's a winner with the dancing crowd everywhere.

The clever girl knows how important it is to your social rating to keep up with such popular dances. Practice at home with diagrams; make your dancing as up-to-date as your hair-do.

The Peabody you can learn in one evening. Try the diagram for a basic step shown with our picture. Your step should be short and smooth, taken mostly on the balls of your feet. Note that on Counts 3 AND, you do a sort of fast two-step.

Count 1—Take a slow step forward on left foot. 2—A slow step forward on right. 3—Quickly take a diagonal step forward on left. AND—Quickly cross right foot in back of left. 4—Take a slow step forward on left.

Or how would you like to learn those smart Cuban imitations—the Conga and rumba?

Our 32-page booklet gives easy diagrams and directions for the Conga, rumba, tango, Samba and Peabody, as well as the waltz, fox-trot, Westchester and shag. Includes basic steps and variations. Tells how to lead, follow and combine steps.

Send 20c in coins for your copy of How To Do The Newest Dance Steps AND Variation to The Guardian Home Service. Be sure to write plainly your Name, Address and the Name of booklet.

THE COOK'S CORNER

PARTY CHEWS

Bottom Layer
1-2 cup butter
1-2 cup brown sugar
1 cup flour

METHOD: Cream the butter and gradually cream in the brown sugar. Blend in the flour and press the mixture over the bottom of a square pan. Bake in a moderate oven (350 deg. F.) for about 15 minutes, or until delicately browned.

Top Layer
2 eggs
1 cup brown sugar
1-2 teaspoon vanilla
1-4 teaspoon salt
1 cup shredded coconut
1 cup oven-popped rice cereal
1 cup chopped nuts

METHOD: Beat the eggs until light and lemon-colored, and then gradually beat in the sugar. Now add the vanilla, salt, coconut, rice cereal, and chopped nuts, and mix well. Drop by spoonfuls over the previously baked lower crust, covering it well. Place in a moderate oven (350 deg. F.) and bake about 25 minutes. Cut in squares when slightly cooled, but still warm.

exists for you as does for Capricornians. You can find this day beneficial and pleasant if you avoid excesses and are discriminating in choice of companions.

FEBRUARY 21 to MARCH 20 (Pisces)—Fine influences for a holiday. Make your plans to suit your pocketbook and taste. Sensibly avoid the danger of accidents, impairing health. Ideal for heart and home interests.

A CHILD BORN ON THIS DAY: Very fortunate indications are in this individual's star-chart. It should be clever, witty; have a remarkable memory and talent for mimicry. Especially fitted for nursing, dietetics, handling foods, managing hotels, restaurants. Journalism, the stage, law also its fields.

Needlecraft—For The Home

Buttons down the side and neat clean-cut lines make this a perfect Summer frock for all ages. Worn with or without the tailored blouse, as the day or the occasion demands, this gored skirt jumper has no equal as to style or becomingness. Plain or printed cotton for easy laundering keeps you looking fresh and cool on the warmest day. The sheer cotton blouse can also be worn with other skirts and jumpers. If you like a patriotic touch, and we all do, embroider the eagle emblem on the bodice.

Style No. 2826 is designed for sizes 12, 14, 16, 36, 38 and 40. Size 16 requires 2 7/8 yards of 39-inch fabric for jumper; 1 1/2 yards for blouse.

Emblem No. 11207 must be ordered separately.

Send Twenty (20c) coin is preferred, for Pattern. Write plainly your Name, Address and the style number. Be sure to state the size you wish.

Style No. 2826 Size

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HEADACHES

Stop suffering needlessly from splitting headaches. Do as countless thousands are doing—take PATENT Relief or Best's Compound Capsules. THREE ingredients in these convenient capsules relieve pain almost instantly, stimulate and refresh, induce a beneficial relaxation of nerves. NOW RELIEF WITHOUT REACTION! 15 doses 35c.

465

WIDE BRIMMED SAILOR IS SMART

DESIGN NO. 465

The ideal and inexpensive way to crochet a large sailor is the crepe paper method. It is created with a single strand of paper and simple instructions. Pattern No. 468 contains list of materials needed and complete instructions.

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