

"You've heard of Burning the Candle at both ends."

Life today is constant effort. From seven to six it's usually work, then a hurried meal, off to a dance, a seat at the "movies" or other amusement, to bed at eleven or later and the same thing all over again tomorrow.

To offset this constant wear and tear on your nerves and body you need a tonic that will enrich the blood, restore your exhausted vitality, a real tissue and strength builder. VINOL is the best thing we can recommend to do this and it will do it quickly—

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EAT BIG MEALS! NO SOUR, ACID STOMACH, INDIGESTION OR GAS

"PAPE'S DIAPEPSIN" IS QUICKEST SUREST STOMACH RELIEF KNOWN—TRY IT!

Time it! Pape's Diapepsin will digest it anything you eat and overcome a sour, gassy or out-of-order stomach surely within five minutes.

If your meals don't fit comfortably, or what you eat lies like a lump of lead in your stomach, or if you have heartburn, that is a sign of indigestion.

Get from your pharmacist a fifty-cent case of Pape's Diapepsin and take a dose just as soon as you can. There will be no sour risings, no belching of undigested food mixed with acid, no stomach gas or heartburn, fullness or heavy feeling in the stomach, nausea, debilitating headaches, dizziness or intestinal griping.

These large fifty-cent cases contain enough Pape's Diapepsin to keep the entire family free from stomach disorders and indigestion for many months. It belongs in your home.

Allies Still Landing At Saloniki

(Special to the Guardian.) ATHENS, Oct. 19.—British and French troops continue to disembark at Saloniki. The number of these troops is so large that it is impossible to forward them all promptly by rail to Serbia. Some troops are making forced marches across Greek territory in the direction of Serbia.

Italian Squadron Leaves for East

(Special to the Guardian.) PARIS, Oct. 19.—An Italian squadron has left for the near east under sealed orders, supposedly to participate in the blockade of the Bulgarian coast, according to a Brindisi despatch received here this evening, delayed in transmission.

DR. ROSS A "WAR BABY"

Sir.—It was so difficult to believe that the Germans crucified a Canadian that only the most direct evidence can be credited or less strong evidence now than formerly on account of the proved barbarities of the Germans in Belgium and Northern France and to our own wounded at the beginning of the war.

A few days ago I met a Canadian, Harris by name, from Winnipeg who saw the man who was crucified and he told me it was only too true.

On the parapet of a captured trench he found a Canadian Sergeant with a bayonet thrust through his extended hands and feet and his body pierced with innumerable bayonet wounds. He said he did not know whether he was dead before he was crucified, but the presumption is that he was alive when it was done, and that he was killed afterwards.

A week ago there arrived here 160 cases of convalescents from Gallipoli. They were sent here just to finish getting well so there was not much to do for them, principally to leave them alone.

A great many of them were from New Zealand and Australia. A fine lot of husky chaps they were, and I should think it would not be holy for the enemy who fell into their hands.

TO ALL RED CROSS WORKERS. And Friends of the P. E. Island Women's Patriotic Association. Your attention is called to the proclamation of His Honour the Lieut. Governor, and the appeal of Dr. Jenkins, Secretary of the Red Cross Society, for a very special effort for funds for the relief of the sick and wounded among the gallant defenders of the Empire, to be made on the anniversary of the battle of Trafalgar (Oct. 21st) and you are urged to do all in your power to make the contribution from this province, a most generous one.

GREAT BRITAIN NEEDS 3,000,000 M.F.N. BY SPRING, SAYS GENERAL SWAYNE

LONDON, Oct. 17.—"Great Britain needs 3,000,000 more men by spring." This declaration was made to-day by Brigadier-General Sir Eric Swayne, director of recruiting in the Northern command, in a speech at Hull. General Swayne estimates that Germany still has between 9,000,000 and 10,000,000 men from the ages of 18 to 45, and that, therefore, it was useless to talk about wearing Germany out.

RUSSIANS ARE SMASHING GERMANS ON ALL SIDES

PETROGRAD, Oct. 18, via London, Oct. 19.—The official communication issued by the War Office to-day follows:—"In the region of Riga, on the River Aa, north of Mitau, enemy elements which advanced beyond Herzogshof were thrown back across the river. The attack on the Dyvinsk front, after the attack repulsed yesterday, the enemy remained passive throughout the day. Only near the village of Pochillid did he make attempts to dislodge us from trenches in the occupied section. We repulsed both these attacks. Artillery fighting continues. Between the Deman and Dreswialy lakes there has been no cessation in the fighting.

Allies Bombard Bulgarian Port

(Special to the Guardian.) NEW YORK, Oct. 19.—A News Agency despatch from London published here this afternoon says, "It is officially announced here to-day that Dedeganchatz, a strongly fortified Bulgarian port in the Aegean Sea, is being bombarded by Allied fleets. It is twelve miles across the Gulf from Enos, and if the bombardment is being staged by the Allied fleet it is possible a movement to take the city by land will be started by the Anglo-French forces landed at Enos yesterday."

GERMANY'S LAST HOPE IS IN THE BALKANS

ROTTERDAM, Oct. 18.—(Despatch to the Daily News, London)—"All Germany believes that the complications in the Balkans have brought about an entirely new phase in the war, and they are looking more and more anxiously to the Balkans as the key to the situation. The German armies have tried to cut a way out in both the East and West and have failed. The way through Serbia is the last way out, and everybody is watching with the utmost keenness the progress of the new venture. They have great hopes of a far-reaching success."

CANADIAN OFFICER GAVE HIS LIFE TO SAVE HIS MEN

OTTAWA, Oct. 17.—The following communication received from Canadian headquarters, was given out by the Minister of Militia to-night:—"On Oct. 6 Major A. Y. Roy, 22nd Battalion, Montreal, was standing in a trench issuing orders to Co-Sergeant Major Marion and others. The enemy trench mortar shells were falling in the vicinity. Brigadier General Watson, Quebec, had just passed along the trench when a mortar shell fell into the trench a few feet from Major Roy and his men. The shell did not burst on impact and rushing towards it Major Roy bent down with the object of seizing it and throwing it over the parapet in order to save the lives of those with him. Before he could grasp it the projectile exploded, inflicting wounds from which Major Roy shortly afterwards died. His gallant self-sacrifice has been specially reported by his brigade and divisional commander."

CANADA'S TRADE GAINS BY \$50,000,000

OTTAWA, Oct. 18.—A trade increase of nearly fifty-nine million dollars is shown in a statement issued to-day by the Minister of Customs and covering the first six month period of the fiscal year. The total trade for this period was \$559,590,000 as compared with \$509,634,000 in the first six months of the previous year. The special war taxation has resulted in an increase in the customs collections over the total of the 1914-15 period, which included four anti-bellum months. In the six months just ended the customs revenue was \$44,413,000 as against \$42,857,000.

Italy's Policy in the Near East

ROME, Oct. 18.—A very important meeting of the cabinet took place yesterday, Baron Sonnino giving a detailed explanation of the international situation and the line of conduct Italy had followed up to date. He also outlined the programme she must adopt in view of the new Balkan complications.

Czar Ferdinand had announced his intention of leaving for the Serbian front, but at the last moment abandoned the idea, the result of numerous anonymous threats on his life. The official journal of Bulgaria proclaims as deserters and traitors all Bulgarians who refuse to return to join the army. Recent reports from the Russian front permit the belief that Russian armies are again invading Bukovina and threatening to invade Transylvania.

PERSONALS

Mr. J. E. Wyatt, Summerside, was in the city yesterday. Mr. John Coombs, Tracadie, is visiting in the city for a few days. Mrs. Benjamin Rogers returned to Alberton yesterday afternoon after a short visit to this city. Mr. Walter Fitzalan Stewart has been gazetted a provisional lieutenant (superannuated) of the 82nd Regiment (Abegweit Light Infantry). Dr. Alexander Ross has been gazetted as seconded for service with the Royal Army Medical Corps as a lieutenant (superannuated) in the Army Medical Corps. Mrs. Henry Phillips returned to the city a few days ago after attending the funeral of her cousin the late Mr. John Emery of Vancouver, formerly of Wood Islands. Mr. Albert Edward Burke Murphy has been gazetted as from August 28, provisional lieutenant (superannuated) in the 2nd Heavy Battery and Ammunition Column, Prince Edward Island Heavy Brigade. "Have you tried our famous 'Irish Twist'?" You'll like it. Just try it once—it's a sure bet you'll use no other afterwards. The Two Macs, 149 Great George Street. Mfr.

Eastern Shirt Wearers! You'll like this clever feature in Eastern Shirts. Now made with the new "Sleeffit" device (patented 1914) for drawing up or letting down sleeves. Adjustable in a second. Keeps cuffs clean longer. No more unmanly armlets. Ask to see this feature. Eastern Shirts are sold by modish tog shops.

NEW YORK FISH ADS

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Boston, Mass. Transfer Agents. Reference, Greenwich Bank or any wholesale fish house in the United States.

Weddings Suggest Gifts of Silverware. Silverware suggests the name 1847 ROGERS BROS. because it is the leading brand of silver plate and has been for over half a century. When buying silverware for personal use or gift-giving always look for the name 1847 ROGERS BROS. because it identifies the original and best make and is your assurance of securing silver plate that is backed by an unqualified guarantee made possible by the test of over 65 years. Other makes bear the name "Rogers," but not the date 1847. Sold by leading dealers.

Ask Your Jeweler. Your jeweler is an expert on watches. Go to him and ask his advice. He has been studying watches for many years. Ask him about Waltham Watches. He will know all about our wonderful Factory, the largest in the world, and the birth place of most watch improvements in the last fifty years. He will tell you how reliable, what genuinely fine instruments Waltham Watches are, and he will show you how much more satisfactory it is to own a really good watch than one of the flimsy kind of which there are so many. If you will send us your name and address, we will gladly mail you free our new Waltham booklet. Waltham Watch Company Canada Life Bldg., St. James St., Montreal

BRINGING UP FATHER. A comic strip featuring a man and a woman in a room. The man is sitting on a chair, and the woman is standing next to him. They are engaged in a conversation. The man says, "GIRLS—THIS IS COUNT DE CHANGE I WAS TELLING YOU ABOUT!" The woman replies, "ISN'T HE JUST GRAND!" The man says, "JUST THINK—A REAL COUNT—BY GOLLY—I'M GLAD I'M NO ACCOUNT!" The woman says, "WHY ER—A MISS JONES WHY AREN'T YOU IN WITH THE REST OF EM TALKIN' TO THE COUNT?" The man says, "I HAVE NO TIME FOR THAT TYPE OF MAN—REALLY!" The woman says, "I'M GLAD YOU DON'T LIKE THE COUNT!" The man says, "SORRY—MR. JIGGS BUT I'VE GOT TO PINCH THE COUNT—HE OWES A HOTEL BILL!" The woman says, "DON'T TAKE HIM AWAY—I'LL PAY HIS BILL!"