

Woman's Realm Social and Personal Fashions Literature

Happenings of The Week

Princess Elizabeth received the honorary degree of doctor of laws from the University of Edinburgh. "Ours is a tremendous responsibility," she said in her speech of acknowledgement. "We have been born in times when great institutions have crumbled, age-old traditions have been called in question and science has produced horrors to keep pace with its marvels. If we hope to see our children grow up in tolerable conditions, and if peace and prosperity are to drive out the spectres of war and want, we must rely very largely on the services of those who have had the advantages of an education such as ours."

Princess Margaret visited Scotland Yard in the line of duty. The princess, who will be 19 in August, toured the famous police headquarters as part of her "education program." Thursday she listened to a defence debate in the House of Commons, and earlier this week her studies took her on a tour of the Battersea Power Station. A palace spokesman said King George and Queen Elizabeth have started a training program for Margaret along the same lines as intensive "future queen education" program they devised for Princess Elizabeth.

Queen Mary and her daughter, the Princess Royal, were mistaken for new probation officers by parents in an East London juvenile court. The parents didn't know the Queen and Princess were on a surprise visit to the court. The Queen watched through a lognette. She looked distressed as a 12-year-old girl was accused of forcing another girl, four, to sit on a cooling hot plate. The case was withdrawn because all the younger child would say was: "Let's go home, mummy." The royal visitors laughed with the rest at a nine-year-old boy who the previous week had asked to be sent to an approved school. "Please, sir," the boy said, "I have changed my mind and don't want to go this week."

Mrs. Louis St. Laurent made a number of "appearances" entirely on her own in Ottawa on Saturday and greeted citizens of Canada's metropolis with a sincerity and graciousness that struck a responsive chord. Navy blue's the color of Spring 1949, fashion experts will tell you, and Mrs. St. Laurent wore it in a lovely ensemble with matching ribbon-trimmed hat and sable fur. Mrs. St. Laurent's charm lies in her naturalness. There is nothing of the studied "I am-to-please" air about the wife of the Prime Minister. Rather she is a little reticent, almost shy.

Mrs. W. A. Stewart was at home to her friends yesterday afternoon.

Mr. and Mrs. A. A. Leaman, Halifax, are spending the week-end in Charlottetown, the welcome guests of Dr. and Mrs. C. H. Beer.

Mr. and Mrs. Noel DeRios, Water Street, had as their guest during the past week, Rev. Mr. A. E. Dignan of Port Hill.

Mr. and Mrs. George Buntain left Sunday on a motor trip through the American seaboard states. They plan to spend sometime in Florida, returning home next month.

Mrs. R. McCoubrey of Cavendish is a guest of Mr. and Mrs. J. F. Hobbs, Kent Street.

Miss Lillian Duchemin left on Thursday morning for a three weeks' holiday in New York and other U. S. cities.

On Saturday Mr. and Mrs. W. R. LePage, North River Road, left by plane for Montreal where they will spend some time on holiday.

Miss Joyce Coffin, who is attending Acadia University, spent the week with her parents, Mr. and Mrs. E. S. Coffin.

Mrs. H. R. Hillson, "Birches", entertained friends at a luncheon bridge on Wednesday.

Mr. and Mrs. Edwin G. Robinson had as their guests this week.

Mr. Johnston's sister, Mrs. Murdoch McLeod, and brother, Mr. W. E. Johnston of Long River.

Mrs. Arthur Bruce's many friends will be glad to hear she is much improved after her operation in the P. E. Island Hospital.

Mrs. S. R. Cameron, Grafton St., entertained at two tables of bridge on Tuesday night. Prizes were won by Miss Evelyn Stewart and Miss Mabel Cummings.

Mrs. Walter Wilson, Ambrose Street, entertained at the tea hour at her home last Saturday afternoon.

Bridge hostesses entertaining their own clubs this week were Mrs. J. Frank Arnett, Mrs. William E. Smallman, Mrs. Herbert B. Schurman, Miss Martha MacFarlane, Mrs. Gerda Morrison, Miss Lucille McQuaid, all of Summerside.

Mrs. Lorne H. MacFarlane and Mrs. Carroll Delaney have been in Charlottetown this week, having accompanied their husbands who are members of the Provincial Legislature.

Mr. and Mrs. George T. Clarke had a delightful mixed bridge party at their home in Summerside on Wednesday evening when five tables were in play.

A jolly party was held on Thursday afternoon when Donna Bradshaw celebrated her sixth birthday at her home in Summerside with twelve of her little friends. Games were enjoyed until time for refreshments when ice cream and cake were served. The beautiful candle-light birthday cake was the centre of attraction.

Rt. Rev. Dr. R. H. Waterman, Bishop Co-adjutor, of the Anglican Diocese of Nova Scotia, was the guest this week of Canon E. Malone and Mrs. Malone of Fitzroy Street.

Mr. Ivan MacArthur returned this week from England where he has been for the past six months. Mr. MacArthur who is now employed with the Aluminum Laboratories in Kingston, Ont., was instructing in the Aluminum Company's Laboratories in Great Britain. At present Mr. and Mrs. MacArthur are visiting with Mrs. MacArthur's sister and brother-in-law, Mr. and Mrs. Carl Bourke, Mt. Edward Road. Later they and their infant daughter will leave for their home in Kingston.

Mr. and Mrs. H. L. Sear, York Lane, left on Wednesday morning for a short holiday trip in Montreal.

Mr. and Mrs. James E. Harris are in New York on holiday. They will be returning here on Friday, visiting in Montreal on their way home.

Capt. J. J. Connolly and Mrs. Connolly returned by plane during the week from a brief visit to Ottawa.

Mr. and Mrs. Andrew Bagnall are entertaining at bridge at their home, Edward Street, this evening.

This afternoon Miss Mabel Adams, Euston Street, will entertain at the tea hour.

Many friends of Mrs. J. T. Robinson will be glad to know she has returned home from the P. E. I. Hospital after undergoing treatment there. Mr. Sam Robinson, student at Dalhousie University, Halifax, spent last week-end visiting with his parents, Mr. and Mrs. J. T. Robinson.

Mr. John Whitman, assistant manager at Woolworth's, and Mrs. Whitman and family left Monday morning to take up residence in Halifax. Before leaving Mrs. J. Sterling Barrett entertained in honor of Mrs. Whitman at an afternoon tea. Mrs. Everett Saunders poured, and Mrs. Ellsworth Wheatley assisted in serving.

Flying Officer J. C. Edwards and Mrs. Edwards, en route from the Canadian West to Charlottetown by car, spent a few days recently with the latter's parents, Mr. and Mrs. Sidney L. Barnes and sons Roy and Ernest, in Sackville.

Mr. Andy Doyle, Manhasette, Long Island, arrived in the city last Sunday accompanied by his niece, Mrs. Elizabeth Cox who had been visiting him. While in New York Mrs. Cox also visited with Mrs. A. J. Biffin, a former resident of Charlottetown and whose friends will be pleased to learn she has recovered from her recent serious illness.

Mrs. Elmer Ling and young son Barry returned to their home in Halifax after spending two weeks with Mrs. Ling's parents, Mr. and Mrs. Hector Gillis, Melville.

Mrs. Arthur MacEwen has returned to her home in Summerside after a pleasant visit in Montreal, where she was the guest of her daughter, Mrs. W. E. Kavanagh.

Mrs. William Beatty entertained a number of her friends at her home in Summerside on Monday evening when two tables of bridge were in play.

Mrs. Evelyn MacAlpine Moncion, N.E. was the week-end guest of her parents, Mr. and Mrs. L. Frank MacKenzie, Summerside.

TO QUICKLY RELIEVE KIDDIES'

CHEST COLDS
MOTHERS SAY YOU CAN'T BEAT
BUCKLEY'S STAINLESS WHITE RUB

Ellen's Diary

By an Island Farmer's Wife

Threaded one after another, such as grand-daughter collects her colored beads or buttons on a string, so this week of days has been added one by one to those which have gone before, and now make up past months and years. Quite as varied as the shades, made up now with the bright glowing colors of the happier hours and again with the more sombre shades, which reflect only life's concerns.

So they come to us at Alderlea, to James and me, and the others of the family, the sunny days and those when momentary alarms or sadness for a time obscures the erstwhile brightness, but which when safely past returns us once more to our usual contented and busy round. "Keep your face turned always towards the sunshine, so that the shadows will fall behind you!" is the cheerful message on a card, now yellowed with age, which belonged to a wall in this old house years before my coming. It is, we tell ourselves, only a card, and yet allowed still to remain in place so that all who chance to look upon it may read and absorb well the kindly counsel there.

Long years ago it was sent to one of the family by a clergyman, whose sermons James himself often listened to. (Continued on page 14)

How Can I!!!

By Anne Ashley

Q. How can I easily clean a frying pan that has been used for onions or fish?

A. Soak it during the meal with a strong solution of ammonia and water. This will take away the odor, and the pan will wash readily.

Q. How can I prevent spattering when frying eggs?

A. Add a generous pinch of flour to the grease and stir, just before putting in the eggs to fry; this will prevent the usual spattering of grease.

Q. How can I clean windows without using water?

A. Instead of using water on windows, try using a cloth dipped in ammonia and whitening, and then polish with a chamois.

Cook's Corner

FAIRY APPLE PIE

Six medium apples, two tablespoons water, one-quarter cup sugar, two egg whites, one nine-inch baked pie shell.

Peel, core and slice apples. Add water, cover and cook until soft. Add sugar, cool. Beat egg whites until stiff, fold in apple sauce. Pour into a baked pie shell. Bake at 300 degrees F. for 15 minutes. Yield: One nine-inch pie.

Household Scrapbook

By Roberta Lee

Mending Linoleum

A crack in linoleum may be mended by mixing finely chopped cork with liquid glue. When the crack has been filled with this, and it has hardened, rub down with emery paper and paint to match the linoleum.

Doughnuts

Doughnuts can be given a different flavor by adding one-half stick of bark cinnamon and four whole cloves to the fat used for frying.

Brighter Rubbers

Wash dull looking rubbers with water containing a few drops of ammonia. Then give them a thin coat of liquid shoe dressing.

Mr. and Mrs. T. D. Morrison entertained at their cottage in Bedeque on Sunday afternoon when Wing Commander Gross, Mrs. Gross and daughter Miss Brenda were among the guests.

Mrs. Gerald Hayes returned to her home in Summerside after a delightful visit with her mother, Mrs. Cassidy, in Chatham, N.B.

Little Kaye Hansen, Jr., who has been a patient in the P. E. I. Hospital, has returned to his home in Summerside much improved in health.

Garth MacFarlane celebrated his sixth birthday at his home in Summerside on Tuesday with a number of his relatives who were invited in.

DOROTHY DIX SAYS—

Be A Joiner

Young Brides Can Forget Homesickness By Making Friends In New Town

DEAR MISS DIX: A great many people who have had to leave their home towns and go to live in strange places complain of being lonesome. They have no friends or acquaintances, and are miserable and homesick. I'd like to tell these unhappy ones that my husband and I, who have been through this ordeal, have found a sure cure for it, which we are glad to pass along to others who are suffering from the same affliction.

It is to be a joiner. Don't wait for strangers to make advances to you. Beat them to it. Be the one to hold out the glad hand. Here's how it happened with us: My husband's business required he should move into a strange city where we knew no one. But we didn't wait for people to hunt us up. We went to see them and we joined everything in sight—the church, the Sunday school, the club, the town Grange, the Volunteer Fire Department, etc. Now I am on the hostess committee of the whole group and an active member of the Schools' Parents Association. Even my 6-year-old son has adopted a grandmother for himself.

Believe me, the secret of adjusting yourself to your environment and being happy in it is to be a Joiner.

ANSWER: These are words of wisdom that many a woman who is eating her heart out in repining for her old home and her old friends would do well to paste upon her mirror where she would see it every time she put on her make-up. For it is not for us always to be able to choose our environment and our associates. Most of us have to take life as it comes. We can't alter it to suit our tastes.

TEARS HEARTSTRINGS

Breaking family ties is a tragedy that tears at the heartstrings almost as cruelly as death itself. It is so hard to be separated from those we love, so lonely to live among strangers. There is but one remedy for it, and that is to be a "joiner", to make friends, to take an interest

(Continued on page 14)

That Body Of Yours

By James W. Barton, M. D.

SOME ELDERLY MEN AND WOMEN NEED EXTRA VITAMINS

It is agreed that the discovery of vitamins was a great advance from the standpoint of nutrition, and lack of vitamins explains some of the symptoms of which many complain. By adding vitamins to the daily food intake, the symptoms disappear.

However, our nutrition experts explain that there would be little need for extra vitamins if we ate enough of the usual everyday foods, never failing to use some of the protective foods—dairy produce and green vegetables daily. This applies, of course, to normal, healthy individuals.

What about men and women as they grow older. Should they eat extra vitamins daily? In so far as getting the proper amounts and kinds of foods, including the vitamins, it has been found that the diet of the great majority includes all necessary food stuffs, including vitamins. Yet many complain of weakness and of becoming easily tired.

Why? In "Geriatrics" (treatment of the aged), Drs. Henry A. Rasky and Bernard Newman, New York City, review their experience with a number of elderly men and women who were eating enough of the various foods, which contained enough of all the vitamins yet showed symptoms of a vitaminosis—lack of vitamins.

In searching for an explanation as to why these elderly men and women, eating adequate diets with the necessary amounts of vitamins, had symptoms due to lack of vitamins, it was found that some normal aged persons show evidence of liver disturbances. When we think of all the jobs the liver has to do in the body, it is not hard to understand why the liver may allow some vitamins to be lost to the blood, or why the liver does not enable the body to make full use of the vitamins contained in the food eaten. The fact remains that the diet of elderly persons should include extra vitamins daily.

Vitamin B or B complex should be one of the extra vitamins given daily.

Are you eating enough of the foods containing vitamins every day. Send today for Dr. Barton's handy "Vitamin Chart", with lists of the foods containing good quantities of each of the vitamins. To obtain it, just send 5 cents, coin preferred, and a 3-cent stamp, to cover cost of handling and mailing. The Bell Syndicate, Post Office Box 99, Station G, New York 19, N. Y., and ask for your copy.

Modern Etiquette

By Roberta Lee

Q. When a hostess is giving a card party, should she set her card tables in advance of her guests' arrival?

A. Yes, providing each table with cards, score pads, ash trays, and usually a small dish of candies.

Q. When one sends flowers to a friend who is ill, and writes a few words on his card, should it also bear his signature?

A. No; this is not necessary, as the name on the card is sufficient.

Q. When receiving a man in the lobby of a hotel on business, should a woman wear a hat?

A. Yes, always.

Legends Of P. E. Island

(By Uncle Joe)

THE MAGIC STONE

Centuries before the advent of the white man, the Indians were familiar with the forest trails and rivers of the Island, though sometimes they wandered from their villages never to return. Their wigwams no longer exist and their camp fires long since have been extinguished.

What glowing tales those warriors must have spun around their camp fires! What a pity so few of their delightful legends are known today!

Among those still remembered is the following pretty legend in which we are told that a French settler named Arcade Perry once summer sat on a high bank overlooking the harbor near French Fort. Around him lay mile after mile of unbroken forests, with here and there a tiny footpath leading to their interior.

Following one of these twisting trails, Arcade Perry came to a small creek, where he discovered a cone-shaped stone of many hues. Around the stone were cut a circle, and within the circle were little piles of maize and corn and Indian ornaments.

Getting down on his knees, the Frenchman tried to lift the stone, but his efforts proved futile, and he was about to retrace his steps when he observed two Indians further up the stream, trying to attract his attention. Perry beckoned to them, and when they arrived at the place of the curious stone he was astonished to see them reverently lay clusters of berries on the spot.

Upon inquiring into this strange act, Perry was informed that the stone which lay before them was a famous "medicine stone" held by all Indians in great reverence.

The Story

Many, many moons ago a mighty and proud Souriquois chieftain named Kistatun came from across the waters of the laughing ocean to dwell for a season with his friends, the Micmacs. With him came his only daughter, the fair Nistonia. For a time they lived happily in a big wigwam, near a stream which was infested by evil spirits.

All went well with the chief and the princess until one day, while walking along the shore, she accidentally trod on the foot of one of the spirits. Instantly the gods became angry and sent Gloscoop to inform the proud father that Nistonia must be sacrificed to appease the angry spirits.

"What! my daughter become a sacrifice to spirits!" cried the haughty chieftain. "Never, never, never! Back to the gods, Gloscoop, and tell them what Chief Eagle Eye has spoken. Then return to me with their decision."

Early next morning Gloscoop awakened Chief Eagle Eye and told him that, instead of sacrificing Nistonia to the spirits in the stream, they would change her into a beautiful stone, full of magic and able to cure all ailments.

For a whole week the chief pondered the proposed idea and then consented, though not without great sorrow, for fair Nistonia was the apple of his eye, the joy of his heart.

The transformation was made far out on the Gulf Stream, while Chief Eagle Eye was under the influence of a strange drug.

When the stone had been set in the spot where Arcade Perry found it, the chief was led to the place by Gloscoop, who exclaimed: "Behold thy daughter that was the beautiful princess, who now is changed into this magical stone! Build your wigwam near by and you shall never be sick or want for anything; and when you go to the Happy Hunting Grounds her spirit will always linger among our people until the end of time."

The chief then raised his face toward the heavens and cried aloud to the Great Spirit, saying: "I am happy! May the spirit of the princess always dwell in the land of the Micmacs, and when the red man touches the stone he will fear no evil!"

The next story: Strange Reunion.

Firm foundations for solidarity and long-term prosperity and pleasure. Lack of co-operation, promised support from influential sources, together with failure from intimate or family relationships or other close, perhaps romantic understandings is indicated. In all circumstances let calm judgment and wise action prevail as rash or excitable conduct could spell utter defeat and regret.

A child born on this day while ambitious, aspiring and well-equipped for a measure of success and happiness, may make rash moves to undermine its prospects.

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HEAVEN'S WINDOW-SILL

Every morning lean thine arm awhile Upon the window-sill of heaven And gaze upon thy God. Then with the Vision in thy heart Turn strong to meet thy day. Author Unknown.

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Los Angeles — Mabs of Hollywood uses elasticized nylon in her classic swim suits in both dull and bright finish. This practical long-wearing material lends itself beautifully to Mabs' exclusive hand-screened prints with floral motif and lovely soft pastels in candy colors. Nylon net and satin pantie girdle and straight girdle, which she describes as side slicers, in bonbon blue and other soft colors are Mabs' offerings in foundation garments.

NEW LEASE FOR LACE

Until the current fashion season, lace seemed destined to live a life

Better English
D. C. Williams

1. What is wrong with this sentence? "I guess I will go now."
2. What is the correct pronunciation of "inspiration"?
3. Which one of these words is misspelled? Pamlet, panacea, panorama.
4. What does the word "embellish" mean?
5. What is a word beginning with ob that means "forgetful"?

ANSWERS

1. Say, "I think I shall go now."
2. Pronounce second i as in split, not as in spice. 3. Pamphlet. 4. To make beautiful or elegant, as by ornaments. "The book was embellished with pictures." 5. Oblivious.

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