

Woman's Realm—Social and Personal—Fashions—Literature

Living & Leisure THE WOMAN'S REALM

CYCLE

You know it's fun to be forty odd, and just sit back and get the enthusiasm and "look at us" of the bouncing younger set. As they parade with their bright New Look. And sing their songs so gay. I remember singing the same old songs. And dressing the selfsame way. And I remember too the day I destroyed the snapshot book 'Cause I didn't want my kids to see How queer Mama used to look!

VERA ALEXANDER

Specially treated paper cards with a steel centre and coated with plastic resin are now made into a new kind of clothesline which will not stretch or sag, is unaffected by weather conditions, will not rot, and can be wiped clean with a damp cloth.

STOOPED SCHOLARS EXTINGUISH

Days are gone, say health authorities, when men of learning were distinguished by stooped shoulders. Today students are trained to maintain their health, physique and posture.

Snap beans cut into small pieces and mixed with diced celery make a different and delicious vegetable dish. They may be served plain or in an herb-flavored cream sauce.

- MARRIED IN WHITE**
You have chosen all right;
MARRIED IN GRAY
You will go far away;
MARRIED IN BLACK
You will wish yourself back;
MARRIED IN RED
You'd better be dead;
MARRIED IN GREEN
Ashamed to be seen;
MARRIED IN BLUE
You'll always be true;
MARRIED IN PEARL
You will live in a whirl;
MARRIED IN YELLOW
Ashamed of the fellow;
MARRIED IN BROWN
You will live out of town.

CLOTHES TIPS FOR THE PLUMP

When the petite-sized woman takes on any middle-age gain in weight, her clothes must be much more carefully chosen. The extreme fashions of the "new look" which are apt to be unflattering to her figure should be rejected by the small, plump woman. Not for her, for example, are skirts with extravagant flare, hippy pockets, or unpadding shoulder lines. The short, stocky woman needs to wear shoulder pads to give her entire figure a lift and to make her waistline look slimmer. She should reject loopy pockets, or other hip-rounding devices on dresses or suits because these details have a widening effect on her figure. Because full-flaring skirts also have a widening effect, these should be rejected in favour of skirts with straighter lines or with modified flare. These will be much more slimming. What the petite-sized woman can use to advantage, however, are longer skirts, which help to elongate length of figure. Her figure will also be flattered by "new

look" fashions which are fitted through the waistline and have a minimum of hip-rounding detail.

HELPS STUTTERERS

MINNEAPOLIS — It isn't unusual to see students making strange faces in a huge mirror at the University of Minnesota. It is one of the newer methods the school is trying out to cure stuttering. Each year, the university treats about 60 stutterers and about 300 others who have speech defects. The reason for the mirror is that it reflects habits students have developed in their fight, not to stutter, such as deep breathing, hard swallowing and whistling through their teeth. In all, nearly 1,000 students and several non-students are treated with clinic facilities each year. Many of them are hard of hearing and, because of injuries or other reasons, never have heard correct pronunciation of words.

Better English

D. C. Williams

1. What is wrong with this sentence? "I rarely ever eat meat."
2. Which one of these words is misspelled? Annulment, annoint, annihilator.
3. Which one of these words is "invincible" mean?
4. What does the word "impending" mean?
5. What is a word beginning with imp that means "threatening to occur soon"?

ANSWERS

1. Can't ever. 2. Pronounce miserably, both 's' as in it, and not miserably. 3. Annulment. 4. Proof or secure against corruption, breach, etc. 5. The most inviolable attachment to the laws of our country is everywhere acknowledged a capital virtue. — Hume. 5. Impending.

Cook's Corner

ANGEL FOOD CAKE

1 cup sifted cake flour
1 1/2 cups fine granulated sugar
1/4 cups egg whites
1 teaspoon cream of tartar
1/2 teaspoon salt
1 teaspoon flavoring
Place measured egg whites in large mixing bowl and add salt. Sift and measure flour and place it in sifter, add sugar and sift flour and sugar at least 3 times, set aside.
Beat egg whites until they are thick and light, then add cream of tartar and flavoring; continue to beat hard until mixture will stand in peaks.
Gradually fold in flour and sugar mixture, sifting about 1/4 of the amount in at a time. Work carefully and quickly, folding only long enough to have egg white mixture and flour, sugar mixture thoroughly blended.
Turn at once into a tube pan

That Body Of Yours

By James W. Barton, M. D.

CHEILLITIS — INFLAMMATION OF LIPS — CAUSED BY LIPSTICK

You are hearing about cheillitis—inflammation of the lip—being caused by lipstick, and naturally think that the particular lipstick used must contain poison of some kind and you decide you'll never use it. The first thing noted in cheillitis is the puffiness present along with what might be called simple swelling. It thus resembles the swelling and puffiness caused by allergy to various foods and also resembles the swelling and puffiness of poison ivy.

In "Archives of Dermatology and Syphilology," Chicago, Drs. S. J. Zakon, A. L. Goldberg and J. B. Kahn report 32 cases of cheillitis in women between the ages of 17 and 54 who were seen in one year of practice. The characteristic swelling and puffiness caused by the deposit of water in the tissues of both lips appeared after the patients had changed to a new type of lipstick, or the eruption appeared suddenly with continued use of the same brand over a period of months or years. The underlying cause is the tendency or allergy to direct irritation from the indelible dyes (bromofluorene).

Once the dyes were recognized in these 32 cases, treatment to remove them from the blood and tissues was immediately started. A lipstick was then used by these patients which did not contain the indelible dyes. The patients' symptoms then disappeared in an average period of two weeks. These patients were not considered sensitive to light.

"The use of a lipstick with a nonindelible dye is a practical, safe and rapid treatment and offers the solution of this frequent cosmetic problem."
The thought, then, is that women using lipstick for cosmetic effect or to protect their lips from the rays of the sun, which irritation is often difficult to heal, naturally should use the lipstick they prefer as long as no lip symptoms occur. However, should cheillitis occur—which may be accompanied by swelling of the glands nearby—they should stop using that particular brand of lipstick and use one to which they are not sensitive or allergic.

ALLERGY

Send today for Dr. Barton's helpful booklet entitled "Allergy," which means being allergic or sensitive to various foods and other substances. Just enclose 10 cents and a 3-cent stamp, to cover cost of handling and mailing, to The Bell Syndicate, in care of the newspaper, Post Office Box 99, Station G, New York 19, N. Y.

that has been slightly floured, with all surplus flour removed. Place cake in oven 300° and bake for 1 hour and 10 minutes. Remove and invert on cake rack to cool.

ACID indigestion
No matter how severe, you can help neutralize excess acid—with Rennie's. Rennie's are nice-tasting, individually-wrapped tablets which you can take at any time. No need to stop eating or drinking.
RENNIES

Dorothy Dix Says—

Good Wife Is Good Cook

Man Has Right To Expect Mate To Prepare Tasty Dishes

DEAR DOROTHY DIX: My husband is always quarrelling about my cooking and sometimes he gets so mad he just won't eat at all. Don't you think that when a woman does her best to please her husband that he should eat what she cooks?

UNHAPPY WIFE.

ANSWER: Now there is no earthly excuse for a woman being a poor cook, for there are innumerable cookbooks that tell just exactly how to prepare every sort of food, just how long it should be cooked, just how hot the oven should be, and if she will follow these rules she cannot fail.

Personally, I don't blame any man for kicking the roof off the house when his wife sits him down to a bad meal and offers him coffee that tastes like lukewarm dishwater, and food that would kill an ostrich. He has paid for good food, and he has a right to expect her not to ruin it in the cooking. Moreover, more than the pleasure of his palate is involved. His life and his health and that of his children depend upon the way they are fed. A large proportion of the sickness and inefficiency of people is due to their being undernourished, and half of the undernourishment is the direct result of bad cooking.

If a man is not well fed, he becomes cross and pessimistic and dyspeptic and nobody wants to deal with him, and so his earning power is decreased. Many a man's failure is directly traceable to his wife's bad cooking.

LEARN TO COOK

So my advice to you is that instead of feeling that your husband is a brute to growl over your cooking, suppose you go to work in earnest and learn how to be a crackerjack cook? I think this will improve your husband's disposition.

DEAR DOROTHY DIX: Don't you think that if a man is in love with a girl whom he is not financially able to marry, but whom he really wants, he would make every effort to make enough money to marry her?

JANE T.

ANSWER: There is no better proof of love that a man can give than his willingness to work for a girl. Many young men, as long as they have no one but themselves to take care of, are inclined to loaf on their jobs and take things easy.

But the minute a worth-while man falls in love for keeps and begins to think of matrimony, he rolls up his sleeves and goes to work in earnest because he wants to give his wife all the comforts and luxuries he can. That is why employers prefer married men. It puts pep and energy and determination into a man to have a woman to work for.

You may be very sure of this: The man whom love does not speed up isn't really in love, or else he is so selfish and lazy he isn't worth having.

DEAR MISS DIX: I am a young man 21 years old and I want to go out in the world and earn my own living, but as I am untrained I do not know what to do. My father runs a little printing shop and he is determined that I shall carry on with him, but frankly I hate the work. This causes endless quarrels between us. What should I do? I want to be a success in life.

TOM S.

ANSWER: Try to find out what Nature intended you to do. Even if you have no very decided talent, you must have some aptitude for doing some particular thing, and there must be some one special thing that you enjoy doing. Then go to a trade school and learn how to do it well. Get to be an expert. They are the only ones who can command a good salary. There is no place for an untrained worker. I think your father is wrong in trying to make you do the kind of work you have come to hate. You have to be able to put your heart in a job to make a success of it. Very often the wise thing is for a boy to leave home and strike out for himself, because it is hard for parents to realize that their children grow up and have minds of their own. Instead of staying perpetual babies who must let Mama and Papa decide what they must be and do.

No, Mr. Brown

By Gertrude Knevels

"Strictly speaking,"—Alixe looked uncomfortable—"Ten Parker came of age last year. We did not give up the money. You see, Mr. Brown there's a string tied to his inheritance Ten has always been a handful, and that is why Father took the precaution of stalling in his will that he was not to receive this money till my mother felt he was capable of managing it wisely. Certain lawyers have told us Ten could fight us in the courts if he wished, and I think his mother—my aunt Gella Parker—would like to have him try it. My mother, on the other hand, sticks to her authority. She found plenty of reasons for putting Ten on probation last December, and I'm not sure she won't find others this year." "I see," Bill nodded. "A very interesting situation." "It's a very exasperating situation, from a family point of view," Alixe sighed. "I'm fond of Ten. Trying though he is, and I can't help sympathizing with him. There's another reason, too, why I suppose I ought not to consider April, even if I could afford her.

She's not cut out for social work so Miss Grice, her supervisor, tells me. She cannot understand April's lack of gulle, the way she lets herself be imposed on. April is sorry to say, often supplies relief allowance out of her small salary—which means, of course, that she must go without." "You don't mean that girl actually lives on the miserable pittance they give the visitors?" Brown exclaimed. "She must," Alixe nodded. "April's grandmother left her a white elephant of a house which no one wants to buy. She had to close it and lives at a boarding house here in town where she might manage well enough, if she weren't so absurdly generous. Last winter she actually gave away her fur coat and her only warm dress to a wretched creature who promptly sold the things for liquor. This winter I suppose April will shiver for the need of that coat, and we shan't be allowed to sympathize. She's so proud that I never dare to—oh, is that you, Gwenn?" "I'm busy," Alixe broke off with an annoyed glance at the girl who had entered without knocking. "Hello, darling—lunch time!" Gwenn announced it gayly. "Here are those records you asked for, but don't bother with them now. I was wondering," she shot a smile in Bill's direction, "if I couldn't drive

He does not seem to be surprised over some queer happenings in a community thought regretful, but is interested in studying the workings of fate. "Think of that now," he will comment to me earnestly. "It's a strange thing too but it's something you can't get away from—the way history has of repeating itself in the years. Now I can remember the old folks on the road talking about the like long ago... and there it is again! Certainly a fund of knowledge this dealer has on many subjects nor is he lacking in business acumen. On the contrary, our farmers are bound it takes only a casual glance at an animal to have him quickly reckon, and to a surprising degree of accuracy, the per cent of meat that will come from the killing. "But I could be wrong" he will say modestly "that since you asked me, is only my opinion" but one quoted as dependable, where farmers forgetful. And so to this dealer, our fat heifers were sold today, to be delivered "off the grass" on a Summer day to come. And what then? James answered this at the milking time this evening even before I asked the question then upmost in my mind. "Well I have some left for another year, Ellen" he said. "Well I have that one" and he indicated a smallish one in a near stall "and that one at the back and there's that one in the other stable—we'll have those to put in for the fattening if all goes well next Fall."

Jamie, elder grand-son of ours is better of his ear condition though out of deference to the North wind's blowing, still confined to the house leaving the Muti-dog lonely. And Pat? "Indeed and there's lots to do, Ellen, what with one thing and another. If a person's anxious at all for the work!" He called briefly today on his way to cut a few stakes for the fencing to come. Until tomorrow—Diary—Good-night.

Household Scrapbook

By Roberta Lee

Frozen Meat

While your refrigerator is being defrosted, you can keep the frozen meat cold by taking it out of the freezing compartment, wrapping in waxed paper, then several layers of newspaper, and putting it in a corner of the refrigerator until the power is turned on again.

Parchment Shades

To clean a parchment shade, try rubbing it with a fresh piece of white bread or an art-gum eraser, or with a cloth dipped in milk. Be careful not to poke your hand through the shade!

Soap Bubbles

When the children are blowing soap bubbles, place a drop or two of glycerin in the soapy water. The bubbles will not break so easily and will have more color.

Modern Etiquette

By Roberta Lee

Q. What is the best and most correct form of introduction?

A. "Mrs. Smith, may I present Mr. Brown?" is one of the usual forms of introduction. A briefer form commonly used is, "Mrs. Smith, Mr. Brown." By emphasizing the more important person's name, it can be made as clear as though the words, "May I present" had been used. Never say, "Mrs. Smith meet Mr. Brown."

Q. Should the water glasses on the dinner table be filled before or after the guests have been seated?

A. They should be filled three-quarters full just before the meal is announced.

Q. Should the engagement ring or the wedding ring be worn on the finger first?

A. The engagement ring is worn over the wedding ring.

How Can I!!!

By Anne Ashley

Q. How can I remove scorch from cotton fabric?

A. If it is badly scorched, try dipping the article in cold water and hanging it dripping wet in the sunshine. When dry, wet it again and repeat the process. It may take about two or three days but it is a cure that will not injure the wearing qualities of the material.

Q. How can I make a good linoleum polish?

A. Mix 1 cup of melted paraffin, 2 cups of kerosene and 3 tablespoons of turpentine.

Q. How can I remove the marks of an indelible ink pencil from white material?

A. By soaking in a fairly strong solution of ammonia and water. This process may have to be repeated.

First Choice of all lovers of BEANS

Van Camp's are enjoyed by more families than any other Brand.

MURINE FOR YOUR EYES

QUICK RELIEF. Instantly your eyes feel refreshed. Murine's skillful blend of 7 ingredients cleanses and soothes eyes that are tired from overwork or exposure to sun, wind and dust.

Needlecraft FOR THE HOME

YOUNG SUIT STORY

Give a younger girl grown up airs... with this timely two-piece that steals the big sister styling of a flared jacket, a full skirt. Fine to finish with either long or short set-in sleeves.

No. 2424 is cut in sizes 6, 8, 10, 12, 14. Size 8 requires 3 1/2 yards 35-inch.

Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or some number in your address.

Address Pattern Department, The Charlottetown Guardian.

Pattern No. 2424

Name _____
Address _____
City _____ Province _____

SMALL CONGREGATIONS

About two-thirds of the churches in the United States are in rural communities but they serve only one-third of the nation's church members.



"The prettiest girl I've seen in a long, long time." That's what the Duchess of Windsor, said about Margaret Marshall — "Miss Canada of 1947," shown here. But she didn't know she was complimenting the Canadian beauty. She was talking about an usherette in New York's Carnegie hall. Now a student at the Academy of Dramatic Arts in Manhattan, attending under a scholarship presented to her at the Miss America pageant in Atlantic City last summer, Margaret has taken an evening job as usherette at the famous old concert hall. At a Toscanini concert recently the duke and duchess turned up with a French companion, occupying a box. When the concert came to a close, she stood outside the door of the Duke's box to get a better look. As the trio left, the duchess smiled at Margaret and whispered something to her companion. "Why don't you tell her that yourself?" the Frenchman asked. Then he took Margaret by the elbow and said: "The duchess has just told me you're the prettiest girl she's seen in a long, long time."

Morning Smile

A drunk staggered home and made his way unconsciously through the house, winding up in the stall shower of his bathroom. As he groped about, he turned on the water, deluging himself plenty and making a racket which brought the Little Woman to the scene. Taking in the details, she called him all kinds of so-and-so, winding up with a none too flattering estimate of this past, present and future.

"That's right, honey," admitted the shuddering sot. "I'm everything you said—and worse. But let me in, won't you—it's raining something awful out here."

EYES TIRED? Two Drops Quick Relief

MAKE THIS SIMPLE TEST TODAY

EYES TIRED? Soothe and refresh them in seconds with two drops of aloe, gentle Murine in each eye. You get—

QUICK RELIEF. Instantly your eyes feel refreshed. Murine's skillful blend of 7 ingredients cleanses and soothes eyes that are tired from overwork or exposure to sun, wind and dust.

MURINE FOR YOUR EYES

JELLO AGAIN!

WHAT a boon to menu-planners, to know that favorite family dessert—famous Jell-O—is regularly on grocers' shelves again!

A timely money-saver, these days when budgets are strained to the breaking point! Delicious Jell-O, made just by adding water, is about the thrickest, most popular dessert you can serve.

Get your supply today—all seven wonderful "locked-in" flavors. Serve it plain, or with cream, or with fruits—serve it often!

SEVEN GRAND, FRUITY FLAVORS
STRAWBERRY RASPBERRY CHERRY
ORANGE LEMON LIME
PINEAPPLE

What's found only in Jell-O?
That "locked-in" Jell-O Flavor!

Jell-O is a trade-mark owned by General Foods, Limited



SEVER JUBILEE STAMP

This is one of the postage stamps issued in England to commemorate the silver wedding anniversary of King George and Queen Elizabeth, who celebrated their 25th wedding anniversary on April 26. This is the one pound denomination.

NO RUBBING
AEROWAX
SAVES UP TO 20¢ a pint

Just spread it on—Dries to a shine!

39¢

ANOTHER BARGAIN!
AERO TASTE WAX—Lasts long—Dries to a shine!

HOT FLASHES?

Are you going thru the functional "middle-age" period peculiar to women (35-52 yrs.)? Does this make you suffer from hot flashes, feel so nervous, high-strung, tired? Then try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms! Pinkham's Compound also has what Doctors call a stomachic tonic effect!

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

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