

Barbara Brent's BUYS AND WHYS

MONTREAL, Feb. 16th—Do you sometimes envy women with that "neat as a pin" look? Envy no more! Here's something that will keep you neat-n-tidy all day long! Yes, NESTLE'S "SPRAZE" keeps your hair under control from morning 'til night, with no need for frequent combing or tussling! It's wonderful, this "Spraze"! Simply spray it on your hair from its handy squeeze-spray bottle. It's quick—easy—fun to use... just a few sprays of this delicate mist and—Presto!—no more straggly ends or unruly wisps! "Spraze" isn't sticky—it dries in a jiffy—it holds your hair-do in place just like a wave-set... gives high lustre and "springiness" to your hair. Try it— you'll love it! It's available at all beauty counters for \$1.50—complete with the new squeeze-spray bottle with atomizer... and refills available for just 50¢!

Everyone's Talking About the beauty of brassware. It's definitely back again in home decoration. Add such a happy revival! For brassware looks as handsome with contemporary furniture as it does with period reproductions! Yes, brassware—candlesticks—door knockers—vases—fireplace accessories... add warmth and character to any setting. Their beauty is not dimmed with time... particularly when you keep your brassware treasures glowing by polishing them regularly with BRASSO. So easy to use—for it's made especially for brass!

Something "Co-op To Eat"? Try this whirly, swirly jelly roll made with SWANS DOWN CAKE FLOUR—the cake flour that's sifted and re-sifted until 27 times as fine as ordinary flour. You can't help but have greater baking success with Swans Down. MINKY JELLY ROLL. 1/2 cup sifted Swans Down Cake Flour, 1/2 cup sugar, 1/2 tsp. cream of tartar, 1/2 tsp. baking powder, 1/4 to 1 cup tart red jelly. Beat flour once; measure. Combine baking powder, salt, eggs in bowl. Beat with rotary egg beater, adding sugar gradually until thick and light-colored. Gradually fold in flour, then vanilla. Turn into 15 x 10-inch pan which has been lined with paper, then greased. Bake in hot oven (400 deg. F.) 10 minutes. Turn cake out on cloth or towel, dusted with powdered sugar. Quickly remove paper, cut ends of cake. Cut lengthwise, then crosswise twice, to make 6 pieces of equal size. Spread each with jelly and roll into individual jelly rolls. Cool on cake rack. Each roll may be cut in slices, for daintier servings.

Husbands Are Very "Noticing" People... may not be noticeable, but they're very aware of whether or not their wives are looking pretty! So keep your husband proud of your good looks! Avoid soaps that chap and dry your skin... insist on only WOODBURY FACIAL SOAP! It's little-milk Scenting Woodbury contains a beauty-cream ingredient used in fine face creams. With Woodbury, there's no "skin-burn"—that roughened condition of skin robbed of its softening oils. For after-them! Woodbury Soap is the true beauty soap! It's really a delight for the bath, too—gives an all-over beauty complexion!

Does Your Husband's Cheery, "Rise and Shine, Sunshine!", irritate you in the morning? That's a sure sign that your system needs "perk up"—for there's nothing grumpier mornings than that "slug-gish" feeling we all suffer sometimes! And I've discovered a way to treat this "slow-poke" feeling without harsh laxatives! The juice of one lemon in a half glass of water. Then add—slowly—a half-teaspoon of baking soda and drink as foaming quies. A glass every 2 or 3 hours helps alkalize. Why hot lemonade, too, at bed-time! And be sure always to ask for "SUNKIST" CALIFORNIA LEMONS... they're the finest, juiciest of all!

It's Not Hard To Win A Husband's Approval with a meal like this... Cream of Mushroom Soup—Piping Hot Biscuits—Vegetable Salad and delicious KRAFT DINNER! M-mmm! "Kraft Dinner" is a real main dish. In every package of "Kraft Dinner" is a special, fast-cooking meat-oni that cooks to fluffy lightness in only 7 minutes. And, in the same package—cheddar cheese, already grated, to sprinkle in for rich cheese flavour! Your husband will approve heartily, too, of the money you save when you serve "Kraft Dinner". For just a few pennies there are ample servings for four!

Do You Want Taste Perfection In Apple Juice? Then ask your grocer for Scotian Gold Brand!... It's the "gold standard" apple juice made from Nova Scotia's famed Annapolis Valley Apples... apples carefully selected as to variety and blended to give... flavour perfection! There's no doubt about it—SCOTIAN GOLD APPLE JUICE is exactly as you like! You'll find it in three different sizes—the easy-to-carry 20-ounce—the convenient 48-ounce family size—and the large, economy 105-ounce can. So why not order Scotian Gold Apple Juice today?... chill it in your refrigerator and serve it for breakfast tomorrow! You'll agree—it's delicious!

MEMOIRS SEIZED VERSAILLES, Feb. 14 — (AP) — French police announced today they have seized memoirs written by Otto Skorzeny, the German colonel who made the spectacular air rescue of Mussolini from an Italian prison. Skorzeny disappeared yesterday after a pro-Communist afternoon paper published a photograph purporting to show him strolling with a girl on the Champs-Elysees. The Interior Ministry, which controls foreigners in France, had nothing to say about him except that he was not on any war criminal list.

GLOVER LEAF Seafoods. LENTEN MEALS. There's a wide variety of Clover Leaf Seafoods for tasty, wholesome, economical Lenten Meals. BRITISH COLUMBIA PACKERS LTD., VANCOUVER, B.C.

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QUALITY, CLEANLINESS, VALUE — these are more than mere claims with CO-OP SUPER MARKET. And immaculate, shining cleanliness is a rigid Co-op standard everywhere in this fine store. No wonder Co-op foods are always so appetizing, so fresh, so nourishing. Prepare now for Pancake Week with these specials and ENJOY BETTER EATING AT BUDGET PRICES.

PANCAKE DAY SPECIALS! FEB 21st. AUNT JEMIMA Ready-Mix PANCAKES - 21c, BUCKWHEATS 22c.

CROWN BRAND CORN SYRUP, 2 lb. can 29c, CORN SYRUP, 5 lb. can 69c, SILVER SEAL MOLASSES, qt. 32c, GOLDEN REEF APRICOTS, 20 oz. 33c, 1 LB. TIN CO-OP BAKING POWDER 25c.

Mercy-Killing Is 'Unchristian' Says Ex-Moderator. EDINBURGH, Feb. 13 — A warning that widespread acceptance of the principle of "mercy-killing" would reduce us to a "sub-Christian, sub-human level" was given by the Very Rev. Dr. John McKenzie, a former Moderator of the Church of Scotland, in the course of a sermon at St. Cuthbert's Parish Church, Edinburgh.

Lift Price Controls On Steel Scrap. OTTAWA, Feb. 14 — (CP) — Price controls on steel scrap will be withdrawn effective tomorrow, the Prices Board announced tonight.

Hunter River C. W. L. The January meeting of the St. Mary's of the People sub-division of the Catholic Women's League was held in Hunter River Mission Church January 22, 1950. With president Mrs. Frank J. Doucette presiding.

Hitler's Double "Insulted" At Party. GIESSEN, Germany, Feb. 14 — (Reuters) — Hitler's "double," Heinrich Noll, has had his fuhrer moustache and forelock clipped off during a drinking party with some Americans and Germans.

Relief for SORE THROATS. HOOTZED BLACKCURRANT PASTILLES. 40¢ AT YOUR DRUG STORE.

TREAT THE FAMILY WITH THESE Fruits AND Vegetables

- FRESH SPINACH, 2 lb. 39c, FRESH BUNCHES CARROTS, bunch 16c, SALAD BOWL 33c, SWEET POTATOES, 2 lb. 29c, CRISP CELERY 21c, FRESH ICEBERG LETTUCE, lge. 23c, EMPEROR GRAPES, 2 lbs. 33c.

SUPER MARKET CO-OP BENEFIT

February Meeting. At the February meeting of St. Mary's of the People sub-division of the C. W. L. The president Mrs. Frank J. Doucette presided.

UNION ROAD W. M. S. Union Road W. M. S. monthly the home of the president, Mrs. Harry Newman with eleven members and two visitors present.

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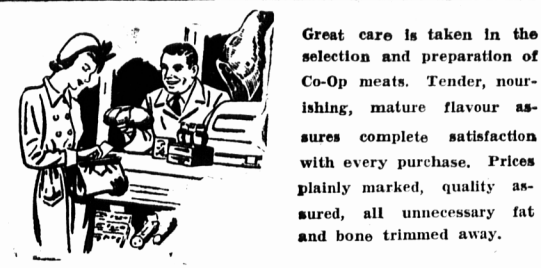
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We are enumerating today the four fundamental principles of the Rochdale System under which we operate. Each week in future we will explain one of these principles more fully.

- 1. OPEN MEMBERSHIP, 2. DEMOCRATIC CONTROL, 3. ELIMINATION OF PROFIT BY DIVIDEND ON PURCHASE, 4. LIMITED INTEREST ON CAPITAL.

It is the considered opinion of the Co-operative Authority that the application of the foregoing Rochdale principles of co-operation are essential in any consumers' distributive society.



To make your meal of Pancakes complete be sure your list includes: SWIFT'S SAUSAGES, lb. 39c, DEVON SLICED BACON, lb. 59c.

SPECIAL! Just arrived the new Swift's Smoked ORIOLE Brand BOLOGNA, lb. 35c, PRIME RIB ROAST BEEF, lb. 51c, SMELTS, lb. 21c.

YES, WE DELIVER BUILD. For those who have to make it snappy—Try a SAVORY HAMBURG PATTIE Per Lb. 48c Seven to a Pound.

Federal Cabinet Holds Session. OTTAWA, Feb. 14 — (CP) — The Federal Cabinet met today and later Prime Minister St. Laurent called on the Governor-General.

VIOLENT BLAST. The two-day eruption of the volcano, in the Netherlands East Indies in 1883, was so violent that sounds of the explosion were heard nearly 3,000 miles.



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