LISTEN... on Sunday to "CANADA-1937"
IMPERIAL TOBACCO'S INSPIRING PROGRAM
SUNDAY 6.45 p.m.A.S.T.
Station CFCY

IN MEMORIAM

MRE. MARY LAVINA MUTTART

A feeling of sadness swept over Albany and the adjoining settlements on Sunday, March 21st, when it was learned that Mrs. Mary Lavina Muttart had passed away following an illness of but a few days. Mrs. Muttart was forty years of age. Her husband, Mr. John Muttart, one of the most highly esteemed residents of the locality, had died but fifteen months previous. The family of six children thus doubly bereft are Hilda age 15 years, Doris 11, Helen 7, Elsie 5, Freda 2, and John 9 months.

Mrs Muttart, like her late husband, was noted for her kindly, charitable disposition and her death leaves a void that is hard to fill. Besides her six children she is survived by one sister, Mrs. Harry Muttart of Carleton and two brothers, Lester McVarish of Bristol, Lot 40 and Patrick McVarish of Worcester, Mass.

Her funeral was held on Wednesday, March 24th, to Seven Mile Bay Church and although the roads were about impassible a very large concourse of people were in the funeral procession. Solemn High Requiem Mass was celebrated by the pastor, Rev. Wm. E. Monaghan after which her remains were interred in the adjoining cemetery beside the grave of her late husband. The pall-bearers were Messrs. J. B. Noonan, Thomas Warren, Arthur Green, Urban J. Pineau, Harry Muttart and Joseph Muttart. Mass Cards were received from the family, Mr. and Mrs. Patrick McVarish, Mr. and Mrs. Harry Muttart and family, Mr. and Mrs. Wm. Jay and family, Mr. and Mrs. Eugene Wynne and family, Mr. and Mrs. U. J. Pineau and family, Mr. and Mrs. Geo. Muttart and family, Mr. George Warren, Mr. Thomas Warren, Mr. and Mrs. Jas. Warren and Bertha, Mr. and Mrs. Jas Johnston, Mr. and Mrs. Joseph Muttart and family, Miss Helen Hamill and pupils and teachers of Albany Village school.

Cards and Letters of Sympathy were sent by Mr. and Mrs. Wm. Jay, Charlottetown, Mr. and Mrs. Eugene Wynne, Charlottetown, Mr. and Mrs. Peter Goodman, Hunter River, Mr. Patrick McVarish, Worcester, Mass., Mr. and Mrs. Lester McVarish, Bristol, Lot 40, Mr. and Mrs. J. B. Goodman, Roxbury, Mass., Mrs. Wallace McDonald, Charlottetown, Mr. and Mrs W. P. Cameron, Albany, Miss Mary Garland, Albany, and Jubilee Women's Institute, Albany.

UNWILLING TO ALLOW QUEEN MARY TO RETURN TO PRIVATE LIFE

Since she moved from Buckingham Palace to Marborough House, Queen Mary has sought to return more and more to private life. But the people seem unwilling to let her go.

Though her Majesty is the first Queen Mother in recent history to attend the Coronation of a son, as she plans to do May 12, it is understood she wishes to efface herself as much as possible. She is deliberately placing herself in the background, but spontaneous public demonstrations of affection make that difficult. Crowds wave handkedchiefts and cheer when the King and Queen Elizabeth appear, but there is a particularly deep spontaneity to the greetings for Queen Mary.

"She has been with us so long and through so much," was the comment of one of the exhibiting manufacturers regarding a typical reception given Queen Mary at the British Industries Fair.

HEALTH

A HEALTH SERVICE OF THE CANADIAN MEDICAL ASSOCIATION AND LIFE INSURANCE COMPANIES IN CANADA

NASAL DISCHARGE

A "running nose" is an unsightly and an unnecessary condition. Also, it may be the cause of that "run down" feeling which possesses you. So, don't be a nuisance to others and a danger to yourself; have it attended to at once.

A discharge from the nose is a common affliction and occurs from infancy to fairly advanced age. Week in, week out, morning, noon and night, part of the discharge is overflowing into the throat and being swallowed. The digestive juices secreted by the stomach render some of this poison harmless, but eventually a form of "Indigestion" is set up. Your appetite is gone and there is a general loss of vitality, also you may be depressed and have lost all interest in the affairs of everyday life. Do you think you should allow yourself to suffer these dangers to your health when your doctor can investigate the causes and probably stop the nasal discharge?

Many young children have adenoids which do not allow proper ventilation in the nose, and this may give rise to a continuous discharge. A child, also, may push beads or small toys into the nose. These become lodged in the airway and set up a foul discharge of pus until they are removed.

One of the commoner conditions in adults is an infection of the sinuses or air spaces connected with the nose. When a running nose following a cold does not clear up after several days a sinus infection should be suspected. This is particularly true if the discharge is yellowish, confined more to one side, and accompanied by pain about the cheek or eye, and headache. Should this condition be untreated, later it may be the hidden cause of rheumatism and vague muscular pains, which although they may not be disabling, cause you to lead a miserable existence.

You do not make a habit of working overtime to carry out your usual business, so why should your body do it to keep you in normal health? You owe it to yourself to see that the lesser ailments like nasal discharge are not allowed to continue.

PINEAPPLE COCKTAILS TO BEGIN A MEAL

Small pineapples make excellent fruit cocktails and compotes. They are more juicy if boiling water is poured over them and they are left in it for a few minutes before taking off the outside skin.

Remove all the eyes carefully, cut into small pieces sprinkle with maple sugar, and then squeeze with lemon juice. Chill before serving. The pineapple can be mixed with a few shelled nuts or some halved and stoned black grapes, or the addition of a teaspoon grenadine syrup gives an unusual flavor.

The Central Guardian

CONFEDERATION LIFE INSURANCE. L-6798-7-12-31

SUNDAY SERVICES: New Glasgow 11.00 a.m.; Cavendish Baptist Church 7.30 p.m. Rev. Wm. G. Quigley, Minister. L-1884-4-24-1i

SERVICES IN YORK Pastoral Charge on Sunday, April 25, will be: Central Church, 11 a.m.; York 3 p.m.; Brackley 7.30 p.m. L-1890-4-24-1i

IT COSTS NO MORE TO LIVE in Your Own Home when you build it at reasonable cost with the assistance of the Smallwood Finance Plan in the Smallwood Location. L-1755-4-22-24.

FIRE ALARM—The firemen responded to an alarm about 1.30 yesterday afternoon for a slight roof fire at the residence of Mr. Charles Donovan, 64 Cumberland Street. Damage was slight.

BAPTIST SERVICES — North River circuit, April 25th, Pastor Rev. B.G. Manzer; 11.00 a.m., worship at Long Creek; 3.00 p.m., worship at Clyde River; 7.00 p.m., worship at Kingston. Plan to worship with us. L-1893-4-24-1i

TRINITY UNITED CHURCH — The services next Sunday will be conducted by the pastors. In the morning Rev. A. E. MacKenzie B.A. will preach the sermon, taking for his theme "Mr. Everyman and the Church". The evening service will be largely choral. Rev. Hugh Miller, M.A. has chosen for his theme "The Gospel in Song" and the Chaminade Ladies' Chorus under the direction of Mrs. Hugh Miller will render selections appropriate to the theme of Mr. Miller's discourse. A cordial invitation is extended to all.

MR. CROCKETT HONORED — An enjoyable banquet was held in the Blue Room of Milton's Old Spain Thursday evening when the management and staff of R. T. Holman's Ltd. tendered a complimentary banquet to Mr. J. P. Crockett, who recently resigned his position as manager of their furniture department. The enjoyment of the evening was greatly augmented by the presence of Mr. Bernard Loeb of Toronto, a life long friend of Mr. Crockett. During the evening Mr. Robt. T. Holman read an address and presented Mr. Crockett with a platinum wrist watch on behalf of the management and staff.

THE BAPTIST CHURCH — The Rev. H. L. Denton, B.D., will take as his morning subject "The Boat Which Belonged to Simon". The morning anthem will be Coleridge-Taylor's "O Ye That Love the Lord". The evening music will be in charge of the male choir, who will open with a song service at 6.45 p.m. As a special number they will sing, to an old Welsh air "God, that Madest Earth and Heaven", with Mr. Oscar Diamond taking the solo. The Rev. H. L. Denton will preach the final sermon of a series on Bible Roads, taking on this occasion, "The Road to the Kingdom". Music under direction of Miss Vera H. Malcolm Campbell, Mus. Bac., with Miss Helen Callbeck at the organ. Will you help the Church School to pass last Sunday's great record of fifty per cent increase?

PERSONALS

Friends will regret to learn of the serious illness at his home, Water Street of Fred Power, of the C. N. R. Trackmaster's office.

Mr. and Mrs. W. H. Smith, East Royalty, have returned from a three months' trip to the United States and Western Canada.

The many friends in city and country will be pleased to learn that Miss Jean MacDonald, Darling, is recovering after an operation for appendicitis in the P. E. I. Island Hospital on Thursday.

Mr. Borden MacLeod, teller at the Royal Bank of Canada Hunter River, accompanied by his brother Everett, has arrived home after spending an enjoyable vacation with relatives and friends in Boston and Cambridge, Mass.

COOKS for perfect pictures L-5469-2-24-tf

REV. T.O. DeWOLFE will preach on Sunday, April 25th at Alban 11.00 A. M. Tryon 3.00 P. M. Westmoreland 7.30 P. M. L-316-Sat-tf

WOMEN'S MUSIC Club Canadian National Hotel Saturday at 3.30. Tea will be served. L-1775-4-22-24.

ENTERTAINED — Mrs. W. J. Monaghan was hostess at a nicely arranged four table bridge on Thursday last.

WANTS TRANSFER—Rev. Arthur Long of Montague, P. E. I., has asked for a change in pastoral relations. His name has been forwarded to the Settlement Committee and the change will be effected at the end of June.—The United Churchman.

ISLANDER DEAD — The death occurred suddenly at Blarmore, Alberta, yesterday of Joseph A. Gillis, barrister. His wife (nee Josie McAree) only a short time ago accompanied the remains of her mother, Mrs. Mary McAree from Boston to this city for interment.

FORE AND AFT

The primary teacher was helping the children to tell the difference between the letters "d" and "b."

"Johnnie, how can we tell these letters apart?" asked the instructor.

"Well," answered the lad, "one has its stomach in the front and the other has it in the back."

DAD HAD BEEN BOASTING

Tommy was doing penance in the corner. Presently he thought aloud pensively.

"I can't help it if I'm not perfect," he complained. "I never heard of more than one perfect boy, anyway."

"Who was that?" asked his mother, thinking to point a moral.

"Papa," came the reply, "when he was little."

Wages in the Irish Free State are reported to be the highest in Western Europe at present.

London has a milk-foam bath craze.

HELPS *Sickly Women Who are Depressed*

To Get "PEP," AMBITION, Test DR. HAMILTON'S PILLS

The following letter tells how a very sick lady recovered health and strength.

"Last winter I was sick with grippe, and when spring came I was weak, bilious, and rheumatic, my head ached every morning. I didn't get any help till I tried Dr. Hamilton's Pills. They took the yellow color out of my face, put new tone in my stomach, and increased my appetite. The bilious attacks and rheumatic pains gradually departed. Dr Hamilton's Pills made a new woman of me."

This was the experience of Miss Nanette Cadieux. What Dr. Hamilton's Pills did for her they may do also for you. Commence treatment without delay.

DR HAMILTON'S PILLS TONE the SYSTEM

Behind The Headlines At Ottawa

By Dean Wilson

When the representatives of the various Dominions and the Motherland gather in London in May for the historic Imperial Conference, the agenda will contain a number of important subjects for open discussion and decision by the accredited delegates, while a few momentous problems will be dealt with privately by the active heads of the various Governments of the British Commonwealth of Nations.

One of the most important subjects which will be considered in this confidential manner will be the question of what means are to be adopted by the agencies of the various Governments in order to combat in some effective fashion the sinister and undercurrent menaces of the foreign propaganda machines which prey on the consciousnsess of the masses in all sections of the British Empire, and which instead of the old method of an open blood and iron warfare by means of the sword, they now aim to foster alien ideas of Communism and Fascism through unconstitutional and some underhand methods whereby they attempt to arouse sectional, racial and religious strife, rebellion, or other subversive forces, even if it involves disaster and bloodshed.

It is known in Ottawa that Canadian Governments for the past fifteen years have been considering possible ways and means to counteract these forces which threaten the tranquillity and happiness of the citizens, but every effort in this regard has been marked by uncertainty because both Liberal and Conservative Governments have feared that drastic laws and actions such as those adopted by less democratic countries in Europe might receive a false interpretation that an effort is being made to curbe free speech or thought in the Dominion, and hence it would play into the hands of the ill-advised agitators. However it appears now that this fight will be made a subject of unified action on the part of the whole British Empire, and when the Imperial Conference concludes, it is certain that a common policy will be accepted by all the Governments which comprise this great Empire.

One of the main weapons that will be employed against these foreign ideas will be an intensive educational campaign, particularly to enlighten the illiterate and ignorant masses who fall prey easily to the demagogic doctrines of the professional propagandists who have invaded all parts of the Empire in order to carry out their evil designs without offering any constitutional or actual means to solve the problems of the people. Yet another school of thought will urge that all Governments in the Empire should adopt uniform laws and enforce them strictly and with a firm and strong hand. However, every indication among the usually well-informed persons in the Canadian Capital seems to imply that a compromise method will prevail and it will be jointly carried out by all Governments.

Then again it is stated that experts will report their findings what means may be found to ameliorate the industrial and agricultural conditions of all sections of the Empire by united effort of the Home Government and the Dominions, and which it is hoped may eradicate the basic conditions which have aided these professional agitators to sway the masses by the virus of false promises through some form of Communism of Fascism. This will involve a number of new laws to improve the economic, social and the other conditions of the great masses, and it is certain that it will lead to the passing of many new laws on these matters throughout the whole British Empire in the very near future.

The present Government in Ottawa as well as others before it have been studying this subject for several years, and new laws would have been enacted by now, but it is no secret that the Federal authorities have been waiting for the adoption of the common policy by the whole Empire, and when Canada's delegation returns from the London conference, it is quite likely that the exact plans of campaign against these disintergrating forces will be made public.

* * * *

In face of the fact that everyone in Canada has gained the impression that the Hon. R. B. Bennett will retire from the political field in the near future on account of his health, both Liberals and Conservatives in the Capital hold the opinion that this does not imply that he will leave public life permanently. The Hon. R. B. Bennett, who has been leader of the Tory party for the past ten years, may undertake a temporary retirement and return to the active scene later. This point of view is entertained by persons who are usually well-informed on such matters in the Capital.

The Housewife and Her Activities

(Continued from page 8)

young, good looking, and president of the Trenton Trust Co. the only woman bank president in New Jersey.

"Even if a girl is frightfully in love and gets married, she should have a profession," said Mrs. Roebling.

"Supposing after seven years or so that love fails her and she hasn't prepared herself to meet life. Then she'll have neither.

"There should be no apparent distinction between men and women in business and women should not use wiles or play on their feminity."

KING, LORD AND COMMONS A UNITY

"The king and his faithful subjects, the Lords and Commons of this realm—the triple cord, which no man can break."—Edmund Burke.

BOOKS—ART—MUSIC

(Continued from page 8)

Mr. John D. Rockefeller Jr. whose interest and support were at once enlisted.

After nine years of work the restoration is nearing completion, at a cost, it is reported, of more than $14,000,000.

In addition to the three colonial buildings at the historic William and Mary College, the main building of which was designed by Sir Christopher Wren creator of St Paul's in London, sixty-seven buildings have been restored, ninety-one colonial buildings have been reconstructed, eighteen modern buildings have been removed from the restored area and set up elsewhere, and four hundred and fifty nine modern buildings have been demolished. And the recreation of colonial gardens, also calling for extensive research, has been completed.

One of the many values of the restoration is its authenticity. Trained investigators searched every possible source in America, England and France so that the plans and structure, the architectural form, the artistry of the interior decoration and the furnishings would be truthful portrayals.

For the restored Palace an extensive collection of contemporary furniture and paintings has been obtained in England. These match the descriptions of the furnishings in every room given in the inventories of the colonial governors.

The Old Courthouse is used as the archeological museum and information center of the restoration. It contains specimens of colonial glass, tableware, hardware, household utensils, and buiding materials selected from some forty tons of such specimens dug up while the foundations of 17th and 18th century colonial houses were being excavated.

Recently a guide service has been organized and costumed hostesses and attendants, well qualified to interpret the Restoration to visitors, may be seen in the buildings and working in the grounds.

Dr. Goodwin concludes his article:

"As a part of the interpretative and educational program, plans are being perfected to introduce handicrafts. Craftsmen will make reproductions in many of the colonial arts and trades, working in restored or reconstructed buildings. Arrangements are also being perfected for making authentic reproductions of the antique furniture of the exhibition buildings, and for making available the colonial paint colors which have been reproduced in the buildings. . . The Restoration is a gracious and beneficent gift of great cost and it is dedicated to the spiritual enrichment of human life. . . . ."

A Happy Awakening
After restful sleep

What a joy to have sound, healthy nerves—to have good digestion and to build up during sleep the reserve of nerve force required to carry you through the busy, nerve racking day.

If you are so unfortunate as to be tired out, nervous and sleepless, Dr. Chase's Nerve Food may be of very great benefit to you by restoring vigor and energy to the nervous system.

Usually after a few days use of Dr. Chase's Nerve Food you find yourself sleeping and resting better and with regular use you may expect the other symptoms of tired, exhausted nerves to disappear. Digestive troubles, nervous headaches, restlessness and irritability become things of the past and you know again the joy of healthful and happy living.

Naturally you wish to look attractive as well as feel well and Dr. Chase's Nerve Food may help you on this score too, for health is after all the real foundation of beauty and personal charm.

DR. CHASE'S NERVE FOOD
For New Pep and Energy

THE COOK'S CORNER

CREAMED FRIED ONIONS

4 large Spanish style onions
Shortening
2 tablespoons flour
1 cup milk
1-4 cup cream
Salt pepper.

Method: Those large Spanish type of Manitoba brown onions are best to use for this, but if you are using the regular cooking onions, allow about 2 medium sized ones to each person.

Peel and slice them and fry them slowly in hot, melted shortening until they are tender and quite brown. Add more fat as necessary and turn them frequently as onions burn easily. Scrape them all together and loosen the brown, crusty parts clinging to the frying pan.

Sprinkle the flour over them and stir until it is well mixed. Then add the milk and cream, cook until it thickens, and let it boil up once. Season with salt and pepper and serve. Onions prepared like this are awfully good over a meat loaf or a steak too.

PINEAPPLE CHARLOTTE

1 cup crushed pineapple
1-4 lb. marshmallows, quartered
1-2 cup chopped nuts
1 cup cream whipped

Method: Drain the pineapple before measuring, this amount is the contents of an ordinary sized tin. Mix with the marshmallows and allow to stand for several hours until the marshmallows have softened and almost dissolved. Fold in the nuts and the cream, which has been whipped stiff and add additional sugar, if you like these desserts rather sweet.

Heap into sherbet glasses and garnish with a bit of bright red maraschino cherry.

SALMON LOAF.

1 can salmon
1 1-2 cup breadcrumbs
1-2 cup milk
2 tablespoons butter
2 tablespoons grated onion
1 egg
1 teaspoon salt
1-4 teaspoon pepper

Break salmon into small pieces, add remaining ingredients and mix well. Mold into a loaf. Bake in a moderate oven (350 deg. F.) until firm and lightly browned on top.

Have You Lost That Snap? Feel Yourself Slipping?

MILBURN'S HEALTH AND NERVE PILLS

How many thousands drag on through life with weary step and worn and haggard face who might be strong and healthy but for some constitutional weakness.

It should be the aim of everyone to retain the strength, health and vigor of mind and body, and to fortify the system against attacks of disease.

Milburn's H. & N. Pills contain the elements so necessary to create vim, force and energy to run the machinery of the system.

Get a box from your druggist. You won't be disappointed.

"I have gained 10 lbs of Pep and Health!"

SOME months ago, Miss Irene J——* was wishing that she could find some way of increasing her weight to normal and improving her health. Her happy letter tells how she did this:

"I started to take Dr. Williams' Pink Pills a few months ago. I am now taking my fifth package and during this time I have gained 10 pounds of pep and health."

Another young woman, Miss Jean B——* was worried about her failing health and loss of weight. But after taking Dr. Williams' Pink Pills she writes:

"About eight months ago I was feeling half sick. Tired all the time. No pep. Was continually losing weight. I had my blood tested and was told I was anaemic. So I started to take Dr. Williams' Pink Pills. It was the turning point for me alright. I have continued the treatment and I am now feeling life is worth living again."

There are hundreds of other letters like these which testify to the value of Dr. Williams' Pink Pills. Take them yourself to build up your health, give you more vitality and help you gain solid flesh if you are under normal weight. Price 50c.

* Name on request.

Take Dr. Williams' Pink Pills regularly for a while; and if you don't feel better, stronger and healthier, your money will be returned to you.

Babies Put Meaning Into "Help Yourself" At Midday Meal

(Copyright, 1937, NEA Service, Inc.)

Luncheon is served! Nurse Noel brings the food from the kitchen, and from the small serving-table the quins carry their own dishes and group themselves as they please at the large table. That's Emilie just carrying her plate away, with Marie approaching for hers.

(Copyright, 1937, NEA Service, Inc.)

Did you ever see a more sedate little luncheon party than this one? With Nurse Trembley sitting by to oversee table manners, the quins enjoy midday meal. Left to right, you see Marie, Yvonne, Annette, Emilie and Cecile, all very busy but very decorous

(Copyright, 1937, NEA Service, Inc.)

The meal finished, each child brings her empty plate to the serving table to be removed. This is Yvonne, whose satisfaction with the repast is plain, "stacking" her plate and spoon.