VITAMINES
are an essential factor in promoting healthful growth
Scott's Emulsion
is far richer in the fat soluble A vitamine than cream. It aids growth—builds health!
AT ALL DRUG STORES
PRICE, $1.30 and 65c.
Scott & Bowne, Toronto, Ont.
ALSO MAKERS OF
KI-MOIDS
(Tablets or Granules)
For INDIGESTION
21-10sk

SHE WALKS IN BEAUTY

She walks in beauty, like the night
Of cloudless climes and starry skies;
And all that's best of dark and bright
Meet in her aspect and her eyes;
Thus mellowed to that tender light
Which heaven to gaudy day denies.

One shade the more, one ray the less,
Had half impaired the nameless grace
Which waves in every raven tress
Or softly lighten o'er her face;
Where thoughts serenely sweet express
How pure, how dear their dwelling place.

And on that cheek, and o'er that brow
So soft, so calm, yet eloquent,
The smiles that win, the tints that glow,
But tell of days in goodness spent,
A mind at peace with all below,
A heart whose love is innocent.

Got some few trifling steps ahead
And nearer to the end;
So that you, too, once past the bend,
Shall meet again, as face to face, this friend
You fancy dead.

Push gaily on, brave heart, the while
You travel forward mile by mile,
He loiters, with a backward smile,
Till you can overtake;
And strains his eyes to search his wake
Or, whistling as he sees you through the brake,
Waits on a stile.

—R. L. S.

HOUSEHOLD TIPS.

Serve cream cheese in small balls and place alongside the salad.

Procelain may be cleaned by rubbing the stains with crushed paper and kerosene.

A thin hair pillow is best for the baby as feather pillows make the head perspire.

Left-over, unsweetened suet pudding is delicious toasted and served with molasses.

For variety's sake flavor baked custards with one fourth teaspoon of powdered cinnamon.

When mixing a sponge cake, do not stir the batter after the whites of the eggs are added, but carefully fold the batter over and over enveloping as much air as possible into the batter.

Mould.

If washing soda is not thoroughly dissolved before the clothes are put in the water, they are liable to have spots of iron mould on them when the washing is finished.

SHORT COURSES

For Women and Girls from Rural Districts, Beginning

January 10th

Send Application to

Women's Institute Branch, Ch'Town

NOTICE

A Convention of the Progressive party of the Murray Harbor district will be held at Murray River on Wednesday, the 4th day of January, 1922 at the hour of 12 o'clock noon, for the purpose of considering important matters in connection with the coming bye election. A full delegation (at least 5 delegates) is urgently requested from each poll.

EDGAR GIDDINGS,
Vice Pres. for King's County

FARM FOR SALE

The undersigned offers for sale the farm owned by the late Harry ...ngs containing fifty acres of ... situate at Sturgeon in King's ... This farm is handy ... to School, Cheese Factory ... will be sold on ... For further particulars ... undersigned or to S. ... Montague
DAVID C... COLLINGS,
Sturgeon,
Administrator.

After Ten Years

BY MARION RUBINCAN

NEW WAYS

Chapter 36

Humphrey said he could sell anything if the price were cheap enough. So he asked a sum for the next door house that tempted even the most cautious investors in Wissakeagan real estate. Of course, in a town where every business man of any consequence knew each other man, he was sure to have hosts of friends and helpers.

The house was taken from him and the money given him in a few days. 9At that, several friends were not above availing themselves of a chance at a great bargain. The one real estate firm bought the place and put up a sign. Mr. Parke had the use of her vegetable garden all summer. Her maid took a train to Los Angeles, where she was certain she could get a job in the movies for the asking.

The moving in, the loss of money, which happened to more than one family in Wissakeagan, caused such a sensation that it quite overshadowed the re-election of Mrs. Werner to the Thanatopsis Club.

"She just sneaked in," said the indignant Maude, who wanted Millie to have the position.

"And they didn't even re-elect Millie vice-president," Cora added. "I call that mean. I voted for her. Mrs. Brautfeld voted against her. I looked over her shoulder to see."

"Paula Jenkins told her that Millie had black-balled her on the first voting for her membership," said Maude. "So of course she had it in for her the first chance. She ... got in because Mrs. Werner called a meeting special ... the day Millie was busy mo... her mother into her home ... she couldn't go. She did it on purpose. I wonder why?"

"Jim says," it was Cora's favorite method of beginning a particularly succulent bit of news, "that Tom Werner owes old Brautfeld"

"Oh-h-h!" Maude forgot her friend's grievance at once. She bent forward eagerly over her embroidery frame, waiting to catch every syllable that was to come. Maude was always so glad she lived next door to Cora. She was sure to be the first to hear the news that Cora got from Jim, whose faculty for picking up stray items of gossip was more highly developed than that of any idle woman in the town.

It was a curious household that Humphrey had settled upon himself.

"Trouble with Buchanan is, he's been hen-pecked for ten years by one woman," was a summing up of what occurred at Joe's one night to the clicking accompaniment of pool and billiard balls. "Now he's goin' to be hen-pecked by three. Pity he can't get out in the woods a while. Hey, Fred, why don't you take Buchanan up to your sawmill next month? He needs outdoors and a little hard work with an axe and no women."

Fred was busily gathering the colored balls into a triangular frame at one end of the table. J... numbers at another table, ... rolling around little white cubes with numbers on, one to each man, ... taking them out a leather bo... Fred "broke", sending the balls flying back and forth with ... great smash from his cue ... had cared little for the science ... the variations of pool, he depended on strength and liked to ... the balls clatter down the pockets. He went on to his next shot, pretending to be very careful of ... angles and absent-mindedly agreed that he would "try."

Patty settled down at Humphrey's office, and began learning to use a typewriter. She ... attempt at shorthand and ... in despair ... seven ... work.

"It's worse than Latin ... ... or French irregular verbs," ... remarked dolefully.

"Never mind, there are few enough letters to write," Humphrey told her comfortingly. "It's only for appearance that I have ... a girl here to answer the phone and look after orders."

"Orders" had been slack for years. Humphrey had lived well by his day to day business, b... investment. Patty, having little ... office work, took down the ... mending and sewing as her part of the household tasks, and washed the dishes after the evening supper so Millie could rest ... visit.

"Millie and her mother "ran" the house. At first, with a martyr's manner, Millie declined all invitations to afternoon parties.

"With so much housework, and even do the laundry," she would begin.

But she found that in spite of everything, the work was over by noon, and there were hours, in hours, as before to be wasted just as industriously as she had ever wasted time. Millie went back to her clubs and parties.

But the supper was late, badly cooked, shabbily served. Humphrey once dared to complain.

"What do you expect, when your wife slaves like a servant all day?" Mrs. Parke came down on him in rebuke.

"And no money to buy nice things," Millie added. "I can't weed the garden in the sun all day, so the beans have spoiled and I have to buy them. They might be solid gold, if you could go by their price."

Humphrey was silent. He was about to go out.

"Spending money at Joe's, while you stay in and wash dishes to save wages of ... he heard Mrs. Parke say as he started forth.

He sighed rather heavily. The change had been in effect a week an as yet there were no signs of "softening."

Monday —An Explosion

Good Roads

A determined effort will be made by the executive committee of the Canadian Good Roads Association to secure for some Canadian city the fifth congress of the Permanent International Association of Road Congresses, of which distinguished body the Canadian Association has recently become a member. The first congress was held in Paris in 1909, and two have been held since, but the great war interrupted the sequence and the International Association has only recently been enabled to resume its activities and to lay its plans for the fourth congress; for which the beautiful old city of Seville, in Spain, has been chosen as the scene. The date has not yet been definitely fixed, but it will be early in 1923, leaving a year yet for the preliminary work to be accomplished. Meanwhile, however, the executive of the International Association will hold a meeting, probably at the headquarters in Paris, in May or June of 1922, and it is to this meeting that any invitation for the succeeding or fifth congress should be addressed.

The Canadian Association proposes in the meantime to devote a considerable portion of its energies to placing itself and the Dominion of Canada in a position which will permit of an official invitation being extended for the fifth congress which, it is expected, will be held either in 1924 or 1925. The first step will be to convince the Canadian government of the desirability of enrolling Canada as an "official adherent" of the International Association, a proceedure which involves the granting of an annual subsidy of at least 1,000 francs, which entitles the Dominion to send one delegate to the congress, with a delegate for each additional 1,000 francs. To bring the congress to Canada would necessarily mean also the assurance of a fund adequate for the providing of a suitable meeting place, for the general expenditure attached to such a gathering, and for the suitable enertainment of the eminent engineers, government officials and laymen interested in good roads who would come as delegates from thirty countries, representing virtually the whole of allied and neutral civilization, and one of the late enemy countries of the International Association. In view of the importance of the congress being at present members of the ... and the marked benfits of Canada of having it come to this country, it is not anticipated that there would be any great difficulty in raising such a fund, given the cooperation of the federal and provincial governments, and of the Canadian Association itself and the provincial and local road organizations affiliated with it, in addition to motor leagues and ... farmers' organizations business bodies and municipal councils all of which have a direct interest in the furtherance of the cause of highway betterment.

The advantages immediately accruing to Canada by the holding of such a congress in this country are two in number. In the first place, every province in the Dominion, under the stimulus afforded by the Canada Highways Act of 1919, has embarked upon extensive and systematized programmes of road construction, spread over a period of yearsh, calling for the expenditure of tens of millions of dollars and almost certain to be further amplified when present plans are carried to completion. The assembling here of world-acknowledged experts in scientific road building, and the imparting of their knowledge and experience to the engineers and officials in charge of the Canadian projects would prove of immense value in the increased efficiency secured and the modern practices made available. In the second place, the selection of Canada as the scene of the first congress of its kind to be held on this side of the Atlantic ocean would be a world-wide advertisement for the Dominion and distinct caus for national pride.

The governments of the following thirty countries have already given their adhersion to the International Association: Algeria, Argentina, Belgium, Chili, China, Cuba, Czecho-Slovakia, Denmark, France, Great Britain, Greece, Holland, British India, Dutch Indies, Italy, Japan, Luxembourg, Mexico, Monaco, Norway, Poland, Portugal, Rumania, Spain, Siam, Serbia and Jugo-Slavia, Sweden, Switzerland, Tunis and Uruguay.

The two latest of these subscribing nations are Czecho-Slovania, and China. Canada, it would seem should not lag behind. The executive of the Canadian Good Roads Association has already deputed several of its members as a delegation to wait upon the new Dominion Government early in 1922 to lay the matter before it and urge the necessary action to bring the fifth congress to Canada.

How To Insure Your Brain Power

A NEW SOLUTION TO THE HIGH COST OF LIVING

When your stomach is functioning as it snould, when you digest your food and get the full nutritive power from it your health improves, and improved health means increased brain power.

Increased brain power places you in position to make more money through greater clarity of mind.

Ever think of the H. C. L. problem from this new angle?

Very few people can boast of enjoying anything near perfect health, because most of them suffer from stomach trouble which, after all, is the root of most of the diseases that affect humanity.

Keep yourself fit for the day's work by keeping your stomach in perfect order. "Gastronal" does it and it costs so little that all who are subject to indigestion, biliousness, dyspepsia and other troubles of the digestive organs should always carry a box with them. Fifty "Gashtronal" in metal box for 50c; 6 boxes for $2.50. Each Gastronal bears its own name embossed to protect you against substitutes. If your local dealer is out of stock ... "Gastronal", send order with ... ance direct to Dr. O. La... ...ited, 396 St. ...toine ... ...real. ... the ...acturer of ... ...ugh ... British Em...

CARNATION A FLOWER OF THE FLESH

When you pin a carnation in your button-hole did you ever stop to think how closely related the name of this flower is to the words "carron," "carnal," "carnivorous" and "carnival." The Romans called it "caratio" because the only type of this flower they knew was flesh-colored and they got "carnatio" from "carnis," which meant flesh. History shows that the ancients knew this fragrant flesh-colored blossom long before Romulus and Remus were suckled by a she-wolf, which was long before temples topped the seven hills and walls encircled Rome.

It is believed that it first came into blossom in southern Europe. Theophrastus, who lived about 300 years before the Christian era and wrote a history of plants, described this flower as the Dianthus, which name was made from Dies, divine, and Anthus, flower, meaning of course a divine flower or the flower of the gods. Its fragrance was said to be especially pleasing to gods and goddesses. And this flower today belons to the genus which botanists call Dianthus.

The Greek later seem to have given a specific name to the flower, and called it Caryophyllus, and there is something interesting in that name. Caryon is the Greek word for nut and phylion for leaf. The Greeks called the clove tree carpophylus and then they called the flower caryophylus because in its perfume there was a suggestion of cloves.

Early in the middle ages the gardeners of Holland, France and Italy broke up the original color of the carnation into its component parts, which were red and white, and produced quite a number of varieties because Gerard, a literary authority on such matters, wrote in 1597: "To describe each new variety of carnation were to roll Sisphu's stone or number of the sands of the sea." As you probably know it was Sisyphus who was condemned by Pluto to roll a stone to the top of a hill, and the stone always fell back when the summit was reached. In the last half of the 19th century and the first two decades of the 20th, American florists have done more than all others in developing new varieties of this wonderful flower and there are more than 500 varieties of American creation.

The carnation was known in grandmother's garden as a pink. It was not so-called because of its color. In olden times women often scalloped the edge of dress goods and other fabrics for ornamentation. This process was called "pinking" and goods so treated were said to have been "pinked." "Pink" word "pinch." If you will look at the edge of a petal of a carnation you will see that it is "pinked." and for that reason some very oldtime folk called the flower pink.

Japanese Adapt Ideas.

You notice that the Japanese have mastered practically every idea of American and European business methods. They did not secure this information by sending a few salesmen to these countries to offer a few scattered lines of merchandise for the approval of the western world, writes a correspondent of the Washington Post. They sent picked men to this country and to Europe. These men studied conditions and reported back, to instruct others in the knoweldge they had gained. Germany pursued much the same methods, and until Kaiser Bill went crazy on the question of world domination and involved the whole civilized world in th eholocaust of war the trademark "made in Germany" was familiar in every land.

The United States could well take these countries as an example in this one particular, and, in my opinion, the government is the proper organization to back a school for teaching our young men who wish positions abroad all possible facts regarding the people, habits and customs of the particular land in which they propose to help in making "made in America" the most familiar trademark in the world.

A Musical Expert

"A" Operator—Has Marjorie any education along musical lines?

"B" Operator—I should say so! Name any record and she can tell you what's on the other side!

ORGANIZATION OF THE INDEPT. HOCKEY LEAGUE

AMHERST, Dec. 31. — At a meeting in Amherst yesterday an Independent Hockey League was organized for this season. Rperesentatives present for New Glasgow, Amherst, Moncton, Stellarton and Halifax not represented but, there is still a chance that teams will be entered from these places within next few days.

SACKVILLE TO HAVE FAST HOCKEY TEAM

SACKVILLE, Dec 30—The vexed question of securing an ice surface for the playing of hockey games, which has perplexed the local hockey club for the past week or so, is now settled satisfactorily. The management of the college rink has agreed to let the local club have the use of the rink on Wednesday evenings, on a 60-49 babiss of the net proceeds, the expenses per game not to exceed $20. The local club takes 60 per cent and the colleke rink management takes 40 er cent. This is an increase of ten per cent. over the rate charged last year.

The team will be allowed three hours a week for practice.

The Sackville Hockey Club will now be able to prepare the schedule in connection with the N. B. and P. E. I. Hockey League, in which the town has a team entered. New uniforms have been ordered, and as soon as there is a suitable ice surface, the boys will get in some practice.

There's a lot of good material to select from—in fact, there are at least two men for every position on the team. The town should have a well-balanced team, which should be able to give a good account of itself before the close of the season.

GREB-WILSON ARE MATCHED

(By Charles F. Mattheson.)

NEW YORK, Dec 31—Tex Rickard finally has obtained the signature of a little holder binding him to defend his honors in the ring of Madison Square Garden. The promoter and Johnny Wilson yesterday reached an agreement by the terms of which Wilson will meet Harry Greb in a fifteen round bout on the night of February 6. As the bout will be contested under the Walker Law regulations the boxers will be required to weigh 160 pounds at 2 o'clock on the afternoon of the day set for the encounter. If the bout lasts the limit of fifteen rounds there will be a decision on points by the judges.

Rickard declined to make public the financial feature of the match, but there is reason to believe that both boxers will be well paid.

There is no question that Gerb will rule a favorite over the title holder, as his record is very much better than that of Wilson. Although Greb has seldom scaled more than 160 to 164 poundss he has fought and defeated light heavyweights and heavyweight. Charley Weinert was a recent victim of the Pittsburger.

Greb Should Make the Weight

There has been raised the question of Greb's ability to make the middleweight limit of 160 pounds at 2 o'clock but there is little doubt as to his ability to comply with the rule, Greb was 27 years of age last June and he stands 5 feet 8 inches. He has reached his full growth, and is not likely to be hampered as to the weight.

Greb's rush, combative style of fighting is much admired by patrons of boxing in this city, and there is no doubt there will be a great turnout to see the Pittsburgher in his effort to capture the middleweight title.

Greb already has a good claim on the lightheavyweight championship.

A Beginning

The Theosophist: "Does your husband believe that his soul leaves his body wh... ...?"

The ... ... but he ... ... money ...

CAMPBELLTON WON OVER CHATHAM 5-3

MONCTON, Dec. 31. —The northern section of the New Brunswick and Prince Edward Island Hockey League opened last evening in Campbellton when the Chatham team lost to Campbellton by a score of 5-3 according to reports received here.

THE IMPORTERS' POINT OF VIEW

Canadian Trade With the West Indies

There are few Canadian firms who have branched out into the export field during the past few years who are not able to tell some story of shipments refused, or transactions which have not been carried to a successsful conclusion. In many cases the fault seems to them to lie with the foreign buyer. It is interesting, then, to read such a letter as we received a short time ago from Nassau in the Bahams, describing a few instances of this nature from the point of view of the man at the other end. Such cases are almost bound to crop up in our foreign trade so long as our exporters are not completely familiar with the market they are selling to, with the tastes and customs of the buyers, and the details of shipping and packing technique.

The letter reads in part as follows:

"The definite establishment of the Canadian Government Merchant Marine Service with the West Indies makes the present moment an opportune one for bringing before the Canadian branches a few observations gathered by one of the staff at a West Indian port of call.

"It should first be put on record that the different Colonies appreciate the efforts of the Dominion to develop trade with the British countries of the Caribbean, and appreciate also the difficulties in the way of doing so. The British West Indian Legislatures have shown their feeling in the matter by promptly sanctioning the Preferential Tariff drafted at a Conference in Ottawa in June, 1920.

"The Bahamas have not hitherto had a direct service of any kind with Canada, except for the occasional visit of an Elder Dempster liner in pre-war days, and when the merchants here realized that Nassau was to be a port of call for the new service, they were united in their efforts to assist, and good-sized orders for Canadian merchandise were placed. Now here's the rub:— The first steamer brought several consignments of Canadian flour which was absolutely unsuited to this market, and had to be sold by the consignees at a loss. Being comparatively expensive, it will probably be some time before the experiment will be repeated.

"Then there is the local joke on the paint traveller from Caanda who solicited orders without a price list.

"From British Honduras comes the following story. A merchant sent an order for a number of barrels of beef to a Canadian firm, instructing that the shipment was to be forwarded via the Canadian Government Mercantile Marine. The Canadian firm wrote that they could route the shipment via New Orleans and land it fifty cents a barrel cheaper. The buyer replied that he still wished a direct shipment in order to register his support of the new line. The beef arrived via New Orleans, shipped from an American packing house with whom the importer had been doing business for years.

"There is another irritating matter, the responsibility for which rests with either the exporter or his banker, namely, the prompt forwarding of shipping documents. The banker should see that the exporter or forwarding agent gets his drafts through, and Bills of Landing signed, early enough to enable the Bank to forward the documents in the steamer's consignee mail, or, if this is not possible, see that no unnecessary delay occurs in the despatching of documentary bills. This may seem a small matter, but it is a never-ending source of annoyance to the foreign importer to have his goods dumped on the wharf and left there until the draft and accompanying documents arrive. The Steamship Agents will not make delivery without the Bill of Lading, and the invoice is necessary for the duty entries. It is very important, therefore, that shipping documents arrive before the steamer or in the consignee mail. This branch has overcome the difficulty in several cases by issuing a guarantee to the Steamship Agents, so that delivery may be made and the goods placed in bond. The continuance of this procedure should not, however, be relied on, as it can only be done for thoroughly responsible customers, and even then, owing to the nature of the guarantee, it is undesirable liability for a bank to take.

"These points are set forth in order that the northern officers may see some of the difficulties which beset the opening up of trade with any new market, and may be in a position to place the other side of the case before their clients, emphasizing the necessity of a thorough knowledge of the business not only from the standpoint of manufacturing in Canada, but also from the standpoint of marketing abroad."

To Stop a Cold in One Day
Take

Be sure you get
BROMO
The genuine bears this signature
E. W. Grove
Price 30c.
Made in Canada.

For the sake of those who drink with you.
CHASE & SANBORN, Montreal.

FOOD FROM OLD BONES

Bones are not wasted. The chief product is glue, and among other materials which are obtained from them are soap, glycerine and fertilizers. After being carefully separated by workmen they are placed in a weak solution of sulphuric acid. From the soaking tanks the bones emerge white and perfectly clean.

They are then placed in iron tanks, where, after being subjected to a pressure of steam for several hours, a trap-door is opened at the bottom of the digester, as it is called, and the liquid glue is partly evopōrated and a portion is allowed to harden for commercial use as glue, and a part is refined and sold for gelatine for table use.

AUCTION SALE

There will be sold by public auction at Millcove on Monday the 9th day of January at the hour of twelve o'clock noon the farm of the late Philip Hughes, consisting of two hundred and twenty acres fronting on Winter River and being one of the best farms in that section of the country and especially adapted for potato growing. Forty acres of this land is covered with the best quality of lumber and the remainder is clear and well watered. There is also a cultivated cranberry patch which has yielded as much as one hundred barrels in one year. There will also be sold at the same time and place, 1 cart horse 14 years old; 1 driving mare, 6 years old; 1 driving horse, 5 years old; 1 cart colt coming 2 years old; 3 milk cows; 2 milking now, one to freshen in January; 1 milch cow due to freshen in spring; (all under 8 years of age and all choice grade ayrshires) 1 pure bred short horn bull calf; 1 heifer coming 3 years old; 1 heifer coming 2 years old; 1 brood sow; 7 fall pigs; 50 hens, Rhode Island Reds; binder; disc seeder, mower, gang plow; disc harrow; 2 single plows; scuffler; spring tooth harrow; spike harrow; cultivator; hay rake; potato digger; 5 h. p. Magnet Empire thrasher and cleaner; rotary sawing outfit; 35 feet 8 inch rubber belting; Chatham Grain Separator; Dixon Fanning Mill, Grain Crusher, Fairbanks scales; Pulper; Magnet Cream Separator; 1 hay fork; 100 feet ½ inch cable; 2 carts and wheels; truck; truck waggon; express waggon; driving waggon; driving sleigh; box sleigh; 2 wood sleighs; 1 set driving harness; 2 sets heavy harness; 1 saddle; 500 bushels potatoes; quantity hay and straw; oats; wheat and buckwheat. Also household furniture including parlor, bedroom, hall, dining room and kitchen furniture; also many other articles too numercus to mention. Terms at sale. If day i sstormy sale will take place on the first fine day following. For further particulars apply on the premises to

J. A. MACDONALD, Auctioneer
MRS. PHILIP HUGHES

New York Fish Ads

Cheseboro Brothers

Wholesale Commission Fish Dealers, No. 1 Fulton Market, New York, Receiver of Smelts, Eels and Clams

Car lots a specialty. Express shipments receive same consideration.

Robbins & Robbins Inc.

Wholesale Commission Fish Dealers. No. 2 Fulton Market, New York, N. Y. Specialties Smelts, Eels and Clams in large or small lots

CONSIGNMENT SOLICITED RETURNS MADE PROMPTLY

Beyer Fish Company

WHOLESALE AND COMMISSION DEALERS IN

Fresh and Salt Water Fish

111 FULTON MARKET

NEW YORK

ACKERLY & SANDIFORD

9 FULTON FISH MARKET

NEW YORK CITY

We specialize in FANCY SMELTS AND EELS, making prompt returns at highest market prices obtainable. Stencils and information regarding prices may be had by applying to the above address.

WARNER & PRANKARD

Wholesale and Commission Dealers in

FRESH FISH

Lobsters, Terropin, Game, Etc.

22 Fulton Fish Market
New York