

Woman's Realm Social and Personal Fashions Literature

Happenings of The Week

Princess Elizabeth will get her first big chance to "rule" the British Commonwealth when her parents visit Australia and New Zealand early next year.

She will head a council of state, comprising four or five members, chosen to act for the King while he, Queen Elizabeth and Princess Margaret Rose tour the "down under" dominions.

The British family round the world view the Royal visit as a further move to strengthen Commonwealth ties in tremulous times. At the same time, it regards as significant the King's wish that Princess Elizabeth remain in London as his chief deputy.

As hearse passenger to the Throne, Elizabeth will serve senior member of the council. She sat on such a Royal council once before, but only briefly, in the summer of 1944, when the King made a war-time visit to Italy. She was then only a few months past her 18th birthday, legal age for Royal heirs.

Her husband, Prince Philip, cannot be a counsellor. Under the law, only the wife or husband of a sovereign, the heir presumptive and others of legal age next in direct succession may form the regency.

Those eligible to join the Princess are the Duke of Gloucester, the King's younger brother and third in succession; the Princess Royal, the King's widowed sister; and her two sons, Viscount Lascelles and the Hon. Gerald Lascelles.

Three of these — the Duke of Gloucester, the King's younger brother and third in succession, the Princess Royal, the King's widowed sister; and her two sons, Viscount Lascelles and the Hon. Gerald Lascelles.

Three of these — the Duke of Gloucester, the Princess Royal and her elder son — were state counsellors during the South African tour last year.

Counsellors are armed with most of the King's powers. They are forbidden, however, to dissolve Parliament, to create new peers, to appoint bishops, and to change the uniform of any of the armed services.

The signatures of all members of a council and required on state papers.

Her friends are pleased to welcome Mrs. Benjamin Rogers home from the P. E. I. Hospital. She is a guest at the Charlottetown.

Miss Irene McLeod and Mrs. John Simmonds entertained at the latter's home on Friday evening for Mrs. William Roney who with her little son Paul leave next week for Toronto after a two months visit with Mrs. Roney's parents Mr. and Mrs. G. Elmer Ritchie.

Mr. John H. Leuty of Yorkshire, England, who arrived this week to join Mrs. Leuty, the guest of Mr. and Mrs. W. R. Aiken, is being warmly welcomed.

The marriage is taking place at Rochester, New York, on March 20th, of Miss Joan I. McNeill and Mr. John T. Reinhard and happiest good wishes are being forwarded to the popular bride-to-be from her Charlottetown relatives and friends.

Miss Muriel Howard of Springfield who has been the guest of her aunts, the Misses Haslam, Kent Street, has been pleasantly entertained during her visit.

Mr. and Mrs. Edwin Farnham Greene of Southport, Conn., who have been spending the winter in Honolulu and California are now touring in Phoenix and Tucson, Arizona.

Mr. F.A.S. Jones left Thursday for New York, where he had been called by the serious illness of his father, Mr. Fred C. Jones, who is a patient in hospital there. Mr. Jones, who resides in Gordon street, Moncton, has made many friends during a lifetime in the insurance and real estate business and his illness will be learned with deep regret by Charlottetown friends.

Miss Priscilla Griffith was hostess to her classmates and friends on Monday night. The occasion was in honor of her 14th birthday. Music was provided by Johnny Sterns Orchestra, later in the evening by Miss Joan McCahey, Mrs. Lorne Finley was in charge of the various games and novelty dances. Mrs. Helen Griffith was kept busy seeing that all had plenty of refreshments. Priscilla was the recipient of many lovely gifts.

Mr. and Mrs. Daniel J. MacLeod, Summerside, left on Wednesday morning on a two month's trip to California with a stop over in Boston to visit relatives.

Mrs. Ralph Somers entertained her Bowling Team at her home in Summerside on Tuesday evening.

Mrs. Gerald Sheen, Summerside, was hostess at her home on Victoria Road to a number of friends on Thursday evening at a delightful party.

The many friends of the Venerable Archdeacon G. R. Harrison will be pleased to learn that he returned from Montreal to his home in Summerside on Tuesday evening much improved in health.

Mrs. J. S. Walker was among the popular hostesses this week dispensing hospitality Thursday afternoon when she entertained at an afternoon bridge and tea at Mrs. Frank Johnstone's attractive home on the North River Road.

The indisposition of Mrs. I. J. Dobb of St. Paul's Rectory is regretted by her many friends.

Miss Lottie Sims of Kensington entertained delightfully in honor of her mother, Mrs. Lydia Sims on Wednesday afternoon and evening on the occasion of her birthday. Upwards of one hundred guests enjoyed her hospitality and extended happiest birthday greetings.

Miss Sims also had as her house guests, Mrs. Bob McKay of Amherst and Mrs. Herb McEwing of Stanley.

The many friends of Mr. J. P. Crockett regret his illness of pneumonia in the P. E. I. Hospital.

Mrs. R. A. McDonald, Rochford Street, left yesterday for Boston where she will undergo medical treatment.

Mrs. H. W. Platts entertained at two prettily arranged parties this week, inviting friends in for bridge on Monday and Thursday.

Miss Beryl MacDonald is convalescing nicely at the home of her parents, Mayor B. Earle MacDonald and Mrs. MacDonald after her critical illness in the P. E. I. Hospital.

The gay event of an otherwise dreary week was the Fashion Show at the Charlottetown Hotel Tuesday and Wednesday, which was of exceptional merit, and a truly delightful showing of all that is new for spring.

Mrs. J. P. McIntyre is visiting in Moncton the guest of Captain and Mrs. C. E. Blair and to attend the christening of her new granddaughter Barbara Ann.

Mrs. Adam Bulman, Kensington is spending the weekend, the guest of her daughter and son-in-law, Mr. Lloyd Grant and Mrs. Grant.

Mrs. Albert Baker returned home Thursday from the P. E. I. Hospital to further convalesce after a recent operation.

Mrs. (Dr.) Irwin entertained at afternoon tea for her friends on Thursday.

Miss Gertrude Coyle of the Dominion Experimental Station left by plane yesterday on a visit to Montreal and New York.

Honoring Mrs. A. A. Fielding, East Riverside, a former Charlottetown resident, who is leaving soon to reside in Bridgewater, N. S., Mrs. Harold G. D. Ellis entertained delightfully at luncheon on Thursday at her home in Rotheray. The guests were the executive members of the Duke of Rotheray Chapter, I. O. D. E., of which group Mrs. Fielding was an active member. Mrs. Fielding was presented with a farewell gift of native pottery.

Sympathy of Charlottetown friends will go out to Mr. Ralph Murray, manager of the Royal Bank of Canada, Halifax, in the death of his mother, Mrs. R. MacGregor Murray which occurred this week at her home in New Glasgow, N. S.

Mr. Anthony Eden, Britain's wartime Foreign Secretary, last Saturday was operated on for appendicitis at a London nursing home. His condition was described as "very good."

Miss Jean Boswell of Lethbridge, Alberta, entertained prior to the Holmes-Harper wedding, a photograph of which appears elsewhere in honor of the bride, Miss Nora Alexandra Harper, formerly of this city, who received a lovely assortment of wedding gifts.

Mrs. Carl Crockett and Mrs. H.T. Holman, Jr. were joint hostesses at the former's home on Tuesday afternoon when they entertained the Okto Club.

Included among this week's hostesses entertaining the bridge club were Mrs. J. Frank Arnett, Miss Martha MacFarlane, Mrs. Charles Linkletter, Mrs. William Hayward, Mrs. Leland Linkletter, Mrs. A. S. McAssey.

Mrs. Harper MacNeill invited friends in for afternoon tea and also for bridge this week.

The many friends of Mrs. William E. Proffit, Kensington, will be pleased to learn that she has

That Body Of Yours

By James W. Barton, M. D.

ANIMALS TEACH US HOW TO RELAX

The difference between man and the lower animals is that man was given a brain and a conscience. Man knows what is right and what is wrong, knows or learns what is good and what is bad for both his mind and body, and also how the emotions can be kept or controlled within healthful limits.

There is one thing man and the animal have in common, and that is fear. Both were given fear to protect them from their enemies. As soon as danger presents itself, every muscle fiber in man and animal becomes alert, ready to give protection or ready to run or fly to preserve life.

However, because man has a brain and conscience, he not only becomes alert when an emergency or danger arises, but he also thinks ahead about possible emergencies and dangers, which thinking causes alertness of muscles and nerves. Then, even after the danger or emergency has been met, he continues to think and so keeps tensed. And, as always, tenseness thins.

In the "Canadian Medical Association Journal," Dr. G. H. Stevenson, London, Ontario, states that if we could learn to keep our minds relaxed, our emotions under more control when dangers or emergencies (sometimes of little importance) arise, we would have better physical and mental health.

"The angry person becomes muscularly tense and aggressive, the depressed person becomes agitated and restless, perhaps panic stricken."

As every emotion affects the body itself — increased perspiration, rise in blood pressure, digestive disturbances — it can be seen how meeting life's stresses with more emotional control, less tenseness of mind and body will mean "more life in our years."

Dr. Stevenson points out that man should use his alertness of mind and body for emergencies only as does the animal, and relax when the emergency passes. Unfortunately, man spends so much of his time worrying, fearing and hating that he disturbs his physical, mental and emotional health.

The proper thing to do, then, is to imitate the cat or dog which has been through a tense emotional situation. Relax muscularly, relax mentally.

Princess Elizabeth is fond of the old country dances of Scotland. She learned the more popular ones in the Highlands and dances them perfectly, rarely missing one in a ball program. Now a dance has been specially composed in her honor and given the name "The Duke and Duchess of Edinburgh." Composer of the music is Mr. J. H. Robertson, who also composed the music for "Birkhall," a Scottish country dance. The new dance, to which the Scottish Country Dance Society has given its blessing, is for a group of eight, in keeping with all the country dances which belong over the Border. Gay and lively, one new step is introduced to add to the intricacies of the reel, and the whole dance lasts little more than three minutes.

The movements were arranged by two women members of the Scottish Country Dance Society who belong to Edinburgh. It will be interesting to see how often it is introduced into dance programs during the Scottish Season, in which the Duke and Duchess of Edinburgh hope to take part in the autumn.

Morning Smile

A MINOR PROBLEM

A farmer visited his son's college. Watching students in a chemistry class, he was told they were looking for a universal solvent.

"What's that?" asked the farmer. "A liquid that will dissolve anything."

"That's a great idea," agreed the farmer. "When you find it, what are you going to keep it in?"

A FEN INSIDE HIS

Betty (whose father has undergone operation, to visitor): "Daddy's ill. The doctor said he's got 'a fen inside his.' Well, they never said what, but I think it must be in his tummy, don't you?"

LADIES! READ THIS:

Unwanted hair removed instantly from face, arms, legs with Flash Hair Remover. Actually destroys the entire hair above and below the skin surface. Harmless — leaves skin soft and smooth. You can't lose. Money promptly refunded if hair grows back after third application with no questions asked. Price \$2.00 postpaid. (C. O. D.'s — Postage extra.)

KAPEX PRODUCTS (Dept. 55) Box 22, Station B, Montreal, Que.

Holmes-Harper Nuptials



The marriage took place at the Westminster Church Lethbridge Alberta on Saturday, February 28th, at 3.30 p. m., when Nora Alexandra daughter of Mrs. G. Harper and the late Mr. Harper of Charlottetown, P. E. I., exchanged wedding vows with Cecil Donald Holmes, town of Mr. Orville Holmes and the late Mrs. Sarah Holmes of Rockyford, Rev. H. A. Mutchmor officiated.

The bride given in marriage by Mr. R. L. McLeod, was sweetened in white taffeta, with a sweetheart neckline and long pointed sleeves. Her finger plumes and she wore a double strand of pearls. Her bouquet was of red roses and white carnations.

Bridal attendants, both formerly from Prince Edward Island, were Miss Jean Boswell, dressed in turquoise nylon taffeta, with pink mitts, pink half hat, and carrying a pink carnation bouquet, and Miss Orva Gill, who was also dressed

in the same shade but with yellow cap and mitts, and carrying a bouquet of yellow daffodils.

The best man was Mr. L. Benoit. A solo was sung by Miss Yvonne Turner during the signing of the register. Ushers were Mr. H. Brown and Mr. C. Manette.

At the reception which followed the wedding at the home of Mrs. W. L. McKenzie, the bride's table was centered with a three-tiered wedding cake, flanked by Tallisman roses and candles. Mrs. W. S. Benson presided at the tea urns. The toast to the bride was proposed by Mr. W. S. Benson with the groom replying.

For the honeymoon trip to Banff, the bride changed to a teal blue suit, topped with a muskrat coat and winter white hat. She wore black accessories with her ensemble of red roses.

Upon returning from their honeymoon Mr. and Mrs. Holmes will reside in Lethbridge.

Dorothy Dix Says—

Good Husband Timber

Young Girl Should Study Fiance Well Before Considering Marriage

A group of teen-agers ask me how they can tell whether a Boy Friend will make a good husband or not. Alas, girls, that is the \$64 question to which no daughter of Eve ever finds out the answer until it is too late to do her any good. Some of the roughest prospects turn out the greatest duds, and many a lover is a philanderer in disguise.

Any way you look at it there is a lot of guess work about picking out a husband, but, fortunately for women, few men are good enough actors to deceive a girl who really wants to know what she is getting when she gets married. The drunkard, the rouse, the gambler, the Wary Willies are branded so that even a blind chick can see what they are. So if she ties up with one of these undesirables, her misery is on her own head.

Hence, there is no foolproof recipe for selecting a husband. There are bound to be prospects that don't pan out, but, taking it by and large, every man furnishes his Girl Friend with enough data on the safe side of the altar to tip her off to the kind of a husband he would make.

INVESTIGATE WELL

To begin with, he can't camouflage his disposition, and that is what the girl needs to keep her weather eye on, for that is what she has to live with if she marries him. He may be a whirlwind lover who sweeps her off her feet. He may smother her in flowers. He may talk his tongue off telling her how wonderful and beautiful and different from all other women she is. He may sound like the answer to a maiden's prayer, but before you say "yes" do a little detective work.

Is he sweet-tempered only as long as you are stroking his fur the right way? Do you have to walk on eggs to keep from irritating him? Has he a temper that is hung on a hair-trigger? Does he have grouchy spells? If so, darling, take it from me, a wife can get mighty tired of appeasing a grown-up man who acts like a spoiled baby.

Then, when you feel yourself beginning to feel that-away about a man, watch his technique with his pocketbook, for it is no fun to be married to a man who makes his wife tell him what she did with that quarter he gave her week before last. Nor is there any profit in being married to a man who scatters his change around as if it were chicken feed.

Every girl has a pretty good idea of what her Fairy Prince earns. Be guided by that. If he is on a moderate salary, make your demands moderate. Develop a taste for hamburgers and beer instead of champagne and caviar. If he has never saved a nickel, go slow. Nothing gets more on a wife's nerves than penny-pinching. Beware equally the man who has a Yale lock on his billfold and the one who carries his money loose in his pocket.

Ellen's Diary

By an Island Farmer's Wife

Tonight, the Aurora Borealis is sending long streamers of brightness to light the gray above the farmsteads that by day sit against that far horizon. Long slim ribbons they are, now glowing as from a great fire fresh-fueled, then even as one watched the strange flames faded into the darkness only to be rekindled presently to burn more radiantly than before. We admired the fascinating display, Rob and I as we came by sleigh from his home a short time ago. Indeed I have only finished answering James' many queries about the youngsters here and "what do you think of the new cow, Ellen?" and "did you happen to look in a his pen of fattening hogs?" and many others I had to reply to as well. I must tell how pleasant it was to see the two ladies, bathed and clean and rosy, eyes a bit misty from the Sand Man's antics and then clean robed away to bed. I had to mention some news most important to Jamie and concerning the white cat. She is the one with part of a paw missing, but nonetheless dear — or perhaps more esteemed on this account is a precious household pet. Of her, Jamie whispered a secret. "There just might be by Spring!" he said nodding mysteriously.

I related also a tale that perhaps might have been as well

(Continued on Page 15)

How Can I!!!

By Anne Ashley

Q. How can I prepare oyster plant?

A. Oyster plant should first be washed, then covered with boiling water. Cook from 45 minutes to an hour, or until soft. Then peel, cut into desired sizes, and serve with cream sauce.

Q. How can I dry an article quickly after washing, when there is no fire in the house and it is a rainy day?

A. Hang the garment in front of an electric fan, and see how quickly it dries.

Q. How can I remove a disagreeable odor from the kitchen?

A. By sprinkling ground cinnamon on the top of the stove.

The Stars Say—

By Genevieve Kemble

For Sunday, March 21

SUNDAY'S horoscope shows that while idealistic and aspirational aims and objectives may reach some pleasant and agreeable fruition, it is not indicated that realistic, practical or work-a-day operations may come up with frustrations, opposition, interference or delays. Elders of old institutions may disturb, with unhappy reactions on resources and creative urges. Be content to "invite the soul" while abiding better co-operation.

If It Is Your Birthday

Those whose birthday it is may feel elated to the point of highly stimulated emotions and aspirations, of an idealist and creative quality, yet antagonisms, opposition or sordid limitations may block accomplishment and menace substance, possessions, and peace of mind as well, unless this be based on spiritual values. Refrain from attempting force in any direction.

A child born on this day might succeed best by basing its life on idealistic values rather than on realistic or sordid ambitions. Its creative and emotional nature might bring gratification.

For Monday, March 22

MONDAY'S astrological forecast encourages very high and lofty ambitions that involve some sort of unique plans, new techniques, fresh ideas and any original, scientific or novel propositions that mean fresh extension, wide scope and rich returns. This not only in finances, reputation and prestige, but in social, domestic or romantic activities and enjoyments. Reach high for advanced goals, despite criticism or petty blocks.

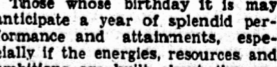
For the Birthday

Those whose birthday it is may anticipate a year of splendid performance and attainments, especially if the energies, resources and ambitions are built about the unusual, original, novel, bold or audacious. Matters of wide scope and significance should flourish, and perhaps spectacularly, in the face of petty criticism, "mossback" opposition or purely personal enmity. Riches, position, happiness and renown, await brave and aspirational endeavor applied in "a big way".

Taste Van Gomp's ...

you'll want it often!

TENDER SPAGHETTI WITH TANGY CHEESE



(Continued on Page 15)

Advertisement for Island Maid Bread. It features an illustration of a loaf of bread in a box labeled 'ISLAND MAID STEWART'S BAKERIES'. The text reads: 'BBEAD IS A QUALITY FOOD. When Bread is on the Table the Meal is Ready. GET ISLAND MAID BREAD TODAY. WHITE - WHOLE WHEAT - RAISIN - HOVIS. STEWART BAKERIES LTD.'

Advertisement for Household Scrapbook. It says: 'Household Scrapbook By Roberta Lee'.

Advertisement for Modern Etiquette. It says: 'Modern Etiquette By Roberta Lee'.

Advertisement for Mashed Potatoes. It says: 'Mashed Potatoes. For leaning tinware, make a paste of powdered whitening and ammonia, olive oil, or sweet oil. Dip a rag into this solution and rub the tin thoroughly. When dry, polish with a soft cloth.'

Advertisement for Cook's Corner. It says: 'Cook's Corner. Q. When it is raining hard and a girl's escort stops his car at the curb, near a doorway, should she allow him to get out on his side, go around and open the door for her? A. No. The considerate girl will get out and run for the door, telling him to slide over and do the same. Q. Should parents take along their small child when they are invited to spend an informal evening with friends? A. Never, unless the invitation specifically includes the child. Q. If a formal wedding is to take place at noon or during the afternoon, what should the male attendants wear? A. Cutaway coats, with striped trousers.'

Advertisement for The Cellar Stairs. It says: 'The Cellar Stairs. Much of the tracked soot on the kitchen linoleum can be avoided by placing rubber stair treads on the cellar steps.'

Advertisement for Better English. It says: 'Better English D. C. Williams'.

Advertisement for Steamed Brown Pudding. It says: 'STEAMED BROWN PUDDING. 1 egg, 3/4 cup light molasses, 1 teaspoon soda, 1/2 cup water, 1 1/2 cups flour, 1/2 teaspoon salt, 1/2 teaspoon nutmeg, 1/2 teaspoon ginger, 1 cup raisins, 2 tablespoons melted butter. METHOD: Beat the egg and blend in the molasses. Dissolve the soda in the water and add to the molasses mixture also. Sift the flour with the salt and spices. Add the sifted ingredients to the liquid mixture and beat well. Add the raisins and the melted butter. Pour the batter into greased moulds or into one large mould, making sure that they are little more than half-filled. Cover the containers with tight-fitting lids and steam. Small moulds will take about 2 hours, and a large mould will take about 2 1/2 hours. Serve the pudding hot, with custard sauce, or with sweetened and flavored whipped cream, or even ice cream.'

Advertisement for Havana's Oldest Structure. It says: 'HAVANA'S OLDEST STRUCTURE. The Fort of La Fuerza, the oldest structure in Havana, was built in 1538 under the direction of DeSoto.'

Advertisement for Needlecraft. It says: 'Needlecraft FOR THE HOME. DELIGHTFULLY YOKED DRESS. Dress of distinction has a handsome hip yoke to point out a fan of new skirt pleats... repeats the yoke treatment at the shoulders for beautiful balance. Pattern provides a choice of sleeve length. No. 2255 is cut in sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40, 42, 44 and 46. Size 36 requires 3 1/4 yards 39-inch. Send 20c for each Pattern, which includes complete sewing guide. Print your Name, Address and Style Number plainly. Be sure to state size you want. Include postal unit or zone number in your address. Address Pattern Department, The Charlottetown Guardian, Charlottetown, P.E.I. Pattern No. 2255. Name: Address: City: Province: UNDEVELOPED ISLAND. Mindoro, seventh largest of the Philippine Islands, has remained the least developed of the larger islands of the group. LAUNCHED IN 1918. The first Canadian sternboat on the Great Lakes was the Walk-in-the-Water, launched in 1918. 2255 9255 12-46'.