

# House Cleaning Tomorrow?

HARD day's work ahead! Make it easier by planning now just what you will do, when—and be sure you

Have a GOOD Breakfast Include Grape-Nuts for Balanced Nourishment

YOU can make any breakfast BETTER... and more delicious... by including Grape-Nuts with milk or cream. Get yourself a big share of breakfast enjoyment—and a valuable supply of carbohydrates, proteins, minerals. You need only 2 tablespoons of Grape-Nuts... and it is the most economical part of a good breakfast. All grocers have Grape-Nuts.

## Post's Grape-Nuts

### GRAPE-NUTS ECONOMY RECIPE

GRAPE-NUTS BAKED CUSTARD  
Flavour Effect of Nuts Without the Expense  
Combine eggs, sugar and salt. Add milk gradually, mixing thoroughly; then add vanilla. Put in 1/2 cup sugar, 1/4 teaspoon salt, 2 cups milk, scalded, 1/2 teaspoon vanilla. Bake in 40 to 45 minutes in slow oven (325° F.) comes out clean. Serve plain or with cream or sweetened crushed fruit. Makes 5 servings.



### CENTRAL GUARDIAN

This column is reserved for news of local interest, but advertising of a newsworthy nature may be inserted at five cents a word, strictly payable in advance.

COOK'S for Photographs  
CONFEDERATION LIFE INSURANCE  
THE EXCHANGE Store will be closed till Oct. 12th.

READ OUR CLASSIFIED PAGE  
It contains help for good being for all sorts and conditions of people.

NATIONAL FILMS In Sea View Hall Oct. 7th. Admission free. Sale of candy.

TICKETS for Elizabeth Benson Guy Recital on sale at Jack Cameron's, Men's Wear, and W. W. Welner Ltd.

MAYOR ON HOLIDAY — His Worship Mayor B. Earle MacDonald and Mrs. MacDonald accompanied by Mr. and Mrs. Sterling MacDonald have left on a motor trip through eastern United States.

VISITING YARMOUTH—Mrs. S. G. Peppin, City, left by plane yesterday morning for Yarmouth, N. S., where she will visit her son Leslie and family for the next two weeks.

CITY POLICE COURT — At the Stipendiary Magistrate's Court yesterday, two men charged with being drunk and disorderly were each fined \$20 and costs or 30 days. Six persons charged with being drunk and incapable also appeared, one being sentenced to 10 days in jail, one fined \$20 and costs or 30 days, three fined \$10 and costs or 20 days, while the sixth was a remanded case in the case being committed to Falconwood Hospital.

TRAFFIC ACCIDENT — A minor car accident at the corner of Kent and Prince Streets occurred about 10:30 yesterday morning when a car proceeding south on Prince St. and a car travelling east on Kent St. were in collision at the intersection of the two streets. There were no persons injured and only slight damage was caused to the vehicles. City police said the accident was due to one of the cars having faulty brakes.

### Personals

Mr. Geo. A. Johnston, Cardigan, was a visitor to the City yesterday on business.

The many friends of Annie Horton, Mt. Allison, are sorry to hear she has again entered the P. E. I. Hospital for treatment.

Misses Lillian Durrach and Margaret MacFarlane, of Charlottetown, have left for Toronto where they will spend the winter with friends and relatives.

Mr. and Mrs. E. L. Rowston, Charlottetown, left Monday morning by train for Sydney, N. S., from where they will take a Trans Atlantic plane to London, England, to visit their daughter, Mrs. E. L. Rowston, who is in the hospital in London.

Before the American Revolution, George Washington's home, Mount Vernon, contained only eight rooms.

GLASGOW — (CP) — A large air-conditioning firm here, claiming to be the largest in the world, recently increased its capacity by 50 per cent to cope with the heavy volume of home and overseas orders. Most of the demand comes from luxury liners, officials say.

Despite her many social obligations, Mrs. Viljoen still finds time for the occasional game of golf, and an hour or two with her needlework.

She also is taking lessons in French conversation, and feels it important to be able to speak French in Ottawa where so many people know both languages.

Unlike Mrs. Viljoen, whose two daughters are grown up and married, Mrs. Hardt Singh, Malik, wife of the Indian High Commissioner, is striving to combine the business of being a diplomat's wife with raising a family.

In her 28 years of married life the diminutive dark-haired woman has travelled throughout the world, finally ending up in Ottawa a year ago with her son, 10-year-old Harnala, and two daughters, 10-year-old Vena, and Harsman, 23.

At their home in suburban Rockcliffe the Maliks have established a home away from home with furniture and drapes brought from their own country. Even meals often are served in traditional Indian fashion.

Indian sweets mixed with Canadian ingredients make successful Indian dishes, said Mrs. Malik. Of the four other wives of British Empire representatives now in the capital Mrs. Francis Forde is the most recent addition. During the war the crack-up wife of the Australian High Commissioner accompanied her husband on business trips throughout the United States and Britain. But Canada was completely unknown to her until her arrival a year ago.

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### Will Head Salvation Army Red Shield Appeal



Announcement was made yesterday by Mr. Edwin C. Johnstone, Chairman of the Salvation Army Advisory Board, that Mr. Thomas D. DeBlais has again this year accepted the City Chairmanship of the Annual Red Shield Appeal. The City Campaign will start Monday, October 25th. Mr. DeBlais met with outstanding success last year when the city surpassed its objective. As announced sometime ago, Colonel Keith B. Rogers is the Provincial Chairman. The Provincial Objective this year is \$9,500.00.

### Henry A. Wallace Enigmatic Figure In U. S. Campaign

BY CLYDE BLACKBURN

WASHINGTON, Oct. 4 — (CP) — Sixty-year-old Henry A. Wallace, a former vice-president of the United States, is among the numerous men who are seeking election as president Nov. 2. It is probably harder to understand than any other figure in United States public life.

Wallace, a tall, heavy-built, shaggy-haired son of Iowa's soil, is leader of the new Progressive party which he founded this year. His aim is to tear down those interests in both old parties which he claims are leading the country to war and chaos.

His opponents claim his party is Communist-inspired and Communist-controlled. That doesn't faze Wallace. He says he is not a Communist but will welcome support from any source.

He speaks like an old-time evangelist and is a good performer when things are going his way. He proved that he can stand up under adversity, too, when he was one of the few who survived the blizzard directed at the New Deal when during the depression he ordered the plowing-under of crops and destruction of pigs to cut down farm surpluses at a time when millions were finding it difficult to sustain themselves.

Roosevelt chose him as vice-presidential candidate in 1940 and Wallace served one term. It was a bitter disappointment when Roosevelt's advisers rejected him in 1944 and chose Harry Truman instead.

Wallace was in Chicago at the convention and made a fight for it, pleading with the delegates to stick to the broad liberal lines that were his faith, to fight racial discrimination and abolish the anti-Negro poll tax which is a prerequisite in some southern states.

He was angry and resentful at his defeat but took his licking

and went out to campaign for the Roosevelt ticket. He became secretary of commerce.

Wallace did a great deal of "traveling" and visited Stalin in Moscow. Soon his public utterances began to rattle his more conservative colleagues. In 1946, when he made a speech in New York attacking the administration's foreign policy and especially its attitude toward Russia, he was let out of the Cabinet.

Afterwards he was editor of the New Republic magazine a while, and began to talk about forming a new party unless either the Republicans or Conservatives become "liberal" in the sense he believed necessary to preserve the United States home economy and the peace of the world.

Last winter he decided the third party was needed. He set about organizing it, completing the job at Philadelphia in July when the party adopted its name and platform and chose Wallace as its presidential candidate. There were no other contestants.

The party stands for peace and goodwill among nations, complete removal of all racial discrimination and an end to warlike preparations.

Wallace is a graduate of Iowa State College. He went to his father's farm, "Wallace's Farm" and later was its editor. He managed a farm and experimented with hybrid seed-corn from which he is said to have made a considerable fortune.

He married Jo Browne of Indianola, Iowa, in 1941 and they had two sons and a daughter. Mrs. Wallace, young looking and charming, a housewife and not a politician, is constantly at her husband's side in his presidential campaign.

### Thomas E. Dewey Quit Music, Law For Public Life

BY CLYDE BLACKBURN

WASHINGTON, Oct. 4 — (CP) — Governor Thomas E. Dewey of New York, Republican candidate for the second time in November's presidential election, might have made a million dollars in law.

Instead he chose public service which paid little but brought him fame as a politician. He was New York's racket-busting district attorney and has served two terms as governor of New York.

Dewey, suave and polished, is nearly five feet eight inches tall but looks shorter. He dresses immaculately but quietly. His moustache now is known wherever pictures are printed. He is dark with arresting brown eyes and a gaging smile which he does not like to have photographed.

He wanted the Republican nomination in 1940 but retired in the face of the Wendell Willkie landslide, and worked in Franklin D. Roosevelt's office in 1944. There were plenty of old-guard candidates available at the Chicago convention but Dewey won and went on to defeat by still-unbeatable Roosevelt.

Now he is again the Republican candidate, as a result of careful planning and organization on his part and his own personal determination to reach the White House.

### Fortune In Farm

His personal fortune probably is almost entirely wrapped up in his \$30,000 farm near Pawling, New York, which he bought 11 years ago with a down payment \$3,000.

In spite of the fact that Dewey has been in the legislative class among the numerous men who are seeking election as president Nov. 2, it is probably harder to understand than any other figure in United States public life.

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### SUITS...SUITS...SUITS

...superbly tailored to look and fit like custom-made suits.

English wordsters that say "quality."

Now's the time to come in and select your new fall suit from the largest display in town.

Fashion-Craft Towne Hall Hyde Park

### HENDERSON & CUDMORE

WHERE QUALITY IS SURE

### NORTH MILTON W. I.

Mrs. Gordon Rodd entertained the members of North Milton W. I. for their regular September meeting. The president, Mrs. Robert Carter, presided, and meeting opened by repeating the Creed in unison. Minutes of August meeting were approved as read. Roll call was answered by 14 members and 1 visitor.

School committee reported that teacher would like more blackboard space and committee were asked to find out what is available. Sick committee reported one card sent.

A letter re Encyclopaedia Britannica was discussed and was left for the present. A discussion on raising funds was left until the October meeting. It was decided to make a fruit

### INSTALL A... TURNER MARINE HEAVY DUTY DIESEL ENGINE

SAVE TIME, MONEY AND WORK



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Full information on how you save, technical data, specifications and price lists on request to DEPT. 21, MARINE DIVISION MAASE EQUIPMENT CO. LTD., 2033 ATLANTIC STREET, MONTREAL 3

### In Memoriam

In fond and loving memory of Lorne M. Jay who passed away October 5th, 1947.

When the midnight stars are shining On a lonely silent grave Where our dear Lorne was buried One we loved, but could not save. You are not forgotten Lorne dear Fond memories will never fade Our thoughts they often wander To Brookside where you are laid. Sadly Missed by Sisters and Brothers.

### In Memoriam

In loving memory of my dear Mother.

MRS. MARY E. POOLEY who passed away one year ago.

Gone from me her loving face And her pleasant cheerful ways. A heart that won so many friends In bygone happy days.

Although her smile is gone forever And her hands I cannot touch I shall never lose sweet memories Of the one I loved so much.

Inserted by Her Son Will A. Pooley.

### BUILD COAL-CLEANING PLANT

TRANSVAAL, South Africa — (CP) — An extensive \$1,250,000 coal-cleaning and carbonizing plant will be built here for the Anglo-American Corporation of South Africa. The coal will be cleaned at the rate of 175 tons an hour and will be carbonized in ovens with a cooking capacity of 1,600 tons daily.

### GIVE GUN TO SWEDEN

STOCKHOLM — (CP) — The British Navy recently donated a 12-pounder gun to the Swedish Navy as a token of gratitude for efforts during the war years. The gun will be mounted at the Marine Museum in Gothenburg.

### FOR THE BEST IN BREAD Try LANE'S



You eat bread two or three times a day—every day. Therefore you want bread that tastes good and is good for you. Don't Say Bread— Say LANE'S BREAD PLEASE

### LANE'S BAKERIES LIMITED

Charlottetown and District Representative ROY (Buck) WHITLOCK—PHONE 1781-L

Summerside and District Representative CLARENCE (Windy) STEELE — PHONE 303-3

### Diplomat's Wife

### Misses Homeland

BY KAY REX

OTTAWA, Oct. 4 — (CP) — A tall sweet-smelling plant drooped disconsolately across the garden-bed and onto the lawn.

In vain Mrs. P. R. Viljoen lifted its head back to an upright position. These sharp autumn winds of yours," laughed the wife of South Africa's High Commissioner to Canada. "They surely are hard on flowers."

Come the first biting wind of winter and it's a safe bet that this pretty, gentle-voiced woman often thinks nostalgically of the home she left in Pretoria three years ago. But although Mrs. Viljoen cannot have her flowers the year round, she has found Canadian weather has its compensations.

"My husband and I like to walk," she said, leading the way into the big square dwelling which houses both the official residence and the Commissioner's office.

She stopped a moment in the gold-toned drawing-room to rearrange a vase of maple leaves. "There are so many lovely places to go in this country — I can't understand why so few Canadians seem to like walking," she continued. "In the autumn your trees turn beautiful colors. I never saw maples before coming to Canada."

Despite her many social obligations, Mrs. Viljoen still finds time for the occasional game of golf, and an hour or two with her needlework.

She also is taking lessons in French conversation, and feels it important to be able to speak French in Ottawa where so many people know both languages.

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### Count the Hairs on Your Head... and Divide by 10

Neglect of your scalp can lead to severe hair loss

The ordinary healthy head of hair, for the average person, contains about 120,000 hairs. Blondes have the greatest number, about 140,000. Some redheads have as few as 90,000.

To keep your hair abundant and good-looking, you must have a healthy scalp. If it is too oily, or too dry, or clogged with dandruff, you can look for trouble. Neglect can lead to your hair thinning out so that instead of 120,000 hairs, you may end up with only a tenth as many — or even less!

Just as it pays to clean your teeth when you get in order to keep them, so it pays to take care of your scalp right now to save your hair. Whether or not you have dandruff, your scalp will benefit from regular cleansing with Fitch Dandruff

Remover Shampoo. Use Fitch, the one shampoo guaranteed to remove dandruff. Scientific tests prove that Fitch's removal of all dandruff, even from the thousands of tiny hair openings in the scalp — leaving your hair fresh, lustrous, and alive-looking.

Prove It Yourself Get Fitch Dandruff Remover Shampoo for good-looking hair — try the 6-oz. economy size, 69c. Take care of your hair — use Fitch tonight.



Fitch Dandruff Remover SHAMPOO