AFTER BABY COMES

rength Often Returns Slowly

thers May Depend Upon Lydia E. Pinkham's Vegetable Compound to Restore a Normal Condition

y, many letters similar to the ing recommend the Vegetable ound as a wonderful medicine inging the mother back to nor- alth and strength.

an excellent restorative, con- no harmful drugs and may be in safety by a nursing mother. sands of mothers who have ed their strength by taking it best recommendation. Why ke it yourself?

uld Not Gain Strength

y, Quebec.—"I have had great rom Lydia E. Pinkham's Vege- Compound and I am a different now. I was very sickly be- my first child was born. I did not my strength back afterwards, did not stay with us long. I Lydia E. Pinkham's Vegetable ound for three months before cond child was born, and have it occasionally ever since. My e had said that medicine would o me much good, but my nurse d me to try the Vegetable Com- d, so I did. I do not go without g it in the house now and I am g well and feeling fine. I do y work, sewing and all."—Mrs. SIMPSON, Box 555, Bury, Quebec.

awa, Ont.—"After my second was born I was sick and tired all the time so I could not do my own housework. I picked up one of your little books and read it and then I tried some of Lydia E. Pinkham's Vegetable Compound. It seemed to help me quite a bit and I felt much better after I had taken the Vegetable Compound and used Lydia E. Pinkham's Sanative Wash. I thank you for your help and I am taking your medicines right along. If any woman wants to write to me I will tell her the same."—Mrs. J. McGINN, 300 Courcellette Avenue, Oshawa, Ontario.

Before My Baby Came

Vancouver, B. C.—"I took Lydia E. Pinkham's Vegetable Compound before my baby came as I was suffering from neuralgia pains. I had not been taking anything for these pains because I thought there was nothing I could do, but when I read about the Vegetable Compound in the 'Vancouver Daily Province' I began taking it; and of two things I am sure—that I had an easier time when the baby came and that it is the best medicine ever. I recommend it to all my friends who suffer as I did, and you can use my letter as a testimonial."—MRS. JOSEPH BLACKMAN, 222 9th St. West, Vancouver, B. C.

Lydia E. Pinkham's Private Text-Book upon "Ailments liar to Women" will be sent you free upon request. Write e Lydia E. Pinkham Medicine Co., Cobourg, Ontario. This k contains valuable information. C

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THEN THINK! of the poor, the fallen and the needy.

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PLEASE KEEP THIS HANDY

WEST KEN SCHOOL

Honour Roll for West Kent for April:—

Grade X.
1. Roy Ford.
2. Fred Morris.
3. Alan Stewart.

Grade IX
1. Amy Johnson.
2. Norma Jamieson.
3. James Campbell.

Grade VIII
1. Dorothy Gordon.
2. Manning Archibald.
3. George Raymond.

Grade VII
1. Robert Hogg.
2. William Owen.
3. Evelyn Jenkins.

Grade VII
1. George McKenzie.
2. Charles Bentley.
3. Marjorie White.

Grade VI
1. James Innis.
2. Fred Holl.
3. Bertram Patterson.

Grade VI
1. Benjamin Rogers.
2. Keith Wedlock.
3. Cedric Boulter.

Grade V.
1. Elmer Rice.
2. Clifford Reddin.
3. Lawrence McNevin.

Grade V.
1. Margaret Wood and Gordon Benett, (equal.)
2. Aobyn Cameron.
3. Reginald Holman.

Grade IV
1. Mary Sinclair.
2. Allison Rogers.
3. Wilfred James.

Grade IV
1. Margaret Black.
2. Gordon Williams.
3. Effie Brehaut.

Grade III
1. Mary Stewart.
2. Martland Owen.
3. Lloyd Geldard.

Grade II
1. William MacRae.
2. Donald Nicholson.
3. Fraser MacMillan and Isabelle Crawford (equal.)

Grade I
1. Robert Hubbard.
2. Mary Owen.
3. Arnold Yeo and Harold Forsythe (equal.)

Ailing Children Get Well on Laxative Syrup Pepsin

A small dose at bedtime brings relief and laughter by morning

HOSPITAL and doctor's records prove that 75 per cent of human ills has its origin in the intestinal canal, complicated with what is commonly called constipation. Realizing what that figure means, mothers should contrive methods of handling their children while they still control them that will prevent these future dangers. Teach children regularity of bowel movement, and be especially watchful of young girls. Insist on two passages a day until the age of 18, when one is usually sufficient. Give plenty of oranges and apples, plenty of butter because it lubricates the intestines, and encourage the drinking of water.

If you detect restlessness, belching, gas or wind on the stomach, sleeplessness, or lack of appetite, examine the tongue and you will find it coated, accompanied by unpleasant breath. The child is bilious, constipated. According to age, give from one-half to a teaspoonful of Dr. Caldwell's Laxative Syrup Pepsin, which children never object to taking as they like the taste. By morning the youngster will be well again. Likewise if the nostrils are stuffed up or there is persistent sneezing, a dose of Laxative Syrup Pepsin will break up the fever and cold.

Mr. A. F. Lithgow of Montreal, keeps his family well in that way, and Mrs. E. Whalley of Winnipeg, Man., has been using Laxative Syrup Pepsin for her baby, her mother and herself. Dr. Caldwell's Laxative Syrup Pepsin is a vegetable compound of Egyptian senna and pepsin with agreeable aromatics. The formula, however, is on every package. Druggists have sold it with satisfaction to their customers for over 30 years, and it is now the largest selling family laxative in the world. Buy a bottle today. It will last you for months, and the cost is less than a cent a dose.

ANY FAMILY MAY TRY IT FREE

Thousands of parents are asking themselves, "Where can I find a trustworthy laxative that anyone in the family can use when constipated?" I urge you to try my Laxative Syrup Pepsin. I will gladly provide a liberal free sample bottle, sufficient for an adequate test. Write me where to send it. Address Dr. W. B. Caldwell, 23 Caldwell Building, Toronto, Ont. Do it now!

TAKE DR. CALDWELL'S LAXATIVE **SYRUP PEPSIN** *The family remedy*

Eastern Guardian

....SHOP from Holman's Catalog.

..*LATE SEASON—The north east snowstorm of last week has blasted the hopes of the lobster fishermen for an early season. A late season, however, generally indichtes a season of plenty and as prices are good and competition keen amongst the numerous buyers, the fishermen have no reason to become discouraged. A.

ARCTIC OWLS—When cutting in the woods a couple of weeks ago two young men of Mount Albion cut down a tree which contained a large white owls nest of two eggs and one young one just hatched. Also two large rats and three field mice all ready for their first breakfast. The parents which are beautiful specimens are the largest birds ever seen in that part of the country.

..*DANCE ENJOYED—The dance which was held in the Town Hall, Georgetown, on Thursday, May 3rd gotten up by the officers and crew of the C. G. S. Brant, was a decided success. A delicious lunch was served. Violin selections were furnished by James Condon and Mr. Campbell, while Mrs. Fairchild and Miss Kathleen played the piano. The dance closed at 1 a. m.

..*Miss Crosman, Charlottetown, is visiting her sister, Mrs. George Jorston, Georgetown. A.

..*Miss Dorothy Keays, Souris, has accepted a position with the firm of Sculley and Delorie, Georgetown. A.

::Worms feed upon the vitality of children and endanger their lives. A simple and effective remedy is Mother Graves Worm exterminator.

TEN MEN LOST LIVES IN MINE EXPLOSION

TRINIDAD, Colo., May 7.—Ten men lost their lives when gas in the south west mine of the Rocky Mountain Fuel Co., exploded Saturday. The bodies were recovered.

EGGS

Hints on Producing, Packing And Marketing of Eggs by Auld Bros. Ltd., Charlottetown

Hens should be fed on clean wholesome food and provided with plenty of fresh water in clean utensils.

Keep the poultry house clean, and in a thoroughly sanitary condition. Provide plenty of clean nests.

Gather eggs regularly, at least once or twice a day.

Remove the male bird from the flock after breeding season. Their presence in the flock after June 15th is detrimental and costs the farmers money.

Always keep eggs in a cool dry place. When putting them directly into the case, be sure that it has clean, dry fillers.

Do not keep the eggs near any commodities that will taint them, such as coal oil, onions, fish or other strong smelling substances, as the eggs readily absorb odors.

Each party handling eggs should dispose of them at least once a week. Do not allow them to become stale, but always market good, sound, wholesome eggs.

Do not wash eggs. Washing eggs opens the pores and they will therefore, keep only a very short time.

Ship eggs as regularly and frequently as possible. We would recommend shipping twice weekly in the extremely hot weather, and once weekly in the cool weather or winter.

Never expose eggs to direct sunlight, rain or to extreme heat.

Do not ship eggs in damp, worn, dirty or otherwise damaged fillers, these make musty eggs, which are unsaleable at any price.

In shipping eggs, make sure that there is plenty of excelsior in the bottom of the case; also have a flat and excelsior on the top of the fillers, or use an excelsior pad. This will eliminate breakage in shipping.

Have your name and address, also the name and address of the party to whom you are shipping, on the card on the end of the case.

Always send invoice or memorandum of your shipments, and thus avoid any delays.

The Horseless Farm Is Here

Not a Single Horse on a Nine Thousand Acre Farm

NO HIRED HELP IN WINTER

Would Take Four Hundred Horses to Replace Tractors

"No lowing herd winds o'er the lea" on the horseless, cowless, hogless and sheepless farm of 10,200 acres owned and operated by Schaal & Schaal, twenty-five miles southwest of Winnipeg. Not a single domestic animal has been used on this land in the last four years. The Schaals, father and son, do all their plowing, seeding, harvesting, thrashing and transporting of grain with tractors.

Mr. Schaal, senior, says that they do not need horses on this grain farm. He and his son operate 8,800 acres of land, and rent the rest. An investment of $105,000 in small buildings and machinery is required to run the home place, and $95,000 worth of equipment is used on the rented farm.

GROW ONLY SMALL GRAINS

Only small grains are grown on the farm included in a rotation of two crops of wheat, and one crop each of flax, wheat, oats and barley in the order named. All of the land is under cultivation, except one section.

No attention is paid to the fertility of the soil, which is a silt loam, averaging about six feet in depth. Chemical tests have shown, according to Mr. Schaal, that crops could be grown for a whole century without exhausting the fertility of this land, making exclusive power farming possible.

When it comes time to plow the land twenty-six tractors are used, pulling 100 fourteen-inch bottom plows. One acre of land is turned over every two minutes, or thirty acres an hour. The tractors are again used in discing the soil, getting it ready for the grain drill. The seeding is done at the rate of 640 acres a day, using twelve-foot drills.

THRASH 8,000 BUSHELS A DAY

An average of thirty-five men are employed on the farm during the year. As soon as the grain is sown in the spring the men are released. Two are kept to repair the machinery. When harvesting time comes an army of seventy men is drafted into service, and with twenty-four binders the grain is put into the shock at the rate of a section a day.

In about a week after the binders are started three large thrashing outfits begin and the grain starts pouring from the "horn of plenty" at the rate of 8,000 bushels of wheat a day. Each thrashing rig, with its necessary accessories, cost $25,000, or a total of $75,000 for the three outfits owned by this farm.

SHIPPING TO MARKET

This grain is hauled directly from the thrashing machine to the railroad and shipped to market. Thirty grain wagons are used. They are built especially for this work with a capacity of 125 bushels each. Three of these loaded with grain are drawn from the field to the railroad with one tractor.

As the grain is thrashed it pours through a pipe into a portable granary that holds 700 bushels, which was originated by the Schaals. The granary is mounted on a heavy truck, and is so constructed that the three wagons drawn by a tractor can be loaded in five minutes, loading a total of 375 bushels of grain.

With the portable granary the work of backing into the spouts that carry the grain directly from the separator into the wagons is eliminated, thus avoiding the backing in and out and the tying up of an extra engine. Another advantage of the granary is that the grain is protected when it rains. Tarpaulins are used over wagons loaded with grain.

ENORMOUS GASOLINE EXPENSE

"We used more than $40,000 worth of gasoline and lubricating oil in 1920, running our tractor and other machinery on the farm," remarked Mr. Schaal. "My son and I are said to be the first farmers to hitch a tractor onto a sheaf loader. We tie all of our grain into bundles except the flax, which we rake up in windrows. We use two of the sheaf loaders and eight stook, or shock wagons. With three men on one of the sheaf loaders we are able to load four acres of flax in five minutes. It would take twenty-four men to do this work with pitch-forks.

"All of the transportation of men to and from the farm is done with automobiles. We use eight cars for this purpose. It is possible for us to take our men to any part of the farm in fifteen minutes.

RELEASE MEN DURING WINTER

"Within thirty days after we begin thrashing we are through and have all of the grain disposed of. Then we start the plows and prepare the land for the following spring. To-day 8,000 acres of our land are ready for the grain drill in the spring. For about four months during the winter, from December 1 to April 1, we do not need any help.

"When we are through plowing and discing we release the men, keeping two expert mechanics who go over all the machinery and have it in first class order when it is needed again. We have our own garage on the farm, equipped with $4,000 worth of machinery. At the end of the season all of the machinery that needs repairing is assembled here to be overhauled."

This is one of the largest, if not the largest, exclusive power farms in the world. During the last four seasons it has cost an average of $14.50 an acre to operate the farm, excluding taxes and interest on the investment.

NO LABOR TROUBLES

"Since we employ labor irregularly through the year," continued Mr. Schaal, "I am frequently asked by farmers if we have trouble with the men. I find that men like to be where things are accomplished. Only one engineer actually quit his job on the farm last year.

"We use the same crew year after year. In fact, many of the men have been with us for several years. They are supplied with the best food that can be bought and every man is given a good bed with comfortable springs and mattress to sleep on. We hire our men by the month for the season in which they are needed, and when the work is completed we recommend them to other men, and help them get new jobs.

"In the Shanawan and Spurling district of Manitoba, where our farm is located, the land is level. At thrashing time this last season I stood on the top of a small barn and counted 131 thrashing outfits running at one time. With such level land we do not need horses, and power farming in my section has surely come to stay.

"Four years of experience without a single head of livestock on the farm has convinced me that power farming on such land as we have, can be done successfully. It would take 400 heavy horses to farm our home place of 8,800 acres. Imagine the barns that it would take to house that many work horses, and the hay and the grain it would take to feed them. Besides, it would take a huge army of men to care for these animals."

Corns Go

The simplest way to end a corn is Blue-jay. Stops the pain instantly. Then the corn loosens and comes out. Made in clear liquid and in thin plasters. The action is the same. At your druggist

Blue-jay

Be PARIS-GOWNED *at* LOW COST!

Stores with a reputation for Fine Merchandise will gladly show you the newest McMULLEN *Styles.*

Throughout Canada this Spring and Summer

Well-Dressed Women Will Wear McMULLEN Dresses

—prices asked are so very reasonable!

PARIS creates clothes ideas, and upon these McMULLEN relies for the exquisite smartness of all frocks and sports dresses bearing his label—*a Silver Swan on Turquoise-Blue background.*

But this smartness depends upon the lovely texture, the beauty and lasting quality of the silk fabrics just as much as upon the styling of the many pretty models.

The silk and fabrics, all the materials and fine workmanship that McMULLEN puts into a frock or dress for sports or afternoon wear are rarely found in any but the most expensive garments—each a thing of beauty exquisitely made.

And yet all this refreshing newness of design, these winsome materials and colour blendings of rare beauty are combined into the Parisian chic of a McMULLEN model at a price within the reach of all!

See the McMULLEN Dresses at the store which advertises them in your local papers.

At Left: Popular pleatings on Canton Crepe skirt brightened with inset border of Caravan. Loose blouse of same material. Turned-down cuffs match demure lines of this summery model. Navy, Sand, Havana Brown. 16, 18, 20; 36 and 38.

At Centre: Free, graceful Sports Model combining Allwyne with Canton Crepe. Skirt and sleeveless coat—Allwyne, bodice and sleeves—Canton. Lanvin Green trimmed White, Ceramic Blue trimmed White, Nymphea trimmed White. 16-20, 36 and 38.

At Right: Sporty 3-piece suit of White Allwyne Crepe. Bloused jacquette with embroidered border of contrasting shades foreshadows a coming vogue. 16, 18, 20; 36 and 38.

DRESS BY McMULLEN

Look for this Label on Genuine McMULLEN *Dresses.*

McMULLEN *Silk and Sports Dresses*

The HENRY McMULLEN CO., LIMITED
Montreal

You can Buy the New

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from

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HIGH GRADE SEEDS

"Timothy" No. 1 Nickel.
"Clover" No. 1 Red Mammoth
"Alsike" No. 1 Rose.
"Sweet Clover" No. 1 White Blossom.
"Barley" Two Rowed, Duck-Bill.
"Buckwheat" Silver Hull
"Field Peas" Golden Vine.
"Corn" Longfellow.
Vetches, Rape, Mangel, Giant Sugar Beet, Carrot, Parsnip, Turnip, Beans, Peas, Onion Setts, Eschalots.

Big variety Field, Garden and Flower Seeds. Government standard. Best prices.

W. A. JOHNSTONE,
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Miss or Madam, will be found all right here, in assortment, in quality and in price. Everything in bathroom, toilet, and dressing table needs is here and we can give you better qualities for less money than you will be asked elsewhere. In drugs and medicines, too, we can easily beat all competitors, as a trial purchase will prove.

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