

Woman's Realm :- Social and Personal :- Fashions :- Literature

Canadian Cookery For Canadian Women

By Mari Moore. Specially contributed to The Guardian. 107 Guardian Readers.

ANY EGGS TODAY, LADY?

By Mary Moore

Recently we returned home unexpectedly on a Sunday morning from a four-days' visit, to find the refrigerator practically empty of everything except butter and mayonnaise!

Since we live outside the city, it was an easy matter to send someone up the road to a farmer's house where chickens are kept, for eggs (once this happened before and he never let us pay for them until Monday).

Baked Eggs Espagnole Six eggs, 3 tablespoons chopped onion, 3 tablespoons chopped green pepper (we had to use canned pimiento), 4 tablespoons butter, 1-4 cup bread crumbs, 1-2 cup grated cheese. Fry onion and pepper in the butter until slightly brown.

Grecian Eggs

Hard cook six eggs very slowly. Chill them and then peel and cut in halves lengthwise. Put the halves in the bottom of a greased baking dish, or put two pieces in each individual buttered ramekin.

If You Love Mother Then Tell Her This

Mrs. M. Batdorf, 87 years old, still goes to parties and has a good time. She eats and sleeps well, thanks to Vinol (from tonic) Vinol gives old folks new pep. Hughes Drug Co., Ltd.

eggs. Cover top of dish with small pieces of butter and set in pan of hot water and bake in oven of 325 degrees Fahr. for 35 minutes.

The versatility of eggs is almost limitless in any kind of a food emergency. I am stealing my own thunder from the maple syrup article I am going to write this week or next when I remind you of what a perfect dessert popovers with first run maple syrup are.

If you have a dozen fresh eggs in your ice box you need never be perplexed for something to serve to either unexpected afternoon callers nor to the favorite bachelor friend that your husband is prone to bring home so often about five minutes before the dinner hour.

Paragraph after paragraph have been written on the detailed perfection of an omelette or baked custard so we are going to leave them out completely and urge you to capitalize on these newer egg concoctions.

Eggs are just about three times as cheap as the average price of meat and when cooked slowly are much more easily digested. But we have told you all those things before. (By the way I know an industrious young father who has employment only one day a week who peddles eggs from door to door for a farmer neighbour of his and in payment receives three dozen eggs (for every 20 dozen he sells) which keeps his family of 4 girls in mighty good health.)

I particularly want you to use Jellied Eggs on either Good Friday or Easter Saturday for luncheon or for Easter Sunday Supper. With watercress and hot cross buns they are a sensation. (We'll publish a recipe for Hot Cross Buns in due time too.)

Jellied Eggs (Special for Easter) One tablespoon granulated gelatine, 1-2 cups clarified seasoned soup stock (or small can of canned soup—consomme, beef broth etc.) 6 hard cooked eggs, 2 tablespoons cold water, green vegetable coloring (for special occasions) Soak the gelatine in the cold water for 10 minutes. Stir the hot soup stock into it until the gelatine is dissolved. Cool and add very small amount of green vegetable coloring to make it delicately tinted. Arrange hard cooked eggs end to end in a circle mould which has been rinsed out with cold water, and pour gelatine mixture over them. Chill until set, and turn out on bed of watercress and put thick bunch of watercress in centre. Serve with mayonnaise. Of course the vegetable coloring may be omitted. Such things as finely chopped parsley and celery may be added to the gelatine mixture.

(To Be Continued)

A Mother's Duty to Her Daughter Dorothy Dix Says Girls Should Be Taught Tact

No Mother's Job is Finished When She Has Fed Her Daughter Vitamins and Seen to Her Morals. It is Her Duty Also to Develop in Her the Tact and Graciousness Which Insure a Woman's Success

It is just as much a mother's duty to try to make her daughter a successful woman as it is to make her a good one. It isn't enough to see that little Mary eats her spinach and gets the proper vitamins and is sent to school and has moral principles drilled into her.



It is every mother's duty to help her daughter to make the most of herself, and particularly is this the case when the daughter happens to be an ugly duckling. Yet few mothers ever bother to do this.

She doesn't begin helping Sally by the time she is out of the cradle to outfit Nature and build up a line of attractions that are just as potent as beauty. She doesn't teach Sally that no woman need be as homely as God made her or that when a plain woman is fascinating she is the most fascinating woman on earth.

No woman has a right to let a little girl grow up with bad teeth, an ugly mouth or a hideous nose in these days of good dentists and plastic surgeons. Making a figure over is a matter of diet that is in mother's hands, so is teaching a girl how to dress so as to turn the spotlight on her good points and camouflage her defects.

Also, a mother should teach her homely daughter that inasmuch as she is shy on pulchritude she has to be long on other attractions, and that if she has these she can snap her fingers at the beautiful but dumb. So mother should see to it that Plain Jane learns to be a superlative dancer, and that assures her of never being a wallflower at a party.

Furthermore she makes Jane realize the importance of cultivating her mind and acquiring an interesting and entertaining conversational line. For people will put up with dullness for a time in a girl who is a feast to the eyes, but they will not endure being bored by one who is nothing to look at.

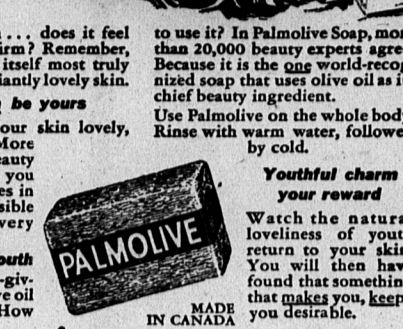
A girl who knows how to dress, who knows how to dance and play games, who is good at sports, who is amiable and tactful, who can put men at their ease and entertain them, is independent of mere beauty. And all these charms her mother can give her if she will only teach her to make the most of herself.

Of course, it is every mother's duty to have her daughter taught some way of making a living. This provides her against the necessity of marrying for a meek ticket or of marrying for an occupation and because she is bored running around to parties. But it is especially important that the girl who has no sex attraction for men—and that manifests itself almost in the kindergarten—should acquire some gainful occupation into which she can throw her energies and which will furnish her not only with a support, but give her a real thrilling interest in life.

It is also a mother's duty to help her daughters get married. A lot of contumely has been thrown on the managing mamma, but if we concede that a good husband is the greatest blessing that can befall a woman, why is it not a mother's place to do her best to try to secure this good thing for her child? Now every mother is either a come-on or a hand-

AS YOU DESIRE ME that your skin may emphasize the desirability of youth

Use Palmolive... the one soap rich in OLIVE OIL. Touch your skin... does it feel smooth—soft—firm? Remember, charm expresses itself most truly in a youthful, radiantly lovely skin.



Keep that Schoolgirl Complexion

cap to her daughter and has more than somewhat to do with not only the girl marrying at all, but the kind of man she marries.

A mother can help her daughters to popularity, and that eventually leads to marriage, by making her home so attractive that young men like to come to it. She can put welcome on the doormat, so to speak. She can feed the brutes, and turn on the radio and make the whole atmosphere gay and delightful and thus lure a young man's thoughts toward domesticity.

And mothers can help their daughters get the right sort of husband, by keeping the wrong sort away. After all, girls generally marry the boys they are thrown with, and the wise mother doesn't give the run of her house to handsome drunkards nor fascinating loafers and ne'er-do-wells.

Half the disastrous marriages that take place could have been averted if only mother hadn't been asleep at the switch.

Of course, all this involves much labor and interferes terribly with one's bridge, but in the end it pays. DOROTHY DIX.

PROGRAMME TO INCLUDE THE ST. LAWRENCE TREATY

WASHINGTON, Mar. 28.—(A. P.)—Democratic leaders of the United States senate moved to enlarge the extra session programme today to include action on the St. Lawrence Waterway Treaty with Canada and the proposal for adherence to the World Court, but stipulated neither should interfere with the administrative emergency measures.

The newest four-motored monoplane developed in Germany makes use of flaps along the trailing edge. These aid in obtaining a slower landing speed. The new plane carries 23 passengers and has a crew of seven persons. Every facility for the passenger, including a smoking room in the fuselage, has been embodied in the plans.

A Morning Smile

Willie (to caller)—"Is it right, what mother says—that you are a self-made man?" Caller—"Why, yes, my boy. But why do you ask?" Willie—"I was only wondering what made you give yourself such a funny face."

In keeping with the prevalent practice of private citizens to assist in increasing Japan's war equipment, Mrs. Teiko Mitani, widow of a wealthy Tokio business man, recently contributed six fighting planes to the Japanese navy.

Only three pitchers in the American League have won 16 straight games. They are Walter Johnson, Joe Wood and Lefty Grove.

What the Fashionables are Wearing

By Annabelle Worthington

You must of course have a cape for Spring to be really modish. Today's pattern is smartly simple. It's easily slipped on over your jacket suit. It can also be worn with woolen or crepe silk frocks. The becoming neckline is reversible. It can be worn buttoned close to the neck in military style or left open in rever effect.



Style No. 634 is designed in sizes 14, 16, 18, 20 years, 36, 38 and 40 inches bust. Size 16 requires 2 1/2 yards 54-inch. Price of Pattern 15 cents in stamps or coin (coin is preferred.) Wrap coin carefully.

In 54 Countries



"It's smoother," they say, "it goes on so evenly... doesn't cake... doesn't grain... stays on beautifully... agrees with my skin." Thus do beautiful women of 54 lands justify Pompeian's 30 years of beauty research. You, too, will love Pompeian Beauty Powder. Your dealer has it in 5 harmonious shades. If any Pompeian product does not give complete satisfaction we will gladly refund your money.

Pompeian BEAUTY POWDER PARIS TORONTO NEW YORK LONDON Sales agents: Harold F. Ritchie & Co. Ltd. 10-18 McCaul St., Toronto

For The Cook

PINEAPPLE SPONGE PIE 1 1/2 cups crushed pineapple and juice, 1 cup sugar (scant), 2 eggs, Speck of salt, 1-3 teaspoon lemon extract, 2 tablespoons melted butter, 1 tablespoon corn starch.

CHICKEN COCOTTE Dress, wash and cut up for stewing 1 five-pound chicken. Simmer until almost tender enough for eating, but not quite. Remove each piece from the broth and roll in flour, well seasoned with salt and pepper. Fry each piece slowly in plenty of butter until well coated and browned. Place these pieces in a casserole, reduce broth to about three pints and add to it one pint whole milk. Cover the chicken with this broth, and bake until the chicken is tender. If the broth is not thick enough thicken with a little flour. Serve this on a large platter and surround chicken with small, whole potatoes and dumplings, and cover all with the thick ends broth.

City Taxes in Arrears

The names of those in arrears for City taxes will be published within a few days. Pay now and save expense. Unpaid taxes bear 7% interest.

FRED LARGE, City Collector. 8589-3-27-mws-3i

FOR SALE

Farm consisting of 109 acres of land in good state of cultivation, in Pleasant Valley, Lot 21. It is conveniently situated near Churches and School within 1 1/2 miles of Elliott's Station and 2 1/2 miles of Fredericton. For further particulars apply to W. F. STEVENSON, Bradalbane, R. R. 8610-3-28-31.

FARM FOR SALE

The undersigned offers for sale his farm of 105 acres with house and barn, 50 acres now ploughed and in good state of cultivation, balance lumber and hard wood. Near school and churches and railway station. Apply to W. F. JARDINE, Head Hillsboro, R. R. No. 1, P. E. Island. 8617-3-29-61.

SWEET VANITY

RICHARD GOYNE

John Smythe was a hard-headed business man to whom sentiment was something superfluous, whose god was and would always be Success, getting it over the other man. He looked up as Dicky entered, nodded, and would have gone on reading had not he seen the other's scowling features. He smiled, enquiringly. "Hello, Dick, someone been ruffling the wind?" Dicky perched on the edge of the desk and bit off the end of one of his father's cigars.

FARM FOR SALE BY TENDER

We offer for sale the well known William McKinlay farm at Bradalbane, containing 109 acres of good land with good buildings. Tenders received up to April 15th, 1933. MRS. ADAM MCKENZIE, or MRS. DAN BUCHANAN, Bradalbane, P. E. I. 8618-3-29-wav-31.

night, you remember. Well, he's doing it, at the price of Cynthia. And that's that." He crushed out the cigar almost before he had lighted it. "Gad, it had thought to make a fellow's blood boil, to think of that bloated store-keeper, a stranger to Midley, getting it over Cynthia like that. Of course she agreed, for her father's sake; but she doesn't love him, and—"

He even laughed, softly, as he turned to the door, adding: "Who was Peter Cavendish before he joined his maiden aunts in Midley. Dear, simple souls who hadn't seen him for years? Don't despair, my boy." Still chuckling, he went upstairs to his room; and his son, bewildered and thrilled by the news his father had indicated, followed.

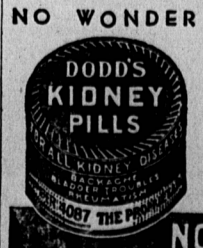
noticed any humiliation. In society, at every function they attended, Cynthia was a model. Doodle, attentive, she defied the most prejudiced criticism; and therein was Peter baffled and afraid. He knew this was part of a plan. Yet what plan? If only she would come away from that barrier of ice, and scorn him, defy him as she had done so often. That would be nearer the day of his conquest, nearer what he meant should be perfect happiness.

back from a day visit to Manchester, and she had been silent all the way, when suddenly he stopped the car. She turned, frowning surprise, but he did not care. Passionately, fiercely, he caught her to him, crushing his kisses upon her. And then: "Cynthia, what game is this you're playing? You told me a month ago that you loathed me; and yet, on every possible occasion you act like—like an angel. Don't you realize that it makes me feel almost a cad for ever having kept you to your promise? Because it's just sham, and we know it, both of us." "Oh, I know I'm shaping like the biggest fool in creation by talking like this, but I've got to. Is there nothing I can do, Cynthia, to— to rouse you? I don't care if it's hatred, anger, anything but this intol-

erable, meek-and-mild indifference and pretence." A cry from her lips stopped him. "Peter, you're hurting. Let me go." He obeyed, already cursing himself for his impulse, and obeyed only to meet the triumphant mockery of her innocent brown eyes. "Really, Peter, you aren't accusing me of breaking my bargain, are you?" she demanded, chafing her arms where his hands had crushed them. He laughed, bitterly. "The trouble is you keep it too well." "Then perhaps you want to end it, Peter? If so—"

matter with him to-night? What fool thing would he be saying next! He closed up sharply, and with a grim smile on his lips turned back to the wheel. "After that, never," he retorted, and in the furious homeward drive that remained Cynthia, recalling those words, could have laughed aloud. (To Be Continued.)

"NERVES" she called it — it was really her KIDNEYS



NO WONDER SHE DIDN'T FEEL WELL! She tried to get through each day as best she could. Never comfortable—always distressed. Low in vitality—lower in spirits. She hadn't thought of her kidneys, until a friend suggested Dodd's Kidney Pills. Seeking relief she immediately took Dodd's. The "washed out" feeling was soon replaced by clear headed energy and restful sleep. Headache, backache, and other signs of faulty kidneys soon disappeared.



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