

You Need More Than A Laxative

To correct constipation, all organs of digestion and elimination should be helped. Try NR and see how much better you feel.

NR Today—Keeps the Doctor Away

To live and be healthy, your body must properly digest your food, extract all the nourishment from it and promptly throw off the waste that is left. This is accomplished by the processes of digestion, assimilation and elimination—the work of the stomach, liver, kidneys and bowels. The failure of any of these vital organs to do its work properly affects the action of all the others. A forced bowel movement does not help constipation; it only relieves it a few hours and the condition that constipation brings about. Now if you are used to taking so-called laxative pills, oil, purgatives and the like, you know mighty well you've got to be taking them all the time. Moreover, if you stick to any one laxative, you've got to be there doing the dose all the time. That can do you a lot of harm. Stop doing yourself with such things just long enough to give Nature's Remedy (NR Tablets) a trial, and let the results show the difference. No Tablets are not just a mere forced evacuation to correct the position of the bowels; they give you the genuine, lasting benefit; to improve your digestion and assimilation, give you a good hearty appetite, regulate your liver and bowels, tone up kidney action and give your poison-clogged body a good cleaning out. Nature's Remedy (NR Tablets) is not harsh; it is mild, easy, pleasant in action; no griping or laxative effect follows its use; but it is thorough and sure. By its action on the digestive organs it promotes assimilation, which means extraction of full nourishment from your food, and thereby gives you new strength, energy, better blood, better appetite. By toning up your liver, NR sends bile into the intestines, improving intestinal digestion. Lastly, by gently stimulating along vigorous bowels and kidney action, NR drives poisonous impurities out of and cleans up your body. Try Nature's Remedy (NR Tablets) and you will see how much better you feel in just a few days. Get a 25c box today, one tablet on each night for a week. You'll see you never felt better in your life. NR is guaranteed and recommended by your druggist. E. A. Foster, Central Druggists, Charlottetown, P. E. I.



NR Tonight—Tomorrow Feel Right Get a 25c Box

Magnificent Silverware Given To You!

Here is a golden opportunity to secure a handsome silver-plated set of silverware in a beautiful presentation box. ABSOLUTELY FREE OF COST.

This silverware is genuine Wm. A. Rogers' make. That is your guarantee of quality and wear. It is in our new and exquisite Colonial Pattern pattern, a complete service for a family of six. It comprises one dozen Teaspoons, one-half dozen Knives, one-half dozen Forks to match, one-half dozen Dessert Forks, one-half dozen Dessert Spoons, one-half dozen Coffee Spoons, one Butter Knife, one Sugar Shell, one Silver Berry, Fruit or Salad Spoon, a Gravy Ladle, and a Cold Meat Fork. So exquisite a silver service would grace the finest home in the land. The beautiful hand-dish is 4 1/2 inches in diameter with a French Silver Finish outside; finished handle and rich gilt lining.



READ THE GREAT FREE OFFER We are determined to give you a national reputation for Dr. Johnson's Famous Life Building Blood Purifier. This is a new and unique preparation that is sure to give you the most complete and thorough cleansing of your system. It will help you to lose weight, improve your complexion, and give you a new lease on life. That is why we offer this great free offer to you. Write to us today for the full particulars.

Will You Just Sell 12 Boxes Among your friends at only 25c per box?

You can easily do this because every one you know will be glad to learn of this great remedy. It is one of the world's best blood purifiers, and a tried and proven remedy for weak and impure blood, indigestion, constipation, and various ailments. It will help you to lose weight, improve your complexion, and give you a new lease on life. That is why we offer this great free offer to you. Write to us today for the full particulars.



Beautiful Handled Dish for Bonbons, Nuts, Olives, Pickles, Sauces, etc. Write to us today for the full particulars.

THE INTERNATIONAL MFG. CO., Dept. B. 32 Toronto, Ont.

A remarkable success for over 100 years

A doctor's reliable private prescription

A famous "first aid" family favorite

Johnson's ANODYNE Liniment

Costs more than any other to produce—yet the price to you is the same as you must pay for inferior preparations.

A preparation for internal and external use

A Coughs—Colds Sore Throat Grippe—Chills Cramps—Sprains and many other ills

A Wonderfully Soothing Healing Anodyne

Fire Insurance A Necessity

Then insure in good strong stock companies, which never contest an honest claim such as is represented by

E. R. BROW

Charlottetown

WEDNESDAY
WEDDING BELLS.—In St. Margaret's Church, St. Margarets on Sunday last the bans were read by the pastor, Rev. Father McPherson, of Frank Bell McDonald and Ellen McPhee, both of St. Margarets parish. The nuptials took place Wednesday.
HORSE ITEM.—Major McKinnon, since his arrival home from overseas has purchased from Mr. F. W. Hughes of this city, the speedy colt, sired by Azaid, which stallion was raised by Mr. F. Beales, Charlottetown, and was sired by Pilot Medium Jr. (209). Mr. Beales has raised some good ones in his time.
ISLAND HONORED.—The title of Knight Commander of the Order of the British Empire has been conferred on Mr. W. E. Stewart, in recognition of the services rendered by him in connection with the Ministry of Information. Mr. Stavert was formerly of the Bank of Nova Scotia. He is a native of Wilnot, P. E. I.
SOLDIER STARTS GROCERY.—It is interesting to note that a returned soldier, Mr. Peter LeClair, has established himself in business having opened a grocery store on Elm Avenue in the premises formerly occupied by Mr. John Cameron. Mr. LeClair, served with Major D. A. McKinnon and having done his duty by his country is well deserving of patronage.

THE MARKET.—Though there were quite a number of people from the country in town yesterday the market was very small and prices showed no noteworthy change. There was considerable pork moving, the price for best quality being 19 1/2 cents, the same as on last market day.
WEDDING BELLS.—The marriage took place in Saskatoon on the 11th of January 1919 by the Rev. G. K. B. Adams. Of James Aylmer McSarray farmer, of Asquith Sask., and Mrs. Hannah J. Casely, daughter of Mr. B. S. Moore, West Royalty. They left on the same evening for a trip to Vancouver and Victoria.
RECEPTION.—A grand reception was given the returned heroes of Aberton in the I. O. O. F. Hall on Friday evening the 24th inst. The hall was crowded and as the heroes entered they were greeted by three rousing cheers and a tiger. Mayor Lawson occupied the chair and after a few well chosen remarks the fol-

lowing programme was rendered: Chorus, When Johnny Comes Marching Home; Reading, Miss Gladys McArthur; Tribute to Fallen Heroes (audience standing) while Miss Maud Wisener read "Victory," introduction of Returned Soldiers, etc. welcomed by Chairman followed by three cheers. Words of welcome for all 15 minutes. Response and speeches, boys in Khaki, Reading, Miss David Baker, Chorus, Drink Pekoe Tea. Refreshments were then served and after singing of the National Anthem the audience dispersed well pleased with the evening's enjoyment. —D. J. Williams.
BURNS CONCERT.—Perhaps the greatest tribute to the excellence of the Burns Anniversary Concert was the fact that the attendance last night was fully as large as on the first night, and that still there were those who were crowded out. The programme of the previous night was repeated, if not more enjoyably, it was because that of the previous night could not be improved upon. A commendable feat-

NERVES ALL ON TENSION?

A mother in the home, or a man or woman at business, with nerves undone and the system generally feeling the strain, should find wonderful help in

SCOTT'S EMULSION

Powerful sedatives or strong medicines are habit-forming and dangerous. The logical help is a form of nourishment abundant in tonic properties. Scott's brings strength to the body, through nourishment that is felt in every part. If inclined to be nervous, the logical answer is—Scott's Emulsion.

Scott & Bowne, Toronto, Ont.



War to Peace

Free Medical Treatment for Ex-Soldiers and Sailors

THOSE discharged soldiers or sailors who become ill or disabled again as a result of some disease or injury suffered during war service receive free medical and surgical treatment.

Medical Representatives	
DEPARTMENT OF SOLDIERS' CIVIL RE-ESTABLISHMENT.	
NOTE.—At places marked (*) there are Medical Administrative Offices of the Department with Medical Officers in charge. Otherwise reference is given to Medical Representatives. Additions are being made to this list constantly.	
CITY OR TOWN.	NAME OF CHIEF MEDICAL DIRECTOR, ASST. UNIT MEDICAL DIRECTOR OR MEDICAL REPRESENTATIVE.
Nova Scotia:	
*Halifax	Dr. Donald Stewart, Leith House,
*Sydney	Dr. J. W. Brace,
P. E. I.	
*Charlottetown	Dr. Alex. Ross,
Quebec:	
*Montreal	Dr. A. E. Landon, 301 Drummond Bldg.
*Quebec	Dr. A. R. F. Hubbard, 17 St. James St.
Ontario:	
*Kingston	Dr. E. E. Latta, Golden Lion Block.
*Ottawa	Dr. H. T. Douglas, 152 Queen St.
Port Hope	Dr. A. G. Aldrich,
Gananoque	Dr. J. J. Davis, Pine Street.
Pictou	Dr. C. A. Publow,
Lindsay	Dr. J. A. White,
Brockville	Dr. E. J. P. Williams,
*Toronto	Dr. E. Ryan, 85 Spadina Ave.
*Hamilton	Dr. W. Bethune, 300 Clyde Bk.
North Bay	Dr. W. J. Bell,
Chatham	Dr. R. V. Bray,
Sudbury	Dr. W. G. Cook,
Windsor	Dr. C. N. Shank, 14 Labelle Bldg.
Paris	Dr. J. H. Gould,
Brantford	Dr. C. G. Middleboro.
Windsor	Dr. C. Fuller, 1 Wyandotte St. W.
Orillia	Dr. W. C. Gilchrist,
Haileybury	Dr. G. F. Jackson,
Mattawa	Dr. M. James,
Midland	Dr. T. J. Johnston,
Barrie	Dr. W. A. Lewis, P.O. Box 13.
Owen Sound	Dr. H. H. Middleboro.
Timmins	Dr. H. H. Moor,
Welland	Dr. W. R. McCulloch,
Collingwood	Dr. D. McKay,
Woodstock	Dr. S. McM. McLay,
Stratford	Dr. L. F. Robertson, 55 Albert St.
St. Catharines	Dr. J. Sheahan,
Sault Ste. Marie	Dr. A. A. Shepard, 746 Queen St. E.
*London	Dr. N. B. Alexander, Room 56, Bk. of Toronto Bldg.
Fort William	Dr. A. J. Manion,
Manitoba:	
*Winnipeg	Dr. K. McIvor, Notre Dame Investment Bldg.
Sask:	
*Regina	Dr. W. C. Arnold, McCallum-Hill Bldg.
Saskatoon	Dr. D. S. Creighton,
North Battleford	Dr. J. H. H. Jackson,
Prince Albert	Dr. R. L. King,
Alberta:	
*Calgary	Dr. G. R. Johnson, Beveridge Bldg.
*Edmonton	Dr. G. G. Stewart, 410 McLeod Block.
Lethbridge	Dr. G. W. Leech, 109 Sheppard Bk. Medicine Hat.
Dr. O. Boyd,	
B.C.:	
*Vancouver	Dr. A. P. Proctor, Board of Trade Bldg.
*Victoria	Dr. C. D. Holmes, Central Bldg.
N.B.:	
*Fredericton	Dr. C. MacKay, Royal Bank Bldg.
*St. John	Dr. G. P. Peat, Bank of Montreal Bldg.

This service is provided by the Medical Branch of the Department of Soldiers' Civil Re-Establishment.

An ex-soldier or ex-sailor who has a recurrence of a war disability should, if he is not too ill, go at once to the local medical officer of this Department.

If he is too ill he should have that medical officer notified at once.

Should he be taken ill in a place where there is no representative of the Department, he should call in a local physician to give him the necessary immediate treatment and ask him to communicate immediately all details of the case to the nearest medical officer of the Department.

The name of the authorized medical representative of this Department for each locality is given alongside.

Treatment at the expense of this Department can only be secured through these representatives. The Department cannot pay any bills for treatment which have not been authorized by the Department.

If the medical officers recommend it, pay is given to patients, and allowances are granted to their dependents by the Department, during the period of treatment.

The established scale of pay and allowances that may be granted depends upon the extent to which the treatment recommended by the medical officer of the Department prevents the patient from doing his regular work.

Arrangements for special care of patients of the Department have been made with hospitals in all the larger towns and cities from coast to coast.

Sanatoria for treating tuberculosis under most favorable conditions are operated in every Province under the direct supervision of the Department.

Director of Repatriation

The Repatriation Committee

OTTAWA

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