

Woman's Realm Social and Personal Fashions Literature

Helpful Hints For The Women Folk

NIGHT

The shining moon—watched by that one faint star—

BIGGEST SHINGLE EVER MADE

The biggest asphalt shingle ever made was produced recently at a convention of Building Products

A new "flying wing" type of airplane is now being constructed. The ship will have two engines, one a "pusher," the other a "puller."

Awkward at Dances? Spruce Up Your Steps



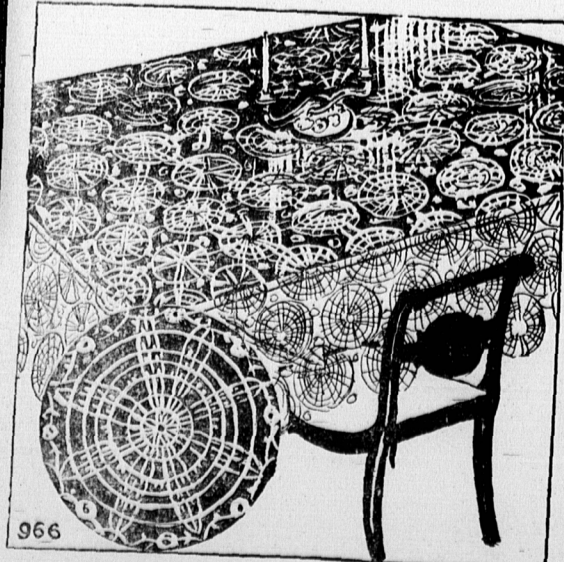
Teach Yourself with Diagrams

An embarrassing moment. The unhappy young man with the tangled feet is baffled by a simple fox-trot step.

Send 20c in coins for your copy of How To Do The Newest Dance Steps And Variations to the Guardian Home Service.

Name _____ Street Address _____ City _____ Province _____

SPOKE WHEEL MEDALLION TABLECLOTH



DESIGN NO. X 965

Each medallion in this tablecloth is crocheted separately and then joined. When completed it resembles the spoke of a wheel.

To Charlotte Town Guardian Needlework Department.

Design No. X 966 NAME _____ STREET _____ PROVINCE _____

POISON DETECTOR

A spoon made from the beak of a hornbill is supposed to be a poison detector in Perak, on the Malay Peninsula.

CIGARET HABIT

Americans are the heaviest cigarette smokers in the world, with England, Mexico, Belgium, and France following next in respect to order.

INVITATION TO READ

A comfortable chair, a convenient table and a well adjusted lamp are an invitation to relaxation with a favorite book.

SHRINK KNITTING WOOL

It is a good plan to shrink your knitting wool before making it up. To do this, dip each skein, previously tied in two places, in water, squeeze out and lay or hang out to dry.

CAREFUL ROUTINE OF DAILY BEAUTY CARE PRIME REQUISITE

It costs no money and very little extra time to do a few exercises every day to reduce your waistline and make your body more youthful.

THAT 1940 LOOK

A touch of white livens up an old suit or frock and gives a last year's model that 1940 look.

FEMALE PAIN

Women who suffer painful, irregular periods with nervous, moody behavior should find Lydia Pinkham's Vegetable Compound simply marvelous to relieve such distress.



Zestful As a Highlander's Marching Tune KING COLE Tea

Commodore Norah By ANGUS MACVICAR

FROM SICK BED TO STORM

There was a movement in the crowd. A man was urinating through his face while white and his eyes were sunken and unnaturally bright.

Norah ran to him. "Jock! Oh, Jock—I'll help you. I'll run that engine. I've tinkered with the Kestrel's engine often enough."

Quarter of an hour after Jock's arrival on the pier, the Kestrel was moving slowly into the harbour.

Jock himself stood in the old-fashioned well-stern, the buckling tiller in his left hand. At his feet was the engine-room hatchway.

He could see Norah working on the ship's engine. There was a long fear in her yellow oilskin and her oil and grease.

She did not answer. She had diagnosed the trouble as a choked lead pipe. Swiftly she unscrewed the bolt which secured the pipe to the engine examined the pipe to the pipe and stuck at it.

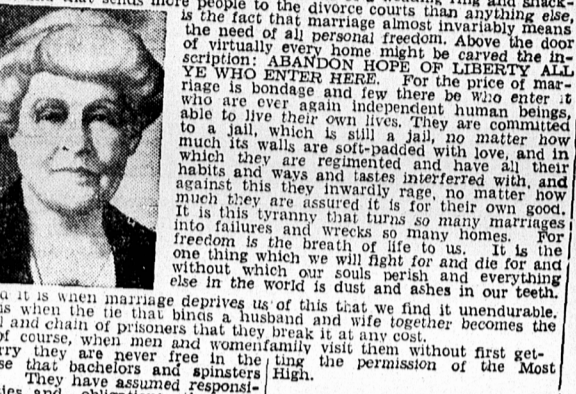
When he rose from bed at first he had felt the cold and his knees had been apt to give way at the slightest strain.

Dorothy Dix's Letter Box

DOROTHY DIX SAYS—DOMESTIC TYRANNY IS GREATEST ENEMY IN MANY HOUSEHOLDS

Husbands or Wives Who Set Themselves As Dictators Soon Find Themselves in the Divorce Courts

The thing that keeps men from popping the question, that causes girls to pause and weigh the relative merits of a wedding ring and shackles, and that sends more people to the divorce courts than anything else, is the need of personal freedom.



Women are even worse tyrants than men, and the first act of the average bride is to assert her authority and to deprive her husband of every vestige of liberty.

It is actually true, though hard to believe, that I get letters from wives asking me if they should permit their husbands to see their mothers when they are not present.

When you speak of husbands and wives giving each other some permission, you are talking about the same thing that the Ten Commandments and the Ten Commandments are.

Husbands and wives don't want to be free to sin. They just want to be free to do a few little things the way they want to do them.

And it is a pity that husbands and wives haven't sense enough to see this. I would save the breaking up of so many homes.

Will the Boat Break? He thanked Providence. Once more he coaxed the Kestrel to face the seas.

The darkness lifted slightly as the clouds began to disperse in the east, as ever. Jock could see at last the faint blue of the Silver Spray about a mile distant.

If the Kestrel held together. That was the question. Already her starboard planks were aching and her own against the rush of the sea.

The Kestrel had now emerged from the mouth of the harbour, and concentrated on her starboard quarter. In spite of Jock's efforts, she tended to slide in towards the Black Rock.

"Ration-Runabout" With petrol strictly rationed in Great Britain, you can't get far in one of those big, gas-eating Humminoes.

A Morning Smile COMPANY INCLUDED The colonel's wife sent the following note to Captain Brown:

INSIDE STUFF Mrs. Newed entered the dining-room and promptly placed the turkey on the table.

With petrol strictly rationed in Great Britain, you can't get far in one of those big, gas-eating Humminoes.

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Surprise the family with gorgeous FREE GIFTS!

IMAGINE the thrill of ordering stockings, jewelry, toys—your choice of 135 gifts... and not having them cost you a penny!



THE COOK'S CORNER

DATE NUT BREAD 1 cup chopped dates 1-2 cup chopped nuts 1 teaspoon soda 1 cup boiling water

WALNUT BREAD 3 cups sifted flour 1 cup brown sugar 1 teaspoon salt 3-4 cups milk 1-2 cups baking powder

YOUR INDIVIDUAL HOROSCOPE (Copyright, 1940, King Features Syndicate Inc.) Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Wednesday, May 15, 1940 MARCH 21 to APRIL 20 (Aries)—Be trigger-sharp alert to detect flaws and to discriminate between the real and the insincere.

APRIL 21 to MAY 20 (Taurus)—Afternoon and evening vibrations particularly favorable. Be patient and painstaking during the A.M.

MAY 21 to JUNE 21 (Gemini)—Your day should be an especially good one from a spiritual, educational and social view. Seek advancement through friendship and higher-ups whom you know would appreciate your efforts.

JUNE 22 to JULY 21 (Cancer)—You can make headway in your everyday occupation particularly and probably in some new venture that shows worth. You born after July 7 may find it more difficult to keep harmony in private affairs.

JULY 22 to AUGUST 21 (Leo)—Born before August 8? More consistent effort and initiative needed this day. You born after August 7 are favored by more stimulating indications. Proceed with the big items first.

AUGUST 22 to SEPTEMBER 21 (Virgo)—You may find your biggest gains through elderly people, old business connection and children. The interests of these three are pertinent at this time. Friends by stars.

SEPTEMBER 22 to OCTOBER 21 (Libra)—Investigation, writing, research, the manufacture and sale of commodities in demand (also of mechanics, aviation, building, etc.) are among the most favored.

OCTOBER 22 to NOVEMBER 21 (Scorpio)—Heart interests, romantic matters (including those in

TOPICAL TRICOLOUR Tricolour dresses are a patriotic notion for the evening—white tassettes (tuffa) is splashed with bars of red and blue.

RECEIVES DERBY TROPHY Mrs. Ethel V. Mars (seated) and her daughter, Mrs. Alan Feeney, admire the Kentucky Derby trophy won by Gallahadon, of Mrs. Mars' Milky Way Farm.

