

# Woman's Realm Social and Personal Fashions Literature

## Living & Leisure —The Woman's Realm

**GOLDEN GLEAM**  
Browning was right when he wrote: "More than a hundred things are made of little things, and little things are made of lessening till at last Comes God behind."

In tribal wars, natives of New Britain in the South Pacific sew wounds with banana fibre thread and a needle of flying-fox bone.

**BAKED BANANAS**  
Bananas baked with brown sugar make a good accompaniment to ham or fried chicken. Slightly green bananas are best for baking. Peel, arrange in a shallow buttered baking dish, brush with butter and a little salt, sprinkle with brown sugar and bake in a moderate oven until the bananas are very tender.

**Fun to Learn the Guitar This Easy Short-Cut Way**



**Your Music is a Social Asset**  
A welcome guest who can contribute to the evening—the lovely romantic music of the guitar! Playing a favorite melody or the accompaniment to a song, you are the centre of the group.

You can quickly teach yourself the guitar. With the help of simple directions and diagrams you can play chord accompaniments for songs before you know a note.

Our top diagram shows a symbol for a guitar chord as given in popular music. The vertical lines are the strings of the fingerboard, the horizontal lines are the frets or metal crosswise bars.

With the first, second and third fingers of the left hand (indicated by the numbers 1, 2 and 3) press on the strings where you see the dots. At the same time with your right hand pluck those strings, also the strings marked 0, near the sound hole. In plucking, use your right thumb on the first string, sweep your fingers across the other strings. You soon master the trick—then to play melodies!

Our 32-page booklet explains the guitar fingerboard in detail; gives diagrammed instruction in fingering, technique, the playing of chords, note-reading for the guitar. Includes elements of music; has table of chords, seven favorite tunes for practice.

Send 20c in coins for your copy of Easy Lessons in Guitar Playing to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
Province \_\_\_\_\_  
City \_\_\_\_\_

### DOG DESIGNS



720

**DESIGN NO. 720**  
Here are two fine designs that I know will find immediate favor in any household. There is a friendly, "realness" about them that is going to appeal particularly to the masculine taste, so if you are looking for a diagram of cushions for the den or recreation room, here is just the thing. Personally, I would like to have them in every room in the house. Besides the two large designs shown, the pattern also includes small dogs that would be ideal for matching scarf ends to your cushions.

The pattern includes transfer sheet of designs, together with material requirements, stitch details, color suggestions, and instructions for embroidering.

To order this pattern, send 15 cents in coin or stamps to Needlework Bureau, Charlottetown, P.E.I.

To Charlottetown Guardian Needlework Department.  
Design No. 720  
Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_

## A Morning Smile

"Of course I know marriage is a grave duty."  
"Step? My dear lad, it's a flight of steps and every one of them graced!"

"That's Jim Blank," she said. "Well, he came to see me the other night and was sitting in the drawing room when the lights went out. He spent the rest of the evening fooling around with the fuses!"

pin paper patterns to the material very carefully.  
Dresses made of heavy material should be hung for at least a day before making up the lower neck. This gives the material time to reach its level.

**EQUIPMENT**  
Equipment for home-dressmaking is simple but important. Of course, a sewing-machine is the first essential and also have, if possible, an ironing and sleeve board, special scissors for cutting out, and a good supply of cottons and silks, pins and needles, etc., in your work-basket, and see this is kept well stocked.

It's a good plan to have special cutting-out scissors and to use them only for that purpose. Cut with the lower blade held firmly on the table and stick corks into very sharp points when not in use. Remember that cottons or silks for machine-stitching are best chosen a slight shade darker than the material.

Interlining collars and cuffs with buckram not only stiffens them, but gives a smarter finish. Neaten and strengthen seams by carefully over-sewing before pressing.

**WHEN COTTON KNOTS**  
Have you ever wondered why cotton knots and twists when in use? Well, here is the remedy. Thread your needle with the actual end of cotton, not the end you break off the reel, and it will not tangle. With silk thread it is just the opposite, you should thread your needle with the end that is broken off the reel.

**LITTLE DETAILS**  
When arranging the sleeves of a dress see that the sleeve comes well up on the shoulder, and to give that little extra touch of smartness, stiffen the sleeves with shoulder-pads. You can buy these all ready made or make them yourself.

Waxed thread for sewing on buttons strengthens their length of service; thread your needle and draw through a lump of shoe-maker's wax.

When you use transfer designs, remember that they transfer best to serve, flannel or fluffy material with a fully-heated iron. When transferring to silks, cotton linens and similar materials, the iron should only be moderately heated; press down hard and quickly.

Remember that the secret of really professional-looking frocks or coats is the fit. So try on your garment during the making stage, several times, until you are really sure that it fits well. Stand on a table before a long mirror to get the right length if you have to fit your dress yourself. Otherwise, get a friend to measure round the hem so that you do not have a drop at the sides or back.

Little finishing-touches such as crisp lingerie collars and cuffs, or contrasting colored fronts, stamp smartness so when you're next shop-gazing look at the remnant counter—often you can pick up oddments of colored materials.

Let's change at Budapest," was all Jebb answered. Silence seemed to be intolerable to Mr. Ludlam. "Where'd you vote on?"

"Constantinople."  
"A awful hole! Can't stand the Turks. Servians are bad enough. Been hunting there. Those woods are full of bear and wild boar. Had some great times with 'em. They're great sport and bully good to eat."

"You eat them?" Jebb exclaimed rather than asked, and wanted to add: "You bet. But sport is only a diversion with me. I'm interested in the prune market. They raise an A-1 prune here. Are you fond of prunes?"

"I prescribe them sometimes," said Jebb.  
"Oh, you're a doctor, eh?" Jebb was angry at letting slip even that information.

"Great food, great medicine," he said. "I've got a sample or two in my suit-case."  
And nothing would do but that Jebb should test his wares.

"Talk about your undeveloped American resources!" Ludlam rattled on like an encyclopedia that must disgorge its load. "The true field for Americans is over here. I'm making a specialty of this country. The silk industry, for instance; they make silk rugs by hand here. I'm importing machinery, building a factory. Been working mighty hard. Now I'm going home for a spell—combine business with pleasure. Going to stop off at Munich and see my sister Jennie. Going to surprise her. Haven't seen her for months and months. She'll be tickled to death to see me."

**CHAPTER XI**  
To escape the insistent autobiographer Jebb flung away with regret a half-finished cigar and said: "I think I'll go to dinner now."  
"Good idea," Ludlam, and invited himself along.

At the table he flaunted the odious hospitality of the "wine-opening."  
"Got to celebrate this doctor," he said. "Don't meet up with a fellow-countryman every day out here. What'll it be, doc?"

"Nothing, thanks."  
"Aw, go on—of course you will. What do you say to a small lot of champagne?"  
It began to look as if Jebb would have to break a plate over the man's

## Dorothy Dix Says

### COMMON SENSE IS GREATEST NEED IN EVERY HOUSEHOLD

HUSBANDS AND WIVES NEED TO TALK THINGS OVER RATHER THAN LET THEIR MINDS RUN WILD ON IMAGINARY WRONGS



The one thing that is needed more than anything else in marriage is common sense, and it is the rarest commodity you will find in the average household. Yet common sense is to a marriage what grease is to a piece of machinery. It is what keeps the complicated contraption going. This column comes every year thousands upon thousands of tear-soaked letters from husbands and wives telling of their bitter disappointment in the failure of their marriages. They were so much in love when they married. They had such high hopes of happiness, and now their dreams have turned into nightmares in which they fight and quarrel until they have wrecked their homes. They are either on their way to the divorce court or else they have settled down into a dull, sullen endurance of their misery. And the curious thing about these letters is that these unhappy husbands and wives seldom are a skirt-chaser. No. The thing or a flirt, and asides and dust for her is that her husband has ceased to be a great lover, and he does not want to go out of evenings to play cards with her. Or that she can't stand seeing him eat eggs any longer, or that he snaps up the window shades the minute he enters the house.

Nor does Mr. A. allege that the reason he is leaving Mrs. A. is because she has been unfaithful to him, or that she is ruining him with her extravagances, or even that she is a bad cook. It is because she nags, or because he can't say anything at home without starting an argument, or because she won't let him have even so much as a servant's night off a week without a row.

**Fall to Use Brains**  
It is one of life's little ironies and greatest tragedies that more marriages are wrecked by the lack of common sense than are by sin. Every husband and wife know what brings intelligence to bear in solving their other problems refuse to use even one lobe of their brains in dealing with those to whom they are married, is one of the things no fellow can find out. But they don't. Hence these divorces, these broken hearts, these lonely men and women with their bitter memories, these half-orphaned children, this mess.

It is not too much to say that even a teaspoonful of common sense would save virtually every marriage from going on the scrap pile, for it would keep romantic young couples from expecting too much of themselves.

I would be a sort of shock absorber that would take a lot of the jolt out of their discovering that marriage isn't a perpetual party and that they have not married cinema heroes or dream girls, but very human men and women with the usual assortment of human faults and eaknesses.

**Stop the Twaddle**  
That would stop all this twaddle about the disillusion of marriage. It would keep silly brags and thinking they were being neglected because their husbands devoted more time to making a living than they did to love-making. It would keep romantic idols from thinking they had fallen out of love with each other because they had ceased

to thrill at each other's footsteps. They would know that you can no more keep up the tactics of courtship in marriage than you could live on a diet of chocolate creams. They would know that marriage is the beginning of the real business of life for every man and woman who enter it, and that it goes into a glorious success or utter failure according to the brain and brawn and heart they put in it.

A little common sense would stop the ceaseless quarrels that make so many homes a hell on earth for all who are doomed to live in them. Every husband and wife know what topics they disagree upon. Each knows the fighting word for the other. Each knows that in the heat of argument they say unforivable things, deal wounds that never heal.

**Avoid Dangerous Subjects**  
Wouldn't a little common sense suggest that such being the case, they would avoid the subjects that they know are good for a row as a nickel is for a ginger cake; that they would give the soft answer that turns away wrath, and discuss the weather instead of each other's religion and politics and families?

Believe me, there is not a single problem in the whole of marriage that common sense would not solve. What a pity so few people deign to use it!

**HOW TO PREVENT MANY COLDS**  
From Developing  
Quick—Put a Few Drops of Vicks Vapo-Rol in your nose at the first sniff, sneeze, or sign of catching cold and let its stimulating action do Nature's defense against the cold.

He breakfasted his way out of Bulgaria into Serbia, and prepared to stretch his legs at the next stop. It proved to be—Nag.

The word came with a shock, sending him back to his first wakening in Turkey and the first sound of this barbaric word on an ear. And found "Uskub" equally harsh. And now somehow through the mellow enchantment of memory, the word Uskub always fell with music on his senses.

Little afternoon brought Belgrade on the scene. Here a new passenger got aboard and bulged into the smoking compartment with the cross aggressiveness of the worst type of traveler. He behaved like a crow.

"Whew!" he began, "but these foreigners are a pack of damned scoundrels and fools. It's tin, tin, tin all day long, everywhere you turn there's a pain up. You're an American, too, eh?" Jebb nodded. "My name's Ludlam," Charles Ludlam.

"How are you?" said Jebb.  
"Goin' far?"  
"I change at Budapest," was all Jebb answered. Silence seemed to be intolerable to Mr. Ludlam. "Where'd you vote on?"

"Constantinople."  
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## The Gift Wife

By RUPERT HUGHES

"I suppose there's the same hand out for graft here as everywhere else."  
"Well, I haven't had any special trouble in that line," said Jebb, growing weary of fencing.  
"You really think you'll pill it off?"  
"I hope so."  
"I don't suppose I'd dare ask whether you represent the General Electric or the Independents."

"That would be telling."  
"I judged from your talk on the steamer that you were acting pretty much on your own."  
"Yes," was all Jebb dared to say, his mind taking a new whirl at the word "steamer."

"I judged from your talk, Mr. Pierpont, that you had enough capital in your jeans to dazzle the city fathers here."  
Jebb's heart sickened. So this was more of Pierpont's brag.

"I suppose when you go back you'll go by land. Those Austrians and the 'Franz Josef' is the worst of them all. I've not used to it, but you seemed terribly unhappy."  
Jebb laughed, as much as to confess, and the man went on at Trieste I said to my wife, 'I'll bet that fellow has a bad voyage. You'll find it greenery-yellow and of your feed.'

"I wasn't in the best of health."  
"You're all right now, though, I judge. That's the effect of a few weeks in Constantinople. She's a great old town in spring, eh?"  
"She certainly is. By the way did you notice how the little girl was?"  
"That little girl?"  
"The one I had with me at Trieste."

"You didn't have anybody with you, I noticed specially, because they were just pulling the gang-plank in when you jumped for it."  
"Jebb's heart lurched, but he kept a rigid face.  
"Oh, of course, the little girl wasn't with me at that time. Have some more coffee."

"No, thanks. I must get back to the hotel. I'll be right glad when you get your electric plant installed. The lightning of this town is something fierce. You'll make a fortune if you'll rig up a crescent-shaped bulb. That's the favorite design for their illuminations. Well, so long, see you again, Mr. Pierpont."

"So long, my man."  
He must learn at once just where Trieste was, and what was the quickest way of getting there.  
"Hoping that some word from Mil-runa waited him in Vienna, Jebb telegraphed the Union Bank to forward his mail to the American consulate in Trieste."

Leaving Constantinople the train reached Belgrade in a matter of hours. He had taken from Saunica. It was strangely comforting just to be in motion. Whatever waited Jebb at his destination, at least he had a destination, and the swift flight of the express was exhilarating.

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(Continued on page 3, Col 1)

## Your Individual HOROSCOPE

By Frances Drake

For Friday, December 6th.  
The excellent vibrations of yesterday and last night continue until past seven am. After that hour excite your face and good management to avoid mistakes and misunderstandings. Day improves after Noon.

**JUNE 21 to MAY 20 (Taurus)**—Unfriendly enough tendencies to keep you on the alert. Be warned against carelessness and inertia. If you foresee any will apply yourself assiduously you can make a good day's record.

**MAY 21 to JUNE 21 (Gemini)**—Plan to finish up complicated matters; check the week's activities, errors and oversights. Make arrangements to correct these latter two early next week. Attend calmly to important issues. Deliberate thoroughly on new propositions. Enjoy the weekend.

**JUNE 22 to JULY 23 (Cancer)**—Friendly rays for research, study, philanthropic and medical interests, conferences and hearings. Government issues should have hearty cooperation. Keep in touch with progress.

**JULY 24 to AUGUST 22 (Leo)**—Plan to finish up projects and issues, conventional interests and sturdy investments and activities are the foremost in favor today. Be cautious in expenditures and commitments.

**AUGUST 23 to SEPTEMBER 23 (Virgo)**—Forget the mistakes of yesterday. Work for improvement today. There should be little difficulty getting ahead in all useful activities and duties. Taboo foolhardy schemes.

**SEPTEMBER 24 to OCTOBER 23 (Libra)**—Favorable for general business, substantial and familiar work and necessary routine. Care needed in ventures and in tries for personal achievement in unusual matters. Go steadily forward.

**OCTOBER 24 to NOVEMBER 22 (Scorpio)**—If you fully exercise your innate ability to function efficiently in emergencies and at difficult tasks, you'll welcome today's obstacles and challenges—and you'll best them!

**NOVEMBER 23 to DECEMBER 22 (Sagittarius)**—A carefully planned start this morning will facilitate the completion of your work and make the day pass more quickly and pleasantly. Skill and accuracy important. Unusual news indicated.

**DECEMBER 23 to JANUARY 21 (Capricorn)**—You are more favored in the financial line than most of us today. Gains likely through your own diligent efforts and willingness to stick until you finish the job. More power to you! Too often we aren't game enough to fight on.

**JANUARY 22 to FEBRUARY 20 (Aquarius)**—Thoroughness, patience and amiability (three of your valuable assets) will out you in the

way of substantial benefits today. Complete all duties you can do that you may be able to indulge in pleasant relaxation over the weekend.

**FEBRUARY 21 to MARCH 20 (Pisces)**—More favorable for familiar matters, routine work and well-established activities than for launching new projects that can conveniently wait until next week. Clear your desk or bench of unfinished items and plan future action.

**A CHILD BORN ON THIS DAY** will possess excellent judgment, quick and decisive in thought and action. A tendency to abruptness and temper should be reasoned with and overcome before it gets a lasting hold on this fine, capable individual. Splendid foresight, business acumen and dependability are its heritage. Should not be permitted to overstrain mentally or physically.

**GOLDEN GINGER FUDGING**  
(Serve with Syrup or Sauce)  
1 cup breadcrumbs  
3 ozs. shredded suet  
1-4 cup level teaspoonful baking soda (or a quarter of a pound of self-raising flour when no baking powder is to be used)  
1-4 cup brown sugar  
1 tablespoon syrup  
2 level teaspoons ground ginger  
Mix milk and water to mix. Stir in some milk and water using half milk and half water, and mix all together. The amount of milk and water required depends largely on the stiffness of the bread, but about 1-4 pint should be sufficient.

Beat it all together, then turn into greased pudding basin and cover securely with a greased paper and floured pudding cloth. Stand it in a saucepan of boiling water, the water to reach only about half way up the side of the basin, and cook for about 2 hours, keeping the water boiling all the time.

When cooked, take out and uncover, lightly; steam 1-2 hours. Turn pudding out of mould, garnish with candied cherries and citron. Serve hot with hard sauce. Serves eight.

**CARROT PUDDING**  
1 cup grated raw carrot  
1 cup sifted bread flour, or 1-4 cups cake or pastry flour  
1 cup brown sugar  
2 cups seed raisins  
1-2 cup currants  
1-2 cup butter or other shortening  
1-2 teaspoon each of cloves, nutmeg and cinnamon  
1 teaspoon soda  
Grate the carrot and potato. Measure and set aside. Cream the butter thoroughly; add the sugar and blend well. Add the grated carrot and grate the potato and mix well. Sprinkle the raisins and currants with flour and add to first mixture. Then add the flour and spices, sifted together. Last add the amount of fruit, which has been dissolved in the remaining 1-2 cup of potato. Mix lightly through the potato. Mix lightly through the down pour into buttered bowl, tie down and steam for three hours.

If desired, one cup of suet may be used instead of the butter. If a richer pudding, increase the amount of fruit, add two well-beaten eggs to the butter and sugar mixture and increase the amount of flour to 1-2 cupsful.

**BLACKHEADS**  
Blackheads simply dissolve and disappear by this one simple, safe and sure method. Get two ounces of peroxide powder from any drug store, sprinkle on a hot wet cloth, and apply gently—every blackhead will be gone.

Give her the perfect gift  
THE PRESENT WITH A FUTURE

**BRIDAL WREATH**  
THERE ARE NO FINER Diamonds

**C. W. PATTERSON**  
CHARLOTTETOWN, P.E.I.  
130 GREAT GEORGE ST. PHONE 394-J

**GODKIN BROS.**  
JEWELLERS, SUMMERSIDE  
Agents in Summerside for  
Bridal Wreath Diamond and Wedding Rings

**CHESTER A. CAMPBELL**  
WATCHMAKER and JEWELER  
NEXT DOOR TO FENNEL and CHANDLER  
157 QUEEN ST. CHARLOTTETOWN, P.E.I.

**J. R. WILLIAMS**  
JEWELLER CHARLOTTETOWN, P.E.I.  
"The Friendly Jeweller"

**G. H. TAYLOR, CHARLOTTETOWN**  
Select Your Bridal Wreath Ring in Our Diamond Room  
"Jewellers For Four Generations"

## Needlecraft—For The Home

Your underthings are just as important as your new dress. Sew well and your dress will look better and feel more comfortable. Here is a new slip that hugs the waist, and is just right under the new frocks. Perhaps you are wondering what to give for Christmas and would like to begin making some of your gifts now.

Well, this slip and pantie set is bound to be a welcome one. Sew with dainty stitches and trim with a tiny lace edging for lovely results. Be sure to make this set for yourself, too, to complement your new frocks.

Style No. 2543 is designed for sizes 12, 14, 16, 18, 20, 22, 24, 26, 28, 30, 32, 34, 36, 38, 40 and 42. Size 36 requires 3 1-4 yards of 39-inch fabric with 1 1-2 yards of lace for slip; 1-2 yards fabric and 2 yards lace for pantie set. Pattern transferred for pattern. Write plainly your Name, Address and style number. Be sure to state the size. Style No. 2543 Size \_\_\_\_\_

Name \_\_\_\_\_  
Street Address \_\_\_\_\_  
City \_\_\_\_\_ Province \_\_\_\_\_

