

# Woman's Realm/Social and Personal/Fashions/Literature

## ELLEN'S DIARY

By An Island Farmer's Wife

Night's curtains are drawn now over a day that was sunlit and pleasant. Long blue shadows and dusky traceries like so much delicate lace, lay along the white of the snow. We recall now, that the crispness that had been about was disappearing, leaving a mildness in its place, which we might not have noted if the jays in the old orchard had not been chattering about it, when we were at our wood-getting, in the delight of afternoon. Hearing, we fancied the forecast a present ending to the coverlet, that lies white and only thinly now along the fields.

Beyond our window, the night is dim and we indeed found a suggestion of an impending thaw in the soft wind of dusk. James looks up as the fire crackles suddenly in the silence sending a bright cascade of sparks like the winsome and miniature display of fireworks, dropping to the hearth. "I'm thinking, Ellen," he says over his glasses, "we shan't be doing much more at the wood this week. I believe we're going to get rain!"

He settles down more comfortably into the depths of his old armchair and returns to his reading. And a companionable silence, such as those who have travelled a lengthy highway together year after year know — one which one understands and accepts and enjoys, fills the room. The old clock on the shelf ticks away in a peaceful sound, "as soothing as the familiar and muted melody of the lullaby of the escaping pond-water through the gates on the dam on a still Summer night. Then he offers: "It's the Chief of the MacLeans, that's to be the guest speaker this year at the Gaelic Mod, at St. Ann's. It's in a time when we'll likely be at the haying — of course you never can tell how the season will be, but wouldn't it be nice to go? Oh well," he sighs, "perhaps another year we may."

We feel this is the same putting-off that James is a party to, on those occasions when we come together to a city shopping-counter, and the feminine eye is inclined to linger too long over making a purchase. And James uneasy in

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## Modern Etiquette

By Roberta Lee

Q. Should a girl's mother write an invitation to a man whom her daughter wants to invite to their home?

A. No; the daughter's invitation is enough, and the easiest way for her to do this is to invite him to dinner at her home. However, if the man is inviting the girl to his home, then a note from his mother is quite proper.

Q. Is it proper to thank a waitress every time she serves one a dish?

A. No; but one should acknowledge any special service, such as bringing an extra spoon or fork.

Q. When a college man invites a girl to a college week-end who should pay for her hotel accommodations and meals while she is there?

A. The man should pay these expenses.

## The Stars Say --

By Genevieve Kemble

For Saturday, January 21

PARTICULARLY clever, brilliant and creative talents may be considered rampant in a noble effort to put over plans and objectives of radical and far-reaching consequence. And while tactics must be forthright, and sustained it is also imperative that the element of tact, diplomacy and clever appraisal of the subtle, intriguing and shrewd be put on a firm practical basis. Long-range benefits depend on policy.

## If It Is Your Birthday

Those whose birthday it is, may be faced by the need of meeting critical situations in which the denouements may be radical and of far-reaching significance. Fresh ideas, plans, programs come up for decisive and circumspect manipulation, perhaps quickly, intensively, although with no rash haste or jumping at conclusions. Tact, finesse, diplomacy and personality may be factors of long-range influence in eventual culminations. Unique situations may materialize. A child born on this day may have exceptionally original or unique talents, assuring it a novel and exceptional career perhaps in the public service.

## That Body Of Yours

By James W. Barton, M.D.

### PREVENTING INJURY TO PATIENTS TAKING ELECTRIC SHOCK TREATMENT

Just about the time that our mental institutions became so crowded that extensive new buildings were becoming necessary, shock treatment was discovered — insulin and metrazol, and finally electric shock treatment.

Unfortunately, in shock treatment, fracture of the bones occurs in some cases so that the physician, after giving the first shock, may decide to discontinue shock treatment rather than cripple the patient. However, the electric or electroshock treatment has been so successful in curing mental patients in a matter of weeks or months that physicians have been seeking a method of administering electroshock treatment with less chance of injury to the patient.

In "The British Medical Journal," London, Drs. P. D. W. Shepherd and D. C. Watt report the results obtained in 50 patients whose physical condition rendered them unsuitable for ordinary electric convulsion or shock treatment, but in whom electroshock treatment modified or controlled by curare was used. This drug, when injected into a vein, has the power to prevent action or almost paralyze muscles, so that when the electricity causes the shock or convulsion it is not in sufficient strength to cause the muscles to break a bone or bones yet in sufficient strength to shock the entire nervous system.

Still another method to prevent fractures during electroshock is reported in the Swiss Medical Journal, by Dr. P. Plattner, who states that in 500 patients, 200 men and 300 women, electroshock treatment was given without any drug to prevent fractures. Fractures occurred in 18.5 per cent of the men and 7 per cent of the women. These physicians used mesantoin to prevent fractures. Beginning with one tablet of 0.1 gm. of mesantoin twice daily, the dose is gradually increased upward within a week in women up to four to six tablets, and in men up to six to eight tablets daily are given throughout the period treatment, even on the days on which electroshock treatment is not given. No fractures occurred in 130 patients given this drug just before electroshock treatment.

## DOROTHY DIX SAYS -

### Wife's Complaint

#### Husband Spends Money On Everything But Home

DEAR MISS DIX: We live in a little town and belong to a number of orders in which we both hold offices. Both of us are popular. Now here is the trouble: My husband finds money for everything he wants, but none for giving us a decent home. We still live in the little shack in which we moved when we first came to this place. There is not a window or door in it that fits nor a modern convenience nor comfort, nor have I a whole piece of furniture. I cannot entertain as the other women do and I am ashamed to ask anybody to my house, but when I talk about giving up my offices and breaking away from the crowd my husband says I am crazy and am trying to ruin him. If we could not afford a better home, I would content myself with his, but we can. What can I do?

DOWNHEARTED

ANSWER: Nothing. Unless you have the courage to go out and rent the kind of house that you can afford and buy the kind of furniture you need and also can afford and then tell your husband you can come along and live comfortably with you and pay for it, or else you will take in boarders and pay for it yourself.

I knew a woman who had a husband like yours and she followed this plan, and, after throwing a few fits, the husband went along meekly as Mary's little lamb, and was as proud as punch of his new home and the standing it gave him in the community.

### HARD TO UNDERSTAND

I can never understand a man not wanting to own his own home and not taking an interest in making it as comfortable and beautiful and attractive as he can. To own your own home is the outward and visible sign of success. It is a badge of good citizenship and it brings some of the purest happiness that the human heart ever knows.

And to a woman her home means even more than it does to a man. Its four walls make her world. There her life works itself out. It is the scene of her activities. It encompasses her desires and aspirations.

It is strange but true that men do not realize how much a woman's home means to her, nor do they realize the value that a woman sets on her belongings, nor how her happiness is bound up in chairs and rugs and draperies. If they did, they would not be, as they so often are, so negligently about buying new furniture.

DEAR MISS DIX: I am a high-school graduate and have been graduated in a stenographic course, but by the looks of my typing you would think I had never seen a typewriter before. My mother pesters me because I haven't got a job and all my other friends have. What do you think I should do?

DUMB BELL

ANSWER: In my opinion, typewriters are the most temperamental animals there are, and, if you haven't an affinity for one, there is no use in monkeying with it. So pass up stenography as a career. It is not for you. Turn your attention to something for which you have an aptitude.

Perhaps you have no marked talent. Not very many persons are born geniuses, but there is some one thing for which all of us have a particular turn and the thing to do is to find out what that is. The best test is liking. What do you like to do? What do you enjoy doing? By this I don't mean what you would like to do, but what you actually do like to do.

Do you like to cook? If you do, go and take a course in do-

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## Strange Marriage

By F. H. MacArthur

Klondike Kate is now living in retirement with her third husband, W. L. van Buren, 12 miles south of Salem, Oregon, near the busy Pacific highway.

"True, it is a far cry from the call of the wild in the days when Kate Rockwell dazzled bearded prospectors and earned a lasting reputation as the 'Belle of the Yukon.'"

Kate's father was a Spokane, Washington, judge. The glamorous adventures got into the North Country disguised in boy's clothing. Once in the Yukon, she



"Klondike Kate" Today

joined a vaudeville troupe and soon became the undisputed queen of the place.

Men paid a dollar a dance, the girls getting twenty-five cents the dollar plus the price of the drinks. Kate always drank iced tea, wore high-necked shirtwaists and long skirts.

The Yukon proved to be a bonanza for the girl with the Irish smile and golden locks, and she became a success right from the start.

Now in the "big money," she financed Alexander Panatges' first venture in the theatre business, and for a time performed in his first vaudeville show. Kate's money put Panatges on his feet so that afterward he became a successful West Coast theatre owner and producer.

The star's first love affair was with handsome Floyd Warner, a cowboy whom she got to know by correspondence. For some reason or other, the couple couldn't make a go of marriage, and Kate divorced him after they'd been married a short time.

In those days Dawson was a little world of its own, a law unto itself, a town where tragedy and joy walked hand in hand. Money was tossed about openly, recklessly and abundantly. People were drunk with pleasure and riotous living. That's a picture of the gold city in the year 1898. Measured by any standard, it was the fastest city on the American continent.

Housing conditions were a serious problem and thousands of persons spent the winter of '93 under tents. Foods of all kinds were sky-high. Take, for instance, beef, which sold for one dollar per pound on the hoof.

The men who trekked to the Land of Promise encountered untold hardship; and for the one who found the rainbow's end and the pot of gold, a hundred left under tents. Foods of all kinds were sky-high. Take, for instance, beef, which sold for one dollar per pound on the hoof.

Klondike Kate was a witness to much of this misery. She lived in the Yukon long enough to get a first-hand picture of all that went on.

"I could tell you many tragic

# Just THE RIGHT INGREDIENTS!

**Enjoy**

**Eastern Bakeries' BUTTER-NUT BREAD**

**Tasty Economical FOOD ENERGY**

## Cook's Corner

### BAKED MINCEMEAT PUDDING

1 1/2 cups all-purpose flour  
2 teaspoons baking powder  
1/4 teaspoon salt  
1/2 cup granulated sugar  
1/4 cup milk  
1 cup mincemeat  
1/2 cup brown sugar  
1 cup boiling water  
1 tablespoon lemon juice  
2 teaspoons butter

Sift flour once, measure; sift again with baking powder, salt and granulated sugar. Add milk and mincemeat and combine well. Place in buttered baking dish. Combine brown sugar, boiling water, lemon juice and butter to form sauce and pour over unbaked pudding. Bake for 1 hour in moderate oven (350°).

## Morning Smile

### AFRAID

"My wife says that if I died she would remain a widow." "Evidently she thinks there's not another man like you." "No, she's afraid there is."

### QUIET

Wife: "Did you get any applause?" Actor: "Yes. It sounded like a caterpillar wearing rubber shoes, crawling over a Persian carpet."

he would flee from a woman as though she were some kind of plague.

"There was something about Jonny Mattson," Kate told me, "that made him stand out in any group of men. I liked him very much. Never for a moment did I realize at that time that he was

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Try Surf, today. It's in the attractive blue box at your grocer's. Use it in your washing machine. Use it for every single household washing job!

### How Can !!!!

By Anne Ashley

Q. How should silks be laundered?

A. Wash light colored silks with pure white soap, as ordinary washing soaps will cause them to turn yellow. Silk should not be wrung, but should be hung loosely to dry, allowing the water to drip. Always dry silks in the shade.

Q. How can I keep lacquered copper in good condition?

A. Rub it occasionally with a cloth wet in kerosene.

Q. How can I make a good sandwich filling, using salmon?

A. Mix flaked salmon and chopped cucumber pickles moistened with mayonnaise.

### Better English

By D. C. Williams

1. What is wrong with this sentence? "They say that over a hundred men were present."
2. What is the correct pronunciation of "cauld?"
3. Which one of these words is misspelled? Culinary, millinery, scenery, mercenary.
4. What does the word "in-cense" (verb) mean?
5. What is a word beginning with d that means "reduction"?

### ANSWERS

1. Say, "more than a hundred men." 2. Pronounce ka-fa, first a as in ask (not as in at), second a as in fate accent, second syllable.
3. Culinary. 4. To inflame with anger. "The people were incensed against him." 5. Diminution.

### Household Scrapbook

By Roberta Lee

#### Baking Biscuits

It is not generally a good idea to use a very deep pan when baking biscuits, as this tends to prevent them from browning evenly on the sides as well as on the tops. An inch-deep pan usually suffices, unless one intends to bake those very high southern biscuits.

#### The Piano

If one desires greater volume from the piano, then there should be no carpet under the instrument. In a small room a rug under the piano will soften its tone and prevent it from being too loud.

#### Furniture Polish

An excellent furniture polish that can also be used on floors and woodwork is made from one part of beeswax mixed with two parts of turpentine.

### Don't Just Say

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