

### Loosen Up That Cold With Musterole

Have Musterole handy when a cold starts. It has all of the advantages of grandmother's mustard plaster WITH-OUT the blister. You just apply it with the fingers. First you feel a warm tingle as the healing ointment penetrates the pores, then comes a soothing, cooling sensation and quick relief.

Made of pure oil of mustard and other simple ingredients, Musterole is recommended by many nurses and doctors. Try Musterole for bronchitis, sore throat, stiff neck, pleurisy, rheumatism, lumbago, croup, asthma, neuralgia, congestion, pains and aches of the back or joints, sore muscles, sprains, bruises, chilblains, frosted feet, colds of the chest. It may prevent pneumonia and "flu." 40c and 75c at all druggists.

The Musterole Co. of Canada, Ltd., Montreal.



### Your Daughter's Xmas

If you consult with daughter you will discover how happy she will be to give photographs this Xmas to friends and playmates.

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It is None too Soon to Send Greeting Cards Abroad

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### A Wise Old Trapper

In the State of Ohio there lived a bunch of boys who had this trapping business down to a science.

They each sent for separate price lists every year and then sent all their furs to the house giving prices and best quotations. After five years they decided they weren't so dreadfully wise because they didn't have enough profits to make their efforts worth while.

One day they met Tom McMillan driving a new car to town. Tom said he made the price of his swell outfit shipping pelts. He told how he got wise to those funny prices and found it was better to deal with Chas. Porter, because he always knew in advance just what he was sure of getting. He said that Porter never offered \$5 for a \$3 pelt, but he always paid the \$3 which he promised and sometimes just a little better. Chas. Porter now has five wise trappers in that section instead of one.

**Don't Take a Chance with your FURS**

Send us your Furs and we will name and advise you the real value of your furs. Get our Why sell them to Price Bulletin some fellow who ins. Shipping offers you \$1.25 Tags and full when you know particulars. Do blame well you are right now, lucky to get fifty This means cents. Ask the wise real dollars to trapper, who you so don't know. Once a put it off. Chas. Porter ship- Write today, per and you will always be one. You

**CHARLES S. PORTER, Inc.** know in advance we give a square deal. Our ship- ment brings sure money.

126 West 27th Street New York

## THE CHARLOTTETOWN GUARDIAN

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TUESDAY DEC. 4, 1923

### HARKIN'S TONIGHT

The people of the province have the opportunity of welcoming an old favorite, Mr. W. S. Harkins, who, with his famous theatrical Company comes to the Prince Edward Theatre for a five nights' engagement, opening tonight. The Harkins Company enjoys an enviable reputation throughout the lower provinces, the New England States and the West Indies and has produced more talent which has attained leading rôles in metropolitan theatres than any other touring company. We hope there will be a bumper house for the opening and the welcome will be all the warmer as it is five years since Mr. Harkins has visited our city.

### THE BYE-ELECTIONS.

All Canada will watch with interest the contests tomorrow in Nova Scotia and New Brunswick. The two seats were formerly held very strongly by Liberals, McLean's majority in Halifax City and County at the last general election having been 4,876 and that of Mr. Legere in Kent, N.B., 1523.

The contest in both ridings is between the Liberal machine and the rising tide of Conservatism. That the King government has been going down in popular favor since its first session, is well known and is even admitted by once strong Liberals. It is also openly charged both by Liberals and Conservatives that the Maritime Provinces have never been more inefficiently or more uselessly represented than they have been the past two years by the "solid blocks" of Nova Scotia and Prince Edward Island and the fifty per cent "solid" of New Brunswick.

Their inefficiency and absolute uselessness has been continuously demonstrated in the fact that in practically every instance redress for our various disabilities has been sought through other channels than through our representatives. In the matter of railway grievances, of which there are many, the exodus from our provinces, immigration, the voices of our representatives have seldom if ever been heard and there is a steadily growing opinion that the letters N. G. would more appropriately express their place in history than the M. P. which now distinguishes them.

Yet the fault does not lie wholly upon the heads of our representatives. The main trouble is at Ottawa and even that may be due largely to conditions which cannot at present be overcome. On account of the division of parties in the House the King Government is unable to move. In order to exist the government has been obliged to trim, to ignore its promises, to "back and fill" and to do a thing, because of this the two sessions have produced nothing but uncertainty and with it an exodus and an industrial depression such as have never before been known in the history of the country. These things are known and admitted it is known also that the Prime Minister, Mr. King, is either wanting in leadership or that his hands are tied. This was pitifully demonstrated during his attendance at the Imperial Conference where he never in a single instance expressed a definite opinion upon any question of interest or value to Canada or, for that matter, to the Empire, or any of its dominions. Such questions, when they arose,

would, he said, be submitted to parliament! He is not a leader; he is being led and our solid and semi-solid representatives are tied to him by bands of partisanship which they have not the courage to break even for the sake of their constituencies.

Interest in the contest, therefore, will be centered largely around the Liberal machine and the rising tide rather than in the personal success or failure of the respective candidates. That the machine is working under a full head of steam trying to save the government's face is well known. Premier King and his ablest lieutenants, Messrs. W. S. Fielding, E. M. MacDonald and others have been "at the pumps" trying to keep down the rising tide, but the tide is steadily rising. Whether it can choke the machine is the question in which all Canada is interested.

### NEEDED TRAINING.

Government officials and others who in the course of their duties in travelling through this province find marked differences between localities in the management and conduct of public meetings. In many districts the meeting is called to order promptly by a chairman generally appointed at random from the audience. The business of the meeting is carried out in a businesslike way and quite a number take part in the proceedings. The business is carried on according to parliamentary rules and, at ways at such meetings definite and satisfactory conclusions are reached.

In other localities no one seems to know just what should be done; the chairman appointed has little, if any, knowledge of the way a meeting of the kind should be carried out, and the general result is unsatisfactory.

To the credit of the province the latter are the exception, and we are informed by men in a position to know that the great majority of meetings held in the rural sections of this province show exceptional skill and intelligence both in the matter of conducting the meeting and in the discussion of such questions as may come up.

In a province like ours with schools in every community, newspapers in every home, and our people generally well-informed on public as well as domestic affairs, there should be no exception to the class mentioned above. Where there are exceptions the neglect should be remedied. Every school district should have at least one club of some kind where the young people could discuss important questions, where regular parliamentary rules of debate and discussion could be learned and practised. Nothing would be more beneficial to our young people than a well conducted debating society. It would lead to study and to the practice of public speaking, both necessary at any stage in our history, but particularly at present when a new world history is being made, a history in which our Canadian and provincial interests are interwoven.

Now that the long winter evenings are upon us once again we trust that no hall or school house in the country shall be without its debating club or other literary society in which our young people shall have an opportunity not only to develop their budding oratory, but to make an intelligent study of questions of general interest.

### Notes By the Way

Within a very few days the general election in Great Britain, and the federal bye-elections in Halifax and Kent, N.B., will be decided by the votes of the electors. In England, Scotland and Wales the issue is of tremendous importance to Britain and the British Dominions and it also is of deep interest to foreign countries. In Canada the two bye-elections will not be decisive as to the fate of any political parties, but may show the drift of political opinion in the localities where the contests take place. Our local Liberal contemporary attempts to excuse the King government for having done little or nothing yet for the Dominion with the poor plea that they have been only two years in power and while admitting that much discontent prevails in Nova Scotia, goes on to say, "Yet, in spite of all, the Liberals expect a splendid victory." As for The Guardian our expectation is a moral victory in the shape of a much reduced Liberal majority, or something better than that.

The King Government has indeed done little for Canada in their two years of power. But they tried to do some things that they were not permitted to do. They voted \$4 millions of dollars, to cover three years, in completing the Hudson Bay Railway—this to please their friends, the Progressives. The Conservative majority in the Senate killed the bill and saved the money to the country. To build more railways while those we have come many millions short of paying their operating expenses and pay nothing toward the interest on their cost, would be a crime. The thanks of the Dominion are due to the Senate for preventing that crime being committed. The attempt was made by the King Government but it was defeated. The noble army of contractors, who have been liberal contributors to Liberal election funds in the past, were no doubt sadly disappointed as was the King government.

The incident just referred to above reminds us of the many millions the Dominion has expended that yield no revenue. Railways and highways are alike in this class. Such ways and means of transportation are necessary in all countries, but in Canada they yield no revenue to the Dominion or to the Province. All have seen how great the danger is of building such roads beyond the needs of the country, or where or when the country cannot afford to build them. In these matters one supply always makes another want. There is perpetual clamor from one section or another for another railway or another improved road, not so much because it is greatly needed as because some other section has been given one. Why have the provinces spent 125 millions of dollars on improved highways within three years past? Mainly because of sectional demands, because governments like to spend money in the hope of gaining popular favor and because contractors want contracts and extras.

Resisting these demands has already become a public duty in these days when taxation has reached an unprecedented height and become a crushing burden. Yielding to all demands would soon push Dominion and Provinces alike over the precipice of bankruptcy. We believe that the common judgment of thinking people is that more and more in recent years our federal and provincial governments have resisted too little and yielded too much. This is not to say that no needed public work should be undertaken simply because it would yield no direct revenue to the public treasury. Some public works produce large indirect advantages and benefits but yield no revenue. These may properly be considered, but always with due consideration of their pressing necessity and whether the country can afford to pay for them. Borrowing money to pay for things not urgently needed is committing financial suicide.

The coming in of December serves to recall the fact that in olden times the year began with March, and that then November and December were the ninth and tenth months respectively, as their names indicate. Their present place in the calendar was formerly held by January and February, which were then placed at the end instead of the beginning of the year. There has been much discussion from time to time about a proposed change in the calendar which would give thirteen months in the year, each month having twenty-eight days. This would give a year of 364 days to which would be added another day as in our leap year as required. One advantage of the arrangement would be that every month and year would always begin with the same day of the week. If the year began on Monday, then also every month would begin on Monday and end with Sunday; Christmas and New



By James W. Barton, M.D., WHAT ABOUT FASTING?

A newspaper item stated recently that the old theory that starvation is good for physical ills has been confirmed by the University of Chicago.

One of the students who acted as a subject stated that she had done without food for fifteen days, taking nothing but distilled water.

She stated further that she had a feeling of renewed vigor that lasted for months—also that anybody can do it.

This last statement "anybody can do it" is where the harm will be done. This student was under the watchful eye of the investigators and was therefore in safe hands.

But the average individual has no right to subject himself to such an experiment.

If you are too heavy, are middle aged, and in good health, a course in "starvation" might be safe and actually of benefit.

If you are still in your teens, or are up near the three score, then you have no right to subject your body to the starvation course.

But why subject yourself to any starvation when a safer, saner method will accomplish your purpose? Said purpose being to give your system a new lease of life by getting rid of accumulated wastes, or as in most cases to reduce weight.

And my suggestion? Well, there are tables which show you the ideal weight for your height.

I can't just agree with them because they make no allowance for the two types of individual—greyhound and bull dog types.

However they are good enough for your purpose.

If you are say fifteen pounds over weight it is not a very serious matter, and so you go about the reduction systematically.

Just figure out the amount of food you take in a day—at breakfast, lunch and dinner.

Now measure this either on scales or just in your mind. Cut this total down by one fifth, particularly the fats and liquids.

Doing the ordinary amount of work to which you are accustomed your weight will go down from three to five pounds a month, until you get it down to normal. If you are usually heavy you might reduce your regular food by one third.

Now this is a slow process, but it is a safe and satisfactory method. Of course, if you are willing to do more work or exercise than is your custom, your results will be more rapid and will be more lasting.

But no one is justified in abstaining from food for more than four or five days at a time, unless they are under supervision.

### Daily Selections FOR Guardian Readers

#### THE RIGHT MAN

There's a man in the world who is never turned down, Wherever he chances to stray; He gets the glad hand in the popular town,

Or out where the farmers make hay He's greeted with pleasure on deserts of sand,

And deep in the aisles of the woods, Wherever he goes there's the welcoming hand,

He's The Man Who Delivers the Goods.

One fellow is lazy and watches the clock, And waits for the whistle to blow, One has a hammer with which he will knock,

And one tells the story of woe; And one if requested to travel a mile;

Will measure the perches and roods; But one does his stunt with a whistle or smile,

He's The Man Who Delivers the Goods.

One man is afraid he'll labor too hard;

The world isn't yearning for such; And one man is ever alert, on his guard,

Least he put in a minute too much. And one has a grouch or a temper that's bad,

And one is a creature of moods; So it's best for the joyous and rollicking lad,

For The One Who Delivers the Goods.

Year's days would fall on Thursday always, and so on.

We are now approaching the shortest day of the year, which comes on 21st December. An old maxim has it that "as the days begin to lengthen the cold begins to strengthen." This is usually true, and may be confidently expected this year, as we have had an exceedingly mild spell of weather for months past. Our province so far has had but little frost, even at night, and no snow storms, although in other parts of America hundreds of miles further south so much snow has already fallen as to seriously obstruct railway traffic. This is no unusual occurrence. It happens from year to year. Our fine autumns amply repay us for a sometimes late spring season.

# The cry for whole wheat

A wider food intelligence means an increasing demand for whole wheat products. Modern milling processes do not produce whole wheat flour. It can rarely be found in this country. Shredded Wheat Biscuit is 100 per cent whole wheat, and so thoroughly cooked that every particle of each crisp, tasty shred of flavory baked wheat is digested and converted into muscle, bone and brain. Contains all the food you need, and all the bran you need, to prevent constipation and its kindred ailments. Two Biscuits with hot milk and a little cream make a warm, nourishing meal.



### TRISCUIT

is the Shredded Wheat cracker—a real whole wheat toast—eaten with butter, soft cheese or marmalades.

The Canadian Shredded Wheat Company, Ltd., Niagara Falls, Ontario

# Shredded Wheat

### Irish Loan Readily Taken

DUBLIN, Dec. 3.—It is estimated that seven million pounds of the Irish Free State Loan of ten million pounds was subscribed during the week which elapsed since opening the subscription. This calculation is based mainly on results in Dublin and it is believed that when all reports are in the loan will have been oversubscribed.

### Chamberlain is An Advocate of Boosting Canada

LONDON, Dec. 3.—Rt. Hon. Neville Chamberlain, Chancellor of the Exchequer, speaking in London today, referred to the imperial aspect of Premier Baldwin's protection policy. "I quite agree," he said, "that you cannot get full effect in imperial developments unless you secure to the Dominions a market for their goods in the British Isles. Personally I believe that some day it will be worth while pursuing our investigations far into that aspect of the policy in order to see whether it would not be possible to obtain from the Dominion a sufficient guide pro quo to justify us in giving them security for their agricultural produce. Lloyd George did his best to suppress and destroy that policy 20 years ago, and when he now says it was the only statesmanlike part of the policy which he could support he lost sight of the fact that in the last twenty years the situation had changed both at home and in the Dominions. Twenty years ago the Dominions were, par excellence, agricultural in character. The situation is different today.

### Canadian Water Power

Take Canada. Year after year Canada is harnessing her great resources in water power and turning part of her territory into great industrial areas. There are indications that Australia and even India are moving in the same direction.

The result is that whereas 20 years ago you could only help the Dominions by giving them a preference on wheat and meat, today there is another aspect of the question. There is a call for imperial preferences on the general tariff on manufactured goods which did not exist 20 years ago."

Continuing, Mr. Chamberlain said: "Mr. Meighen leader of the Conservative Party in Canada, addressing the Associated Boards of Trade in Ontario recently, said that all the business men in Canada should comprehend the significance of Premier Baldwin's new fiscal policy and realize that the im-

### A TIMELY REMINDER

This is planning time for the farmer. The revenue from the harvest must be apportioned to meet payments due, and to finance the needs of another year.

Do not neglect to make provision for sufficient life insurance. The outlay required for a Policy is small, but the investment will give your family the protection they need, and pay you well if you live out the term of the contract. Let us mail you rates and particulars; or may one of our agents call on you?

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ter-imperial preference would be of the past. I don't believe that it overshadowing importance in the takes a long time to build up new development of Canadian export industries in a country and the re-trade. Mr. Meighen added that "suit of starting new industries in even if Canada got a preference in the Dominions will be to increase nothing more than manufactured their wealth and population and goods the benefit would be almost also increase their demand for incalculable. It may be said that if goods which they are still unable the Dominions are going to de- to manufacture for themselves. I velp their industries that their am certain that in the future, as market in the future will be less in the past, the Dominions will be valuable to use than it has been in our best customers.

### A New Shipment Just Received

This "Prim Lady" Art Leather Shopping Bag has them all beat to a frazzle.

Big and Roomy  
Size 14x15 Inches  
**ORDER ONE TODAY**

### Something New, Something Different

The "Prim Lady" Art Leather Shopping Bag illustrated above, carefully made, strong and durable, of high grade waterproof Al Leather, handsomely lined with flowered cretonne. The handles are exceptionally strong and will support any reasonable strain. The open-mouthed top is kept securely closed by a broad strap and clasp. The entire bag reflects good taste and is ideal for shopping or as an overnight bag. It must be seen to be fully appreciated.

### OUR OFFER

We cannot ourselves fortunate indeed in being able to secure a limited number of these Shopping Bags for our subscribers. While they last you can secure one for sending us one subscription (either new or renewal) for one year and 60 cents.

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