



Bread, Cakes, Pies, Buns— anything made from flour — is best made from

PURITY FLOUR

More Bread and Better Bread

LET us develop your films and make your prints. We have a complete and very modern department for handling this work.

Send us your exposures we will get the best there is in them, The G. H. Cook Studio

Telephone us for an appointment. We will be glad to make portraits of the children, yourself the entire family or any gathering of friends.

The Bayer Studio

A. E. Lyon Photo Studio. Specialty in Groups, College, Society and Family. Work unexcelled. Moderate Prices.

Amateur's work given personal attention. 107 Queen St. Ch'Town Phone 683

PLANT LINE

CHARLOTTETOWN TO BOSTON.

Commencing FRIDAY at noon AUGUST 6th, the S. S. HALIFAX will leave CHARLOTTETOWN for BOSTON via Hawkesbury and Halifax, and every Friday at noon thereafter.

FROM BOSTON EVERY TUESDAY AT NOON. For further information apply to JAS. CARRAGHER, Agent, Charlottetown.

Time Table, Rocky Point Ferry, S. S. Hillsboro.

Table with 2 columns: Leave Ch'town, Leave Rocky Point. Rows include 7:00 a.m., 8:00 a.m., 9:30 a.m., 11:30 a.m., 1:30 p.m., 2:30 p.m., 3:30 p.m., 4:00 p.m., 5:00 p.m., 6:30 p.m., 8:00 p.m., 10:00 a.m., 1:30 p.m., 2:30 p.m., 3:30 p.m., 5:00 p.m.

Furness

Sailings

Table with 2 columns: From LONDON, From HALIFAX. Rows include July 11th, July 21st, August 7th, August 20th.

Furness, Withy & Co., Ltd.

Halifax, N. S.

Hard Coal

To Arrive

We have the following schooners, now on way and due from New York and Philadelphia with cargoes of Best American Anthracite coal in Egg stove and Chestnut sizes, namely

"ISAIAH K. STETSON," with 500 tons "R. POWERS" with 670 tons

"F. A. ALLAN"with .650 tons This Coal is all of best quality, and will be sold at very lowest price while discharging. Parties requiring Anthracite Coal cannot do better than by booking their orders at once, and delivery will be made from vessels while discharging.

Buntain Bell & Co. Agents Dominion Coal Co., Ltd. PHONE 404

July Shoe Snaps

White Pumps worth \$2.50 \$1.48

Ladies Pumps worth to \$3.75 \$2.29

Ladies Oxfords worth to \$4.00 \$2.29

Ladies Oxfords worth to \$2.50 \$1.48

Childrens White Shoes and Pumps 48c

Alley & Co

135 Queen St.

Notice to Patrons

G. F. Hutcheson, optician, will be absent from his office from July 31st to August 9th inclusive. The store however, will be open as usual for the transaction of all business excepting eye examinations. Patrons desiring appointments kindly note dates.

CANADIAN PACIFIC

Direct Short Route BETWEEN MARITIME PROVINCES AND Montreal and West "ALL RAIL LINE" TO BOSTON

See The Canadian Rockies EN ROUTE TO SAN FRANCISCO EXPOSITION



From Montreal—Quebec MISSANABIE - JULY 31 METAGAMA, - AUG. 7 W.B. Howard, D. P. A., C. P. R., St. John, N.B. Geo. Waller, Dominion Express Building Charlottetown

Coal

We carry a complete stock of all HYGRADE Coals and always give prompt and careful attention to all orders large and small.

We have vessels now en route with HARD COAL—Egg, Stove Nut, Old Sydney Round, Sydney Run of Mine, Inverness Round and Peanut, Albion Round, Run of Mine and Nut Customers who want the best should order now so as to take delivery from the Vessels.

Use our Coal and save money.

Phone 111

C. Lyons & Co

The Eastern Guardian

..*IT PAYS to buy in this Province

..*T. GORDON IVES is Guardian Representative for Souris.

..*CARL McDONALD is Guardian Representative for Souris.

..*GIVE OLD ADDRESS — Subscribers are asked when having their papers changed from one address to another to please give old address as well as new one. This prevents any delays and saves unnecessary trouble in going over the books.

"See the lovely new stripe pique outing hat—get one today only \$1.25 each. Moore & McLeod. 2315 7-29M21.

UNITED STATES PLANING BIG FOR NATIONAL DEFENCE

WASHINGTON, July 27.—Pending President Wilson's return from Cornish, N. H., where he will formulate with Secretary Garrison and Secretary Daniels what the White House has announced would be a "simplified, reasonable and practical programme of national defense, army and navy officials are busy assembling the information upon which the new military policy will be founded.

No announcements have been made as to what the needs of the respective services that both have their work well advanced. It had been planned to lay the reports before the respective secretaries within a month or six weeks. In view of the White House statement, it was regarded as probable tonight that they would be rushed to completion and submitted within a few days.

It is definitely known that navy plans contemplate a big increase in submarines, the building of thirty, and perhaps fifty, being recommended; that several battle cruisers will be urged, and at least four dreadnoughts, and that a big increase in the auxiliary fleet and in navy aircraft will be sought. Several additional submarine bases also will be suggested.

Such a programme would carry with it, if necessary, an increase in navy personnel and probably the enlargement of the academy at Annapolis, where navy officers are trained. Army plans look to the building up of an army of 500,000 men, regulars and militia, within territorial limits of the United States. This has long been the figure at which officers placed the needs of the country for defense. This force is designed to be quickly available and to bear the brunt of the fighting while a great volunteer army is being trained.

To make the plan efficient, it is believed some scheme to federalize the militia will be advanced and also that methods of building up reserves for both regulars and militia will be proposed. The strength of this first line army must be maintained while the volunteers are being trained and that reserves would be trained men ready to fill gaps caused by losses, and keep the units at full strength.

Another feature to receive attention probably will be plans for training officers for the volunteer forces. Enlargement of West Point may be proposed.

MUCH ADLER-I-KA USED IN CHARLOTTETOWN

It is reported by E. A. Foster druggist that much Adler-I-Ka is sold in Charlottetown. People have found out that ONE SPOONFUL of this simple buckthorn bark and glycerine mixture relieves almost ANY CASE of constipation, sour or gassy stomach. It is so powerful that it is used successfully in appendicitis. ONE MINUTE after you take it the gasses rumble and pass out. It is perfectly safe to use and cannot gripe.



is "Untouched by hands" —there are six more in Sterling Gum The 7-point gum PEPPERMINT and CINNAMON MADE IN CANADA

Eastern S. S. Lines International Line

Steamships Calvin Austin, Gov. Dingley and Governor Cobb. COASTWISE: Leave St. John, Mon., Wed., and Friday at 9 a.m. for Lunenburg, Port, and Boston. Return, leave Central Wharf, Boston, Mon., Wed., and Fri., at 9 a.m. for Port, land, Fastport, Lunenburg, and St. John.

DIARY: Leave St. John, Tues., Fri., and Sat. at 7 p. m. Return, leave Central Wharf, Boston, Mon., Thurs., and Sun., at 10.00 a. m.

METROPOLITAN LINE STEAMSHIPS MASSACHUSETTS AND BUNKER HILL Leave North side of India Wharf, Boston, every day at 5 p. m., due New York at 8 a. m. Same service returning.

MAINE STEAMSHIP LINE STEAMSHIPS NORTHLAND AND NORTH STAR Leave Franklin Wharf, Portland, Tues., Thurs., and Sat. at 6.30 p. m. also Mon., at 10.30 a. m. for New York. Same service returning.

THE MARKETS

CH'TOWN MARKETS

Table with 2 columns: Item, Price. Rows include Print butter (per lb), Fowl (per lb), Chickens, Wheat, (per bushel), Barley, Oats (white), Oats (black), Hay, pressed per ton, Eggs (per doz), Tub butter (per lb), Potatoes (per bushel), Turnips, (per bushel), Hides, Beef (per lb.) retail, Pork (per lb) carcass, Oats (Black) bus.

S'SIDE MARKETS

Table with 2 columns: Item, Price. Rows include Straw (per ton), Turnips, bus., Wheat, bus., Wool, lb., Eggs, dozen, Hay, loose ton, Hay, pressed, Hides, lb., Lamb pelts, Oatmeal per 100, Oats, (white) bus., Barley bus., Buckwheat, Butter, lb. (dairy), Butter, lb. (creamery), Oatmeal (black) bus., Potatoes, bus.

GEORGETOWN, BRITISH GUIA-

BREADSTUFFS AND PROVIS-

ION.—Flour Market: Arrivals have been normal during the fortnight, prices remaining unchanged. Provisions continue in over supply and sales are still being made at below cost. Sales as follows: Flour Extras—\$9.25 to \$9.00 as to grade. Supers—Bags \$8.00. Cornmeal \$5.75. Bread Middles—Local, \$3.85. Imported—\$3.50. Flour—Pure \$15.00; Compound \$16.50. French Butter—Sales \$21.50 to \$22.00.—American not liked. Cotton Seed Oil—Yellow \$1.00; White \$1.08. Kerosine Oil—\$3.00 to \$3.95.—Cheese Dutch Gouda 25c; Canadian 26c. Coffee—14 1/2c to 15c per lb. Tobacco—Bond 12c.

FISHSTUFFS—Cod—none. Pollock—Sales at \$31.00 to \$32.00. Haddock \$27.00. Hake \$28.50. Pickled Herrings in Brils.—\$6.00. Mackerel—\$10.00 to \$8.00. Salmon \$14.00; Small \$12.00 to \$13.00. Brils—Sales at \$5.00 a during fortnight—now \$4.50. Onions shipment from Madeira just to hand lotting at 4c; Bermudas 3c per lb.; Garlic 18c.

LUMBER—Quotations are N. Scotia first quality \$35.00. Refuse \$28.00. New York \$45.00; \$50.00 for Planks—Rosemary Pine \$35.00, \$38.00 dressed. Pitch Pine \$46.00 retail off wharf, Crabwood \$30.00 to \$40.00 according to quality.

CHICAGO MARKETS

CHICAGO, July 27.—Wheat No red No. 1 1 1/4. No. 2 Hard new 1 1/4. No. 3 Yellow 79 at 80. Oats No. 3 white 52 at 53 1/2. Stand ard 53 1/2 at 54. Rye—No. 2, 1.02 at 7.03. Barley—7 1/2 at 78. Corn—No. 2, 4.50 at 6.50. Clover—8.50 at 13.25. Pork—13.25. Lard—7.65 at 7.72. Ribs—9.00 at 9.20.

TOWN OF ARRAS TWICE BOMBARDED

PARIS, July 27.—Official tonight — in Artois Sector of Souchez, Cannonade has become more intense. The town of Arras was twice bombarded. Fire which was started was quickly extinguished. One civilian was killed. From the Somme to the Aisne there has been continuous action on the part of Artillery on both sides.

"In Argonne violent Cannonade occurred along the whole front.

In Alsace our troops yesterday achieved the occupation of a very strongly organized position which the Germans occupied at an altitude of about 600 feet above our initial trenches. On the crest of Lingkopf, Schratzmannelle and Barrenkopf, that is to say, on a front of 2 kilometers (about a mile and a third) these heights dominate principal valley of Fecht as well as the great road from Notre Dame Des Thois Epiz. "We made prisoners several officers and more than a hundred men belonging to five different Regiments."

The Army of Constipation

Is Growing Smaller Every Day. CARTER'S LITTLE LIVER PILLS. They are responsible—they not only give relief—they permanently cure Constipation. SMALL PILL, SMALL DOSE, SMALL PRICE. Genuine must bear Signature.

MATINEE THURSDAY PRINCE EDWARD EVENING 7 and 8.45

The Kalem Company Presents Guy Toombs and Alice Joyce

"A Celebrated Case"

—IN FOUR PARTS— Spectacular Battle Scenes, Superb Settings, Historically Correct Reproduction of the Battle of Fontenoy. Don't miss this Picture

STARRING OF FLORA FINCH BILLIE RITCHIE IN The Stool Pigeons Revenge Just Comedy Vitagraph Comedy

SCIENTIFIC MISCELLANY

In other theatres of war. Gallipoli differs from the other theatres in this respect, that, whereas in those we are faced with interminable miles of obstacles one behind the other, which largely reduce warfare to a process of exhaustion, in the Dardanelles we get to our goal if we can advance about six miles. We say this not to underestimate the difficulty of the operations, but to afford some measure of the progress made. The six miles are through formidable natural obstacles, bristling with fortifications which are the last word of German engineering, but when we advance 1,000 yards, as Sir Ian Hamilton reported in his last despatch, we make substantial progress, and may take courage about the future of the enterprise. The duty of the public is to support the Government in giving all possible aid and support to our gallant troops, and not to waste time and energy in recriminating about past mistakes.

GERMAN AGENTS ENGAGED IN BUYING GOLD COIN

LONDON, July 27.—The best method for economizing gold for individual circulation—is engaging—the attention of Richard McKenna, Chancellor of the Exchequer, who is desirous that the public utilize currency notes so far as possible. No steps will be taken to interfere with legitimate exports of gold, Mr. McKenna told the commons this afternoon. The question was raised in Parliament by a questioner asserting that quantities of British gold were daily taken to the Continent by travellers to Boulogne who were rested German agents engaged in buying gold coin. Mr. McKenna promised that travellers hereafter would be more careful.

COMPLAINT FROM FATHER LAND

WASHINGTON, July 27.—Secretary of State Lansing today received a complaint from "the Fatherland," a German paper published in New York, that Sir Cecil Spring-Rice, British Ambassador, had been a party to violations of the neutrality laws in recruiting for the British army and in returning Montenegrins for service. The complaint follows the action of the Ambassador in suggesting to the state department that the paper in question on forecasting the instruction of Lusitania, "had guilty foreknowledge of a crime."

SUMMER ATTRACTIONS AT THE FAMOUS EDEN MUSEE.—The European War has furnished splendid material for new wax figures and groups, which have lately been installed in the many Historical Halls of the ever popular Eden Musee, on 23rd St., New York. This amusement resort is open all Summer at which time the thousands of visitors and strangers who come to New York always pay a visit to this place of amusement. This is the last Summer that the Eden Musee will be open on 23rd Street.

New groups and figures of the latest incidents such as Generals and Admirals, "Red Cross Scenes on the Battlefield," Rulers of the War countries and many other groups of interest. The Kinenacolor natural colored moving pictures are shown every hour in the cool Summer Garden of the Musee. These pictures are not shown anywhere in New York outside of the Eden Musee. The Musee opens every day at 10 o'clock in the morning and remains open till 10.30 at night. There is something of interest going on all the time and visitors can enter any time.

Good for Boys



Camping time is a time of joy for the youngsters. Very few things are needed for a cracking good time—a tent, blankets, plain stout clothing, and plenty of good wholesome food.

A splendid food to take along is

Grape-Nuts

It's an ideal camping food—nourishing, appetizing and is always ready to eat.

This delicious wheat and barely food contains great nutrition with little bulk. It is made from the natural, whole grains, retaining all of their vital mineral salts, particularly necessary for building health and strength in growing boys and girls.

Grape-Nuts is ready to serve direct from the package—just add good milk or cream. Summer rains won't hurt the supply—packages are wax-wrapped and moisture-proof.

"There's a Reason" for Grape-Nuts

MADE IN CANADA—sold by Grocers everywhere Canadian Postum Cereal Co., Ltd., Windsor, Ont.