

Living & Leisure

THE WOMAN'S REALM

THE SIMPLE THINGS
Life's greatest joys are the simple things—
A smiling friend, and a bird that sings,
The satisfaction of work well done,
The deep content in the words "my son."
When the night glows soft with the moonlight's sheen
A long-loved song keeps the heart serene,
And God is near to the heart that sings,
For God Himself is in simple things.
—By Adelaide Atkin.

"CROWNING GLORY" NEEDS CARE
Just as the right creams are the perfect foundation for a lovely make-up, so the right shampoo and hair-grooming preparation provide the foundation for a beautiful coiffure. The success or failure of a permanent wave depends largely on the regular treatments given the hair, and with this in mind a well-known cosmetic house has evolved a special egg shampoo a rinse, a dandruff treatment and a hair dressing set to add to your charm.
Professional hairdressers agree unanimously that keeping the hair clean and well-brushed is the first step to head beauty, and if this is supplemented by special hair preparations, your "crowning glory" will truly be worthy of the name.

Perhaps a snob doesn't want to associate with you for fear you'll find out you don't want to associate with him.

To supply the pulp in a 24-page newspaper, a block of wood two inches high, three inches wide, and four inches long is required.

This year's five o'clock dress is often very different and in color rather than black.

Colorful satin, sometimes overlaid with black lace, is a favorite. More and brocaded materials are also popular.

Black brocade makes a lovely ankle-length dinner dress. Black wool is also smart for dinner dresses.

IRISH LINENS
Ulster linen manufacturers are now preparing for the spring. New manufactures include some fine men's crepes. The quantity of linen exported during the first half of 1947 reached 90 per cent of pre-war. In 1947 exports were less than one-tenth of the pre-war volume, but recovered to one-sixth in 1945. Last year the value of linen exports was nearly three times as much as in 1933. Of special importance is the high proportion of shipment going to hard currency countries.

CLASSIC CLOTHES STRETCH BUDGET
Here's a dress formula for the student who strains for a smart look in clothes on a schoolgirl's budget. Buy inexpensive clothes which are copied from good classic models.
Your selections will bear no price-tag look of identification. No one except the most knowing can tell whether your outfit came out of the upper price brackets or the lower.
Such clothes have good lines, and a young girl doesn't require much more of a dress or suit. She doesn't need, nor is her fashion-rating raised by giegaws, cheap fur trims, flashy buttons, or details of contrasting color that spoil good lines. The best choice of color for simple clothes is either all-black all-brown or all-navy.
Exciting accessories — as many novelty scarves, toppers, blouses, sweaters or chunks of jewelry —

will turn such clothes into as dazzling outfits as you want to make them.

"ACCEPT THEM GRACEFULLY"
Revolutionary changes in fashion take place about every seven years, so the time has come for a break with the vogue of the short skirt, "natural" waist and manish shoulders which lasted during the war years. It is of course not surprising that the complete changes should arouse protests; these have usually followed any decided difference in fashion. The hobbie skirts which were introduced before the First Great War were loudly condemned as a menace to safety in walking, but we wore them just the same. The next change brought the shapeless "flapper" styles which moralists linked to a decline in moral decency. But the changes went on and the protests were unheeded. Fashion continues its regular cycles of change which would seem to be the result of a very strict industry which panders to the human desire for novelty.
It cannot be said that the new vogue for sharp break with the unsuitable styles of the past seven-year cycle was unheeded. For months we have been informed by words and pictures that we would be earthbound by the lounge skirts, pinched in by the smaller waists and otherwise made over into something representing the class with the delicate air so loved by the Victorians.
In answer to the protests, the style analysts proclaim that the new fashions are quite logical from both production and psychological standpoints. Following the war shortages, there is more material and this gives greater scope to designers and results in panniers, flounces and other fancies impossible to consider of late. While the Twain made the comment long ago that "No woman can look as well out of the Fashion as in it." Since the new fashions are here — and are here to stay for some time at least — we may as well accept them as gracefully as we can. —Echoes.

More than 10,000 colors, hues and tones come from coal.

ATTENTION TO CLOTHES MEANS THEIR LONG LIFE
Longer wear and reduction of cleaning bills, in addition to a more perfectly groomed appearance at all times, repays the wearer for small everyday attentions to wearing apparel and accessories.
Check out on coats and top coats carefully and adjust on shoulders before buttoning. Don't strain seams or overload pockets.
A little care saves frequent pressing. Hang up garments correctly. Flashed or hangers, never, never, never. Good hangers keep garments shapely. Use wishbone hangers for men's coats, covered hangers for women's. Hang trousers by bottoms, skirts by waistbands.
Brushing daily and airing on hangers before putting clothes in their closets will freshen them and help remove creases. Brush in side seams and pockets frequently, turning the latter inside out.
Sweaters or other knit garments should be hung, but shaken out, and aired after wearing, then carefully folded and placed on a shelf or in a drawer.
Weak spots in clothing and stockings should be reinforced before the threads break, and soon as tears and holes mended as soon as they appear. Small breaks or worn places in woollens may be re-woven with threads ravelled from inside seams. Large tears or burns should be re-woven by experts.
To get spots out of woollens, first try sponging with cold water. If it greases lay it face down on an absorbent pad and sponge the back with cleansing fluid. Sponge towards centre of spot and keep moving it along on pad until grease is gone.
Steam press suits on well-padded board using heavy press cloth. Press with iron . . . don't scrub. Lift press cloth and pat out steam. Don't iron fabric dry. Beware of too hot iron, especially if fabric contains rayon threads, as heat melts it.
It's a lucky suit that gets a rest every other day. The man who can afford to buy two suits for each season will find it an economy in the long run. Both will give longer wear by interchanging daily.
Fasteners and hooks and eyes are nearest when sewn on with button-hole stitch to hold them firmly in place. Reinforce large buttons with small ones on the underside of the material.
Raincoats and rubbers can be repaired with adhesive tape.
Shoes last much longer if two or more pairs are available which can be worn on alternate days in order to rest them. Polish improves appearance and keeps leather soft. Runtown heels are not only unsightly but twist the shoes out of shape and shorten their life. Shoe trees that are the correct size should be placed in the shoes each time they are taken off.
Hats should be well brushed after each wearing and kept on stands where they will not collect dust or be crushed against other articles. Best way to keep them looking new is to place on stands in boxes. Linings that have become badly soiled may sometimes be cleaned at the hairline with a rubber sponge, or good cleansing agent. If this fails remove lining or hatband and dry clean or wash. A band of cellophane placed inside the sweat band will protect the hat from perspiration.

Ellen's Diary

(Continued from Page 14)

And when it comes, we shouldn't think so much of worldly things. And the children—God bless them, should learn the like (only Pat said: "lark") when they're young so they'll never forget it and be after knowing about the star and the shepherds and wisemen and all. Mind you I'm not against telling them about a Santa Claus—indeed it would be dreary, this old world would be I'm thinking without him, the Spirit of Christmas, but we mustn't forget the Holy Birth, at all at all."

Sunday, it was that Pat had called, being sort of driven by necessity to it. He was on his way home from what he calls "a bit of a 'sakey'" after church. "Very fine looking he is in his Sunday best, tallish and broad shouldered, kind faced, inclined to be merry, with hair like James and my own, now turning to silver. He hitched the fat white horse to a verandah post, and came indoors with his frowbles. A bolt, a most important one, had been lost from "the old express." And although I, mostly optimistic, or as James will have it, trusting too much to Providence "without works" on my part, assured him the wire which was taking the place of the pin "would carry a half ton", Pat had his doubts. "I'm thinking Pat said 'it won't stand the trip out over the hill. If it gives way, and the shafts should chance to drop on his heels, the divvie himself couldn't hold him." But James is the best one to attend to all such repairing and then together we watched Pat out along the hill and beyond, until finally man and horse and wagon disappeared from sight.
James has had small time to call his own today. Indeed up to this hour, dark and still and the sands of the day slipping fast away, and



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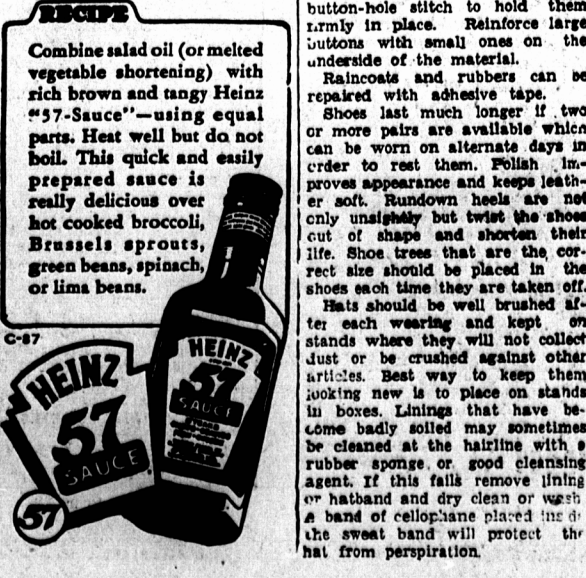
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