



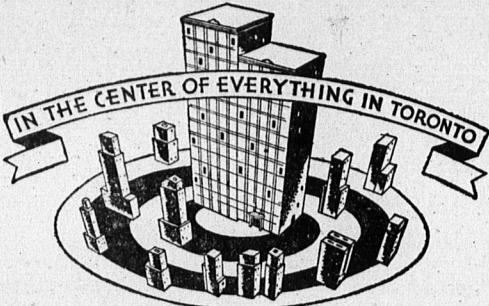
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King Edward rates are scaled in keeping with the times—rooms as low in price as \$2.50. Yet there is never a slackening in our conscientious efforts to make your stay with us supremely enjoyable.

P. KIRBY HUNT
Manager



At the close of a lesson on the Commandments the schoolmistress asked if anyone could tell her a Commandment which contained four words. Up shot a little hand and out piped a little voice, "Keep off the grass," miss."

AUCTION SALE

Of all household furniture at the residence of Mrs. Bousfield 135 Upper Prince Street on Tuesday, August 29th, commencing at 10.30 a. m. Living room, dining-room and bedroom furniture, bedding, linen, dishes, garden tools, Chesterfield, settee, fern stand and ferns, small tables, fruit jars, ice box, etc. Open for inspection Monday afternoon. Terms Cash.

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Auctioneer,
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The property of the Cardigan Silver Black Fox Co., Limited, consisting of land, buildings, pens, yard fence, etc.

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J. A. ALLAN,
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HEARTS AFIRE

By
MARY CHRISTIE

CHAPTER 24

Rivals

Virginia's visit was an absolute fiasco, where Prudence and her mother were concerned.

Prudence had seldom known such utter discomfort as she underwent in having to sit opposite her lover and her rival, and—herself feeling miserably "out of things"—listen to talk in which she had no share.

Worse still, when Miss Virginia, with the baiting instinct given full play, deliberately showed up the girl's lack of knowledge of the world her lack of travel, and her dearth of those accomplishments essential to a debutante.

"So you didn't go to a fashionable school, my dear! But what a pity!" Virginia's eyes widened with an assumed concern. Then turning to the girl's mother—"But it isn't too late yet . . ."

"We couldn't afford it. Besides it would only unsettle Prudence," came the honest answer.

"Unsettle? Why it would be the other way around!" Here the tormentor smiled archly. "She'd 'settle' herself much better in life if she met the right class of girl. It would give her the entree, as it were . . ."

"I'm quite happy," Prudence in desperation gasped, her words belied by her distressed young face.

"I made such wonderful friends when I was at my finishing-school, up the Hudson," Virginia rambled on with apparent artlessness. "Had the time of my young life—"

"That must have been many years ago," cut in Mrs. Page feeling rather as a tigress does whose cub is being attacked. "It's different with Prudence. She's only nineteen, and has lots of time to finish her education in the way we'd like it to be completed. Judging by what the finishing-schools and ladies' seminaries turn out though it wouldn't be there we'd send her."

"One for you, Jimmy!" Bert Traymore roared with laughter.

Virginia could have clawed him. She could have clawed everyone in the room at that moment. Reference to the passing years was something that her vanity could not endure.

Besides, she scarcely looked much older than the Page child. And she was twice as pretty, and ten times better dressed.

But of course this woman was trying to grab Bert Traymore for her silly little daughter! And she resented Virginia's presence as a rival to that scheme.

(She would have been considerably surprised had she known that Mrs. Page already was praying in her heart that Prudence's love might be deflected from this man!)

Jimmy unheeded her claws again, and with a dazzling smile remarked—

"I suppose if you did send her away from home, it would be to one of those business colleges where girls go who have to earn their living typing and shorthand and book-keeping, and that sort of thing . . ."

Bert Traymore intervened with a request to be allowed to smoke. Jimmy was playing it a bit low down, he thought, but of course she did show up the poverty of the land. And Prudence's mother was really rather "bourgeois", in that odd gown, and that plain-spoken manner. Gads! he couldn't quite see himself in the role of son-in-law, though Prudence was a darling.

Such an ominous silence had fallen on the little party that he felt it behooved him to say something.

"Are you interested in motoring?" He turned politely to his hostess. "I was looking at new cars today, and trying to make up my mind which make I'd purchase."

Virginia giggled glibly.

"You'd better settle your bridge-debt first with Mrs. Vanstarr. Then she, too, turned to Prudence's mother. "This boy has the worst luck at cards, but he simply won't leave them alone! It's in the blood, I s'pose. How much did you lose at poker day before yesterday Bert? Fifty . . . a hundred dollars?"

Prudence's heart contracted painfully. Virginia was deliberately damning her lover in her mother's eyes. The girl knew what high standards that loving heart set up

for any suitor who might approach Mother never would forgive Bert, if he gambled!

But he'd deny it, wouldn't he? Virginia was only trying to make mischief.

He spoke, coolly, nonchalantly. "Yes, I do have rather rotten luck, but you needn't keep reminding me of it, Jinny."

"But it has its compensations," she flung back at him with an arch glance, "Unlucky at cards, lucky in love!"

"I don't see the force of that," commented Mrs. Page, with a cryptic glance at Traymore.

"Why?" Virginia wouldn't leave Bert alone, but wanted to make it worse.

"A husband who gambled wouldn't bring much happiness to his home." Prudence's mother spoke with a brave conviction.

Virginia's laugh rang out. "But that wouldn't apply to Bert, as he isn't a marrying man at all!" She looked triumphantly, impudently, from face to face. Old Mrs. Page with set lips . . . Prudence flushed with humiliation and embarrassment . . . The young fellow himself looking awkward, and as though he were longing for a favorable moment in which to clear out.

Then she added breezily— "And who can blame the men for wanting to dodge the matrimonial noose? None of them have any money, and unless the girl provides it, there's mighty little chance for a penniless maid, these days!"

Bert muttered something half inaudible about it's being mighty hard on a fellow who'd like to marry, but the words echoed empty, and with no conviction, on the ears of Prudence's mother, and indeed also with the girl herself.

Bert—her Bert—he was siding with the enemy—if not openly, then tacitly. She could have wept in grief and disappointment. She could hardly contain herself another moment, but must make some quick excuse to leave the room.

"I'll get some fresh tea. What you have now is cold." She had lifted Bert's still half-filled cup and carried it to the door, when Virginia cried out bantering—

"But you mustn't spoil the men, Miss Prudence! They don't ever appreciate it! They . . ."

Out in the passage a big, genial voice sounded unexpectedly, with a hearty—

"Here's one man who appreciates anything Miss Prudence might be induced to do for him!" . . . and Peter Armstrong walked into the room!

(To be Continued.)

New Machine Can Control Machines

CAMBRIDGE, Mass., Aug. 25.—A new servo-mechanism, a machine whose job is to direct other machines, is announced at Massachusetts Institute of Technology.

This servo is a specialist, its act a unique ability to follow a line drawn on a sheet of white paper. Whether straight, chinky or jagged the lines are all the same to this robot. The operation principle is a line drawn on the blackboard. The servo's pointer is a shaft of light.

Its interior mechanism registers the pointer's movements and telegraphs them to control machinery with a speed about equal to that of motion picture projection.

"Although built primarily for research use in certain calculating machines," says the announcement, "possible applications of this servo-mechanism include the automatic steering and stabilization of aircraft, the gyroscopic stabilization and steering of ships, operation of various types of recording instruments, gun control, the automatic control of industrial processes and many others."

"Technology's new servo is distinguished from previous devices by its high speed of response or alertness, and its smoothness of control. It is so quick when called upon to act that within 1-20th of a second it has completed its control operation."

The Curse of Drink is on us still; But pass it must,—it is God's WILL!

set of precious foreign glass toy figures had been provided. His horse and dog had been interred with him. In the immediate vicinity a heavy sword, a spear-head and some simple game pieces of bone were found.

Those archaeologists believe, may have been the belongings of a servant buried with his master as escort and defender in death.

"Come home with me, old chap, and take pot-luck." "Oh, but your wife might—" "That's all right. If her cooking's a success she'll be pleased to have you eat it, and if it isn't—I shall!"

Viking's Sword Thought English In Ancient Tomb

STOCKHOLM, Aug. 24.—(C.P.)—The tomb of a viking chieftain, buried more than 1,000 years back, has been unearthed at Laangtore in central Sweden.

The warrior, obviously of high rank, had been buried fully armed with a finely-wrought sword believed to have come from the south of England. He also wore a large knife to help him in his combats in the Great Unknown. At his feet were two wooden chests, probably for containing food, and for his amusement on his last journey a

THAT THE PEOPLE MAY KNOW

(A column of interest to all recording accepted facts and worthy opinions regarding the place of alcoholic beverages in modern life; as well as news of the progress of the campaign for a "dry" world.)

(Sponsored by the Grand Division, Sons of Temperance F. E. I.)

(Forwarded for the S. of T. Column by J. W. A. Nicholson, North Bedouque.)

TEMPERANCE PROGRESS IN BRITAIN

Britain is a land of ancient traditions. Old customs change slowly. Established practices die hard. Yet there is such a sturdy strain of common sense in the British breeds that reason and right gradually even if slowly prevail over evil habits and harmful institutions however deeply ingrained in the national life. Recent movements in the matter of temperance illustrate this British characteristic.

Last year there was published the Report of the Royal Commission on Licensing, after a two-years survey of the Drink Problem, holding ninety-seven meetings, public and private, during the twenty-six months of its labors. The Commission was representative of almost every section of national life, and sixteen of its nineteen acting members signed the Majority Report, including even one of the three representatives of the liquor trade itself. It can reasonably be claimed that it represents the weight of public opinion throughout the land.

This famous document is essentially committed to Temperance Reform. As Rev. Henry Carter, himself a member of the Commission, says: "It is a fact of unique and lasting importance that the main body of Commissioners, uncommitted at the opening of the enquiry either to the Temperance or the Trade claim, have given their weighty endorsement to so considerable a part of the program of Temperance Reformers. He indicates six points in proof of the advance along progressive and constructive lines:

(1)—The case for future reform is accepted and established.

(2)—The case against alcoholic indulgence is reasoned and clearly stated in these terms: "The use of alcohol as an aid to work whether physical or mental, is regarded as physiologically unsound; and the performance of the finer kinds of work, at any rate—including, it should be noted, such responsible duties as the driving of a motor car or the piloting of an aeroplane—may be temporarily impaired by even moderate doses of alcohol."

(3)—Particular and striking emphasis is laid upon the present huge national expenditure on alcoholic liquors.

(4)—The scheme of lessened hours for the sale and supply of intoxicants is vindicated.

(5)—The need for the maintenance of the present restrictions on the sale of drink, and for further legislative action, is clearly laid down.

(6)—Definite proposals for future progressive legislation under various heads are presented.

Even Britain with its strong traditions and inherited associations on behalf of the drinking habit and the liquor trade moves slowly but surely through education and legislation toward the goal of elimination of this gigantic social evil.

Since the beginning of the century Canada's population has doubled, but the consumption of cigarettes has increased over forty-fold.

In 1900, Canadians used 120 millions of cigarettes per year.

In 1914, Canadians used 1,000 millions per year.

In 1919, Canadians used 1,800 millions per year.

In 1926, Canadians used 2,500 millions per year.

In 1928 the number rose to 3,900 millions.

In 1929, consumption rose to 4,600 millions.

In 1930, over 5,000 millions, or five billion, or to write in full, 5,000,000,000. This averages over 500 a year for every man, woman and child in the Dominion.

Since the beginning of the century Canada's population has doubled, but the consumption of cigarettes has increased over forty-fold.

HOW TO CURE THE CIGARETTE HABIT By a Physician

The first step in giving up the cigarette is to give it up. This must be done after having counted the cost, and regardless of consequences. Many fall because they never

really reach this point. Then keep away from smokers and a tobacco-smoke-laden atmosphere for about three weeks. After each meal, for one week rinse out the mouth with a quarter of one per cent. solution of silver nitrate. This creates a distaste for tobacco smoke, and will relieve throat irritation.

Purchase five cents' worth of gentian root (or camomile blossoms) and chew it during the day, when the desire to smoke appears, swallowing the fluid.

To assist in eliminating the poison take a dose composed of half a teaspoonful each of Rochelle salts and cream of tartar each morning before breakfast for one week. If possible take a Turkish bath, or a good sweat bath of some kind, twice during the first two weeks, and each morning take a hot and cold spray or plunge into a cold bath, followed by a vigorous towel rubbing. Drink water freely.

Keep out in the open air as much as possible. Exercise, as brisk walking, rowing, etc., is beneficial. Keep the mind occupied.

The greatest aid will be found in a change of dietetic habits. Smokers are usually fond of highly seasoned foods and stimulating drinks, and the intensity of their craving for the smoke I discovered depended upon how liberally they used such foods and drinks.

It is necessary to give up the use of pepper, mustard, the frequent use of salt, and the use of coffee and tea, and also the free use of meats.

The following diet will be found of the greatest aid in getting rid of the craving. If followed carefully, the discovery will be made, by the end of the first week, that the craving has materially lessened, and by the end of the third week it is not unusual to find that the craving has entirely disappeared. With this assurance held out, the effort is certainly worth a trial.

For a period of two or three weeks make use almost wholly of cereal foods, as shredded wheat biscuits, Kellogg's toasted wheat biscuits, krumbles, puffed wheat, rice in any form, whole-wheat bread, rye or Graham bread, etc., with milk and cream, buttermilk, cottage cheese, nuts (well masticated). At the close of the meal use fresh suet-balls, as oranges, peaches, pears, apples, pineapples, grapefruit. Figs, dates, and raisins are also indicated, apple sauce, canned blueber-



W. C. T. U. Notes

THE CALL OF YOUTH

1 John 2:14. "I have written to you, young men, because you are strong, and God's Message still has a place in your hearts." (Weymouth)

You whose hearts possess a dream, You whose vision still is true, Will you follow still the gleam? Will you build the world anew?

Puttle is the reign of hate, Fated is the rule of gold; On your deeds great issues wait, Let your hearts with love be bold.

Vain are all the tools of war, Vain the boasting of success; These the dreams you battle for: Faith and truth and righteousness.

Let who will despise your youth, Let them trail your words in dust; You shall conquer, with the truth; In your visions be your trust.

You whose hearts possess a dream, God is God: His word is true; Follow still the luring gleam: Till the world is built anew.

—Thomas Curtis Clark

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ries, canned cherries, etc., and in the place of coffee or tea use grape juice or water. Highly seasoned foods and stimulating drinks should be avoided, as they are sometimes responsible for the craving for cigarettes.

A patient who had used tobacco for forty-two years, after adopting this treatment for three months, wrote: "It seems wonderful to me that I now have no craving for tobacco or drink."

Another writes: "I am glad to say I have not used tobacco in any form for three weeks, and have no desire for it." Still another, after four weeks, says: "The desire for smoking has entirely disappeared. I have increased in weight and considerably in strength. My mind is clearer, not being doped. I am exceedingly glad I quit."

No victory has ever been won without a conflict and fight. Divine aid is promised those who strive lawfully, and victory is assured.

The solution suggested as a mouth wash should be prepared by a competent pharmacist.

—The Youth's Instructor

THE ALUM OURE

Dissolve a teaspoon of alum in a cup or more of hot water, use as a gargle frequently. If the mouth is itchy, touch with quince jelly or glycerite of tannin. Crackers and milk, hot chocolate or candy allay the craving for cigarettes.

Mrs. L. MacDonald, Mrs. Fred Long, Miss Mary MacDonald and Miss Cella Shannon leave this morning by motor for Ottawa on vacation.

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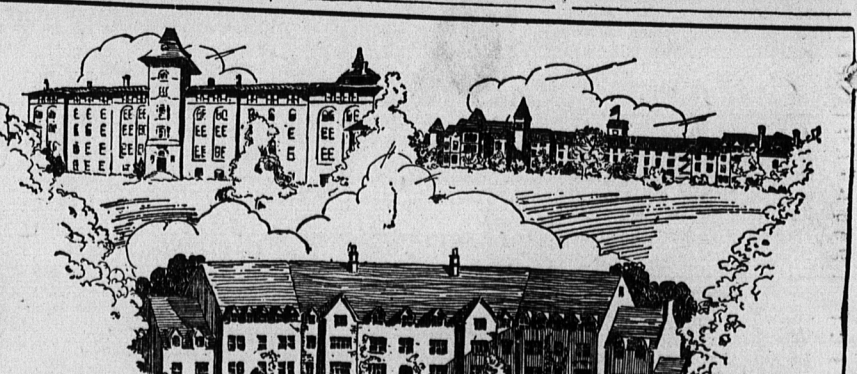
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for SPRAINS
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Put it on your feet!

MINARD'S
"KING OF PAIN"
LINIMENT

SHERIFFS'S SALE

By virtue of an Execution to be directed issued out of The County Court of Queens County, Third Circuit at the suit of The Trustees of School District No. 182, Queens County, Vs. James B. Paton, I have taken and sold all the estate, right, title and interest of the said James B. Paton in and to all that tract piece of land situate lying and being at Mount Stewart in Queens County bounded and described as follows, that is to say: Bounded on the north and northwest by the Canadian National Railway lands, on the east by lands of James Atkins, and on the south by the Main Street of Mount Stewart.

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