

Woman's Realm Social and Personal Fashions Literature

Dorothy Dix's Letter Box

"GOOD" WIVES IS DANGEROUS TO MATRIMONIAL HAPPINESS

Husbands Must Have Some Freedom or They Become Bored, and This Leads to Divorce or a Life of Continual Bickering

Dear Dorothy Dix—My wife is known as a "good" woman. She does church work conspicuously and to the world she appears to have a "good" disposition. But at home the mask is removed and she makes my life a hell on earth. I suppose she loves me, but with her it is like a rule or rule, and she dominates me at every turn. I cannot escape her physical presence or her watchful eye for a moment. She appears to be very nice or on the golf course to keep tabs on me and make a telephone check-up at any and all hours of the day. She simply will not leave town without me, even for one business trip. I attempt to get away on a business trip without her, but there is such a sickening scene that I always end by giving in and taking her along. Once when I went on a fishing trip she appeared unexpectedly at our camp. She had given up fishing. She refused even to go to see her friends or relatives. I am saturated with her to the point of desecration and I cannot do anything to do, as I do not believe in divorce, but I feel if I cannot get some rest from her. Why cannot women understand that a man MUST have some personal freedom?

Answer: I don't know, but the belief that a wife shows her devotion to her husband is an obsession with many women. You will often hear one boast she always goes with her husband on all his business trips. While as for the suggestion of husbands taking their vacations apart, loads of women simply throw fits of horror. Just what women think they accomplish by husband and wife locked up in the home jail and denying them even the liberty that is accorded a trusty, no one knows. It can't be that they think that if they look their eagle eyes off of their mates that they would take to philandering, for most husbands are as content as the house cat. They are worn out after a hard day's work and are glad to come home and rest their feet and the last thing they want to do is to chase around.

Besides, every woman with a grain of sense in her head knows that watching a husband go to work is a waste of time. Some women always breaks down, and if he wants to go on the loose he will do it. Age can't be that wives are so enamored of their husbands society that they can't survive without it for a few days. For in most homes the Mr. and Mrs. sit up in silence so thick you could cut it with a knife, or else he dozes behind his paper while she knits her 50th sweater, or else they quarrel over the bills, or the children, or their respective ailments, just to put a little kick into the conversation. So the death hold that so many women take on their husbands remains one of the mysteries of feminine psychology. The pity of it is that the poor fellows are trying so desperately to hold on to their husbands are doing the very thing that makes their husbands lose interest in them and break away from them.

For as human nature is constituted we have to have change in our companionship just as we do in our food, and we can no more remain the continuous society of any one person, day after day, month after month, or year after year, than we could eat 30 quails in 30 days. In reality, at the bottom of nearly all domestic trouble and divorce is the fact that husbands and wives do not matter how much they love each other to start with, no matter what fine people they are, get fed up with each other for a week, and they talk out. Each knows what the other is going to say before he or she says it. They have heard all of each other's stories and jokes until they feel they will scream if they have to listen to them once more.

They get so that all of each other's little mannerisms and eccentricities become unforgettable faults. They get so they fight over everything and are unable to talk about the stranger comes along, well, they keep Reno a going concern. But let these same people be parted even for a week, and they come together as lovers. They are full of the new things they have heard and done and they have something to talk about. Absence has not only made their hearts grow fonder, but it has given them a new viewpoint on each other.

There is no such remedy for frayed nerves as getting away from the

SHAWLS ARE IN VOGUE



DESIGN NO. X 464
It is fun to crochet these delicate shawls for evening wear. Pattern No. 464 contains list of materials needed, illustration of the designs and complete instructions.
To order this design write your name and address on a piece of paper and send with 15 cents in coin or stamps to Needlework Department, Charlotteville Guardian, To Charlotteville Guardian Needlework Department, Design No. X 464

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A Morning Smile

A PHILOSOPHER.
"Everybody puts his nose into my business."
"Cheer up."
"I'm not growing. I manufacture handkerchiefs."

EXPLAINED
Dad—William, I'm getting tired of seeing you have such poor reports at school. How is it that Jimmy Brown always gets so much better marks?
Son—Well Dad, you've got to remember Jimmy has awfully smart parents.

Work With a Smile
Dear Dorothy Dix—I am a happy bride of two months. I had a good position before marriage and have continued to work since. My husband gets up at work at seven o'clock, while I don't have to be on my job until nine. We live with my mother and she thinks I should get up and get my husband his breakfast, but he thinks it is all right for her not to do so. What do you think?
IRMA.

I think that any woman who has a husband with enough pep in him to get up and go to work at seven o'clock should get up and get him a good hot breakfast and show him a smiling morning face across the table. That is starting the day off right, and makes a man feel that he has something worth while to work for.

Most impressions are very important things, and I often wonder at the stupidity of wives who let their husbands go from them in the morning with a picture of their minds that they carry with them all day of a frowny woman in a soiled wrapper or of a cross, peevish, fretful face, or a picture of a quarrel, or an early grouch of having to get up and cook themselves some sort of breakfast in a hurry that they call a breakfast.

If you want to keep your man, get up and cook him a good breakfast. Never bring up an unpleasant subject at the breakfast table, and send him away with a memory of a cheerful wife in a pink dress or a bunnet, and a picture of the coffee ascending like incense about the altar of home.

DOROTHY DIX.

FEMALE PAIN

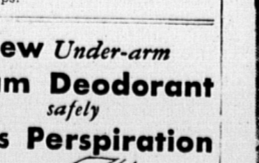
Women who suffer painful, frequent, and irregular menstruation should find Lydia E. Pinkham's Vegetable Compound a most reliable and safe remedy. It is especially adapted to relieve such distress. Compound is made of pure, natural, and healthful ingredients, and is especially adapted to relieve such distress. Over 1,000,000 women have reported amazing benefits. WELL WORTH TRYING!

Y.W.C.A. HOSTESS HOUSES OPENED

Women visiting army and air force camps to see their husbands, sons and fathers are now assured of a place to sit and chat with their menfolk. The Y.W.C.A. Hostess Houses make this possible at Camp Borden, Trenton, Pembroke and Valcartier, with other Hostess Houses in preparation. At Camp Borden there is a large picnic area with shelters, tables and water, a First Aid station, telephone, a shop, a rest room, children's play grounds, a place where the whole family may meet, just outside of camp. At Trenton a large attractive building is being operated for the convenience of women visitors, and in Pembroke, the nearest town to Petawawa, a local committee is planning to have a Hostess House ready by July 1st. Men from coast to coast are stationed at Petawawa and the inconvenience which the families visiting the men have experienced will now be minimized through the services which the Y.W.C.A. Hostess Houses make possible. At Valcartier the Salvation Army and the Y.W.C.A. work most successfully together to provide the necessary services. Another service which the Y.W.C.A. is providing is that of accredited boarding houses at reasonable rates for the soldiers and their families. A service of many years, which never grows old, is the Travelers Aid. Especially in the larger cities its value is being demonstrated afresh, as it copes with the many problems of the women and their families journeying to and from the camps.

New Under-arm Cream Deodorant

Stops Perspiration
1. Does not rot dresses—does not irritate skin.
2. No waiting to dry. Can be used right after shaving.
3. Instantly stops perspiration for 1 to 3 days. Removes odor from perspiration.
4. Keeps white, greaseless, stain less vanishing cream.
5. Arrid has been awarded the Approval Seal of the American Institute of Laundering, for being harmless to fabrics.



ARRID
15 MILLION jars of Arrid have been sold. Try a jar today!
39¢ a jar
At all stores selling toilet goods (also in 15¢ and 50¢ jars)

MODERN MILK IN A MODERN PACKAGE
Irradiated for Sunshine Vitamin D
*If as many uses in cooking and creaming—comes in a convenient, air-tight can, keeps unopened without refrigeration.

To Find Ottawa Shelter



Children of many noted residents of England are to come to Canada for the duration of the war under a plan whereby the parents will pay for the transportation and keep of the youngsters. Among the children to find shelter in Canada will be Tommy Sopwith, six-year-old son of T. O. M. Sopwith, famous British yachtsman. Tommy, pictured above with Mrs. Sopwith, is to arrive in Ottawa soon.

YOUR INDIVIDUAL HOROSCOPE

(By FRANCES DRAKE)
(Copyright, 1940, King Features)
Look in the section your birthday comes in, and find what your outlook is, according to the stars.

For Thursday, June 27th
MARCH 21 to APRIL 20 (Aries) —Not especially auspicious for financial deals or launching new undertakings unless they have been thoroughly investigated and found to be substantial. Minor matters and essential affairs most favored.
APRIL 21 to MAY 20 (Taurus) —Familiar issues, remodeling and improving established projects and working with well-organized institutions are first in favor. Go carefully with new propositions. Be progressive.
MAY 21 to JUNE 20 (Gemini) —Read-at-hand and useful aids are application and steadfastness of purpose. If you have to recast your thinking in order to make improvements necessary for success, do so. A friendly day for personal interests, romance, social and charity affairs.
JUNE 21 to JULY 20 (Cancer) —Born before July 29? Considerable tact and caution must be exercised in all important private dealings and in caring for your source of income. Born after July 29? Perhaps fewer regulations but don't be tempted to neglect important matters. Do not underestimate on wage.
JULY 21 to AUGUST 20 (Leo) —Clear your desk or bench of unfinished matters, check errors and how you can correct them. Solidly good contacts already made; make promises, phone calls. Work or play quietly.
AUGUST 21 to SEPTEMBER 20 (Virgo) —Be content with even small achievement and don't think your day's efforts futile. You can't make immediate or noticeable advancement. Take cognizance of the good that can be effected with calm reasoning, patient endeavor.
SEPTEMBER 21 to OCTOBER 20 (Libra) —If starting new undertakings or making bids, contracts or legal decisions, be sure first to go thoroughly into the matter and with the proper authorities. Carelessness can be harmful. Don't be glib. Make time for proper rest.
OCTOBER 21 to NOVEMBER 20 (Scorpio) —Enterprising, quick-witted and progressive. Scorpio folk can make good in plans, but overbearing aggressiveness or impudence will not do. Whether on vacation at home or at business, be willing to heed suggestions, to listen to others' plans.
NOVEMBER 21 to DECEMBER 20 (Sagittarius) —Quite tendencies more favorable to routine affairs and pleasant diversions; for you born before December 7. Rather conservative to plan and act with temperance, understanding.

Entertains Naval Staff



This picture was snapped at a garden party which Mrs. Percy Nelles, wife of the rear-admiral who heads Canada's navy, gave at their Ottawa home for the girls at naval headquarters. After their day's work Lieut. John Farrow (LEFT), controller of naval information, dropped in with Rear-Admiral Nelles (RIGHT). With them is Maureen O'Sullivan, wife of Lieut. Farrow. Before joining the navy, Lieut. Farrow was a Hollywood director.

Avoid Embarrassing Moments
So bewildering to a girl from a simple home is the world of smart restaurants and formal dining—that is, if she ventures into it without knowing the rules.
When the waiter picks up her dropped purse she hesitates over whether to thank him or not, showing plainly to her escort that she isn't used to service.
Etiquette says it's proper to thank a waiter for such extra duties, though you wouldn't, of course, thank him for performing ordinary tasks like filling your water glass and bringing food.
How helpful knowing the right thing is! Puzzling though the array of silver at a formal dinner may seem, it's easy to choose the right implement for each course if you remember that you begin with the pieces farthest from your plate and work in.
What foods may you safely eat with your fingers? Celery, radishes, olives, potato chips, cakes without icing and simple sandwiches that aren't likely to ooze.
Be at ease dining in any surroundings! Our 32-page booklet gives rules for formal dinners, teas, buffet parties, clubs, restaurants. Tells when fingers are permissible, what silver to use, how to eat unusual foods. A guide to help you be a gracious hostess, a popular guest.
Send 20c in coins for your copy of Good Table Manners to The Guardian Home Service. Be sure to write plainly your Name, Address, and the Name of booklet.

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Simply Delicious BECAUSE OF ITS EXTRA FLAVOUR

MAXWELL HOUSE Coffee

2 GRINDS DRIP and REGULAR

Needlecraft—For The Home

Simple princess lines make a Summer time dress that is suitable for almost any occasion. The stimulating front panel line is becoming to many figures and the square neck is new and different. A neatly dotted cotton or spun rayon fabric looks dressed up when trimmed with ribbon bows. A twirling skirt is attractive as well as flattering to wear. Tie a matching belt about your waist, or keep the lines free and straight, just as you wish, but by all means have a princess frock this season.
Style No. 3097 is designed for sizes 12, 14, 16, 38 and 40. Size 16 requires 4 yards of 39-inch material.
Send Twenty (20c) coin is preferred, for pattern. Write plainly your Name, Address and style number. Be sure to state the size you wish.
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Pimples Kill Many a Romance

The lives of many young people are made miserable by the breaking out of pimples on the face. The trouble is not so much physical pain, but it is the mental suffering caused by the embarrassing disfigurement of the face which very often makes the sufferer ashamed to go out in company.
The quickest way to get rid of pimples is to improve the general health by a thorough cleansing of the blood of its impurities.
Bardeol Blood Bitters cleanses and purifies the blood—Get rid of your pimples by taking B.B.B.
The T. Milburn Co., Ltd., Toronto, Ont.

THE COOK'S CORNER

CRACKLING BREAD
Cut fresh pork fat into dice; fry the pork until every bit of grease is out of it. (This is called the cracklin). Drain on paper. Then make a thick batter with 2 cups of corn meal, 1 teaspoon salt and cold water. Beat thoroughly, mix in the chunks of juicy crackling and drop large spoonfuls on the greased griddle. Fry slowly until crisp and brown on both sides. Eat hot. No butter is needed, for this is a bread that supplies its own spread.
STRAWBERRY BAVARIAN CREAM
1 tablespoon granulated gelatine
1-4 cup cold water
1-2 cup crushed strawberries
1-2 cup sugar
1 tablespoon lemon juice
Dash of salt
1-2 pint heavy cream
Quartered fresh strawberries
Method: Combine the crushed strawberries and sugar and let stand for about 1 hour. Sprinkle the gelatine over the cold water and let stand for 5 minutes. Then place this over boiling water and stir until the gelatine is dissolved. Add the strawberries and continue stirring until the sugar is dissolved. Remove from heat and add the lemon juice and salt. Chill until the mixture reaches a honey-like consistency, then beat until it is frothy. Whip the cream until very stiff and fold into the jelly mixture. Place in rinsed moulds or into a large mould and chill until firm. Unmould and serve garnished with quartered fresh strawberries.
A good soap substitute for washing ribbons and delicate woolen goods can be made by grating two or three potatoes into a wa of water. Some people claim that better results can be obtained than with soap if used.



A Care Free Vacation... If you have PARADOL in the handbag

Girls and women who know and use Paradol do not need to worry about the calendar. You need not miss a single engagement if you have Paradol with you to bring quick relief from headache, pain, and a fevered condition.
Many girls hesitate to use a relief for pain because they fear disagreeable after effects or upsetting of digestion. This does not apply when you use Dr. Chase's Paradol. This is one of the ways in which Paradol is entirely different from other treatments.
Vacation life with exposure to cold and dampness often brings on a touch of rheumatic pains, backache or neuritis. Any such pains or aches are soon relieved by the use of Dr. Chase's Paradol.
So be sure to take Dr. Chase's Paradol with you on your vacation.

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DR. CHASE'S PARADOL